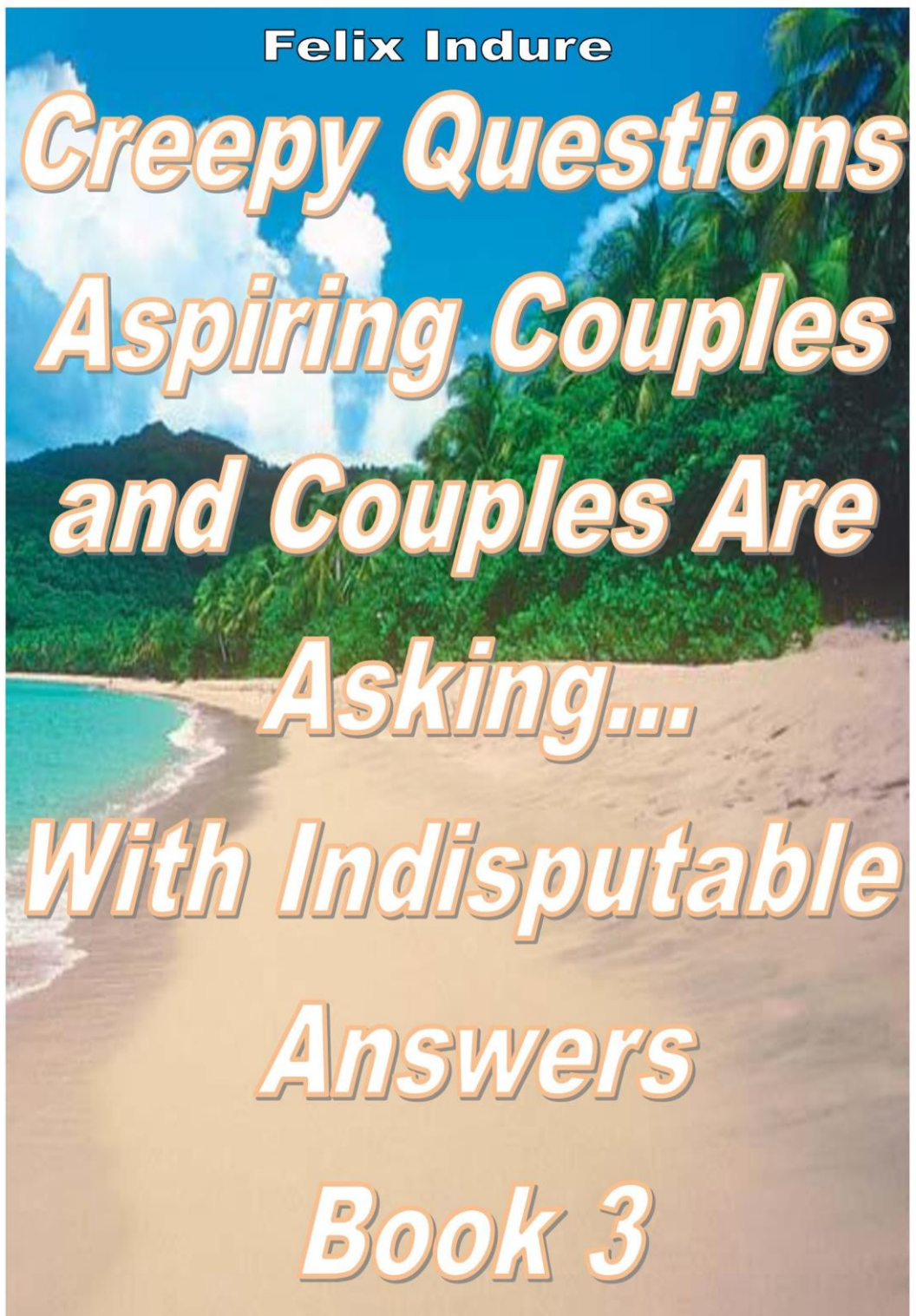


A tropical beach scene with a sandy shore, turquoise water, and lush green palm trees under a blue sky with white clouds.

Felix Indure

***Creepy Questions
Aspiring Couples
and Couples Are
Asking...
With Indisputable
Answers
Book 3***

Creepy Questions Aspiring Couples and Couples Are Asking

**With Indisputable
Answers**

Book 3

By Felix Indure

Creepy questions aspiring couples and couples are asking book 3 is a book that answers real questions asked by young people and married couples. Due to the Volume of queries asked and the time period, the queries have been grouped into volumes. This book is volume three after volume two. The questions are ordinarily subjects that people would bottle-up in their hearts and never ask anybody thus they suffer surreptitiously. The book authoritatively shows any marital question a person has; the question would be solved biblically. Therefore, other than suffering secretly, one could be enjoying abundant life if they knew the answers. And that is the very intention of God. He wants every human being to live happily as He is termed as a happy God.

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Acknowledgements

In this book I have shared real Questions asked by married couples and young adults. For purposes of privacy, I have not mentioned any name of the contributors. I am grateful to all of them for allowing me to use their questions in writing this book. Unless otherwise indicated, Direct Bible quotations are from the New International Version (NIV) Bible. GNB means, Good News Bible version.

Thank you for your support and contribution to this book.

Introduction

In this book I answer questions troubling young adults and married couples.

Young adults aspiring to marry are asking questions like: Can a woman enjoy her life to the fullest without a man in her life? ...When a man says he's ready to marry, what are those things that he must put on ground to ensure he is truly ready? ...As a man, should I marry a lady that is more educated than me or it does not matter? ...Men are everywhere looking for wives. Women are everywhere looking for husbands. Why are they not finding each other? ...What should a woman seek in someone he wants to be her husband? ...Does age matter in marriage? ...Is it good to get married to a man who doesn't provide but his parents provide everything you need?

Married couples are asking the following questions on extra-marital affairs. ...I found love messages between my husband and his high school friend. They were deep and intimate. We have been married for 25 years and she is married too. What do I do? ...Does marriage work after separation and one of the partner's moves on? My husband, who we separated lives with another woman, he has been asking me to go back and live with him. He says he never decided to live with the woman; it is because I left him. I have been hesitating to go back and it seems he gave up on me since he has stayed for sometime without coming to implore me to go back. We have one kid together. I am confused. What's the wise decision to make? I

presently live in a rental house with my kid. We are struggling with the meager income I have that I am forced to consider if this relationship would work? I left him because of irresponsibility, cheating and drunkenness. ...I am very disappointed with my wife. This woman can actually kill me. Sometimes last year I impregnated a lady and I told her about it. She was upset and could not forgive me because she never expected that from me. In fact she promised me that she would do the same to see how I would feel. As I speak, my wife is two months pregnant with another man. She opened up, I felt it was a joke but it is not anymore. Am very confused and I don't know how to handle this one. She told me that if she did not divorce me, I should not divorce her too but forgive her. Revenge has broken me. I need advice.

Married couples are asking questions that include the following about children. I am married and having no child with my husband, but I had 2 girls before I got married. He does not have a child. My problem is that I have trust issues when it comes to men. When my husband is around my girls, I get scared. I have seen and read a lot of issues where girls are defiled by their step-fathers. My husband loves my kids, that I don't to complain, but I still can't leave him in the same house with my youngest daughter. He has started noticing these moves and I really feel it will affect my marriage. I sent the older girl to live with my sister and we are supporting her from there, how can I protect my kids without him noticing? ...Before I married my wife, there is this guy who used to visit her relative

frequently. She used to stay with the relative. I'm confused if the first son we are having is mine or the guy's; because he doesn't resemble me much and carries some resemblance with the said guy. Kindly advice me as I am contemplating doing a DNA test on my son secretly. ...I was married but we separated. I have one son so recently I got a man and married again. But my son does not like him. He is not okay that I remarried. The relationship between my son and my new husband is frosty, what do I do?

On parents and in-laws, married couples are asking questions like the following. I got married with my young child and I love and respect my husband and have got another child with him. My first child's father lives in UK and he is coming to Kenya first week of July and he is aware I am married but wants to see his child. I was planning to tell my husband but his sister who we're very close and she knows my baby Daddy too from years ago told me my husband (her brother) would definitely refuse so she has told me to tell my husband I would be visiting her on that week. Then I can go and see my baby's father but she has told me to give her something small (money) which I have agreed. Do you think his sister might betray me later? ...We both have parents, only mothers currently. I used to send my mother-in-law cash every month. She is so good to me that I can't complain, no one is perfect anyway. I would buy goodies whenever I would go home, in fact I found her without a phone and decided to buy one for her. Never mind that she has kids who could buy her one. Now my problem is this, my man has never given my mom

a single coin. He has a good salary. But last month I requested him if he could send my mom 1k because she had an emergency and I had not received my Salary. He did as I had requested but later on demanded that I should repay him the money. He always demands I send his mother something anytime I get salary; I do without asking him to repay me. Now tell me, is this not being selfish on his side? I've also decided not to be sending anything to his mother and everyone to take care of his/her mother! I'm I being petty? Yesterday he complained that it has been two months and I have not sent something to his mother. He opines that it is his mother who will bless our family if we keep her in good mood.

On communication in marriage, the questions that featured include. I got married to my husband 6 years ago. He is a good man in terms of responsibilities, but he is not open. He does some private business that I know nothing of. He does not allow me to touch his phone even if it is for the flashlight. He does not involve me in any of his plans. I really want to be part of him. Presently I feel completely withdrawn from him. If we get in any disagreement, he can take days just to say sorry. I feel that he is emotionally torturing me. Most of the time, I feel depressed. Kindly help me, how do I go about this? ...I need your advice on how to deal with a hard headed wife who does things in the house the way she wants and not the way I ask her to. Whenever I request something she has to take her sweet time. I feel pained because she is a house wife and she claims to be

tired most of the time, I work hard but she spends the whole day on the internet.

