

SIX THINGS YOU SHOULD KNOW BEFORE YOU DIE

Six things you should know about yourself before you die

ENG. FREDRICK W. WAFULA

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ISBN: 979-8269-94-658-0

Published and Printed by **Elong'o Publishers**

P.O Box 944, Nairobi-Kenya

Email: info@elongopublishers.co.ke

Phone: +254742433826

Website: <https://elongopublishers.co.ke>



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APPRECIATION

First and foremost, I want to appreciate God almighty, the ancient of days who inculcated in me the gift of writing and motivation, singing, preaching and public speaking, that has contributed to helping me live my purpose adequately. Since the day I discovered the gift of writing in me, I have never lacked content to accomplish any writing project I launch. You have continually invigorated my mind with fresh wisdom, concepts and ideas to qualify my script. Through the gift of life, you have constantly imputed inside me, I will forever fuse you with every blessing that knocks at my door post. I will forever live to express my worship and love to you for causing me create blue prints of legacy to my generation through the gift of writing.

To my lovebird, beau and lovely wife Cynthia Muindi, indeed you're a woman in a million. You have been a great pillar in helping me building capacity in the area of my giftings and talents. From worship ministration, preaching, public speaking to writing, you have always encouraged me to aim higher and explore virgin zones of these gifts so that I become a paradigm of a determined personality. Thanks so much for your love, dedication, and financial support you've always offered me, including your hand in edition of this script. Am so glad that you came in my life and changed the narrative concerning overall make up. You're an answer to the prayers in made to God 10 years ago. I will always cherish, love and honor you with every fiber of my being. May the lord God I serve continue sustaining you with abundance health and more fruitful years ahead to see your husband impacting the world.

To my sons, Promise Fanaka and Praise Sifa, what a joyous and heart-warming child to me. You have made my heart vibrate with joy every moment I interact with you. You're a champion in the making and a total wonder to my world. You're a confirmation to me that for sure Gods blessings adds no sorrows. From laughter, jokes to serious

moments, you have made me feel uttermost love you have for me. Am indeed blessed to have you as my sons. I promise to responsibly father you as long as I live.

To my dad reverend Jacob Wafula of Free Pentecostal Fellowship Church Matawa, Mumias; You're indeed a father of a golden heart with a responsible mindset. Being to me both spiritual and biological father figure, it has given me advantage in both physical and spiritual realm and market place. You've been all times favorite coach, mentor and counselor and a real model in all aspects of life. Your prayer has been to always see your child excelling in life. This book is a testimony that God is continually answering your prayers. Am very much grateful for your love, support and guidance. May you live long to see your son impacting life's and transforming generations through the gift of writing and motivation.

To my beloved mum Mary Wafula, what a marvelous woman of God with resilience, an accelerating prayer machine as I always call you. You are the most visionary hard-working mother I have ever encountered in my life. It's like the same spirit that you carry was automatically transferred to your son. You have always encouraged me when I sometimes feel feeble amidst the storms of life. You have always reminded me that we are product of prayer and therefore I should pray constantly without ceasing. You have always appreciated my efforts no matter how small they seem to be. I thank God that indeed giving birth to me was never a loss but a profit, never a disadvantage, but an advantage. In-deed your labor in raising me was never in vain. Am forever grateful for you mum for raising an indigenous son and not a hybrid.

To my siblings; Tabitha, Haggai, Jemimah, Elijah and Eugene; am really honored to be your elder brother. We have grown together from a humble background, full of struggles and hardships, but we thank God for what he is doing in the fullness of time. As your elder brother, you have always hearkened to my reproof, corrections, instructions and the advises that I have always given us. You've always worked smart at your respective occupations to see our family becoming exemplary. Our

unity has helped us to rub off every writing of shame that was in existence within our family. I pray that God will continue showering you with wisdom, knowledge and insights as you chart the course of your life and succeed in every adventure of your life.

To my bishop, Morris Kikului (RGC MATUU), I salute you man of God. When I grow up, I would like to serve God passionately like you. You have demonstrated real servant leadership for the years I have served under you. Your humility and gentleness are on another level. You have permitted me to serve under you as a worship leader and a youth patron which has given me an opportunity to sharpen my spiritual gifts and mature in ministry matters. I believe that as I continue to serve God under you, it will enlighten me, make me grow and build capacity in ministry affairs.

To my pastor Rev. Daniel Muthoka (World Wide Gospel Church Kyumbi); sir, it's of great advantage to me sir that I finally met you in this life. The space here is not enough to talk you man of God. You're indeed a generous, true and spirit filled man of God I have ever interacted with. You have stood by my side as your spiritual son, prayed for, fed me spiritually and become responsible for my spiritual growth. Thanks so much for laboring and investing your spiritual resources in me.

To my good friend and mentor Dr. John Kabucua PHD. A lecturer at Moi university. You're a great mentor I have ever encountered in this life. For sure my writing spirit could not have been steered up without meeting you. Your encouragement, advices, and motivation have kept me going and sharpen my skills no matter the challenges that comes my way. You have really helped to up my game in the field of motivation speaking. Am humbled sir for the support you've imposed in my life as your mentee

To my cousin Winstone Ambunya, what a wonderful cousin. We have grown, played together in our childhood stages, one thing I love about you is the focus and determination you've in getting things done on time without procrastination. You've holistically encouraged me in all

spheres of life. May God continue keeping us as we continue sharpening and impacting each other in life.

FORWARD

This book is a masterpiece. It is a well thought out idea, which is thoroughly researched both in physical and spiritual realm. It highlights a refined religious approach to the investigation of a relationship between birthday and death day, inviting the inference that the mind may have a role to play in the body's physiology than we might care to admit.

Eng. Fred Wafula explores the connection between birthday and death day. He has established that there is some variability across cohorts and by gender, it must be speculative as to whether this is an inherently biological or a sociocultural phenomenon or an interaction between these, what gave birth to you, what you held upon birth and those responsible for the different phases, in turn relating to processes promoting longevity, including advantages of social position. The possibility that some sort of psychophysiological mechanism that enables the postponement or hastening of death. This book will provide profound answers to this question. Engineer Fred Wafula explores spiritual point of view and explains clearly the connection between the day of birth and the day we finally leave this world.

The spiritual secret of birth and death is actually in three different words, all very important. Death is certain. The body will expire at one given time. However, birth is something we cannot control - how did we come to exist? Then there is a commonly used word known as karma, but I have discovered that it is karma that decides how everything unfolds in this life.

Therefore, we realize that this drama called life is nothing but karma. Once we come to this knowledge, then there is no trauma. We need to learn the science of the spirit or spirituality, so as to decode the spiritual secret. I want to explain that we have come to earth because of our past karma. And whatever karma we do now, along with the karma of past lives, will become the twin karma that will decide our death. The body will die but the mind and ego will carry karma and return to earth in a rebirth. Till we realize we are not the body that dies, not the mind and ego, we are the Divine Soul, this cycle will go on and on. If we attain enlightenment, realization, then there will be liberation and unification with the Divine. This is the spiritual secret of life.

The spiritual secret of the process of birth and death is that they are not two separate events, but rather two parts of the same cycle. Birth is the beginning of a new life, and death is the end of that life. But death is not the end of existence, it is simply a transition to another form of existence. Death gives you access to eternal glory or eternal condemnation depending on the habits you formed while still in the phase of the earth.

The spiritual secret of birth and death is that they are both opportunities for growth and transformation. When we are born, we come into the world with a clean slate. We have the opportunity to learn and grow, and to make our own choices about how we want to live our lives. When we die, we return to the source from which we came. We have the opportunity to reflect on our lives, and to learn from our experiences.

The spiritual secret of birth and death is that they are both part of a larger plan. We are all on a journey, and birth and death are two important milestones along the way. They are both

opportunities for growth and transformation, and they both help us to move closer to our ultimate destination.

In conclusion, the greatest secret about life is oneself. No one else and nothing else, not even God, the Universe or the Divine, but only you. I want to tell you that the spiritual journey starts with you and ends with you. This book serves to enlighten us, to master the art and science of self-realization. May God bless you dear reader as you seek wisdom wired in this great publication.

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INTRODUCTION

To be born is to gain but death is painful. It's sweet to be born, but bitter sweet to die because it's after death that you're likely to face a particular destination unknown to majority but well affirmed and known by God Himself. It will be either spiritual torture of hell or comfort of heaven. It will actually depend on your behavioral patterns and your relationship with God that will determine your destination after death. A deeper study of this statement will prove a reality of life according to the standard measure of our nature as human beings. You know we human beings sometimes are overwhelmed with extreme joy, accompanied by huge celebrations when we encounter great success. However, when pain pinches us, we zoom our eyes and wonder if we are in a right panel of life. We fail to consume the fact that life has different seasons that we must exist in the totality of these seasons. This implies that instead of cursing every occurrence around our lives, we need to see the positive side of it. Actually, there's a biggest calamity I have discovered in man's life. It presents itself as an error corroding individual minds in this century.

There's a high degree of deception that has captivated our minds to a point of causing us automatically hire a lift towards our death point at high pace. This deception carries nothing unique but unresearched fake ideologies about life that causes individuals to be demoted to grass through "I don't care" slogans. These fake ideologies are presented by

their captives as a guiding philosophy dressed in ‘play it safe’ garment. However, its overall and final manifestation is carelessness and ignorance concerning what transpired in the circuit of their lives. It is a clear an old school and would rather consider it cavemen knowledge that those who have believed in protest to be the wisdom of the old. Later on, instead of the victims being invited in another glory and grace from the grasshopper mentality, they permanently stump their feet on the ground that offers resistance on their capacity to perceive life as a gift to them.

I want to let you know that no fees you paid nor credentials you gave out for you to qualify to bounce out of your mother’s womb, but you will have to pay a lot of fees at your death point. You will have to activate and freeze your behaviors and character traits accounts to materialize and activate your final day with beehive activities. During your birth moments, you needed no lawyers to present your petitions to God as to why you should live long on this world.

However, at your death point, you will discover that you need numerous lawyers to explain to judge (our most high God) as to why you have gone too early and that you deserved more years to continue living a little bit longer. Nevertheless, understand that when you were born, everyone else including your mother was smiling while you were crying. Thus, you will be required to respond by how you will live on this world. You will be forced to uniquely and perfectly live so that when you die, they will be crying as you will be smiling back at them.

My reader, between the day you were born and day you'll die exists hardest riddle that has ever existed, but I can assure you that you will soon solve it, just keep reading. It is puzzle, a prominent question that has robbed us peace of mind and consumed every resource we have accumulated without yielding back any benefits. This riddle has encouraged many people to design their own cross, hang on it and invite themselves in the world of no return before their designed or official time.

Who is responsible for your birth and who will be responsible your death? This is the ultimate question am determined to answer in this printed work. I am acquainted with the fact that It is the reason for your degraded social status. Moreover, the question has rubbed and wiped away determination to pursue your mission and vision, together with the goals and objectives you have had. The mischiefs, circumstances and offenses created between these two timelines have killed many people's motive to accelerate in life and experience outstanding achievements. Instead they have languished in mediocrity and a fruitless life punctuated with hopelessness and despair.

This has caused many to fumble with the real meaning of the biblical statement 'life and death is in the power of the tongue'. Some fail to understand why some bad things happen to them at a particular time of their lives. They wonder why they undergo series of failures and while others succeed in life without much grapple. Nevertheless, some wonder about the distance between their birth and death point and what may infiltrate in between. As some are perturbed of the boredom and generous lip services they are offered on this

journey. Majority remain perplexed and hopeless and ready to face anything that will transpire on their way.

As a result of this negative projections crisscrossing in the minds of people, I have designed fundamentals in this book which will help us demystify this mystery. Understand that the hardest contention you can ever engage in life is contention against what you don't know about. Today, many people are engaging in a contention against what they have no knowledge about. The reality is that you will automatically lose the battle when you encounter principles that you do not know anything concerning the operation mode and functionality. Get it clear my dear reader, it does not matter who and what you are or where you come from.

As long as your respiratory system is active, this is a reality you will never escape in this life. Your age has nothing to do with solving this riddle of life I am talking about here. In fact, for your information, age is just but number and it doesn't determine how old you are or your ability to understand realities of life (maturity). You are as old as you feel and not as people see you or what is documented on your birth certificate. Therefore, what matters here is your clear conscience and your obedience towards your will to try and unfold this riddle.

Your will to get a great awareness. By unfolding this riddle there is a determination and an expression of the life ahead. Just like a problem-solving criterion, you need to comprehend that every problem has solution no matter its nature. Aging gracefully in this business is not a safe idea, but

how you think about yourself during that aging period is the big deal my dear reader.

Most of us have despised the fact concerning our genesis. We have worked hard in life, used all means and resources to paint a beautiful meaning on the surface of our life and experience quality and expensive exodus from this planet.

However, when asked if we know much about our background (our beginning) which can easily define our origin, we ignore and claim that it does not matter. We forget that those small things we ignore in life matter most. Therefore, there is one thing I would like you to understand. If you don't take care of your beginning point of life (birth day), then automatically you are risking your end point (death day). It is like branding a house built on weak foundation with beautiful coloring designs with a pure conviction that you have a quality standardized house.