Married couples living far away from each other had this to ask. My husband has been out of the country for 7 years. I was pregnant with our 2nd child when he got the chance to go and study for his PhD. He was supposed to have returned after 2 years. But he said he got a good job and it became a story after story. He was sending enough money for us monthly and we did video calls. But last year, I lost contact with him. His phone never went through. His social media accounts were either deleted or disabled. I went to see my mother-in-law and my brothers-in-law to find out if all was well. They were of no help, they told me to stop worrying as he would come soon. They did not seem to be bothered by the fact that I could not reach him, so I smelt something fishy. On my part, I'm just tired. In case I want to divorce him. Will it be a long process? I want to be freed of him so that I can focus on taking care of my children.

Find out also what couples are asking about neighbours, single parents, marital conflict, family finance, couples dressing and make-ups, strange happenings in the family, disorganized couples and domestic violence. It is my hope the questions and answers would prove edifying to you.

Chapter 1

Aspiring couples are asking...

1.88 I have a slight disability, I have been uneasy with myself; I have tried to disguise my disability hiding my left foot. I do not want him to see it. I got an accident; that is how my leg was disabled. I don't put on short clothes since I fear him seeing my leg.

Even after bathing, I have to wrap myself with a long towel so that he does not notice the disability. We have stayed together for three years and he has never asked me about it.

I have a baby with him.

Answer: First be proud of yourself and know God loves you. God declares, 'the time is coming! ... I will rescue all the lame and bring the exiles home. I will turn their shame to honour, and the entire world will praise them'.

There is Myanmar folk tale of a king who liked hunting. He hunted with few trusted servants and the lead servant liked to massage his ego by always speaking good things to him. One day they hunted for hours without catching any prey. The king got despaired and asked the lead servant why they had not caught any game. He humbly told the king not to worry as all that God does is perfect, and had no errors.

The king was disgusted with his servant but he had nothing against him. They kept pressing on. In the evening, they returned to the palace downcast. The king kept quiet because he never wanted to hear false consolation from his lead servant. Then they saw their first trap had captured two antelopes, the king was overjoyed that he rushed to kill them himself. Unknown to him a lion was also approaching to capture one of the animals. When it saw the king, it charged at him instead of the animals. The king was swift and dogged it, but he was not very lucky as the lion got hold of one of his fingers and broke it. The king's servants killed the lion instantly.

The king who was being attended to by his servants who tied his hand with garments to stop the bleeding ridiculed his lead servant. 'If all that God does is perfect, why did he allow me to loose my finger?' The king derided. His lead servant answered without mincing his words, 'all that God does is perfect, and has no errors.'

The king was outraged by his casual response. He ordered two of his servant to tie his lead servant and drag him to prison. He ordered the rest to haul their catch to the palace.

Some months later, the king, the new lead servant and other servants went on a hunting expedition. Fate was against them as they fell into a trap set by savages who were on top of trees watching them. They were helpless in the trap and could not use their weapons. The savages descended upon them from their

trees and frog matched them to their king. They danced around their captives and lit a gigantic fire.

They started examining each captive then slaughtering them and throwing them into the fire. They retrieved the charred meat and feasted on it. When it was the king's turn, they saw he was missing one finger, they said they could not eat an incomplete person; therefore they untied him and freed him. The king was surprised, covered with cold sweat; he retraced his steps to the palace. He immediately called for the release of his imprisoned lead servant. Then he told him, you were right. 'All that God does is perfect, and has no errors.'

Aptly, the above Myanmar story should encourage you to see that, 'All that God does is perfect, and has no errors.' You have stayed with a man for three years and even had a child and you still fear he will be upset with your leg? Your fear is unfounded. Chances are he saw it the first day but that was a non-issue. Your character and qualities were what mattered. Our bodies are always wasting away but our character is what endures, it is what endears spouses together.

God himself has said, 'I will turn their shame to honour, and the entire world will praise them'. If God looks at the lame favourably, learn to love yourself. There was a girl who had acne above the left eyebrow. She tried all and sundry to remove it but it never got away. She was always conscious of it and it made her shy with men as she thought they would reject her because of it. Unknown to her, other ladies admired the acne as

it augmented so well with her face and enhanced her beauty. It was the first thing that attracted men to her.

Chances are your leg disability changed your gait and walking style. Something that might have attracted the man you have. Be bold and ask him to comment about the disability and you will be surprised. He loves you because of it! Learn to love yourself.

1.89 I told her I want to get married, she got mad at me, when I told her it was her I was getting married to, she started to excuse herself, that it was early for her to get married, so should I move on or wait?

Answer: There are various reasons why people would defer marrying. Some would like to pursue a career, some to spend some time serving God and some to spend several years giving voluntary service like fighting in an army. In the biblical times a man who was engaged to a woman would not be allowed to go to war lest he be killed and someone else marries his lady. In addition, a newly married man was to spend time with his wife and was exempted from going to war.

Paul dissuaded young people marrying each other at the 'flower of youth' period. This was a time when their bodies had a surge in hormones and thus their decisions were irrational. Most

people who have married during this period have ended up regretting. Some realized they had nothing in common with their partner and the glaring flaws they ignored due to infatuation started haunting them.

Now, your lady says she is not ready to be married. If you settle the matter in your own mind and you are under no compulsion but you have control over your own will, and you make up your mind, you can wait for her, then there is nothing wrong to wait for her to be ready. But if you cannot control yourself and you burn with passion, your feelings are incompatible. You can break that relationship and marry someone else.

Most aspiring couples find nothing wrong having sex and cohabiting. If you are having sex with the woman who is not ready to be married by you, that is a red light. She will never be ready, she does not love you but at the same time she does not want to lose your companionship. If what is making her to be unprepared is reasonable like pursuing a career, serving for some time in the army and offering voluntary service like distributing food to refugees, agree with her on the next action. If she has no plausible reason, dating someone with no intention of marrying them is cruel; expectation postponed makes the heart sick. Let her get mad as much as she can, but she should not be clouds without rain to you.

1.90 I am this type of a person that stays at home all day whenever I'm free from work, play good music, cook and eat. So, I met this boyfriend and I've realized he has similar personality like mine. We like spending time together indoors. Mind you, we don't talk much to each other when we are together, but we do really enjoy each other's company. We would rather choose to stay indoors than going to spend time somewhere, not that we can't afford, but we like it that way. My question is, are we okay? Or we have a problem and we do not know?

Answer: There is nothing wrong with the two of you. Isaac was Sarah's only son. She stayed with him and he must have been an indoors person. That is why a wife was sought for him. He was not outgoing to make that decision. Isaac must have been an indoors person practically, but at heart he was an outdoors person. To be precise, that is why he liked Esau who was an outdoor person. Just like you stay indoors but your spirit is that of an outdoor person, that has prompted you to question if it is normal you people stay outdoors.

Jacob was an indoor person and it is said he preferred staying among the tents (or houses during that time). Even though Jacob stayed indoors mostly, at one time he stayed outdoors most of his time taking care of his uncle's sheep. The two of you

have no problem, but you can visit a game park or spend time at the beach, you will be okay with it. Ask your boyfriend, he is the kind that needs you to take initiative on some things.

1.91 My girlfriend and I have a relationship of 7 years. I'm 31 and she's 28. We started dating way back in university and we're both graduates now living comfortably. We have a four year's old son who no one knows about him except few friends that are close to us. I said something about marriage to her this year and she told me plainly that she doesn't want to get married. In her words she told me if I want to marry she will help me to get a wife but our relationship must continue. And if I wanted to get a wife for myself, it should be a woman that she can control as well. Our relationship is very strong but I don't know why she never wants to be a wife. She's faithful to the core but the fact that she wants me to start cheating is what I don't understand. I'm not vouching for her but I'm sure she doesn't have any other guy. How do I handle this kind of situation because I'm losing myself already?

Answer: Most probably your girlfriend is Asexual. Oxford dictionary defines asexual as experiencing no sexual feelings or

desires; not feeling sexual pulls to anyone. In asexual orientation a person experiences no sexual feelings or desire; he/she is not attracted to anyone.

Being asexual doesn't necessarily mean you don't have sex. Asexual person can have sex with any person just like normal people do, and can have families. Some asexual people seek to get married while others may not pursue romantic relationships. Jesus said there were three reasons why people are asexual; some were born that way, others because men made them that way (e.g. sexual trauma) and others are so for the sake of the kingdom of heaven. People of all races, backgrounds and genders can be asexual.

While your girlfriend likes and craves your companionship, she is not attracted to you sexually. You have been fornicating and cohabiting. If you marry, it does not affect the way you live much. Tell her if she is afraid of the publicity of the big weddings, you can have a civil marriage which requires only two witnesses. Then you can continue staying the way you have been.

There is no guarantee if she gave you a woman, she would control her. Sarah gave Abraham Hagar her slave girl to bear her a child. Hagar despised Sarah once she got pregnant. And worse still, she would not control any other woman you take. Any woman may like the agreement you people want, but once you have married her, she would not want to share you with your girlfriend and that is when your troubles would start. Tell

her you would marry her, if not you would marry another lady and sever your links.

Once you marry any other lady, it is the married lady that can control you, she is the one who legally can have lifetime interest in your property, that other arrangement with your girlfriend is sexual misuse and unacceptable. The least you can do is pay her child maintenance fees.