The day and how you were born, brought up is a very foundation you need to interrogate to help you determine and evaluate the course of your life. You'll discover that the moment the foundation of any structure is poor or weak, it means that such a structure cannot last long. In simple terms, if you despise your day of birth, then your days of how you live on earth will also be limited and full of troubles. Therefore, knowledge concerning how, where and when you were born plays a crucial role in living a best life ahead. Robert Kiyosaki discovered ***“Human life is a struggle between ignorance and illumination. Once a person stops for searching for information and self-knowledge,***

ignorance sets in” And remember when ignorance sets in, our path in life becomes uncertain and not clear.

Therefore, my dear reader, I admonish you to open up your mind and soak yourself into this truth and radically practice the factors am about to explore in this book. Apply them effectively in all areas of your life and watch your vision statement on this planet materialize. Let’s journey together now as we unfold some serious questions, we need to ask ourselves before you’re called home by our lord Jesus Christ or invited in the eternal condemnation.

A clear examination on our day of birth will take us to the foundations. We cannot fathom anything until we are sure we understand its origin and also factor all the circumstances that prevailed when it was put together. Unfortunately, we don’t come to this world holding a manual, we actually arrive naked and leave naked, but everything that happens in between is determined by these very important days of our lives.

CHAPTER ONE

WHO GAVE BIRTH TO YOU?

“Birth is an opportunity to transcend” Anonymous

It has come to my conclusion that it is only at birth that we get a perfect opportunity to transcend. In other words, birth is a chance to rise above what is familiar and reach deeper within one self. Nevertheless, somebody discovered that there are three events in a man's life; birth, life and death. However, it is worth noting that a man is not conscious of being born, he later dies in pain and forgets to live. I truly concur with this reality because God introduces a man to life through birth. Birth is the first stage of man's life. God facilitates our birth and introduces us to the face of the earth through other men. And with the mutual agreement between your biological parents, you became the product of their memoranda of association.

Thus, it's important to understand that whatever existed in them was automatically transferred in your life. You are simply an outcome of two ideas that fused together, mixed their understanding, weaknesses and strength to come up with a product called 'you'. You are now a product and specie

manufactured in their image and likeness. You are their mirror, a simple source of reference of what and who they are. When people see them, they automatically see you. Without them there is no you and you cannot know yourself.

I concur with one of the renowned authors, John Joseph Powell when he said “***It’s an absolute human certainty that no one can know his beauty or perceive a sense of his own worth until it has reflected back to him in the mirror of another loving caring human being***” And because our biological parents are the first elements and source of love we encountered, we simply measure our beauty, stature, weakness and strength using them as our mirror. They are the only exact and visible image of our identity. You cannot know your beauty or your strength and potential until you see yourself through them.

If you focus on others, you will receive contrary details and they can’t complement you. Other people in life will try to present an image that wants to look like you or your shadow, but its only your parents that will present an exact image of your identity. And you know that shadows can’t give enough details of its owner. For you to get full details of anything you have to divert your attention from the shadow and begin focusing on the real object. Therefore, to get the real you, you need to get time to examine and focus on your biological parents. And if you possess an inner urge of growing your outlook and potential beyond how you are living now, if your parents are alive, you need to visit and speak to them to get a better image and understanding of your life.

“Who gave birth to me?” This is a very important question that should circulate in the corridors of your mind every time you think about yourself and your background. Does it mean that you intimidate and underestimate your parents upon discovering that they have contributed towards your uncountable failures, shortcomings and making your life tough? Absolutely no! That should not be the case. Remember, we are all determined to live a remarkable footprint of success full of outstanding legacies. Thus, if we underrate them, then well will miss a mark.

Therefore, we ought to get full details and keenly study about them. It is a matter of fact that for sure, we were born weak through their poor nurturing systems, but we need strength to move on. Some of us were born helpless, but we need aid from those surrounding us. A good number of us were born foolish, and we can't abort the process of injecting a good amount of reasoning in our upstairs. My dear reader, now that all we lacked at birth and during childhood moments, all that we need more than anything is the gift of self-discovery through understanding of who gave birth to us. Through this, you will be able to know which route to take in life, so as to become fully informed and acquire reasonable achievements in the journey towards your destiny.

If you conceive your mind with a dream that is beyond the capacity of those who gave birth to you, then this will call for demarcation, an inner urge, strong will and a clear determination deep down your heart. For instance, in my case, I was born in a family where my parents did not achieve much, in terms of their goals and objectives their life. Although they are servants of God taking care and

ministering in a fastest growing Pentecostal church in Kenya and fully dedicated to serve God, there were some goals they have struggled to attain due to their background. My parents suffered lack of some necessities like basic education from their parents. There is a horizon up to date they have not yet touched, a barrier and boundary they have not yet crossed. It means there is a ceiling they cannot break. There is a simple cocoon they have worked hard to break but without success, they seem to be stuck because of his limitation. Due to this, it has been a tough struggle over the years for them to live a best life they dreamed of when they were young. They seem to be rotating, wanting to break but all in vain.

When I was growing up, I realized deep in me, there was a hot coal of gifts burning. Then suddenly, I began to think of myself. To think about oneself is the most courageous act ever which so many people struggle with. I decided that I would create life that I cannot wait to wake up to. I discovered that I was gifted in singing and song composition. Still in the same process of personal evaluation and discovery, I realized there was a force in me pushing me to script valuable ideas on the paper, document, package and expose them to this crooked and mindless young generation.

It came to my attention that the gift of preaching was already wired inside me. I discovered that I can be a quality public speaker in the same process of self- discovery. Now you see, for me to sing, write books, motivate people and do other extra ordinary things, I had to raise up, shake off the dust of impossibility, provoke my inner potentials, and undress the garment of impossibility that was evident in my parents' life,

and I dare say, which was buried deep down my genes and blood streams.

Therefore, my dear reader, hear me now, just knowing the names of your parents is not enough. To know their careers, personalities, character traits and abilities is not enough. You have to reach a certain level of self-discovery so as to take an extra mile they never pursued. And break the ceiling of their limitation.

Do not be hindered by their economic structures. Stop being blackmailed by the fact that they have accumulated some little wealth, and resources so that you now begin to rubberstamp a great economical shift in your community. It is worth understanding that they have played their part and so you need to play yours, in order to color your own world of reality. Do not be deceived by the little achievements they have made. Go ahead and pursue your own resources beyond their limit. Otherwise, the sky is not the limit.

Now the reality that they are aging daily should serve you with the fact that they can receive tickets for travelling in the world of no return before you. That's to imply that everything they would have achieved by then will not be under your management and control. In fact, in the booklet of their biography, nowhere your details will appear as one of the achievements they have made along the way. A simple message am trying to pass across to you is that you are neither an asset nor a contributor to the set of achievements of your parents. You are not part of your parent's achievements. You have your own path and success story to write. However, you are recognized as a consumer of what they have accumulated.

You fall under the chain of demand category, secretly and silently breaking down their supplies into serious consumer units. Therefore, its blindness of the highest order to take pride and desire to fill emptiness inside you with what they have accomplished. It's indeed shameful to be tossed sideways, spending sleepless nights thinking on how you'll create a split point over their visible efforts.

My dear reader, wake up from your slumber and arise. Begin redirecting your focus and clear your own path of life. Look away from your parent's resources because the more you focus on your parent's abilities and achievements, the more poverty will strike you like lightening. In fact, financial hiccups will stick on your head tightly like a super glue. You will end up falling from fame to shame and from grace to grass. And with this mentality, you will not you be able to obtain a clear mental picture of what God has for you in life beyond what your Parents and guardians have gathered for many years.

I can hear you saying that you have a dream bigger than what people can imagine. Congratulations! my dear reader, for excelling in this area where many struggles to uphold their visions and actually grabble with understanding. However, my simple question to you is this, have you discovered the talents and gifts that is wired deep in the fiber of your being? Have you identified what angers you in your family and society that you're willing to take necessary steps to eradicate it? If that is your determination and the big goal of your life, then try and study those who gave birth to you. It is important to know who and what your parents really are. Get to know the elements of their composition. My friend, life is a riddle that needs an individual's responsibility to unfold it. It's very

shameful when I hear people casting blames on their parents as the cause of their down fall. It is immaturity of highest standard to begin insulting and cursing your parents for your failures and roles they did not play in your life. Carry all the blames on your shoulders, persevere its weight until you reach a point of taking legal action against your limitations.

If you fail to get an identity of who gave birth to you, then you will daily compromise with down falls and mistakes that crosses the path of your life. This is because you are simply becoming a victim of circumstances. The reality is that the shadows of their failures is daily fighting to surface in the pages of your life. You are always the next passenger the train of failures they boarded is patiently waiting to carry. Thus, studying their behavioral patterns will inject a current of zeal in you to rise beyond their current level, break barriers they never broke and destroy limitation that was destroying them.

Many people nowadays are suffering and sick down their hearts because of assumptions and carelessness. They are not concerned about who gave birth to them. The areas and things their parents tried to achieve in their life and finally failed. It is the high time you put your ignorance mentality aside, swallow your pride do a background check of your family. Remember your days on this planet earth are limited and you don't know when you will escape this planet. You have to be original to die original. Death is a mastermind to many lives and even self-discovered men will meet it, but it will never kill their names and achievements. This will only occur my dear reader if you decide to chart the course of your life beyond your parent's limits and achievements.

You may brag around with your little knowledge and your pursuits in life. However, the reality is that your death will unfold many untold stories about you. It may turn your story into a history or vice versa. Corazon, the author reasoned out and made a very profound conclusion “***I would rather die a meaningful life than living a meaningless life***”

You may have been born in a careless environment, or rather you never saw your parents and later grew up in a rejected and deserted system. You ended up in streets, became street child and later graduated into a professional beggar to at least take care of your stomach affairs. You may have completely lost hope since the environment couldn't produce anything worthwhile for you to depend on. Automatically, it calls a demon possessed individual to begin criticizing and insulting you for being in such a condition. It takes a very illiterate, an incompetent person to criticize you for your parent's separation during that tender age, which pushed you to a horrible life style. I do understand that circumstances may have led you to fight with shadows in your life. I clearly comprehend that it has lured you into a serious identity crisis, wondering what kind of product you are. You have struggled a lot to curb your image but those efforts have been in vain. The reality is that fighting your enemy minus the knowledge of their attacking skills and tactics will make you easily lose the battle.

My dear reader, even in the absence of the one that gave birth to you, maybe through death or illegal separation, I mean divorce, this circumstance cannot limit you to discover who you are. This cannot be the root cause of your slumber and getting stuck at the same point in life. You have to undress

that garment of ignorance and take a legal action just right now. My dear reader, it will just be your own choice to remain in an intense black out on the matters of who and what your parents were. Since we are humans in nature, and we sometimes get tired, assume all is well and completely abort the chapter of tracing back our lineage and origin. Nevertheless, we will notice some strength things and behavior in our lives that will tend to prevent us from growing through what we are going through. In this circumstance, you will need a conveying lens of investigation for you to delve into those life irritating factors. The moment you'll finally hit a right button in your mind, you'll realize that what you're going through is the same thing that was troubling your parents for many years ago.

Understand that troubles, challenges and hardships are breakfast and natural phenomenon to our belief systems, but their persistency and consistency in our endeavors should awaken us up from slumber and quicken our mental reaction. My dear reader, you are now left with a choice of infusing your life with action. Don't wait for it to happen, but rather make it happen. Design your own life and the future you want to see. Make your own hope and love. And whatever your beliefs, honor God the creator of the universe, not by passively waiting for grace to come down from heaven, but doing what you are capable of doing to make grace happen right now, right here on earth. If things get tough get tough too and persevere through until a miracle germinates in your life.

Actually, perseverance is not a bad chapter to open in your life and read, but if you discover that the whole book of your

life is capitalized with chapters of ENDURANCE AND PERSEVERANCE, you need to go back and begin to trouble shoot your life circuit with diligence. Stop shedding tears and wasting your time on what you have no idea about. Avoid raising unnecessary lamentations to your teachers, neighbors, friends or workmates on what they do not know about you. Introduction of guess work about what is corroding your life will just cause you more bitter, give you restless nights, earning you more frustrations and eventually slap you with emotional related diseases. You must get it right and not just rely on guesses and assumptions. You need to follow the chain of inquiry, beginning right away with God the father who is omniscient. He knows the end of the matters from the beginning. He knew you before you existed in your mother's womb thus can help you know more about your genesis.

Do you desire to step in continents of your choice? Do you want to grow higher in financial and spiritual dimensions in your life? Have you ever thought of yourself becoming an international public speaker, music minister, preacher or business tycoon? Either being a powerful international gospel singer? Whatever territory you desire to conquer, occupy and dominate, believe that there is an impact you can discharge to the world. Are you full of ideas, thoughts, concepts, insights and beautiful words of compliments that you feel when they fall on desperate hearts will give birth to a strong healthy generation? Then put in mind that accomplishments of these desires depend on many things but mostly you.

That is when you discover who gave birth to you, their success, shortcomings and limitations. The truth of the matter is that you are the handicap you must face. You're the one to

make a choice to attain them. If you want to lose in this journey of self-discovery, then begin to quarrel with yourself and others, it's a serious civil war you can launch within you. Remember that self-discovery is self-recovery. You will come to the height of self-discovery when you know who gave birth to you. It will enlighten your mental perception. Do not give up, do it persistently. Consistency is the key that makes the rain drops to create holes in the rock. Keep on doing research on who gave birth to you. Chances are you will stumble on the reality of their identity perhaps when you will least expect it.

Now, when you are deeply loaded with desire to know who gave birth to you, you will have to undertake deep analysis of the factors that were surrounding them and participated in your whole being. These factors within which your parents or guardians operated in by then have a history to share concerning who, where, and what you are at a particular location. These factors include: -

- 1) Their times and seasons.
- 2) Their interrelationship.
- 3) Their belief and faith status.

A) Times and seasons

“Every season is one of becoming, but not always one of blooming” [Anonymous]

You will crawl down on the phase of the earth all the days of your life, spin the entire dust if times and seasons you were

born in do not matter to you. You will live in great turmoil's and turbulences if you disregard the days and seasons which your parents lived in and to which you were born. The bitter truth is that there is nothing you can do concerning the day you were born. Whatever transpired is that you were just born and miraculously escaped your mom's womb and now existed during those days. Indeed, it was a perfect timing and no relative error can be discovered in this Gods perfect plan.

Sometimes we have despised the knowledge of seasons upon which we were given birth to and brought up. But those are the moments that accelerated or decelerated our pure motive to tackle life positively. You cannot imagine your parents giving birth to you in a country full of bloodshed, rumors of war, turmoil and hardship everywhere. Perhaps it never affected your joy because of the security they offered to you so that you may not become a victim of those circumstances. However, you become a memorial staff when they think and look at you and always relate you to those hard moments. Some parents have even named their children after those times and seasons within which they gave birth to. Nevertheless, those seasons will wire you for war every time you sense danger in your environs. Everything that will emerge to counter attack you will be fought back since fights and wars are in your blood streams and loaded in your memory bank.

Do you know where I come from in my community in western part of Kenya, a child who is born during seasons of hunger and drought is called Nanzala? The one born at times when parents passed through problems is called Taabu. Without even going further, allow me to take you back to the

bible again and engage in a study about some personalities to help us get the real picture of what we are talking about. There is a person whom seasons and times within which he was born in affected him so much until he was forced to cry out to the lord. This person was called Jabez. In the book **of 1st chronicles4:9, 10** its recorded that Jabez's' mother named him so because he bore him in painful moments. Times and seasons upon which Jabez was born in were so tough and hard until it forced the mother to give him a name related to those moments and circumstances. It took Jabez a self-discovery system to enter into a self-recovery dimension so that he may not experience the pain that the mother experienced throughout her life.

I would like you to understand that, the ideal environment in which your parents found themselves in, with no option other than socking themselves in, has the capacity to reveal who they really were. It is because nothing triggered and tempered with their passion to help and nurture you morally and charismatically, that you are enjoying some privileges today. The little achievements you encounter today reveals how tough and resilient they were in order to cope with life's complex nature for your survival and growth. It shows how sharp and smart they were, so as to guard you against all the odds of life. It simply implies how they accurately played their cards for your welfare. In other words, it should ring in your minds that they are the real pioneer and cause of your current success. Therefore, the little effort incurred from them cannot make you deny them an appreciation. You will be indulging in a huge error if you deny them a salute and congratulation message whether they are alive or not. In case

you hold little conversation session with them, you will wonder the kind of hell they went through for your survival. Actually, you're smart in your upstairs today because of your parents' behavioral patterns during those hard-ancient days and seasons they went through.

The truth of the matter is that, today you're becoming a better version of yourself because of how fast and hard they dealt with hard issues that faced them. You're able to patronize and colonize your circumstances because of how well they governed and stayed put for you. It is because of this experience, which was also initiated in you that you're able to take legal part in other people's affairs.

I have realized that individual's real strength is proven in times of troubles. This is to imply that even your parents were clothed with genuine strength that pushed them to discharge you to the world without any spot or wrinkle. They acted like an ambassador in your new world. Sometimes they could sacrifice a lot for your wellbeing. They disown all the pleasure and ice cream moments so as to accommodate the best for you in future. Perseverance and endurance are the game of the day that they played, together with determination to win. 'It shall be well 'is the song they sang every moment they were stormed with hardships until the lyrics were permanently cemented on their face. They distorted their comfort just to lay down platform for real comfort for you. The list about what they endured in during those days you were born is endless. This one should actually send you a strong signal that some were reliable custodians and good stewards of your life.

Unfortunately, some of our guardians and parents chose to compromise with hardships they incurred in life during those days. They totally failed to cope up and persevere with painful situations like what the mother of Jabez did as discovered in the bible earlier. Majority of them chose to compromise with poor baby sympathy life could present to them. Some could open their ears to the lip services accorded to them by well-wishers. To make the matter worse, some totally gave up in life, raised platforms for campaigns to tell the world on how hard life is, and how they are being oppressed by poor state of economy. They joined hands with other people of a similar tone, formed memoranda of association, with the same vocal pitches to rubberstamp and approve the claim about the rigidity of life. They could smile in the same frequency as they present their petitions to the local, national and international authorities in their area of jurisdiction. This was done just to find out if those government and non-governmental bodies can lay hands of aid on them. Press conferences were always heard at their homesteads as they aired their cry through the media directed to the governments of the world to see who will come to rescue and comfort them.

Now see, here you're today dancing the same tune and reciting the same slogans about life. You find yourself behaving exactly the way they used to, and wonder if you're out of your mind. As your friends and relatives work hard and fight the life battles with enthusiasm, you always stare at them and wonder if life has ever pinched them the way it pinched you. Little do you realize that their parents or guardians played and won a tough game for their conquering

of life battles they are facing today. And even if some went through hell during those early stages of life, they have learnt to remain tough and rigid so that life could not throw those setbacks to them again.

Therefore, instead of remaining transfixed, gazing here and there, you have to transform your mind. It is true that your parents printed a very bad attitude on your face, but it cannot be a reason for your downfall and failure to move forward for the green pastures. There is nothing you can surely do about the darkness they introduced in your life, but you can try your level best and light a candle or a lamp in the very darkness instead of cursing that darkness. Actually, after life has slapped you with reasonable slaps, you have to simply wipe out your tears and move on because we know that life must continue.

Can something good originate from me after going through countless painful moments? I hear you asking yourself such question. The answer is YES of course despite of the mess caused and fake information poured in you by those who gave birth to you. A turn around can be achieved if only we could accept our identity and decide to never look down upon them. Whether they offered you what is necessary or not, remember you have a life to live and cause remarkable legacies in your life. Remember the very shame you are experiencing is a mask forced on you face to maintain you in disgrace during the days of mental blindness. However, when you are fully grown and tired of your condition and grown restless, you will seal every intellectual torture, brighten up your mental circuit and ensure that you leave no stone unturned in your life.

In other words, my dear reader, you should be able to comprehend moments that may have contributed to the fall of your parents. Thereafter, use them as a stepping stone to the next level of life. If your parents played the game of life perfectly and secured a good life for you, then thank God and begin to improvise ways on how to move extra miles beyond the level they were operating in. For sure, times and seasons are very important factors to consider and study in once life when charting the course of your life for a better tomorrow.

So many people wine about heir upbringing and why they are now failures as a result of their parents failed decisions. Yes, you could be one of those decisions but that must never stop you from realizing your full potential.

B) Their interrelationship

Barbara De Angelis studied about connections and relationship between two people and concluded that “***The more connections you and your lover make, not just between your bodies, but between your minds and hearts and souls, the more you strengthen the fabric of your relationship and the more real moments you will experience together***” Actually through this observation, I discovered that divided minds runs in parallel while summed up minds runs in series. Coupled hearts beat at the same frequency while separated hearts beat in bits. This is what I call the “**law of heart mind coordination**”. It’s very important to access the interrelationship between those who gave birth to

you. This is simply to help you know if they did carryout their affairs in one accord and embraced any sense of unity.

You know sometimes success in life between two people can never be achieved unless they are in unity. The bible asks in ***Amos 3: 3 'how can two walks together unless they agree?*** Although some still believe that they can work alone and produce reasonable standardized results, it's worth noting that team work is very fundamental and is the mother of virgin markets and great discoveries most people have never encountered. It is said that if you want to go far, then walk with at least a person, but if you want to go fast, walk alone. When individuals are focused on connecting their interests together, they really make good stuff happen around them and achieve great milestones.

Therefore, it is vital to know how your parents used to relate with each other. Check to know if they could eat, plan, pray, spent time, share their moments of joy, pain, and go to church together or not. The reality is that if their interrelationship was strong and encouraging, then that seed was automatically planted or transferred to you and you will too seek to build healthy relationships with your family and other people around you. This is to mean it will create harmony between your today and tomorrow. This adventure will help you connect your mind to your soul purpose so that you may be able to bulldoze and cultivate the garden of your life effectively. And if the interrelationship between your parents was poor, then you may experience drought and wilderness in your life unless legal steps towards watering that harsh condition is taken.

Nevertheless, I have realized that true happiness and joy generated in many families has its source from the parents. Furthermore, this happiness cannot dwell in hearts of those who are not willing to have legal agreement. Agreement is the lead voice in all peace campaigns in families. What I want you to understand here is that, one of the reasons why sometimes you look gloomy, sad, frustrated, accompanied with all sorts of negative emotions is because of the nature of interrelationship your parents created for you. Since they never showed you a smile, you wonder and get amazed when you see people smiling at you because you never saw your parents smiling at each other. Because you never saw peace conferences being held at your homestead, you wonder if the term joy and peace is practical in one's life.

Actually, it is very unfortunate that some of us have been raised by parents who were strong drug addicts, who could forget their parental responsibilities at home. Some could come home late in the midnight, not even concerned about the affairs of their children. Some could make high pitch noises and **completely distorting peace in the compound. Some drunkard fathers ended up fighting and quarrelling with the children thus making them lose the real meaning of real joy in the family.**

However, such incidences should not make you lack peace in life. In the contrary, it should help you launch a peace ministry in your life. It doesn't matter the arrows of pain that were directed to you during that early days of your life. The poor relationship between your parents might have created this negative vice but understand that between you and anything significant will be giants in your path. Samuel

Glover observed this **“circumstances are the rulers to the weak, but are instruments to the wise”** Therefore, choose to be wise and tactical. Take advantage of those circumstances and initiate peace campaigns in your community. Be strong and take a shield of peace upon you. You will be surprised how your jubilation moments and peace will resurface again. Don't allow anything to bind or hold you back again. You are a captain of your own soul and determinant factor of your tomorrow. Uproot any joy irritating factor and set a standard to yourself. Make a statement of declaration that you're a molder of your own peace of mind.

Children who come from broken homes are prone to mental health problems and in future they tend to manifest this by emotional instability and lack of focus. However, once you know the problem you should give it the correct dose of solution. A path of self-discovery will lead you to know if there was stability when you were born. Armed with this knowledge, it is easy to use the right instruments and create peace and stability in your life. This will enable you to be grounded and make good decisions, on who to marry, or if already married, how to live with your family.

C) Their belief system and faith status quo

Beliefs have power to create and power to destroy. Human beings have an awesome ability to take any experience of their lives and create a meaning that endangers them or literally saves their lives. The reality is that the information induced in a person forms him or her into either superior or inferior being. Now faith is that light which flashes away

darkness in one's belief system. Nevertheless, faith introduces knowledge in one's life which helps them to tap into and access their legal personal rights. In simple terms, belief system and faith status of an individual are the super agents of our self-organization in life. They are the building blocks of our personality and terminal blocks where individual's life is strongly terminated. This is to say, when I look at your personality and the character traits you exhibit, , I can easily tell you what you believe in and your faith status.

Surely what our parents believed in and their faith status quo is also another important factor to consider when analyzing who gave birth to you. One thing I know is that our parents held tightly what they believed and put their confidence in. The only way they could appreciate it is by passing and teaching the same element of faith to you and that is why today you have become a victim of their beliefs. Whether it was an original or fake faith, the idea is that at least they could ensure that the baton is passed on to their next generation for the effective maintenance.

Let us take for instance, you are raised or born in a witchcraft related, polygamous family in which your parents had built a strong belief and trust in for their own reasons. The fact is that they will work hard to ensure that one of your family members inherit those beliefs with or without your knowledge. What will be left with you is to just continue practicing them, dancing the same tune as you think on how you can drop them down. This is what has been transpiring in our communities leading to morally rotten, crocked and filthy generation. After some couple of years, it leads into morally sick nations within our continents.