1.92 Am dating a guy 7 years younger than me and this relationship has lasted only 5 months. This guy is always indoors when he is not working, he is a Juakali guy meaning he doesn't go to work every day. He has never come to my house. He says in their tribe it is a taboo to sleep in a woman's house. I am the one going to his house every time we have to meet. He has never asked money from me. I have no problem spending on him, but he would rather spend the little he has than take my money. He prefers to stay in the house from morning to morning than picking me for a hike. He's a good guy if you ask. He has no small girls' drama; generally no woman gives me stress over him. If I want his phone I just take it. He doesn't bother. I'm only asking, is he normal? Or

maybe there are other things I don't know that are keeping him this way? I expected that, he being young, he would awaken the outdoor in me, ask for money because I have enough to spend on him, but he'd rather borrow than ask me for just 2k or 3k. Why is he like this? I have a kid. And this 2 people of mine are inseparable.

Answer: Not everyone is outgoing and is an outdoor person. Jacob was an indoor person and preferred staying among the tents. You should also realize nowadays due to weakness in man's genes; we have some men who are more feminine than masculine and some women who are more masculine than feminine.

In relationship, if you have an idea and you feel your partner should have had the same Idea, suggest it. Suggest to him you need to spend some time outdoors, he may actually like the idea.

Then another thing is, who started the relationship? The Man or you? Chances are, if you started the relationship, you have to provide leadership by starting anything you want. I mentioned Jacob being an indoor person. It is her mother who gave him ideas. Like, 'take Esau's blessings and run to my brother Laban'. If your man likes your Ideas he will embrace them. Laban continued directing Jacob by tricking him to marry Leah and not wanting Jacob to leave his service as he had found out by divination he was blessed because of Jacob. Jacob did not like

Laban's last decision that he ran away with his wives. Therefore take the risks. You are more mature than your man, if he loves your ideas, he will execute them, if he does not, he will do nothing.

Only suggest and help him in the actions, the fact that he holds on to taboos, may mean he also wants to be the head of the family, give him that freedom and I am sure he will do what you want. There is nothing you lose by going for what you want.

And your relationship being five months suggests that the man has not known you enough to open up to you. You might be taking things too fast. You have also not known the man, as you cannot say comfortably he likes this and hates this. Presently, your relationship is just an infatuation. Get to know each other, ask him those questions you fear, men like open women who ask genuine questions. Open up your communication lines. Ask if he is ashamed of your age differences. Ask if he is ashamed you have a child. Ask if he is ashamed being seen with you in public. Ask if he fears you will control and micromanage him. Ask if he is afraid his folks may not like your relationship.

1.93 I have finally met a man who means a lot to me. He loves me dearly and is a very good man. We're planning to start a life together. We both take alcohol and we have no problem to that point. He's however kind of an addict and I

am trying to devise mechanisms to help him view alcohol as a by the way.

Answer: People take alcohol for various reasons. Some take it to drown their problems, some take it for enjoyment and others take it to be accepted by their drinking buddies.

Alcohol may be addictive especially if it is taken by someone in pain emotionally and someone trying to cope with a persistent problem. If your man is an addict, chances are he is trying to smudge previous pain. You have got to know him before you can help him. A habit has got to have a cue, the action and then the satisfaction. What makes him want to drink, find out. That is the cue. Drinking is the action. Getting drunk is the satisfaction or reward for drinking. Then the reward makes the cue to pale in significance.

While taking alcohol moderately is not bad, if you don't have self-control, do not drink. I guess the two of you should just give up drinking. Because you are the motivation that will make him keep drinking. Alcohol was used in biblical times as food. People drank alcohol for energy and to be merry not to get drunk. Jesus drank, but there is no account where he is mentioned as being drunk.

You could find another past time that keeps you together like playing chess or tennis and shun alcohol. The odds are, you will take to heavy drinking if you face problems in future.

1.94 I need a sober advice. I've been in a relationship for one year now. I love him so much and he says he loves me too. My problem is that whenever we have an argument and we get silent I'm normally the one to break the silence and start a conversation and whenever we start talking again he is okay like nothing happened. I normally feel so sad when we are not talking and I can't wait even for a week. Now it's been two weeks of silence he isn't willing to break the silence and I'm not going to do it either. I want to leave the relationship by just breaking up with him silently, I'm feeling used.

Answer: Marriage life needs spouses to talk openly to each other. All issues arising must be sorted and not swept under the carpet. Spouses have to get rid of all bitterness, rage and anger, brawling and slander, along with every form of malice. While your man starts talking again to you as if nothing happened, one cannot know if he got rid of bitterness and malice. He may be bottling things making it a time bomb.

Remember you all need to be kind and compassionate to one another, forgiving each other; just as God forgave us in Christ. You should therefore not go away silently but tell your partner you are leaving since you feel your previous problems have never been sorted. And since you are always the one breaking

the ice after a fall out, you believe your spouse has a hidden vendetta, or his bottling up things which you don't like.

If you do not learn how to communicate in this relationship, you would carry the same problem to another relationship, voice your concerns before you leave, listen to your partner's side of view. If he ignores your issues, then you are justified to leave. You should marry someone who responds to your troubles. Women choose to marry men they would respect for a lifetime and they would help. You cannot help a man you do not understand. You cannot respect a man that ignores you.

1.95 I am a lady turning 29 years with no kid, no job, and no boyfriend and when I observe my mates, they are all thriving. I feel bad about myself to an extent of contemplating suicide. Loneliness is killing me. I don't even have friends. I live at my mum's place. Can you imagine at my age and what hurts is I can't provide anything. I feel terrible life isn't fair to me at all. I don't know where I went wrong. If it's praying, I have literally prayed and nothing has happened. I feel I have reached a dead end in my life.

Answer: I will laud you for praying. But according to your ranting, it seems you don't know what you are praying for and you don't follow your prayers with actions.

First understand your basic needs are food, clothing and shelter. That is what should be your priority in prayer. Then look at your strengths, what talent do you have, what qualifications do you have? Then assess your weakness. What is stopping you from using your talents? How can you eliminated the obstacle and use your talents? Then look at the opportunities available for your talent and your academic qualification, and then in faith, try your luck. Keep praying as you try each and every opportunity available till you have an opening.

You said you stay with your mother. Confide in her and do not be lonely. Tell her you need a boyfriend in your life, I am sure she will quickly arrange that for you. Arranged marriage is sometimes the best since your parents know you better and can find a suitable man. If your mother knew your needs, she would go along way helping you. Don't live in a cocoon, open up to your mother.

Do not worry where you are in life and do not compare yourself with your peers. Human beings are like vehicles on the road moving to different destinations. Some vehicles are fast and others are slow. Therefore some people reach their destination earlier and others later. What matters is for one to arrive safely.

1.96 I have been married for 16 years. We have been through many problems like lacking rent and food. After a lot of struggles we agreed with my husband that I should go to Arabia and try my luck so at least we could see if our life turns around. But before a year elapsed he married again. I used to love him, but when he took the new woman to his parents, I knew he had married again. He texted me afterwards and told me he was with his new wife at home. I was so stressed but because I loved him, I went to see him and he accepted me, when my co-wife saw that he had accepted me, she swept everything in the house and disappeared. We started living together, life became challenging again, I decided to go back to Arabia because he had lost his job and I was the only breadwinner. I went back to Arabia, I still loved him but my love is not absolute as it was before. He got a job again but he could not contain his vessel. He kept jumping from one woman to another. When I saw he was not making any development at home, I decided to concentrate on my children; the first one was set to join high school. When all was going fine for me, my husband started pestering me that he had changed and wanted us to stay together. But I no longer felt

him in my heart. He is trying to beg me to forget everything so that we can take care of our two kids together but I am hesitant, I reason that, if he were serious, he should have at least paid bride price for me.

Answer: You have never been married. Though at the onset you said you stayed with the man for 16 years; that was cohabiting and not marriage. Marriage is universal all over the world. It is a public affair. Be it traditional, religious or civil marriage, it is highly publicized. Many people witness traditional and religious marriage. Only two witnesses are required for civil marriage, though you can trace this marriage in the national registry records - making it public.

In a marriage, you just do not enter and leave at will. It is a process. For civil marriage, you have to file for divorce at courts of law. Your man never married the other woman either.

Sexual immorality is both a biblically and a lawful reason for divorcing the errant party if you don't want to forgive him. Since your man never married you, you can apply for a court order that he should stop pestering you but instead give you some children maintenance money.

If you love him and you are willing to forgive him, tell him to marry you legally. Tell him you no longer want to cohabit. Tell him to pay your parents some bride price. Otherwise it was a

good decision to stop fornicating and concentrate on bringing up your children.

1.97 How do I tell my boyfriend that I hate running errands for him like a kid? Even a glass of water, he cannot draw his own drinking water from a dispenser. He cannot take used plates to the sink. We are co-habiting and planning to marry, but I don't like running errands for him. We are both working so we are all equally tired after work.

Answer: You could comfortably tell him you do not like running errands for him if you both read the bible and knew your responsibilities.

Man is the head of the family. He is expected to love you like he loves his own body. Paul gives an analogy that nobody hates his body; no one would flog his body but instead takes care of it and nourishes it. He is also to talk to you tenderly with love.

He must understand all household responsibilities are his. You are only a good helper. You can help him in all his responsibilities or you can just do the core ones that would free him to concentrate investing for the family. Most women take fully the kitchen roles so that their husbands are free. It does not mean therefore kitchen chores are women's, far from it! Abraham prepared food for angels that destroyed Sodom and

Gomorrah. Jacob prepared bean stew that Esau stupidly sold his birthright in exchange of some of the stew. Esau prepared some game meat for his father Isaac to bless him.

Your man knowing this, he would seek his own drinking water from the dispenser, pick his own beer or juice from the fridge and do any other chore in the house. You can willingly do errands for him, but he should remember to thank you and smile at you broadly. It is not wrong to do these errands after all if you both know your responsibilities and have positive attitudes.