These vices have nothing beneficial to you. On the other hand, they are responsible for imposing negative ideologies in your life. There is no distinction you will earn by being renowned fornicator, professional thief, witch doctor or a gangster. In fact, the governments of different nations throughout the continents are daily laying down strict measures on how they can eradicate such people in the society. So, if you don't become careful, you can end up becoming a victim of this circumstances within which you parents were operating in.

Therefore, struggling to be at the top in life, but still crowded with such negative vices and mentality can put you into a serious danger. You will end up doing more harm than good to your destiny. It's like fetching water in a hollow basket or trying to switch on lights in a room where you do not know the switching position. You will be wasting your energy and resources and at the end of the day, you will bear no fruits.

My dear reader, I understand that beliefs are huge source of power that can easily manipulate you with or without your knowledge. But you can make a choice on what to believe about, because those beliefs will determine the actions you take. The only important thing is to choose beliefs that support you and gives you positive energy. Stop putting a lot of pride in silly imaginations of what you are going to emerge in future. You do that yet you offer resistance concerning the knowledge of your foundation that carries fake and silly beliefs. I tell you the truth that the shell of ignorance concerning your parents or guardians' beliefs may end up creating a certain level of limitation for you. This will cause your dreams begin to suffocate. If you want to be on safe side,

then please avoid ignorance. Remember you will always reap what you sow and whatever you despise cannot spice your life. So, take care my dear reader.

Now, whatever it takes, wherever you go, and even in moments you choose, your destiny and success is in your own hands. The good news is that you can create a good scent of your life. Just take your time, look at your legacy statement and deeply internalize it with the beliefs and faith status quo of your parents. Check the impact they are creating for you. If you realize that there is an error, reset yourself and ensure that your legacy statement is outweighing the other irritating factors. Have faith in God and belief in yourself. Build yourself by creating a good measure of faith in God. Have a focus beyond your parents' beliefs and determine to create a new outlook. Deform and terminate the old nature they initiated in you through their beliefs. From there, form a new nature that will give you Godly original designed nature.

CHAPTER TWO

WHAT WAS IN YOUR HANDS THE DAY YOU WERE BORN

*“Busy hands achieve more than idle tongues” Matshona
Dhilwayo*

Is every child born with something in their hand? I know you are pondering this discovery in your heart. However, I would like you to know that every child despite of the gender, is always born with something in their hands embracing it tightly. How does this happen? Now, let's do further discovery on this subject matter. Have you ever realized that when a child is born, the first day, his or her hands are always closed? Doctors will tell you that it's because the child's hands structures and the body are not fully grown, leading to folding their hands. That is their own explanation, given according to their opinion and expertise.

However, I want you to understand in those hands metaphorically, the child is holding secrets of success towards the journey of their life. In those hands, there are undiscovered unique potential that no one has ever seen or

heard. No wonder at that tender age, whenever a mother tries to open the hands of that child, they will still go back to their initial state. The major objective a child reacts this way is to prophetically guard, protect or secure the unique gift that had been put in his hands by God the day he was born. This action overshadows how the child will protect their gifts when they will be fully grown up. Since the child holds little information concerning their surroundings, they jealously decide to fold that gift firmly so that no one can take it away.

One thing I want us to agree on is that whatever you were born with was invisible during that moments. No one was able to determine or estimate what you were carrying. It is only your manufacturer (God the creator) who had full details and information of what you were holding. He created you with something unique and precious that nobody could notice when you were still young. He targeted the fulness of time when you will be fully grown and mature to be able to handle it. That is when he dispensed it out in your favor. That is why we have to engage in numerous activities in his life to know what was loaded in us by God the day He ushered us in this planet through our mother's womb.

The best biblical example of the person who discovered what he was loaded with is Moses. Being the man God used to usher exodus and deliverance to the children of Israel from the land of captivity, he was born and handed over a 'stuff' in his hand. The stuff in this case represents a leadership skills and ability. A time came that God called him to begin the rescue mission of his people from Egypt. After Moses gave him excuses as to why he was not qualified for that mission, God asks him what he's carrying in his hand. Moses later

replied that he's holding a staff, God did not tell him to throw it away and take another weapon or object, but rather he tells him to use it as a weapon for effective deliverance of children of Israel from captivity. Through that staff with numerous plaques, the king of Egypt called Pharaoh was terrified and finally surrendered the children of Israel to Moses. It is the same staff that Moses used to strike the waters of red sea and the children of Israel got a way through the sea. I want you to comprehend that though, the staff was physical, and it was to help him exercise the leadership capacity that was designed in placed in his hands the day he was born.

Another biblical example is David the son of Jesse. Being the last born in the family of seven, he was symbolically born with the string and stones in his hands. This is the very weapon he used to kill a great terrorist against (Goliath) Israel, the armies of God who was a threat to the Israelites. These stones and strings represented leadership skills and ability in his hands. Through that act of courage and using what God gave him to conquer the enemies of Israel, he was rewarded greatly and later crowned as one of the kings of Israel at the age of forty. Put in mind that the thing you love to hold or do passionately all times is a very staff placed in your hands, which can help you recognize what you were gifted with.

If you love musical instruments (the physical stuff) your inner ability (internal stuff) is in music. If you love football, your inner ability is hidden in games. What you love to do physically is a representation of what you carry inside you. Therefore, get it clear that what your heart follows describes what your hands carries. Nevertheless, outer stuff just helps

you to nurture and materialize the inner stuff that was entrusted to you in your hands.

Let us now go back to the point where we were analyzing about the early birth periods of a child. Now, you will discover that as the child continues to grow, their hands begin to open up. This one symbolizes that the stuff has now escaped away and now it is their turn to enter in a great business of searching it back to him. The child begins to fix and position themselves. They begin to explore new techniques, methodologies and measures so that they can capture back what was placed in their hands. In collaboration with their parents, they begin devising means and ways on how they will get his stuff back and this time round in and fruitful form. The first idea that comes in their minds of the parents first is to take the child to school to see if the teachers will help him capture his ‘stuff’. In the process, the parents continue to nurture the child and encourage him to work hard and smart in school as teacher help the child to discover himself too.

As time flies and a child continues to grow physically and matures mentally, they begin to see things differently. The perceptions begin to change, passions and interests are developed accordingly. You will discover that the child now begins to build a concentration in certain specific areas of their life. As teachers begin to push the child to work hard in class, the child has already discovered the next step to take and recapture what was placed in their hands back. You will discover that some will be pioneers and academically dominate in class work, topping up with excellent performance while some will perform best music clubs and

field games like football, handball, rugby etc. Actually, a great variation is always noticed that is some does well in class while others shines in co curriculum activities.

Now, the challenge comes when the teachers fail to comprehend the point of interests of the very child. You know a school is not an institution of prompt success. However, it is a place where we mingle and associate with others to help us discover ourselves. It is here that we can take to trace our inborn potentials and fulfill our dreams accordingly. It is an error of the highest order to hear that some teachers force students to concentrate so much in class work and discourage them from engaging in any curriculum activities. Some teachers actually fail to understand that not every student will make it in life through books. Am not actually advocating for laziness and failures in the students when comes too studies. However, what am trying to insinuate is that a student may not be on the top list in academics, but good in drama. In other words, class work only forms a basis upon which our success is built on. Education is fundamental that everyone should acquire in quality and quantity, but it should not be allowed to block your path of discovering your staff that is the area of talents and giftings.

You will come to realize that as a child continues to concentrate in their area of interests and gives it a lot of attention, something great begins to develop in them. Let us take a look for instance, at a child who has taken the football game as his priority and point of focus, but still averagely performing in class. You will realize that he will begin to develop into a certain football champion. Since what you do defines you, he will begin to call himself a footballer due to

the much interest in football. He will work hard to join the school team and because of his efforts and talent he will emerge into a captain and a star in that team. People will begin to celebrate him every time they see the guy playing in any match. Every eye will be gazing at him as the determinant for the victory of team. With numerous wins and victories attained by the school team through him, he automatically turns into a hot cake, where every regional team are eyeing for him. Fortunately, let us assume he succeeds to join one of the best regional team which later approves him in a national team of his country after his playing skills comes to higher demand.

The first day he is given a chance to play any game and scores a professional goal, spectators begins to celebrate and shout with joy, you will automatically see him running towards the corner of the field raise both of his hands and closes them again as he jumps and dances joyfully. Symbolically, closing of the hands signifies that the staff that was put in his hands the day he was born is now restored back. Through the series of hard work and adventure, he has been able to get it back. To him he will understand that in his hands, God had placed a staff of football playing in him, and after longtime of its disappearing, it has been restored again.

After a great success in any area an individual makes it, you'll realize that some even shade tears of joy. When they imagine of the hell, they passed through to get the staff or gift back. When they think of the sleepless nights, they spent just thinking of how they can restore their Godly designed gift, it causes tears of joy flow down their cheeks. Some are found in a coma upon being informed that they have emerged the

best in a certain area of life, for example having attained a degree or master's degree in any field, became the best in a certain competition, gotten a job of their interest and many more.

Therefore, it is my hope that you can now be able to understand that something was deposited in your hand account the day your presence manifested on this planet. I want to let you know that nobody under the face of the earth was born bare handed. Everybody was given something unique to distinguish him from the others. What was put in your hands is what carries your life. This unique ability is what enables you to live a life of purpose. It is what gives you an opportunity to be recognized among others. In general, it's what gives you a true meaning in life. You know life has no meaning if you do not understand the purpose of living. And remember the purpose of living is got after you have disclosed what was enclosed in your hands. In other words, your life purpose is hidden in your hands.

I have met people of different nature and all walks of life and I concluded that a good number of them are living a life they never intended to. Some claim that they are experiencing bad omen in everything they try to do. Through series of trials with maximum errors evident, their purpose of living is completely crushed. The passion to pursue life with enthusiasm is finally stolen away by the unknown factors. Life becomes a hardest riddle to solve so that they achieve what they wanted. The option they remain with is to deactivate their upstairs and turns into a serious scare crow upon which people becomes very much timid when meeting them at any corner of life.

As life goes on and some realize that the means of pursuing life are becoming limited, they decide to turn into a moral threatening individual in the society. This is a point where some turn into professional gangsters or robbers. Some chose sexual immorality as a way of life. They decide to sell their bodies, sleeping with and trouser wearing creature to earn a living. Some reach to a level of sleeping with wild animals. Some goes half naked on the streets just to dispose their sexual apparatus to the others. Actually, the filthiness of every kind is exposed in the society through individuals who does not understand what was in their hands the day they were born.

One thing I would like you to put in mind is that God cannot give something that will make you practice evil under the sun. However, he gives you something that will contribute to the moral standards and values in the specific community where you reside. These other impure moral standards are as a result of individuals who has failed to invent themselves, open their eyes and realize what and who they are. I tried to reach out some people and try to help them with principles on how they can discover who they are and live a good moral life, but a better return they offered to me is a deaf ear. At the end of the day, they become most wanted by peace and moral initiating authorities and thereafter their life being cut short mercilessly.

My dear reader, I really do not know at what stage you are in discovering yourself. Maybe you have tried your level best but gave up long time ago. Maybe you've already become a victim of this identity crisis subject. Whatever the state you are in today, there is still a chance to better yourself. I was

very much challenged when I encountered this statement from Elizabeth Gilbert. This is what she said “***You need to embrace the glorious mess you’re***”. This is very true because its after embracing those wrong directions you had taken in life that you will be now able to take another direction.

Do you want to move your life ahead; first you need to move what was in your hands the day you were born. Do you desire to speak to 1000 multitudes of people and they hear you as you encourage them to face life with confidence? Then open your hands before you open your mouth to speak. Do you want to step in great positions of power and continents of your own choice? First step there with your hands before you step your feet there. Are you willing to touch people’s life? Touch them with what was in your hands before you touch them physically. Shake them with your unique statement of purpose before shaking them with your hands. But remember a journey of 1000 miles begins with a single step. In this case the first step is knowing what was in your hands. You have been just wondering what you are holding in your hands, you need now to begin living it. You have been dreaming about your life for long, you need to now live your dream.

My precious reader, get it clear that you are like a whale fixed in a small basin and yet a basin is very small for you. It cannot actually contain you. You have a great gift and capacity in your hands and your poor mentality cannot accommodate it, wrong network can’t hold it, your level of maturity can’t appreciate it. There’s a hero deep in you and bad company can corrupt it. Therefore, you need a serious mental shift on this line if you are interested with your life. For sure

environment has killed your desire to know yourselves and some have created room for the individuals to move forward and build themselves into what they are capable of being.

Now if you have tried your level best to discover what was in your hands and fail, allow me to give you some few elements you will consider and help you to cultivate your efforts and get a special identity. These elements include the following:-

- a) Understanding your source of happiness and gladness***
- b) Knowing your area of gifting and talent***
- c) Discovering what lights and rekindles your desire to pursue life***
- d) Revealing what gives you sleepless nights in your community***

a) Understanding your source of happiness and gladness

The knowledge of what was in your hands the day your born is found in what makes you happy in life without causing harm to your immediate environment. I would like to inform you that you do not become happy through outside composition. Quite contrary, you become happy through inward composition, that is, possessing the true nature of a cool heart. Submitting pressures of life to your hands and securing the heart. This is because your hands have the ability to carry those pressures compared to your heart. The pressures of life cannot overpower the gift that was given to you when well exposed.

Therefore, understanding your source of joy is a vocal point of one's deliverance from troubles and snares of life. If help an individual to search out the secret and doubtful things that are pressing down his life. The first step to achieving this is knowing what you love to do life. There's that specific thing you do and you feel very happy even if no one is there to appreciate you. You will find that nobody will push you to do it since it's in you and you enjoy doing it.

After you have known what you love doing, add excellence in it I mean, do it with a lot of excellence and continuously with passion. Embrace excellence and let consistency be your language. Remember consistency isn't a rocket science, it is a commitment. Consistency is not about perfection; it's simply refusing to give up. Therefore, if you master consistency in what you love doing, then you are halfway to knowing what was in your hands the day you surfaced on this planet.

Finally, after you have perfectly and passionately done what you love, the world will begin paying you for that. That's where you find a footballer being paid for their love for football, athletes paid for their love to athletics and many more examples. My dear friend, is not about perfection in what you do, but it is about efforts and passionately doing what you love. When you bring that effort and excellence every single day, that is where transformation begins. That is how changes in one's life occur. Automatically you begin to enjoy what God placed in your hands the day you surfaced in this world.

b) Knowing your areas of gifting and talents

“The meaning of life is to find your gift. The purpose of life is giving it away” (Anonymous)

The knowledge concerning the areas of gifting and talents is the most neglected area in many peoples' life. Some people despite their age and gender still believes that gifts and talents are assigned to the specific people. This has been the reason as to why some have found themselves pursuing careers which runs parallel to their interests and passions. Some up to date still claim that they messed up on career choices which in turn affected their discernment on what suits them in life. Therefore, knowledge on the areas of your talents and giftings is very important. It is imperative to embrace knowledge on gifts and talents if at all you want to reach to the optimum limit of your dreams in life.

Therefore, my dear reader you need to know your gift at all cost. It's scientifically proven that everyone has at most five gifts which are naturally God given. Therefore, it is not good to toil around in life when you have something already deposited in your hands to help you touch people's lives and transform communities. You should not wait for people to begin sympathizing with you and yet you have what it takes to put a smile on your face every morning you wake up.

It is an irony of the highest order when you destroy your own reputation by claiming how hard life is and yet you have not discovered who you are. For sure my dear reader, if you take a look at your life, you will discover that there is something you are naturally good at, for example, sports, politics, entrepreneurship, arts, entertainment. It is your decision

either to continue being in darkness of self-unawareness, or match out and discover what you were created to be.

Now, if you want to discover the areas of your talents and gifting, you need to expose yourself in the following Centers: **prayer room, boardroom**, and finally **exercise room (field work)**. **Prayer room** for interacting with God the father, who is the creator to give you direction and help you know your area of gifting. It is from here that you can receive vision on what you should do as an individual. He will give you the keys to unlock every gift, help you stay on the track and maintain your course in life.

After you're through with prayer room sessions and you're well affirmed for more direction, then move directly to the board room. Here, you'll need to identify an individual who is doing what you desire to do as a result of prayer room activities. Share to the person extensively and intensively about your visions and dreams and let them help you chart that course effectively. If possible, request them to be your mentor and coach so that they can help you grow in that specific area. Request that mentor to be patient with you at all cost as he sacrifice to walk with you in that journey of self-discovery. Ensure the person you choose as your mentor is integral and dignified. This is to imply that his track record on the matters of purity and moral behavior should be worth imitating. Nevertheless, when you're looking for a qualified mentor, you need to consider the following factors;

-They must be where you have been

-They should fit your style

-They should not tell you that your way is the only way

Finally, you can now move to the final location called exercise or practical room. Here, you immediately begin to practice what you've been taught, coached or mentored on from your coaches or mentors. Begin stretching the limits of that gift, ministry, talent consistently as advised and directed by your mentor. Let's say for instance you have discovered that you are gifted in singing and music. Start by exposing yourself to the vocal teams and singing training centers accompanied by your mentor. Let them show you how perfectly and excellently you can handle and work on that gift with a lot of patience. Allow your mentor to help you polish and package that specific gift and talent.

Accept the corrections, rebukes, instructions to be part of the process because that is meant to shape you so that they can manufacture and hook the best out of you. With patience and determination, begin to do it on your own. Invite friends and team members to come and just watch and listen to you or to watch you. Allow them to give you an honest feedback without bias concerning your performance and delivery. As you stay put, become fully obsessed by the habit, with your consistency and determination, you will be surprised of the great positive feedback that you will begin to get from your friends and team members. That is your moment, you can imagine the joy when the seed of greatness and quality packed within you begins to unravel. Many people will be attracted by your sweet melodious voice accompanied by outstanding great performance. As you give and charge your

gift to the world, positive appreciation will be waiting for you at the door post.

Unfortunately, nowadays many people are dragging between prayer and board room. They have engaged God in their wishes and after that they do not appear in the board room for discussion. It is like applying for a job but when you qualify for the interview and called upon, you completely fail to appear for the interview. I realized that even if some manage to enter in the board room, field work or exercise room becomes the hardest place to place their feet. This dragging and procrastination behavior exhibited by an individual, is among the three centers have denied many people the ability to discover their talents and gifts. In other words, procrastination has caused majority to get stuck with their dreams and great ideas.

My dear reader, do you know that your gift can open doors for you in any area of life. The bible says in proverbs 18:16 that ***‘a gift open ways for a person and ushers him into the presence of the great’***. In other words, a gift, a talent or your inner potential can prepare a platform and usher you to share a table with the most prominent and successful people in life. Therefore, apart from being professional in other areas of life, you must also be gifted. This only means that you must know your areas of giftings. Actually, there is a big difference between a gift and a profession.

It is worth knowing that a gift is all about what you are wired to do, and it is in your genes while a profession is what you are trained or coached for. I have seen people who are talented and gifted in different areas travelling in different

continents of their choice and because of their profession. For instance, you can be bank manager professionally and also a gospel or music minister. You will realize that your banking operations will be limited within your country. You may not even get an opportunity to travel to other countries for banking activities within your professional line of duty. However, with singing talent and gift, you can be found in numerous countries just to charge your gift there because of high demand. People will request for your presence across the nations of the world just to listen to you ministering to them through gospel songs and touch them through music ministration.

Therefore, stop putting a lot of confidence and pride in your profession. You need to now begin to create ample time for your gift. Work hard and smart to qualify and feed your head with reasonable information and knowledge for its stability. Show me a gifted man and I will show you a world trigger and a game changer. Your giftings and talents will make you dine on a silver plate. With these inborn abilities, you will daily wake up with determination and go to bed with satisfaction.

There is really power behind gifts, talents and natural abilities contained in us. It is never too late to discover your gifts and talents my dear reader. Time is now and the hour is now. Work hard and smart, using all available avenues to discover your inborn abilities and capacities. This is because this is where your real miracles and advancement lie.

In this life, there are people who have gone extra mile and discovered their gifts and God has used them to transform our

world today. Example of such people include Mark Elliot Zuckerberg, the founder and CEO of Facebook who unlocked his door to greatness through his programming gift. Michael Jordan discovered himself while in basketball courts. Victor Wanyama of Kenya national football team succeeded through his love for soccer. The former president of America Barrack Obamas key was in communication. Kipchoge keino was gifted in athletics. Churchill ndambuki of CHURCHIL LIFE COMEDY SHOW made it through comedy. Bishop Lai of JCC ministries in Kenya is respected and celebrated through his gift of preaching the gospel.

The well renowned international gospel music ministers and worshippers like Sonnie Badu, Pastor Tumaini, G.U.C, Victoriah Orenze, Evelyn Wanjiru and many others, who have touched many people's life through the gift of worship and song ministration. And you are now here reading this life transforming book through my gift of writing and motivational speaking. Actually, all these people have been making news globally and if you wish you can also join the league of this world triggers and champions. Kariuki kamau, the author of WHAT WAKES YOU UP nailed it when he said “*champions make news, while others (mediocre) watch news*”.

C) Revealing what gives you sleepless nights in your community

When we look at our communities, we notice that we exposed to many challenges, dangers and threats. Our communities are facing many crises every day. The flaming arrows of evil of every kind have completely distorted the peace of many of

our societies today. Some have gone beyond control and already declared it a national disaster. Things have completely been messed up and turned upside down. It has gone to an extent that many people today have been transformed into squatters within their own native land and country. This is a very devastating picture indeed. Therefore, if you desire to be a game changer in life, then you need to reach a level and identify the vices that anger you in that community that nobody is willing to wake up and bring a solution. You know majority of people have decided to be careless rather than doing something to cause a change in their society.

They count the cost of entering in the field and take part to transform their society and find it unbearable. They decide to sit back and watch things going in a mess rather than looking for a solution. They choose to be ill-treated, dictated and controlled by the waves of troubles the community is facing rather than waking up and acting upon it to prevent those troubles. This kind of people form 95% of population due to the fear of failure and threats from the immediate environment.

For you to discover yourself my dear reader, you will have to take the initiative and pay the cost of what angers you in the society. There was once this influential and great woman in Kenya called the late Wangare Mathaai. She was a professor of one of the most prominent universities in our country Kenya. There was something unique and interesting that people loved about her. This was her passion and deep care towards our environment. She reached a point where by she felt very concerned about the level of deforestation that was

going on in some parts of the country Kenya. She was so disturbed by this situation until she decided to come up with campaigns concerning tree planting. She exercised all wisdom, knowledge and resources to ensure that at least every homestead embraces tree planting activity.

Her major objective was to work on the global warming effect and save Kenya from the very disaster it is experiencing. In the long run, her campaigns were well and positively received by the government and they were willing to support her. Her endeavors gave birth to a great desire for people to plant trees in their respective communities. This continued until the whole world felt the impact of the legacy she left behind even after she's gone. And guess what, she was later awarded a noble prize winner globally.

The point am trying to propel here is that, the moment you will pop out of your comfort zone out and begin solving the problems your community is facing today, then the world will begin to celebrate your efforts and later reward you accordingly. And as the world continues to celebrate you, it will not just be lip service, but it will be accompanied by something that will motivate your soul economically, socially and spiritually. Through this you will be able to realize what you're created for and the very purpose of your existence. You will create a long-lasting impact that will be remembered generations after generations even when you're gone to the land of no turn.

Maybe you have tried to incorporate people in your community, to team up together and cause a change in your nation, church, community or school but they have given you

a deaf ear, do not ever retreat or surrender. Maybe you have tried to persuade the young generation to buy your idea and bring the necessary transformation, but unfortunately, they have failed you.

Please before you give up, allow me to infuse your mind with this reality that you are a captain of your own future. You need to decide on the legacy you want to leave behind for others to credit you for. Put it in mind that nobody can do it for you. It is worth understanding that success in life depends on many things but everything depends on you. So, if you are determined to cause an impact, nothing can stop you. Between you and something significant will be giants called ignorant people and hard times in your path. However, if you remain focused, consistent and determined, then you will eat the fruits of the land.

In one of the books that I have read **“WHAT WAKES YOU UP, ALARM OR PURPOSE** ‘written by an author kariuki kamau gives us an interesting episode of a man who was gathering bricks, cement and sand on the Indian ocean. The tourists were amazed by his zeal and their curiosity prompted them to interview him one morning when they saw him digging foundation on the shore of the ocean. They asked him what he was constructing and the answer was more shocking than they could imagine. The man told them that he was putting up walls across the ocean to separate it. The interview got heated up as the onlookers got more confused. They asked him how he intended to accomplish the goal. He answered, ‘I do not have to worry about when or how, my task is to lay the bricks on the top of the other at a time.’ So dear reader, just imagine such a level of determination that this man had.

Actually, the plain truth is that nothing can stop you when you are focused to eradicate an error or do away with some predicaments in your environment.

Thus, examining the factors I have tabled above, you can now be able to comprehend how you can simply unfold your inner potential with ease. Unfortunately, many people have completely failed to take a step ahead and discover themselves. This is because there are battles that have taken too much real estate in some people's life thus causing them not to live according to what God initiated in their life. I have tried to deeply think about them and composed few which have become a giant to many; -

1) Battle of chasing containers instead of content in the containers

Some people after they have done well in the prayer room, they end up accommodating containers in their board room. They end up linking with people who completely threaten or despise what they have acquired in the prayer room. This is to mean; they end up with wrong network that finally kills what they have acquired in the secret place. They associate with individuals and friends who have no content in them. Are you aware that birds of the same feathers flock together? And because bad company ruins good morals, you end up looking defeated and down cast like the very company you keep. In such company, the best they can do to you is to offer you fake and substandard advises that cannot push you even one inch ahead of where you're.