However, I suggest you stop co-habiting and marry each other legally. He may sense the negative attitude you have when you are sent to run errands and think you hate him and walk out of that relationship. And since you are not married, you can frankly talk things out, what each likes and what each hates. If you don't agree, you can end the relationship other than carrying it on to a loveless marriage. Remember you choose to marry a man you will always respect, if you cannot respect him now, you do not have a rosy marriage,

1.98 I was staying with my man for 2 years but we were not officially married though both parents knew about it. He was a loving person and used to provide everything since I was not working, we lived within our means. We were blessed with a beautiful baby girl. He was there and supported me dutifully; I

was a very happy person, but problems started when my parents started demanding for bride price. I talked with my man and he was okay with it but he told me to give him some time so that he sorts himself. My family started telling me my man did not love me and he did not want to pay bride price. I started believing my folks but I had noticed my man was planning how to pay the bride price. My mum told me to leave the man so that he speeds up marrying me. One day when he had left with his friends, I packed my babies clothing and left. The guy tried to reach out to me so that I should return and that I give him more time to put things in order but I refused. He gave up.

Now I am still at my parents place, my man stopped bothering about me. I am informed he has another lady and has even taken her to his parents. I love this guy so much and am sorry for what I did, I have never dreamt of being a single mom. I wanted to raise my kid with both parents present, but this happened and I regret. What should I do, should I pack my things and return to him and apologize or what should I do?

Answer: You better realize no matter what, you were destined to be a single mom. The earlier that sinks in your brain, the better. Bride price is a negotiated thing. In African countries, if the man was so poor, but the girl's parents found him to be responsible, they allowed the man to pay the bride price piece meal over his entire life.

If the man loved you, he would have brought his folks to meet your folks and discuss the payment modalities. He would have known the bride price required and the period he is allowed to clear it. But since he gave up and sought for another woman, his love for you is questionable. Love is a consuming fire; he would not have rested till he had brought you back. He was only taking advantage of your naivety to misuse you. Trust your parents he does not love you.

Do not regret anything, in your infatuation; you tried to paint the guy to look good. But someone can see clearly in your ranting the guy is not good. Who cohabits with a woman without the intention of marrying her? Bride price only cannot prevent someone to marry you. The man is trying to manipulate you, do not return to him without your parents blessings, after all your parents are not against your union, they only wanted the man to formalize it, since they care for you. Since the man refused to marry you, going to apologize to him is heaping hot coals on your head. Nobody would share your pain thereafter.

Accept you are a single mom and devise ways you can live and take care of your kid, ask your parents to help you in your new

life. They are only waiting for you to ask. Sue the man to pay you child maintenance.

1.99 I got married to a lady with one baby girl 10 years ago, I accepted them and treated the kid as mine, I committed all my money to make my marriage work, the lady was working on contract basis then. She was humble and loving; she kept promising that when she is confirmed on the job she would assist me with bills. When she was given a confirmation letter to having been employed permanently, she did not sleep in Nairobi. She went upcountry and celebrated with her parents. When she came back, she told me then that she wanted to live her life fully. She started arriving in the house late beyond 9 pm. One day I found the house swept clean. All furniture and household items had been taken.

Shortly before she left, she had been insulting me. Her kid became an authority and could change television channels at will and they both shouted me down if I complained. She dissuaded her kid from eating the vegetable I cooked and told her they could only eat meat and hotel cooked food. She

would not like to see my relatives but cordially welcomed her relatives in the house. She said I was poor from a poor family.

When I remember I committed the whole of my energy and money taking care of them, I become bitter. I feel like doing the worst thing to this lady. I know where they reallocated to, though she thinks I do not know.

Answer: You did not marry the lady. You were cohabiting. Perhaps she was insecure of you or she was just using you. You did not see the writing on the wall or you just ignored. Whoever is faithful in little things is also faithful in big things. When the woman was earning his contractual money, she should have helped you foot the bills, when she duped you she would help when permanently employed; you were so naïve to fall for the lie. Did you know where she took her money?

I would advise never think of revenging. God would recompense you. At least a parasite has been removed from your life. Learn from your mistake and rebuild your life. Take time and you will find a suitable loving wife, you cannot miss one from billions and billions of humanity.

Work hard, save as much money as you can. When you find a lady that would respect you, involve parents from both sides and marry her. Marrying her will ensure she does not just walk out of the relationship like the first one, or use you as a stepping stone.

You did good for her, forget it and forge forward. Bitterness will only hold you and prevent you from thriving. It is like swallowing poison and hoping someone else dies. The good you did will come to you in unexpected ways in future.

1.100 Can a woman enjoy her life to the fullest without a man in her life?

Answer: There is joy in giving than receiving. Marriage gives that platform where couples give to each other freely and this makes them happy. A woman cannot live her life to the fullest if she lacks the avenue of giving. If a woman volunteers to help the less fortunate or rescue those faced with one calamity or another, she would be joyful. She would find no need of a man in her life. If a woman devotes much of her time preaching the gospel and imparting hope to hopeless people, she would live her life to the fullest without a man in her life. The bible is full of widowed women who lived fully without men. We also have Mary Magdalene who lived without a man and in our present world they are so many but I would only mention Mother Teresa.

Also note that some women have no sexual desire. They are Asexual. Asexual woman experiences no sexual feelings or desire; she is not attracted to anyone sexually.

Being asexual doesn't necessarily mean she cannot have sex. An asexual woman can have sex with any person just like

normal women do, and can have families. Some asexual women seek to get married while others may not pursue romantic relationships. Asexual women who do not pursue romantic relationships can live their life to the full without men in their life.

1.101 When a man says he's ready to marry, what are those things that he must put on ground to ensure he is truly ready?

Answer: A man is ready to marry when he has learned some skill or trade to earn him a living. If he can also monetize his talent, he is ready to marry. Jesus fittingly put it this way, "Who of you that wants to build a tower does not first sit down and calculate the cost?" In marriage, bills have to be paid and this necessitates the man to earn a living.

When the man is able to admit a difference and then work to resolve the issue sensibly and good-humouredly with his fiancée, he is ready to marry. When they are married, the spouses should not let the sun set while they are still angry with each other. Some people put it outlandishly like this; there is a son that tells his father that he is going marry. Then the father looks at the son sternly and tells him to say 'sorry'. The son protests that he had said nothing wrong. The father insists that he should tell him sorry. The son realizing the father is not going to throw in the towel, he said he was sorry. Then the father informed the son, he was ready to marry. The son astonished asks, why. The father enlightens him when he is ready to say sorry even though he has done nothing wrong, he is then ready to marry. It was

just another way of telling the son to solve differences with his future wife immediately sometimes shouldering the blame.

If the man knows how to control his sexual desires, he is ready to marry. Paul advises that each spouse should learn to control his/her body in a way that is holy and honourable, not in passionate lust like pagans, who do not know God. There would be times when your companion would not be in the frame of mind for intimacy. Marriage does not give you the right to persist on having your sexual desires satiated. Self-control is vital in both singleness and marriage. You would not have sex during menstruation, for some days after your wife gives birth and when your wife is sick.

If a man has learnt how to be happy, he is ready for marriage. Marriage would not make one happy. Each couple has to learn how to be happy then bond together and share their happiness. All days of the oppressed are wretched, but a cheerful heart has a continual feast. This means that if the man is gloomy always, he will be sad and if he has a positive outlook always, he would be cheerful and happy. In addition a man, who looks at life negatively, focuses on what is missing. A positive looking man enjoys the present moment – it is better to be satisfied with what you have than to be always wanting something else – GNB.

1.102 I'm in a relationship where I don't think my guy loves me enough to care for my well being. He is very comfortable, doing well for himself, but I noticed that any time I visit, he will take good care of me, give me good treats but once I'm

going back to my place, he will not give me fare and I don't like to ask because I feel he should know the right thing to do. We live in different counties, the counties neighbour each other. I am 27 years old and he is 42 years old. Do you think he loves me?

Answer: The age difference between you two is glaring. Why is the man still single? Was he widowed? Does he believe in marriage? These are the questions you need to ask yourself before you even think of love.

And why are you visiting him, to fornicate? The simplest thing to test his love is to cut off all those visits and demand he marries you. If he goes an extra mile of meeting your folks and marries you, you are in love. Jacob did everything to Marry Rachael; he worked for 14 years just to marry Rachael.

1.103 Why do I love this toxic person so much, when I know they don't love me?

Answer: Sex is addictive. Chances are you both enjoy the copulation but you don't like each other and you don't want the moments to end. No one likes to be addicted to drugs or alcohol, yet addicts cannot help it. No one likes to be addicted to social

media, pornography and masturbation, yet they cannot help it. Those habits are slavery.

You can only break the addiction by substituting it with another kind of slavery. Jesus likened our generation to an evil spirit that leaves someone. Then it roams helplessly and finds nowhere to rest. It decides it must go back to its former house. Finding the house swept clean, it takes other seven evil spirits worse than itself and they go to dwell in the person. The person's condition becomes worse than it was before.

In your situation, you would like to break free from the 'toxic person'. But whenever you decide to keep off the person, you realize you have nothing else to do and no one else to give you company. You form a longing for him (the 'toxic person') that you need him urgently than never before. You end up being worse than you were before as he finds you are just his slave he can use and despise.

Learning God's word and hating what He hates will enable you to break the chains of that slavery. You will slave for God and not for fornication. Slaving for God has rewards since you would ultimately be married and have the sex anyway. You would have a clean conscience and you would attract a person that loves you for real. You will have many other blessings according to your faith. No evil spirit will occupy you as you would be full of God's service.

1.104 How do you deal with a situation where your sister's husband is trying to woo you?

Answer: You tell him without blurring the boundary to stop. You also inform your sister about it so that it is a deterrent. A man was not allowed to marry blood sisters as long as his sister was alive. If you love your sister's husband, the only time you can have hope of marrying him is when your sister is dead. Therefore, forget about your emotions and do the right thing, find your own man.

1.105 I got pregnant in my final year at campus, with a man who was also in his final year, but in a neighbourhood college. After I had told him about it, he refused to take responsibility and told me that if ever the child asked me about his father, I should tell it that he died. I worked hard on a job I was lucky to get, saving aggressively for the child. It was hard to balance the pregnancy moods, studies and working; it was hell. When I was six months pregnant, the man appeared to check if I had kept the pregnancy and started acting concerned, at 8 months I graduated. Thanks to God it was online graduation since the Covid pandemic had restricted people gathering together.

He told me we should move in and take care of our child together, I was happy. I left my abode and joined him in his house. He had gotten a job and I left my hustle and I was like a house wife to him. One day I stumbled on his phone and found dirty chats with different girls discussing how their copulation acts were sweet and similar stuff... I approached him and asked him about the chats but he despised me. I left for my parent's home with only a week to deliver. I delivered safely and called him to come and see his baby, and he didn't care. When the baby was three months old, we talked and he decided I should go back to him and we re-start life with him again, I was convinced and went. After three months he started looking down on me. He became a drunkard. Fights, quarreling and violence became the order of the day. I reported this to his parents, but he never changed. I returned back to my parents, up to now, he does not support me, he does nothing.

Should I still fight for my marriage or do I let it go and start my life afresh from scratch and forget him?

Answer: You are beyond being redeemed. When the man told you, that never tell the child who was its father, you were not hurt? When the man came to confirm if you had aborted, you were not hurt? When the man suggested you live with him, you did not ask him why he had changed his mind.

When you found out the man is a serial fornicator and he scolded you when you asked about it, you were not hurt? When the guy did not care whether you delivered safely or not, you were not hurt?

Your case is one of desperation or you are just ignoring the writing on the wall. In any case, you are paying for your sins. Stop fornicating, stop cohabiting. Look forward for a marriage and sex within the marriage. There is no marriage you are fighting for here, since in the first place you are not married.

What about if the man has impregnated several other ladies? Have you thought of that? Go and start your life afresh from scratch and forget him. If he needs you, let him visit your parents and negotiate how he will pay bride price if he is unable, or pay if he is able and marry you. This time ensure you only go to live with him if you are legally married.

1.106 If you want to hit a running dog or a dog escaping from you, you don't throw that stone or stick directly at it. You throw that stone some two to three foots ahead of the dog.

That stone can never miss to hit that dog. Start hitting the target ahead of you; hit your five years, ten years now. Start battling any obstruction ahead of your glorious marriage, ahead of your unborn children, ahead of that ministry that is yet to manifest.

Answer: It is good to plan and also good to be flexible. That's is why we are told to learn from the ant that stores its food in summer readiness for winter

1.107 I am 23 years old; I met a guy when I was 17 years old. He is two and a half years older than me. We started dating, but his parents and other factors led to our breakup. But the truth is, we never ended the relationship. We both dated other people, but we still could not help keeping our minds and hearts from each other. We wanted to be with each other, but we had other people in our lives who we did not want to hurt. Presently, it is becoming difficult to decide what to do. I want him, but I am also getting older. How long will I wait for things to fall into place, or should we just move on from each

other, disregarding what we feel about each other? I don't know what to do.

Answer: Paul advised the youth to allow that period he called the flower of youth to pass before they made a serious romantic relationship. At 17 years when you started romance you were a minor, immature and within the flower of youth period. Your hormone surge was so high that you acted on the whim of your emotions and not reality.

Your friends parents decided to intervene but you were both rebellious. You did not mention the other factors that led to your break-up but you mentioned your boyfriend's parents. Even at 23, it seems you have not matured. True love withstands test of time. If the two of you truly loved each other; you would have waited for each other. Jacob was ready to serve Laban for seven years just to get Rachael, and when he was tricked, he waited for 14 years!

Your relationship was purely infatuation coupled with hormone surge in your bloodstreams. His parents tried to recall you to your mind but you remained irrational. Now that your new relationship is not working, you feel the first one would have worked. Do not deceive yourself. Break all these chains of fornication, concentrate on establishing your career or talent, when you are mature enough, you would look back and be thankful for losing that man.

Love is like a consuming fire, neither of you would have rested till you married each other. Imagine if you never broke up, even his parents would have been impressed by your relationship and gave you their blessings. A relationship that died barely more than 5 years ago is not something worthy to consummate into marriage.

1.108 As a man, should I marry a lady that is more educated than me or it does not matter?

Answer: A man is advised to love his wife as he loves his own body. Everyone who loves his body does not pummel it but nourishes and takes care of it. As the man and wife become one, questions to ask as are; would I love and cherish this woman for the rest of my life? Would this woman be a good helper? Would I be proud of my wife even before my friends?

The rule of the thumb is, a man should marry a lady they have the same level of education. However, we have women who have a natural aptitude and are smarter than the educated men while they are uneducated. A man can marry un-educated woman provided he sees a potential in her of being a good helper and he would be proud of her always even among his peers.

It is not good to marry un-educated woman then you look down on her. That is self-defeating. Your prayers would never be answered as long as part of your body is unhappy.

It is also not a good idea to marry a more educated woman than you if the woman would be ashamed of you. A woman, who is ashamed, disrespects and demeans you, notwithstanding how much educated she is, it the same like marrying un-educated woman you despise. These two scenarios have the same ending.

A man should be able to praise the woman he loves that though there are many good women out there, she surpasses all of them. You can clearly see the level of education does not matter, but it is quite a determinant.

1.109 Men are everywhere looking for wives. Women are everywhere looking for husbands. Why are they not finding each other?

Answer: Most men and women have conformed to the standards of the world without knowing. They have become lovers of themselves, they are lovers of money, they are proud, they are abusive, they are ungrateful, they don't love truthfully, they are slanderous, they don't have self control, and they don't love God but profess to do so.

Yet inside their heart, they want a partner that loves God, that is; is loving, is joyful, is peace loving, is kind, is good, is gentle, has self-control and is faithful.

With this disconnect between what people are and what they want, it a formidable task to find a suitable spouse.

1.110 What should a woman seek in someone he wants to be his husband?

Answer: The husband should have a potential to earn or is earning an income. Marriage comes with the must settled bills like food, clothing and shelter. The husband should be in a position to foot these bills.

The man should love God and should be prepared to love his wife like Jesus loved the church and should be ready to sacrifice his comfort for the sake of the wife's comfort.

The man should be able to admit a difference and then work to resolve the issue sensibly and good-humouredly with his fiancée. When they are married, the spouses should not let the sun set while they are still angry with each other.

The man should know how to control his sexual desires. Paul advises that each spouse should learn how to control his/her body in a way that is holy and honourable, not in passionate lust like pagans, who do not know God. There would be times when your companion would not be in the frame of mind for intimacy.

Marriage does not give you the right to insist on having your sexual desires satiated. Self-control is vital in both singleness and marriage. You would not have sex during menstruation and for some days after you wife gives birth.

The man should have learnt how to be happy. Marriage would not make one happy. Each couple has to learn how to be happy, then bond together and share their happiness. All days of the oppressed are wretched, but a cheerful heart has a continual feast. This means that if the man is gloomy always, he would be sad and if he has a positive outlook always, he would be cheerful and happy. In addition a man, who looks at life negatively, focuses on what is missing. A positive looking man enjoys the present moment – it is better to be satisfied with what you have than to be always wanting something else – GNB.

1.111 Does age matter in marriage?

Answer: Age in marriage does not matter. Traditionally, men have married younger women as it was believed women mature faster emotionally and a man was not supposed to marry a more mature and intelligent woman than him. Therefore all women were married when young to older men.

But since life has uncertainties, the husband could die and leave a widow without children. It was expected the brother to the deceased should take the widow and sire children for his brother. In such occasion, older women were married by young men.

Look at the account of Ruth, Naomi and Orpar. Ruth and Orpar insisted they have to accompany Naomi to her ancestral land, she told them, she had no more sons or a husband, and even if she had to give birth, how long would they have waited? But if Naomi gave birth, the boys according to the customs were to marry Ruth and Orpar. There would have been a big range in their age (that of mother and son) and that was okay.

Another account is that of Judah, he had a son called Er that married Tamar. Er and his brother Onan passed on, Tamar was to wait for their brother Shelah to grow up and marry her. Judah however, was not keen on Shelah marrying Tamar. So she chased Tamar to stay with her parents while waiting hoping that she would sleep with some man. Then she would be stoned to death and Shelah would have been absolved to marry her. Tamar waited patiently and when Shelah had reached the marrying age and Judah was not calling her back to be the boy's wife, Tamar reasoned that she could as well trick Judah to sleep with her since he was a widower then; she could be his wife as he sought a younger woman to his son Shelah.

Had the marriage between Shelah and Tamar taken place, their ages would have had a big gap. Which was very okay.

Such marriages I have described above were normal marriages and they were not opportunistic. I would not approve present day marriage where a young lazy man eyes the property of a widow qualifying to be his grandmother and schemes to be married by her hoping she dies soon and he inherits her

property. Likewise where a young lady sweeps a man off his feet the age of her grandfather hoping he dies soon and she inherits his property. Those are not marriages based on love but on materialism.

The bible is also emphatic that one should rejoice in the wife of his youth. This means he takes an immature lady who needs to be pampered by a man and they grow together. The problems they pass through together strengthen him to make important decisions and weather difficult times.

But when one marries a person old enough to be his/her mother, father, grandmother or grandfather, such a person finds everything on a silver platter. He/she does not need to struggle. He or she is treated like a child or grandson. Therefore, he/she does not mature to handle difficulties and withstand the storms in life. It also denies men (boys) the leadership role assigned to men by God. He cannot provide leadership but has to be obedient to his older spouse.