Do you know that your network determines your net worth? Your level of association will determine your soaring limit. Therefore, you will have to unyoke from the company of nonstarters, pessimists and join the network of go getters. You need to avoid people whose frequency of verbal communication is higher than the frequency of their action. You need to join the birds of the same feathers but with positive mindset about life because that is how you will be able to discover who you are.

2) *Battle with procrastination*

Karen lamb resolved “***A year from now you will wish you had started today***”. Procrastination is a serious virus eating and corroding up potential men and women across the world. Still in this book, “WHAT WAKES YOU UP, ALARM OR PURPOSE’ Kariuki kamau concluded on the aspect of procrastination and said “***Champions have 7 days per week while mediocre have 8 days per week. The one 8th day is called tomorrow***”. When they are energized to do something, they are always fixed with a day called tomorrow. When advised to deal with the prompting issues today, they will always convince you that tomorrow is another day and they are always loaded with excuses and statements to convince you about their postponing attitude.

Let me make it clear to you my dear reader, tomorrow never comes and if it comes, its loaded with its own challenges everyday has its own load of care, so do not wait for tomorrow to take care of what should be done today. Understand that procrastination has and never will win a race, promoted or transformed the outcome of anything. The best

reward you can reap from procrastination is to breed a sense of laziness and once it befriends you, you become a living testimony or a sample of real failure. Therefore, it is better you get rid of it as early as possible before its consequences begin to manifest in you. Do not say that I will deal with matter tomorrow for tomorrow, life is too late. Therefore, my simple advice to you, just live today. Do what you can do today and watch your life transforming drastically.

3) *The battle with comparison*

The person you compare with determines your daring limit. We are composed with desire to press the right buttons in life, but we are busy looking ourselves through the eye lens of others. What they say about us is what binds us and makes us stay at the same point. We fail to understand that every person was given different potential and capacity in life. Do you not know that you are unique and nobody can complement you? My dear reader, when your mind revolves around comparing yourself to others, I tell you the truth, it is a battle you will never win. Comparison is a killer of an identity. If you need an immediate competitor, please just take a mirror and look inside, then launch a serious competition with that person you're seeing through the mirror.

4) *The battle with trust*

When you think that you cannot trust even yourself, it is hard to make progress in life. Trust is a fragile thing, easy to break, lose and hard to get back. It is important to understand that if you wish to discover your potential, you need to at least trust yourself before you request people to trust you. Trust is

reciprocal. You have to first trust yourself before trusting others and requesting them to trust in you. Trust begets trust.

5) Battle with unbelief within yourself

Many of us have waged war with unbelief and ended up being losers. There are a lot of doubts roaming in minds concerning ourselves thus causing us to zero grace at one location in life. When you are doubtful about yourself, remember that doubt kills more dreams than fear. Never believing in yourself twists things worse than they actually are. Belief in yourself, just have a little bit of confidence. Work on cultivating your belief system before doubt kills your dreams and crushes your future.

6) Battle with the past

Sometimes past is a good place to reflect at because through that you get to know your journey of life. However, it's not a good place to stay. Just as I have earlier stated, whatever responsibilities your parents failed to undertake for your today's' success cannot be an excuse for any failure in your life today. Those mistakes you caused in the past have no role in bettering your tomorrow. That is to mean, if you spend your time thinking about the past, dwelling on what went wrong, you will be tempted to respond in the same way you did, which caused you failure, and therefore you become a victim. Therefore, consume the reality that success lies in understanding the past but not dwelling there. Always remember that life needs to be understood backward but lived forward.

Now, are you now able to see something in your hands? Can you discern the seed of greatness induced in your DNA the day you were born? If yes, then start working out your life until that potential wiring deep inside you brings profits and cause impact in your society. You can actually become anything you want in this life as long as you are willing to make a choice. Impossibility is just but nothing to those who are daring in life. Remember, the power to be is a priority over the power to do. If you are naturally somebody, then you can naturally do something. Therefore, my dear reader, wake up to the reality that life is not a practice run. Discover what you were created for and do it passionately without any shadow of doubts or turn around.

Our God given potential surpass anything we will ever learn in books or be told by anyone. Once you discover what you had when you came to this world, you will truly become unstoppable.

CHAPTER THREE

WHO WAS THE WATCHMAN OF YOUR MIND DURING YOUR TEENAGE AND CHILDHOOD STAGES?

“Your contact leads to contract. If you don’t monitor you contact, it will develop a contract to your disadvantage”
(David ayedebo)

Your life began the day you were conceived in your mother’s womb. However, your true meaning of life was revealed the day you escaped out of your mother’s womb. You encountered a recognition the day you produced an alarming noise the few seconds you landed on this cosmos. While in the womb of your mother, lot of guess work was done by many individuals including your own mother trying to discover who exactly you are. This was done including even guessing your gender. Unfortunately, no one could fathom it because all secrets about your identity were hidden in you by God Himself. That’s the reason why even after birth, a child takes time to discover himself as they grow.

Now once a child is born, he is exposed to the environment called the earth to feed them with anything that can help them grow and become somebody valuable and preeminent. The first person the child encounters is the mother figure, who tries to nurture the child to become an integral and relevant being. The mother becomes his first companion even before the father appears. The mother aims at teaching, instructing and injecting in a child morals values that will help him to be a referable person in the society. She ensures that she provides all necessities that will soothe and comfort and provide for the wellbeing of the child. The mother becomes zealous in teaching the child in Gods ways so that when he grows old, he will not depart from it.

Unfortunately, as the parents keep on nurturing this child, they forget that the world is also well prepared to receive the child and feed him with corroding substance. They underestimate the fact that the world is armed with false knowledge, fake wisdom, systems and all kinds of filthiness to feed into the minds of that specific child. It is true that parents may try their level best to warn the child to stay away from such immoral company.

However, the world may end up using all available means to access the child especially through the social media without these parents' knowledge. With the ability of the child to access social media platforms, he now begins to consume any kind of knowledge available and carried away by the waves of life. The parents may try to warn or rescue the child from such a mess and predicaments, but they may come when its already late. Finally, the child becomes a compost pit, where every kind of rubbish or bad information is deposited or

thrown as the parents keep watching and become helpless concerning the nature of the child.

They convince themselves that this is the nature and custom of the 21st century generation and nothing can be done about it. At the end of the day, the world now becomes the watchman of the child's mind. The worldly fashions, systems, and perceptions become the mastermind behind the child's character and behavioral patterns. His or her outlook and inward composition corresponds with what the world labels as the truth.

You know, when we talk of the watchman of your mind, we are referring to who or what stands at the gate of your mind to allow or disallow what enters in or leaves your mind. For your information each and every person has a watchman of their own mind. The nature of the watchman of your mind is revealed through the responses or feedback you give to the people you encounter daily or the results you are posting in life generally.

It is manifested through the words you dispense and actions you display. A common maxim of 'garbage in garbage out' can actually make sense in this case. Remember that whatever is invited or accesses your head has the capacity to fully take control of your life without even your consultation. In other words, an ancestor of every action is a thought. Whatever you conspire to do is always cooked and prepared from the kitchen of your mind.

Now at this point in regard to your behavioral patterns and perceptions you portray, you can be able to tell who the watchman of your mind was at your childhood and teenage

stages. You can be able to tell who lodged in your mind when you were young. You are in a position to give an account of who married your mind and took a real estate in your head. You can now give details of who logged into your mind account and posted impure stuffs and unreasonable comments. You can tell if you listened to, obeyed your parents or you used to ignore them. You're a product of the direction you used to follow at that confusing and sophisticated stage of life.

In most cases I have encountered several people who when they began sharing their painful past stories of life, they always end up with statements like ***'how I wish I knew' 'how I wish I could have listened to my parents when I was young, I would not have messed up''***. Some would say, ***'I never took serious the advice my father gave me', 'how I wish I could recover from this mess and go back and seek forgiveness from him'***. Actually, a good number of them are filled with statements of regrets and have completely failed to make a step forward in life.

Nevertheless, I have also encountered some individuals, who have all reasons to smile at every point of life. They could share with me how the epitome of their success is linked with obedience, respect and honor they showed to their parents. Some could thank God for packaging them with power of obedience towards their authorities and seniors. They could vow that they want their children to also live a good life which is worth emulating.

My dear reader, your present state is speaking vocally and loudly about the statements you consumed especially when

you were young. It shows who and what you used to chase most at your teenage stage. Since information has the power to form or break you, you are now a practical example of the information which was poured inside your mind. Indeed, you are a real object of the shadows that used to accompany you during those earlier stages of life.

Allow me to unfold an insight here about our minds. You know mind is a factory that manufactures what we see, hear and touch. Everything that is visible has existed as a result of one's execution from the mind. That is to mean, before an individual does something, he first engages his or her mind. In other words, our life is rooted in our mind. The mind is like a warehouse where greatness of your life is fetched. It is like a garage where any broken nature of your life is amended from.

When you study your life keenly, you may realize that at certain moment, you may have employed a fake watchman in your life who ended up corrupting your life. Maybe you disregarded advices from your parents, became ignorant arrogant and now you are reaping the fruits of what you sowed, or you may have followed or linked up with a bad company that has made you lose your dignity. If for instance you are a lady, your virginity may have been lost in unpredictable circumstances.

If you are a man, you may have turned into a serious professional, thief, rapist or serial gangster. Maybe you pursued a course that has yielded no positive results due to ignoring advice from career counsellors concerning what fits you after studying your personality. You may be suffering

from sexually transmitted diseases due to the illegal reckless sexual activities you engaged in at your teenage life. All these kinds of misfortunes amongst others may have blinded you to a level you cannot find hope in your future. However, you do not need to give up. There is always a second chance because our God is a God a second chance. He can still lift you up from that mess and have a fresh start.

For sure life is a riddle that needs to be unfolded by an individual with. It is a journey towards a certain destination, that you will encounter with a lot of uncertainty and frustrations. This calls for patience for anyone who wants to experience outstanding results. As you embark in the journey of unravelling this complicated riddle, be prepared to face the truth about your circumstances. Maybe whatever you planned poorly, the moments you chose blindly, and the channels you followed ignorantly have actually given you hard times in solving this hardest life riddle.

However, as I mentioned it earlier, you do not need to shy off from pursuing your life dreams again. There is always a second chance despite of the mess that occurred in your life during those earlier stages of life. You need to wake up from your slumber and come to the reality that life is not a practice run. Actually, you have no reason to get stuck in one position or place for too long. Stop crying and seeking ‘poor baby’ sympathy from your friends and neighbors all over, wipe away your tears, dust off yourself tighten your belt for the next level of life.

I know you have shared your painful stories to people and no one seems willing to sacrificially bear your burdens.

However, understand that you have a life to live, new levels to attain and visions to achieve. Stop leaning on the same mistakes you did and faults occurred within your life. Ephesians 5:14-16 tells us that ***wake-up o sleeper, rise from dead and Christ will shine on you***’ God is willing to shine on and in your life. He is willing to walk with you in the remaining part of your life journey. He is ready to help you curb your stolen resilient and focused spirit. He is willing to reform and revive you again. Actually, he is ready to help you open a new chapter and page of life despite of what affected your upstairs when you were young.

Please, do not allow any negative thoughts to kill your joy and happiness. If its forgiveness you need to move on, then seek it quickly from concerned parties. Do not allow bitterness and hatred to destroy your life at this prime age. Understand that you are the determinant factor on the kind of future you want to live in. It does not matter where life has planted you, just bloom with grace within that very environment. Remember you cannot travel in your past and make the reforms you want, but you can begin today from where you are and what you have and make a great brand-new ending.

It does not matter if your disobedience spirit during your childhood stage has messed, impregnated and slapped you with endless storms, just fight through and emerge with a new identity. In other words, just accept and grow through what you have gone through my dear reader.

Stop stressing yourself on who and what went wrong in during childhood? If you think messing up is wrong and

making mistakes is failure, then you are definitely wrong. I always define mistakes a miss- take. This is to mean taking a miss in whatever you deserved, which later positioned you in horrible state of self-pity. Making mistakes is a common activity in peoples' life. Actually, sometimes the mistake is not the mistakes you commit, but it is sticking to the mistake and committing every now and then which becomes a problem. Remember good things take time and there are always lessons to learn and notes to take in every fall in life. There are great experiences attained at every failure that hits you in life. An author and international businessman Robert kiyosaki states **“making mistakes is human, but lying about your mistakes is criminal, a criminal act called perjury”**

My friend, if you do not do away with how your mind was triggered, changed and charged negatively. If you fail to sack that stupid and incompetent guard of your mind. If you do not deal with chaotic moments that transpired at the gate of your mind. If you do not delete out the foolish, uncertified knowledge that was deposited in your mind accounts, then it will not be easy for you to comprehend clearly what was in your hands the day you were born.

You know the knowledge of what you were given by God begins from the mind. If the systems of knowledge concerning who you are which have its source from mind have been deactivated or corrupted, then revealing who you're becomes a big deal. Therefore, it is advisable for you to go back and trouble shoot so that you can locate and deal with those probable faults in your mind. This action can pave way to a current of knowledge and later self-identity. You

need start now, where you are with what you have. Start now and you will experience a total turn around in your entire life. This is how self-discovery will come on board thus helping you find a true meaning of your life.

CHAPTER FOUR

HOW YOU WERE BORN WAS SOMEONES' DUTY, HOW YOU'LL DIE IS YOUR OWN DUTY

“Death is a challenge; it tells us not to waste time”

Anonymous

It is true that our parents have shares in our birth and nurturing accounts. However, it is not those accounts that will determine how well we will minister to the hearts of people and be a blessing to our generation. However, the way we live our lives will determine how we will exit this world. The scriptural quotation ***“life and death are in the power of the tongue”*** sounds noble in this subject matter. Leonardo da Vinci challenged me when he discovered ***“while I thought I was learning how to live; I have been learning how to die”***. In other words, he has been working on his finishing power. He has been laying down strategies to help him be crowned a man of great legacy, positive impact and influence when he's gone to the land of no return.

Allow me to infuse you with this truth, one day you will die go to heaven and meet GOD. When he asks you if you need another chance to go back to the earth to live again and you reply with a YES, then you God will consider you as a total failure. This will imply that you never delivered your best during the days you were on the phase of the earth. Nevertheless, it will insinuate that you did not consider the assignment he handed you before releasing you on the earth. The reality is that those who gave birth to you have did everything to their level best to launch you in this world, but you are the most determining factor on how the end will be. ***“I would rather die a meaningful death than living a meaningless life”*** said Corazon the author.

I discovered that those who introduced us on this phase of the earth has been often blamed for our poor ending. Yet some of them sacrificed a lot just to see us living a life of their dream. Some of the parents went hungry couples of days just to get our school fees being paid on time. They denied themselves luxuries to see you succeeding in life. It was actually their responsibility at birth and nurturing stages of your life to ensure that you get a good foundation, which you can later build on during when they will be no more.

Do you know that it hurts so much when a parent or guardian does their best in life and they discover that you are wasting and frustrating their efforts? It's very frustrating when a parent devotes fully for their child but instead of cooperating with them, they sit back fold their hands and wait to see what befalls them. Some of us reach a level of branding ourselves failures. They declare a state of emergency in their lives on the choices they have or planning to make.

I have seen very innocent girls who have been raised well by good parents, but unfortunately, they eventually turn into harlots parading on the streets of major towns. Some boys or young men who have been raised upright end up coupling with the company of fools, then later they exercise immorality and every kind of evil in our society today. These boys and girls become a sample of morally bankrupt individuals that their parents cannot be proud of.

In fact, some people have even blamed God for their downfall and mess. However, it is good to understand that just a responsible mother cannot disown her child unless she is experiencing mental disorder. Similarly, God entrusted you in the hands of your mother to help you grow into a potential and significant person. Thus, it is not sensible for you to begin casting blames on God due to the nature of your parents. Your parents are a pathway through which he introduces you on this planet. Therefore, appreciate God for giving you such parents no matter the kind of weakness and strength they possess.

Actually, dear reader, this is a wakeup call to inviting yourself into character modification personal conference. This is because it is only you that will design your own destiny. And your character is one of the virtues that can qualify or disqualify you into attaining a high peak level of life. You will either attract or repel greatness in your life depending on the efficiency of your character. Your parents actually did their best during your childhood to help you develop a good character. However, you need to work hard to make sure that that foundation of good character remains consistent. Since character is a building block of one's life, it has the capacity

to unfold the nature of your future. Show me your character and I will show you the ingredients of your destiny.

Actually, whatever determines the finishing power of an individual in life is their activities under the phase of the earth. It is through your daily habits that details about your character is conveyed. If you endeavor to entice and win people with your sweet words, they will sit down and watch to see if your actions match your words. Get it clear that character which is revealed through your actions is the beam balance that balances between your starting power and the finishing power in life. If your character is cheap, then be rest assured that your starting power will outweigh your finishing power and finally end results will be pathetic.

Many a times I meet people and advise them to check on their mode of conduct whenever they hear people complaining about them because conduct is the display screen of one's character. You can have a good contact with people but if how you conduct is wanting, then that contact weakens automatically. You can have everything in life, but if you don't have a good character, then you are doomed. Horace Greeley helped me understand something when he said ***“Fame is vapor, popularity an accident and riches takes wings. Only one thing endures good character”*** In other words, character has a long-life span than riches and fame that many people put a lot of trust in. In fact, real riches are not owning properties that your neighbors cannot afford, but real riches are when you're so expensive that no one can buy your character.

Therefore, my dear friend, if you want to have a future and life worth emulating, then mute the volume of your words and increase the volume of your good character. Let your character preach more than words. Understand that if you decide to sharpen and improve your character, then you are guaranteed of a bright future, but when you pamper it, you will be attracting a future you will not admire. Regardless of your circumstances today, make a decision of portraying a positive character that will make you equipped to chart the course of your destiny.

Yasmin Mogahed, an author realized that anyone can look beautiful from far, but then she resolved in herself that the real test of character is how you are to those nearest. She continued to argue that good character means that the closer someone is to them, the more beautiful they become. I totally concur with this plain truth because one's beauty begins from inside. It is that inner beauty that manifests your character which is later displayed to your environment.

The reality is that when an individual possesses a poor character, however much they try to work on their outlook, those efforts are just futile. The person will only be building castles in the air when they major on the outside composition than the inner beauty. Take a look for instance at a thief who wears an expensive classic official suit with a nice brief case. Such a person is considered hazardous to the society and when they appear before individuals who know him, they will still identify him as a thief. I tell you the truth, many people will be scared and deny themselves if what appeared in their mirrors is not their faces but their character.

Do you love yourself and desire to enjoy everything good that revolve around you, then choose to show quality in your character? Decide to do right even when no one is doing it or watching you not because you want to change the world, but because you have refused to change by the waves of the world. Decide to work on yourself beginning from deep within you. I promise you, through constant self-discipline, self-control and consistency, you will find yourself developing quality character within you.

Just before I round off this subject of character advancement, allow me to share with us resources that will help you build your character so that it can result into quality living.

Resource number one

Honesty-Honesty is vital a key component of your character formation. An honest person will always alter his ideas to fit the truth while a dishonest person will always alter the truth to fit his ideas. Therefore, always tell the truth and you will never have to remember what you said. Let your actions match your words and act sincerely. In other words, don't feel that you always had to act in a certain way.

Resource number two

Self-awareness - Daily work on building up your self-awareness. This implies that get to know more about you at a deeper level. By building self-awareness, you can understand how your ideas and reactions are shaped. It will help you get a better sense of who you are and build your character.

Resource number three

Self-control -You need to gain more self-control through making small changes on your daily life patterns for example, by making your bed daily, checking on your eating habits, minimizing your sleeping hours and many other minor actions. All these can help you develop discipline which later perfects your character.

Resource number four

Integrity- Living with integrity refers to being true to the person you are, in the inside. It is who you are when no one is watching you. The reality is that if your actions do not match your beliefs, then you'll always feel unsettled inside. Therefore, get affirmed with values and honor your personal values. Take time to evaluate how your decisions fall in line with your beliefs.

Resource number five

Responsibility -Always be responsible for the mistakes you make and strive to put things on track before they overshadow you. It is true that everyone in life makes mistakes but the difference lies on how we handle them which later reveals our real character. Therefore, it is advisable to just get responsible, find out when and where you messed and do the needful to amend your actions.

Resource number six

Risks -You need to take calculated risks in life. This happens when you have weighed the benefits and loss of what you want to do. Actually, people have many reasons as to why

they want to take risks such as increasing their confidence, advancing economically, losing weight and becoming independent. Please, never test the deepness of the river by both feet. Never dive head first into something you have never sat down and calculated the risks to be incurred.

Resource number seven

Patience --Learn to exercise patience in every aspect of your life. It is normal to be impatient at times in life. For instance, you may find yourself biting your tongue when your friend does not get you immediately, or while waiting to be served in a hotel and it seems like food is not coming, or even when you have waited for somebody to pick you at the bus stage and they have delayed. However, you can build your patience with some work and personal adjustments. Just start by asking people questions and listening to their response patiently. This habit will help you become patient in every aspect of your life.

CHAPTER FIVE

VISIBLE SCARS IN YOUR HANDS, A DETERMINANT OF THE DEGREE OF LOCOMOTION AT YOUR DEATH POINT

“Show me your hands. Do they have scars from giving? Show me your feet, are they wounded in a service? Show me your heart, have you left a space for divine love?” (Fulton j. sheen).

Some people are very curious about what will people say about them during their funeral services. They desire to know the bee hive of activities that will take place at their death point when they hold a mass to help them rest in peace. They do this by inquiring concerning what people say about them behind the scenes. However, most of us do not understand that whatever will transpire at that point is determined by the visible scars in our hands due to countless love, sacrifices, dedication and commitment we have made to God and people around us.

The readiness of your feet to spread quality service to whoever appeared on your way, a broad heart to accommodate and bear with peoples’ weakness, the blue

prints of legacies about those you impacted in the journey of life matters most. This is the very thing that will attract people at your funeral and become committed to give you a nice send off.

Comprehend that in life we are born to serve one another with heart full of love. If you fail to love then it is probably because your heart is under attack. Do you know difference between love and live is two vowels 'I' and 'o'? You will discover that the vowel sound 'I' comes before 'o' in the vowel sound order. This is to imply that you're given life first so that you can love. When someone is dead for instance, they cannot understand the language of love nor display it. In other words, when you are alive, your priority is to love.

The greatest betrayal you can do to your heart is to deny it the opportunity to release the streams of pure love. Remember, love is a must but friendship is a choice. Therefore, you need to do favor to your heart by filling it with love instead of hatred. Give a room for your heart to love. When our hearts are in proper setting, then they will not get it difficult to love. If you manage to put on full garment of love, then you will bring the whole world into your attention. However, if hatred and jealousy is what accompanies and controls your heart, you will automatically create a repelling factor and no one will become your immediate associate.

Let me explain to you something about the law of love that I have discovered recently. The law of love states that **the quality and the quantity of love an individual is able to share is determined by the visibility of eyes of his or her understanding.** In other words, if the factory of

understanding (mind) concerning what you need in life is not enlightened, then you will find it hard to deliver quality and quantity love. This is because true love has its roots from pure understanding of whom and what life is all about. If you want to prove this, examine the people who love with giving and those who give without loving. You will realize that there is a great difference since love with giving prints a permanent scar in your hands while giving without loving is like doing favor to people which later cannot guarantee any legacy in their hands.

You will agree with me that those people who have lived a careless life end up miserable and very few people will be willing to associate with them when they are gone in the land of no return. Look for instance a rich man in a community who was very mean and not ready to help his neighbors who were for instance suffering from hunger. You will realize that very few people and especially the relatives will say something positive in their funeral. The same case will be evident to an individual who has a track record of criminal offences and threatened peace of people of his community. This kind of people experiences social disconnect with the community due to lack of genuine love they failed to show to the community.

Do you know that true happiness and joy is not a sign of contentment, but it is a consequence and symbol of true love? This is because an individual who loves gives joyfully. When God loved the world, he gave his son joyfully. Therefore, if you desire to release an increment in terms of locomotion at your resident when you will be summoned in the land of no return by our creator, then you need to work on the love status

of your heart. The bigger the heart, the bigger the love and the opposite is true. We have to reach a level and declare that our genuine love to people will grow in all dimensions. Get it clear that when we stop loving, we stop living. The opposite of true love is not hatred but death. This is because hatred is the passage through which an individual who is not ready to love uses to encounter the enemy of love that I call death.

The bible says that wherever you find carcasses, there will be vultures gathering. Similarly, we can also say, where ever you find the greener pastures you find also the cattle gathering. And they gather each and every animal minding their own feeding habit with capacity and no one bothers the other. Maybe these cows or bulls came from diverse backgrounds, but when they meet, each and everyone enjoys his own feeding self-service.

In other words, the visible scars in your hands due to commitment to love and offer of service will attract people of different backgrounds just to come and offer a good sendoff. Because of your visible scars, a symbol of giving which acts as a common factor, they will run up and down, everyone undertaking their own responsibility joyfully just to give an appreciation to you. Each and every one will give a testimony concerning a great impact you have caused in their life. Some will advise and encourage the congregation to make you their model and have your vey kind of spirit and character.

I have attended quite number of funerals and sometime I wonder what causes people to utter mere words and falsehood in the name of a testifying about the deceased. It is at this point that people comment positive things that even some

have no evidence. Fake testimonies protrude from those who stand just to cover up the loose attitude the deceased had. This happens as the truth about their conduct is hidden from the masses. So, let it be clear to us that we are the determining factor of the nature testimonies that will be shared by people at our death point. It is only us who will make people speak the truth about us or utter total lies when we depart.

Therefore, the only way to help people practice honesty in their life is by practicing genuine love. Do you know some people are just naturally wired by the devil to say lies in every opportunity they get? They can cook lies in a blink of an eye just to embrace and keep you close to them. They will go ahead to praise you while you are no more and yet when followed keenly, they cannot substantiate their words.