1.112 When you are excited about dating a Bank manager, girls of your age are studying hard and getting jobs. When you are Comfortable driving in your boyfriend's car, girls your age are Making their own cash and buying their car. When you are busy bragging about the corner office of your boyfriend,

girls your age are busy developing business plan to start up their own businesses.

Your boyfriend's money is never your own, Success is not sexually transmitted, nor his wisdom and qualifications. Stand up and have your own things. Learn to be independent my dear beautiful ladies.

Answer: Thanks for encouraging ladies to empower themselves. A woman was created to be a man's helper. Therefore if one is excited about dating a bank manager, she should always ask how will I help him? If one is comfortable in a boyfriend's car he should reason, how will I help him? If one is bragging about the corner office of a boyfriend she should think, how would I help him?

A woman when seeking to marry has to look for a man who can earn a living and provide leadership. Then she should isolate the capability to earn a living and put it aside, and ask herself, am I able to respect this man for the rest of my life. How would I help him as a wife? If he can make a living, and you cannot respect him, then never choose him for a marriage partner. Another thing is to gauge if the man can cherish and love you for the rest of his life, if he hides you away from his parents and friends, that is a red light.

However, I disagree with you that success is not sexually transmitted. It is actually sexually transmitted. God says he blesses the righteous to thousands of generations. If you choose to marry a spouse free from generational curses, you are a step ahead in success, the converse is true.

1.113 I once said I can and will never fall in love with a younger guy but here I'm dating a man 9 yrs younger than me. He approached me first though. What do you think about such relationships though? Is this infatuation, love or lust?

Answer: King Solomon the wisest man who ever lived said he could not understand the way a man and a woman fall in love. A woman or a man falling in love with a younger partner is not bad at all. Though I do not think it's in order for a person to fall in love with a person the age of his/her parents or grandparents (my opinion).

Infatuation senses akin to love. Like love, it consists of passionate feelings. But the foundation for each is completely diverse. Infatuation stems from a surface response to facade qualities. It is also blind to the other person's faults and exaggerates his or her strong points. Consequently, infatuation is about as firm as a house of cards.

Love is based on a well-rounded knowledge of a person's strong points and flaws. That is why the bible says love is patient, you

can only be patient if the other person is weak but you always hope he would improve. In addition the bible continues that love is not easily angered, does not keep a record of wrongs, hopes and always perseveres. This definition truly points to the fact you love someone not because he is perfect but you are conscious of his/her weaknesses but you are sure he will work on them.

Lust on the other hand, is the desire to have sex with someone and then dump him/her immediately you have achieved this goal.

Now you can judge for yourself if your relationship is infatuation, love or lust. Is your man willing to forgo sex with you till he marries you? Can the two of you take each other and introduce each other to your parents. Do you know his weaknesses and strengths? Are you willing to live with them? Does he know your weaknesses or strengths; is he willing to live with them? Is he pressurizing you to have sex with him?

1.114 Should a woman consider the level of a man's education before she marries him?

Answer: A woman is advised to submit herself to her husband as she does to the Lord. She has to recognize that the husband is the head of the wife just as Christ is the head of the church. The wife must respect her husband.

Therefore, a woman choosing a husband must ask herself, 'will I be able to respect and submit to this man for the rest of my life?'

While education changes the way people think, it is not a yardstick for a woman to use in choosing a husband. We have people who are born with a good character and talents that outshine those who are educated. For instance, un-educated man may know superstitions are wrong; he may also shun witchcraft and term it the works of the devil. Yet we may have an educated person who believes in superstitions and frequently visits witchdoctors for good omen charms.

A woman is also considered as a helper to her husband, if she can use her education to help her husband and is ready to respect him, she would marry him,

Another factor to consider is there is formal education and there is life skill education. Some people have never attended a formal class but they are fairing on well compared to those that attended classes. The dynamics of marriage and education are so complex that education can be a determinant when choosing a mate and education may not matter when choosing a mate.

It is thus upon the woman to decide if she can be a helper and would respect the man she chooses to marry. She may consider education as a factor or she may decide it does not matter, depending on her values.

1.115 Am dating this guy but he is so weak. I mean even if I scold him, he just keeps quiet. And it is not only me, I see

people taking advantage of him just because he is humble. I have started becoming bored of him because as a lady I feel I want someone who can protect and fight for me. His friends are also taking advantage of him; they borrow from him and refuse to pay back because they know there's nothing he can do. I also feel stuck with him because every time I tell him we part, he cries like a baby and acts helpless. He is someone you can command around. I sometimes prank and make him run some errands for me, I like when he runs the errands but I would not like him to be my husband. However much I offend him, he keeps quiet then begs me to let bygones be bygones. Are there men like that?

Answer: Dating someone with no intention of marrying them is the cruelest thing one can do. Expectation postponed makes the heart sick. Do not underestimate the guy you say is weak, he could actually murder you when he realizes you were playing him.

What did you expect him to do when you scold him? To slap you? To compete with you in shouting? Since he controls himself and keeps quiet, that is a very strong man. Make no mistake about it. Sit down with him and tell him you expect this and this from him, if he is unable you are parting.

Again how do you know his friends have borrowed money from him, if they borrow in your presence chances are, the man is giving them the money to please you that he is generous. And how do you know he needs the money back? Some people are born philanthropist. Even king Solomon said, there is a person who gives money freely yet his wealth increases constantly and there is on who hoards his money but grows poor.

Don't take advantage of the man and keep the relationship if you know you cannot respect him as a husband. Pity is a poor foundation on which to build any relationship. Let him cry and be helpless, he shall get over it and move on. Otherwise when he invests his emotions in you and you leave when you are ready to marry a man of your choice, he can stalk and kill you. Serial killers in the world are humble, weaklings apparently that no one minds them for a long time, when they are finally caught, everyone does not believe they could commit such atrocities.

Understand also the human race has grown weak over time. Consequently, there is no clear line between men and women. Nowadays you cannot group gender into clear-cut variations of men and women. While we have men who have all characteristics of men, we have men who are more feminine. Similarly, while we have women who have all qualities of women, some are more masculine. So your man is quite okay and do not think there is anything wrong with him. Leave him to be chosen by a woman who would love him unconditionally.

1.116 I have been dating a married man for over 6 years. The reason was because he was paying my bills. At that time I was a student and couldn't afford the school fees then since my parents are poor. This man was good to me and was footing my bills. Four years into our relationship, his wife passed on and his friend told me about it. So I went for her funeral. He never mentioned it to me at all. I felt pity for him hence, I went there. He said she had been ill for a long time. I know his house, but I have never been there but that day I went there. He was happy to see me and whispered into my ear that he had booked a hotel to sleep that night; as a result I should go there and wait for him. We became intimate that night. Since then we have sustained the relationship. He still pays my rent and pays me an allowance as I'm still looking for a job. Yesterday a friend sent me a photo. The man has gone ahead and married someone else traditionally. And today he has sent me a message to meet him at a hotel. What should I do? If I'm not good enough for marriage why should I be good enough for copulation? He didn't consider me for marriage but is booking a hotel for me. I'm very unhappy but I love him.

Answer: On the onset, your arrangement with him was not about marriage. You were peddling your vessel while he paid the bills. Both of you were okay with it, that is why though you knew his house, you had never visited him there to give your man and his wife peace as long as your part of the bargain remained intact. It never crossed the man's mind he would have to marry you. You would be surprised the man thinks you have a boyfriend who would marry you and that is why he does not want to interfere with your other relationship. Don't you see you never met in your rented house but in hotels?

If you had wanted to marry him, when the wife passed away, you could have asked him. But that was not your priority and he saw no need bothering you. He needed a woman as a wife and he married. Chances are also that you may not have been the only woman he slept with. He might have married the one who asked for marriage.

You are not good enough for marriage till you know fornication is wrong. And for all the copulation you gave the man, he believes he has paid you in full, what more do you need? Until the wife died, you also believed you had paid the man in full for footing your bills. You were not dating him, you were prostituting.

1.117 Most ladies are suffering in their Marriages today because of their Pretence during courtship or dating with the

guy they married. Now, their main character is gradually unfolding and frustrating the innocent man. What he paid for isn't what he's getting any longer. It's really frustrating! Drop the Pretence dear. No matter how bad you are, there's always a partner who would Understand and tolerate you. So if you hide all just to get a ring, you might end up in the hands of a man who lacks tolerance. Don't expect a peaceful marriage because you already gave him hell.

Answer: It would not be fair to assign all the blame to the ladies. The man could have involved his parents who would have just done a simple background check and the lady would have been okayed by the parents or rejected. The goal of ladies is to please their husbands. If they managed to do so during courtship, then they achieved a great goal, let the men live with them in peace.

Don't forget circumstances also change and it brings out the worst side of ladies. Most ladies would be content in their marriage if the husband was able to provide basic needs and some little luxury. When circumstances change that the husband is unable to provide, the woman changes. Job's wife, apparently she had been a good woman while job was rich. But she was disgusted with the poor job still clinging to God. She told him to curse God and die.

A bad woman would not like to have a bad husband. Neither a bad husband would like to have a bad wife. Pretense is everywhere. Everyone needs good things. The best one can do is to keep waiting on God and pray to Him to sustain the marriage. And since we were all created in the image of God, everyone is capable of changing if they get to learn about God's qualities.

1.118 I have a boyfriend; we have been friends for almost two years. We met at a driving school and he was so caring and that is why I loved him. We have been meeting at least two times a week. He is an open person such that I know his family and the girl he is dating. I also know his friends. Despite having a lover, I feel like I am falling in love with this man. Sometimes when I am broke; it is only him that helps me with some cash. My lover doesn't know that he always gives me money. He knows my lover. I am just perturbed how I would tell this boyfriend I need him! I just love this man. Where would I start? I am desperate.