However, despite this trend, I encourage you to work on creating a better platform for a genuine expression by other genuine people. If you think that love is costly, try hatred and you will see how that many people will come from far just to come to share fake testimonies about you. Please, you need to save people from these lies and help them produce pure truth about you. Help them to maintain their integrity, dignity and honesty by living a life full of love and sacrificing everything for them.

Remember for you to solve any riddle of life, you will not do it at the expense of the others. You just have to count your own cost. When I hear people complain that life is the hardest riddle to solve, I am always tempted to ask them to what they compared life with. People have just decided to complicate life. If you say that life is hard, then ask yourself what are you

giving to your society just to prove to them that you care. Show to them the visible scars of your countless sacrifices with joy and demonstrate how your feet have been wounded in a very service. Keep it in mind that you only live today; you were born yesterday and tomorrow is a mystery to you that only God has full details.

So, continue doing what is good. Open the gates of your heart and let out of it flow streams of true love to everyone who surrounds you. Hold good to everyone no matter the color or tribe with brotherly love and affection. Let this love be genuine in you running from the abundance of your very heart. Show people that love is real and practical. Spread your compassion beyond your tribal and economical lines. Break the cocoon of your religion, profession, economic status and extend the hand of love to the poor, less fortune, sick in hospitals, and to the widows. Ensure that your love reaches the unreached. Do what is possible to create a good profile and image about you. Be a solution provider to people's needs and wants. These deeds will never go unrewarded.

Let me tell you something, if God would have given each and every individual an opportunity to resurrect just to gaze at the number of people attending their funeral genuinely touched by their way of living, some would regret why they despised the element of love within them; strongest force that pulls people together. Robert Fulghum, after doing a deep comparison between some fundamentals in life concluded ***“I believe that imagination is stronger than knowledge. That myth is more potent than history. That dreams are more powerful than facts. That hopes triumphs over experience. The laughter is the only cure of grief. And I believe love is***

stronger than death". The reality of the matter is that love attracts people of different walks of life together while death repels i.e. puts people far away from each other.

My dear reader, one day you will be no more and, this is a fact, but remember death is not the greatest loss people can incur in life. The greatest loss is when the love within you towards people dies while you live. Therefore, if you want to cause commotion and register at your death point, then live a life of love and this kind of life will be emulated by the people you will leave behind when you are gone.

CHAPTER SIX

WHO WILL BE BLAMED FOR YOUR DEATH?

“Death leaves a heartache no one can heal; love leaves a memory no one can steal” Anonymous

Nothing in life just happens. Everything that occurs under the sun has a certain level of influence or force causing it to behave in a certain way. Whenever something good somewhere happens, there is always a master mind behind it. Similarly, when something wrong happens, there is always someone to carry the blame. In other words, nothing just happens without a certain amount of pressure exerted on it.

I have witnessed many family members rioting and casting blames, upon realization that the cause of the death of their loved one is revealed to them by the doctors. Some will try everything possible to revenge. Others will graduate the matters into a court case to seek justice for their loved ones. Unfortunately, those who are financially bankrupt, whose pockets have lost financial stability remain helpless as they curse the victim who may have engaged in the killing their loved one. Due to their financial limitation curbing them, they are left with the words like *‘May the lord deal with whoever*

is associated with this killings'. They finally shift their attention to God as the final executor of justice to their loved one.

Do you know that God has every detail of our life's? He knows the beginning and the end of everything in our life. He has the final say in our life. Nevertheless, He proclaimed through His word that life and death is in the power of the tongue. He says that; "see today I put before you life and death to choose what you want". But still he goes ahead to give us a better option. He says, "choose life that you may live". What a great God, whose love for us is extra ordinary and does not want us to drown and languish in the cares of this life. What a majestic and compassionate God we have!

However, the big deal in life comes in this manner; when an individual chooses life from what God offered to everyone and somebody from nowhere decides to short circuit his life. In such a case, can the person cast blame to God for not offering him divine protection against these brutal attacks or he blame himself. Remember the victim had a good track record of life when comes to their interrelationship with people, but something just happens and suddenly they are gone.

Such issues are very tricky to comprehend and most people and fail to know who to cast blame on. On such matters, even the courts of justice can fail to offer justice accordingly. It is only God who can only pronounce pure judgment on such matters. However, remember the occurrence of some things in life depends on many factors but mostly you. However,

these other factors play a small percentage on one's pages of life.

Therefore, at your death point, there are two determinants to focus on when analyzing who to blame: these are, you and others. When I talk of 'you', I mean that you are the very facilitator of your death. That is to say, you have deliberately played a role when comes to your death. We mean that you have just contributed to your own extinction. However, when we talk of 'others' we refer to the surrounding environment which may have affected your destiny in one way or another. These two factors determine is will blame when you are gone.

I would like us to understand that when comes to 'you' factor towards your death, it automatically suggests that you have violated the rules of the power the tongue. This one may have contributed to inviting yourself in the land of no return with your own tongue without even your conscience. Remember that a tongue is one of the smallest organs of our body that God gave us. However, it carries life and death, blessings and curses, success and failures.

This is what the bible teaches us about the power of the tongue. Therefore, using our tongue wrongly can cause more harm than good in one's life thus later mounting to regrets. Woody the author resolved '***I am not afraid of death; I do not just want to be there when it happens***'. In other words, don't be the facilitator of your early exodus from this planet. Don't kill yourself for no reason. You still have a purpose to play and visions to execute in your generation.

Let me show you how an individual kill himself. For, instance you have been raised morally upright by very responsible and

caring parents. Along the way in that perfect nurturing system, you morally stumble and begin to limp. You completely take a different diversion till you parents, teachers, guardians, bosses, employers or whoever is in charge of you gets a lot of concern on your behavioral patterns. If you are married, your spouse begins to develop mental torture and sickness due to stress encompassing their minds. You find yourself engaging in extramarital affairs with any opposite sex you encounter. As time moves, you begin to shy off from your responsibility as a mother or a father of the family. If you are not married and still a young man or lady, you find yourself in morally corrupt associations that can kill your integrity and dignity. You completely lose value and good character in the long run. You turn out to be a container without a content or what I can call a comb without honey.

Later on, you discover that after a longtime of being active on a morally corrupt platform, embarrassments begin to knock at the door post of your life. If you have been under serious drug abuse, you begin to decline mental and physical health.

If you actively in sexual intercourse with any trouser or skirt wearing being you discovers that you have contracted sexual related diseases. If you were a robber or a thief, the moments police force investigates and proves you guilty, you will be arraigned to court, pronounced a proper judgment. After all these negative vises have been pronounced to you, gates of hell open up for you. Your self- declared death begins to knock gradually until it captures you. And remember it does not come with joy, but with a lot pain, regrets and distress.

That is when an individual begins to curse the day he was born, yet he is the very person who chose that way of life which contributed to their early departure.

My dear reader, remember that God does not rejoice in the death of an evil person neither does he feel comfortable when he sees you captivated by the immoral systems of life. When you facilitate your own poor death, it pains God so much since he created you not to die ugly and purposeless. When he advises you to pick the best life has for you and then you end up going for the worst, it becomes an insult to his creation work. When people look at you, they wonder why and how you left them too soon. They feel pained upon discovering that you just took your own life. Your guardians or parents are filled grief and sorrow within their heart and regrets as to why they gave birth to you.

However, if it will be discovered that the group of “others” for instance robbers, thieves, friends are the one who might have contributed to your death and yet you have been living an exemplary life, then all the blames are cast to them. The reality is that you cannot just be minding your own business in this life, then individuals from nowhere cut you off from the system of life. I tell you the truth nobody can tolerate such. Especially if the deceased have done a lot in the sphere of their life, their environment and build a strong life and leadership legacy. No one will want to see or hear your departure because of the specific impact you caused and the transformation you initiated in their life.

Therefore, even if some unknown individuals are planning on how they will put you down, that one should not bother you,

but rather focus on the one who can kill the spirit but not the flesh. Put your mind on practicing justice, love, peace, unity with everyone wherever you find yourself. Let these virtues be evident to everyone we encounter on our way. Martin Luther king advised “***Everyman must do two things in life alone, he must do his believing and his own dying***” My dear reader, we have an obligation and duty, that is to beautify our departure. We must ensure that we have a track record of what of the impact we have caused to others so that they can stand with us too during the moments of trials. They will even try to protect and shield us in times of our great tribulation.

Therefore, my dear reader, who will be blamed for your death my dear reader and why? However, understand that your tongue has a decree of determination in this case. The words you create in the presence of many witnesses may end up forming a case against you or not. It is what you choose to do with your mouth that will determine the end of the matter. Remember, you did not have a chance to choose on who will speak on your behalf at your day of birth, but now you have a chance on who will speak at your death point.

Therefore, work hard and smart to present a better you to the society every day. Fill people’s minds with good memories about you. Create great memorial staffs and moments in their upstairs so that they will not in turn blame you when you are no more. For sure, from today henceforth, you have a task to perform, a responsibility to carry out and a role to play to ensure a remarkable ending. Remember the end of the matter is better its beginning. How you finishing matters most than how you started.

SUMMARY, CONCLUSION AND ENCOURAGEMENT

“Life is hard, I am the less fortunate, God has forgotten me, I have never gone to school, I am not good at business, I am not talented, my marriage is breaking up” and many other excuses are what we speak to make life look meaningless and complicated to us. These excuses make us to wrestle with the force called fear of life which is the most disintegrating of human personality. Later on, this worry covers us with clouds of worries which is the most subtle and destructive of all human diseases.

In the previous chapters of this book, I have stated to you questions you need to ask and things you need to know about yourself before you are transported to the world of no return. These factors that I have exposed to you will help you clear trash in your memory bank and fill you with a clear knowledge of who and what you are in this life. Do you know that ignorance can cover your eyes of understanding and an insight until everything good concerning you becomes invisible?

I want to assure you that if you will keenly follow the above principles and insights, you will solve the riddle of your life with ease. You will be launching a race on comprehending the activities that will be taking place between the two days of your life, the day you were born and the day you’ll die. Remember that knowledge is power and where there is power

there's victory. This victory will be seen in the way you will live and interact with others. Finally, you will possess a clear mental picture concerning what will transpire between your date of birth and the day you will die.

I have discovered that many people take pride in the day they were born. They publicize it and majority even arrange big parties just to celebrate the so-called birthday parties with no birth of new ideas. Unfortunately, some after such an event, they cannot even account what they have done and impact they have caused in lives of people after being awarded one more year by God. You find that they are easily moved by counting their years but they cannot make their years count. Simply because they have given up life long time ago. The riddle of their life has stumped them at one central point and no elements of transformation can be noticed in their life. Zero grazing becomes their life style and nature and no value is noticed in their way of living.

However, we need to be fed with the reality and truth about life. This reality is folded in the riddle of your life. It is not good to be stagnant in life because you are not reconciled with how, and through who you were birthed. You need to create a series of platforms through the factors I have revealed to you to have an understanding on this matter. To abort boredom and idleness in your life networks, work smart to at least know what was placed in your hands the day you were born. This discovery will help you earn a better living and give the best to your environment. If you realize that you have a poor attitude and great resistance towards life, do a research on who was the watchman of your mind when you were

young. Consume yourself with details of who fed you with what at your teenager.

Nevertheless, cloth yourself with the reality that your mother did well in giving birth to you, but your parents will not come and play the same responsibility on how you will die. Do not chop a piece of this duty and give it to another person. The whole responsibility lies in your hands. Take a moment and imagine about the number of people who will come and give you a sendoff. My dear friend, do you have a big heart full of love? Have you given out a clear quality service to God and people around you? Are you falling in love with people through genuine giving? Actually, you need to leave a legacy behind through love and giving which will move and trigger intellectual capacity of your generation when you are no more. Finally, ask yourself if you are destroying yourself slowly through applying corruptible moral standards or the group of “others” Are your enemies are working hard to eliminate you due to the jealous of the great steps you’re taking?

I tell you the truth, if these factors are to be considered and studied in details, then I promise you, your life will blossom with grace and great discoveries. The riddle of your life will be easily solved and the fear of death that comes as a result of fear of life will not hit and overtake your passion to live. This is because a man who lives fully and has correctly unfolded the riddle of life between his day of birth and death day is prepared to die anytime.

Don’t hesitate my dear reader. Start now, where you are, with what you have in your mind and hands. Remember the bible

says, “***better the end of something than its beginning***”

Now, if you want to possess the consequences of one day or the benefits in the matters of the riddle of your life, it is your own choice. Please forget about how hard the process shall be and worry about the emerging results. Do not worry about the style and how difficult it will be but rather be concerned with the benefits you will reap after passing through the self-searching channel. Finally, do not vote with anything, but vote with your life, vote YES!

Thank you so much for taking your time and reading this life transforming and coaching book. How I pray that the eyes of your understanding may be enlightened so that you may know the beauty that life holds for you after exploring and walking through the ‘six things you should know before you die’.