Answer: First define the term love. What do you look for in a man you want? Why do you want to betray your lover for the new man?

You do not love the man you call your boyfriend. Love is selfless and un-selfish. If you loved him, you would wish him the best with his girlfriend. But you are selfish, you have not thought how your lover will be affected and how your new man's girlfriend would be affected. You are akin to someone who throws discord among brethrens.

If by loving you means you just want to fornicate with the new man, then know you would be sinning to yourself and God. Try to take control of your vessel or just avoid meeting the man. Appreciate him for his goodness and pray God to bless him, do not feel you are under obligation to pay him with sex.

1.119 Is it good to get married to man who doesn't provide but his parents provide everything you need?

Answer: Nope! Man's first obligation when he marries, he should be able to provide.

1.120 People are saying there is no marriage these days, marriage cannot work, what happened to love girls? Boys, is it true that marriage no longer exists nowadays? I have seen cases of betrayal, and lovers killing each other, is it the bad economy or marriage life is destined not to work in this century?

Answer: Marriage actually exists and many people are happily married. Those who are happily married have gone back to the originator of marriage and are applying his principles.

But as you say, many people believe marriage cannot work these days. This is because they have conformed to the standards of this world that has obscured what a lovely institution marriage is.

In our days people love themselves, they do not love others, they have no self-control, they do not love good, they love pleasures than God, they are slanderous and unforgiving. All this qualities are not suitable for marriage. That is why marriage from such people cannot last.

Spouses must first love God in order to have a meaningful marriage. Then they should cultivate qualities like being; loving, joyful, peaceful, kind, good, faithful, gently and having self-control.

1.121 I had married then she ran away and left me with kids. I re-married again; she has started visiting children in pretense of giving them clothes. Which Action should I take against her; her presence is giving me stress.

Answer: You never married. If you had really married, your wife running away did not constitute divorce. It was a separation of

which you were to follow her and reconcile again or seek divorce if you are unable to forgive each other.

During the period of separation, you cannot marry again, whether traditionally, religiously or civil marriage, none would have allowed you to remarry. Therefore you co-habited with the first woman and you are doing so with the second woman.

There is nothing you can do to stop the woman visiting her kids, she can actually apply through courts of law and it becomes legal. She could even take custody of the children and you would pay children maintenance fee to her till the children reached the age of majority.

You have to live with the stress, that is the price you pay for fornication. Try to marry and stop this co-habiting.

1.122 If youths are requested to presently name the name of parents of the person they are dating with a prize of \$ 80 000 at stake, are they able to?

Answer: Unfortunately most youth do not know the parents of their mate. In the past parents played a central role in their children's choices for marriage mate and even arranged some marriages. Nowadays, the youth meet wherever they meet and parents are unaware of their new relationships.

1.123 I parted ways with my husband in November 2022. He married the girl that was the cause of us going separate ways. God blessed me this year, I made substantial profit. I took my kids to boarding school so that I would be liberated to carry out my business freely. I also met a good man and we started a relationship. Now my husband has been bothering me that his kids cannot be raised by another man as long as he is alive.

Last month he got stuck at my business that he wanted at the closure of business, I take him home to see his kids. Luckily my man smuggled me through the back door and I drove his car, which was packed beside a road to home. My new man then closed the business took a taxi and followed me home. He wanted to beat up my husband but I advised him to shun violence. What should I do, report to the police?

Answer: It seemed you never married each other as you allege. You were just co-habiting. When you left he brought the other lady to co-habit.

If you had married and divorced legally, the courts would have specified who takes custody of the kids. Then whoever does not take kids is given visitation rights as he pays maintenances fee for the kids to the spouse taking care of the kids.

Tell him to apply to court legally so that it determines who takes the kids and if it grants him visitation rights you can arrange him to be with the kids as you have good time with your man. Otherwise you will not put up with this hide and seek game. Legalize the child issues among you. Since you were just co-habiting, your relationship ended when you parted, there is nothing more to it. It is the children issue you two have to sort.

Chapter 2

Couples asking about extra - marital affairs

2.60 My husband married a second wife three years ago when I was 28 years after 8 years of marriage. We had three kids then. To be honest, I have tried to adjust to this situation so that I can bring-up my kids honourably but I cannot go on further. I just found myself hating this man as days elapsed. I find no peace being with him, I prefer he stays with the other woman forever. So the other day I sat him down and

suggested we separate because I cannot put up with polygamy. I suggested we come up with an amicable solution on how we co-parent since he loves his kids so much. I saw no need of punishing the kids by cutting them from their father as they are innocent. We held a mature discussion and he told me he would respond to my suggestions on Sunday. Then we would know how to cater for children's school fees, medical expenses, food, clothing and any other needs. Did I do anything wrong?

Answer: In most countries one can be married under; customary law, religious law or under state marriage. True Christian marriage and state marriage do not allow one to marry a second wife. Other religions and customary regulations allow marrying more than one wife. If you were married under customary law and other religions, you were aware your husband could marry other wives. It is therefore better to respect your customs and accommodate your co-wife. Polygamy has its thorns in flesh like children and wives rivalry.

If you were married under state marriage or true Christian marriage, the other woman is not a wife but a mistress. These marriages do not permit one to marry another wife. In this case other than loathing the man you ever loved, you should have fought for your family. If he is a Christian, you should have recalled him to his mind that he should respect Gods ordinances. He should cultivate self-control and avoid lusting after other

women. If you are so aggrieved that you cannot forgive him, infidelity is a perfect ground to seek divorce both biblically and under state marriage.

You have to file for the divorce at a court of law. One of you would have the custody of the children. The other may have visitation rights to the children. If the Court gives you the custody of children, your husband has to pay maintenance fee to you till the children reach the age of majority. In some instances, he may pay you alimony. Your property will be split in accordance with Matrimonial Property Act.

You wanted to separate with your husband. Customary and religious marriages do not encourage separation. Separation means you are both open to mature discussion and could reconcile. Customary and religious marriage always likes to sort the issues as fast as possible, in fact in customary marriage, the errant party is fined. In Christian marriage, remember the rule that if one is taking a sacrifice to the altar then remembers a brother has something against him, he must leave the sacrifice, go and reconcile first with the brethren then come and offer the sacrifice. It simply means both of you maybe be barred from attending church till you reconcile.

The only separation that can endure as long as you people want it is the separation under civil marriage. Remember during the separation period none of you would be allowed to marry another person. You have to reconcile or seek divorce. It is wrong also to have sex with another person, even your spouse

during the separation period. If you have sex with your spouse, you have reconciled and the separation should be called off. If you copulate with any other person, the innocent person seeks divorce on that ground and the marriage is dissolved.

Therefore you did something wrong to call for separation. At your age of 28 you are too young assuming you live to be 80 years old. Separation means you can still reconcile with your husband. It also means you will be inaccessible to your husband for copulation. This gives him ample time to bond with the other woman. At a time you wish to reconcile with him, he may wish to divorce you. Find out the system of marriage you were married under. If it is civil or Christian, assert your presence and let him leave the other woman. You cannot use infidelity to divorce him since you accepted the other woman, you already forgave him. You can use the church or laws of your country to make your man leave the other woman.

If he married you under customary or other religions, be humble and accept your co-wife. There is no need to hate a man who was doing the right thing. Apparently you don't want to divorce him, what is the need of separating when you know you will reconcile? And why are you separating when he has done nothing wrong?

2.61 My husband left our house in 2020 and went to stay with another woman. I passed through un-foretold suffering as my

business was just in its introductory stage. I called his parents and pleaded with them to find out where I went wrong and to coax their son to return to me. But when they sided with their boy and started defending him, I kept mum. I told my parents what had transpired and I intended to close the business and join them. They advised me instead of closing the business, I should stay in town; they would assist me. My parents truly assisted me. Even my brother who is abroad helped me to educate my children. God blessed me and my business picked up, I was able to open branches in various other towns. Life has since been good to me and my kids. I thank God. Two weeks ago, my husband started stalking me that he wants to come back. I have another man and we are deep in love and I cannot end the relationship since my husband left me when I had done nothing wrong to him. What should I do? My business is thriving and I do not want to share it with my previous husband. Can I report him at the police station? Yesterday in the evening he came just shortly before I closed the business. I saw his intention; I was to take him to my home. I escaped through the back door and went home. I instructed my workers to close the business.

Answer: Sorry for what you went through. According to your narration you actually never divorced your husband. He is still your husband and assuming you pass on now; he may enjoy the fruits of your businesses.

The hide and seek game will not help you. What you can do is file for divorce if you married under civil or Christian marriage. If it was customary or other religions, involve your parents and they will advise you and fast track ending the marriage. They will also come up with modalities of protecting you.

If you were co-habiting, by deserting you, the man ended the relationship. You are free, unless you just entangle yourself with him. You can write a statement with the police that you believe he is a threat to your life. They will restrain him from pestering you.

2.62 Back in 2018 my mother-in-law visited us very early in the morning. She had travelled at night since we stay far from her. She told me that my husband had impregnated a girl from her village and she must stay with us because we had a big house. It was a family resolution that they could not leave their blood to be raised by another man. I looked at my husband questioningly, he did not raise his head to face me, and he just looked at the floor like a shy girl ready to doodle

meaningless figures with her leg on the floor when a man is trying to woo her. I am short tempered though I never like to engage in a war of words, so I went into the bedroom and cried the whole day. In the evening when I had sobered a little I called my dad and told him, he got angry and hanged up on me. My father arrived early the next morning with a young man I have never met or seen. He then told my mother-in-law and my husband that the young man had gotten me pregnant and he should also live with us. My husband and his mom started ranting and shouting. One moment, they were calling me a whore, the next moment a loose woman and good for nothing woman. Then finally my mother-in-law ordered us to get out of her son's house. She had no idea that the land we had built the house on was my father's land, and we contributed 50/50 with my husband to build the house. My father chased them out of the house and he went back home. I stayed alone for some days but I later reconciled with my husband. Since that day, I have never heard of the pregnant lady again. Nowadays when I visit my mother-in-law she accords me a lot of respect, she even asks what she could cook

for me. My in-laws always thought I was sucking their son's blood; they were surprised I was the one taking care of him!

Answer: Thank you for sharing. Most women would rather give a jerk to their siblings and parents than their husband. It is rare for a woman to assist her husband in investing. Your experience also gives a warning to women, if you buy land and want it registered in your husband's name; you better include the two names, your husband's and yours. This will cripple your in-laws efforts to evict you. I also like the wisdom of your father. However, he should not continue holding the title of the land because if he dies intestate, you and your siblings would share the land in equal divisions, making your husband look like a fool for having wasted a lot of money co-building the house with you.

2.63 In the year 1988 my dad who was a head teacher was poisoned by his step-brother and he succumbed to death. My mother was then 24 years and was carrying my pregnancy (dad died 4 months before I was born). Mother had 3 other kids to take care of (she got married at 17 years after being impregnated by his teacher, I heard that grandfather was a very harsh man that it forced the teacher to marry her). In July of the same year I was born. The struggle of raising the four of

us put mother under great nervous tension that she suffered from depression and died in 1996. I was then eight years old. I passed through a lot of suffering that I came to hate my step-relatives. I the daughter of my late parents can never and will never accept polygamy. I hurt even to the present day and I always feel like revenging.

Answer: Jesus was emphatic that in the beginning, God made a male and a female. For that reason a man would leave his father and mother and be united to his wife and the two would become one flesh. They would be no longer two, but one flesh.

This made the Pharisee to ask why then did Moses command that a man gives his wife a certificate of divorce and send her away? Jesus replied that Moses permitted divorce because the human heart was very hard. Similarly, marrying many women was permitted since the human hearts were hard.

History has shown that polygamous marriages face a lot of hitches like; incest, murder, fights, rivalries and chaos. Most human migration before countries came into being, are attributed to family wrangles.

I would like you to rise above human weakness and end the curse in your family. If you revenge by killing, you are just extending the bloodline of your uncle by killing. One of your offspring or grandchild will also kill. End that curse. If you want

to avoid polygamy, marry under civil marriage and true Christian marriage. Other marriages permit polygamy. Remember God allowed polygamy due to our hard hearts, let's not castigate polygamy, but we can avoid it for our own sakes.

2.64 I found love messages between my husband and his high school friend. They were deep and intimate. We have been married for 25 years and she is married too. What do I do?

Answer: King Solomon said one should not pay serious attention to everything that one hears. Hearing things that people say has been replaced by text messages and social media chats. Chances are that the chats are innocent obscene exchanges since they are free with each other. It might be you don't like such jokes or chats and your husband finds an outlet in his high school mates. High school buddies share some obscene jokes that made high school life bearable.

Visit most open space offices and hear the jokes co-workers crack to end the monotony of work and you would think someone dropped you in Sodom and Gomorrah. But the staffs are used to it and they see nothing wrong. You may be surprised those workers can never talk like that with their spouses, they are very holy with their mates. But in the office, they are like loose hounds after a hare.

Your husband and his high school mate are used to certain slang from their high school days, that you found to be very intimate. What you should do is, ask your husband tactfully about it. You could say someone told you he is still in contact with his high school mate. Then ask, given a chance now, to choose between the mate and you, who would he choose? If he chooses you, be soft on yourself and enjoy life. Avoid over thinking, you have not caught or suspected him of cheating for 25 years!

2.65 I am married for four years. At work, the manager has been beleaguering me to have sex with him. I cannot work in peace. He is trying to be close to me every time and rubbing his erect manhood on me as he passes me. He says I am hurting him. He is single aged 35 years and he knows I am married. I have tried to warn him but he does not take heed. I cannot cheat on my husband at the same time I can't quit the job. What should I do?

Answer: Depending on your organizations policy, that amounts to sexual harassment. It may also mean you are blurring the boundary between your yes and no. If you fight for your family by shunning sexual immorality, do not fear, God will fight for you. It is apparent you fear losing your Job that is why you have not

clearly told your boss, there would be no sex that will occur between you. That is why he is trying harder. When you do the right thing, do not fear, do not tone down doing the right thing due to fear, even if you lose your job because you did not yield to your boss's sexual advances, it may be God calling you for a better job.

But you are more likely to lose the job by yielding to your boss's demand than refusing. You can successfully prosecute him for sexual harassment.

2.66 I checked my husband's phone last night and found messages from about two girls he's been cheating with. I am hurt because it's not the first time. I forgave him just 10 months ago, when he had brought another woman in our matrimonial home and had sex with her on our marital bed. I was then staying with my mother waiting to give birth. In our customs, when a woman is ready to give birth, she stays with her mother till she has gone through the ordeal. I feel this man will not change, it's very clear. I am too young; we have been married for two years only. I am 23 years old. I have made a decision to leave.

Answer: Biblically and lawfully, an aggrieved spouse is allowed to divorce the errant spouse on account of sexual infidelity. When you found out he cheated the first time you forgave him. But getting messages in his phone does not amount to cheating. How would you prove that in a court of law? Ten months is not a long time. Perhaps the man changed but the ladies cannot believe that is why they are persistent to make him fall again.

But if you leave, do not just walk out. Get a legal divorce so that the man pays you maintenance fees to take care of the child till it is 18 years old. You may not entirely remove the man in your life for a long time since he may be given visitation rights to see his child.

If you leave casually or you separate, you are still his wife and you are not expected to engage in extra-marital affairs. It is expected in future you would reconcile. Remember also your husband may become secretive if you keep snooping at his phone. It shows you never forgave him really and you are always thinking he is cheating. In this age of technology, even your enemies can send him such messages to break your marriage. Do not be emotional. Be patient till you get the true facts.

2.67 I peeped on my husband's phone yesterday morning when he was showering and when I found love messages

between him and a lady. I decided to leave the messages open on his screen for him to see I had read them, since yesterday I haven't asked him about them and I'm just laughing inside because he's behaving like a little boy. It seems he is afraid of me, he came home in the evening with pizza and he is treating me very well. However, I have promised myself I won't ask him about it. Now this morning my mum called me to ask, "My daughter, this money your husband sent me, what is it for?" I was amazed and realized I could benefit from him financially as he had become generous to fight his guilt. I want to benefit from his sins till he decides he will never cheat again. I am waiting for the weekend and I will really nag him to spend through the nose on me.

Answer: That shows both of you do love each other and do not want to leave each other. In addition, it shows you would condone infidelity from your husband as much as he spends more on you. Get the facts and tell him you would not tolerate him cheating on you. Otherwise you are setting a terrible precedent. Your husband would come to know as long as he has money to spend on you heavily, he can cheat then pacify you with goodies.

It is also good to note that at workplace one's boss or co-workers may send him love messages. Sometimes one may brush it aside as jokes leading to nowhere and answer in the same wavelength. Sometimes one may be at a loss of breaking a colleagues' heart and may be finding a soft way of putting them off, or waiting till he is at the job to talk to them. But as a wife, when you see such messages, you may think he has already sinned with them.

2.68 I had an altercation with my hubby yesterday morning after I found out he's cheating on me with a lady I know. Once I had confronted him, he followed me to the bedroom when the kids had left for school and tore my blouse while shaking me. I got so scared and told him to leave me alone but he did not leave me until I took my phone. I don't know who he thought I was calling, but that prompted him to release me. I got very shocked by his behavior because he has never been violent. Is this a normal behavior? I'm scared.

Answer: It is quite normal for him to act the way he did. Mere oppression makes the wise act crazy. If he felt you were accusing him unfairly he would have acted like that, became angry or kept quiet. If he felt guilty and did not want you to pester him further, he would have acted like that or became

angry. But why was the fallout in the morning? Why did he wait till the kids had left for school? Chances are, you misunderstood a situation. He waited till kids had gone, then tried to communicate with you but was overwhelmed with emotion. It is not you taking the phone that stopped him in his tracks; he just realized he had overreacted.

Text him a message to implore him to give you his side of the story and tell him he scared you by his actions on that morning. He will find time to talk to you. If your husband is cheating on you, it is not wise to confront him. You give him a legal divorce or you separate with him officially. Separation means you are ready to forgive him if he is remorseful, call off the separation and live together again. If he is not repentant or the separation persists for more than two years, you can divorce him.

2.69 I have been married for 21 years. My husband had a mistress some years ago. We talked about it and he assured me that he had left the woman. Things went back to normal. He was always supportive and did all he could to make me believe that he had changed. The woman on the other hand was abusive and kept sending me texts that they were together and it was just a matter of time before she sent me packing. Of late the man has changed completely and is even worse than

before. He leaves the house and comes back the next day or after two days with changed clothes. He calls the lady in my presence the way he wants. I have prayed to God about it. Leaving home because of the mental torture they are causing me has been an option but I have grown up kids in the house. She has told me several times that I will be kicked out. I lost my job and I fully depend on this man. Can I just quit for the sake of my peace of mind?

Answer: If you are legally married, there is no need to quit. Since the other woman is sure you would be kicked out wait till it happens. If your marriage is civil marriage, your husband can never marry the other woman till he divorces you. Your husband cannot divorce you since you are the aggrieved party and you have made known you are forgiving him. You are the one to divorce him of infidelity but you have held long enough that it is not necessary divorcing him.

Wait till you are kicked out and sue for maintenance or alimony. If any child of yours is below 18 years, you can also obtain children's maintenance. You have fought for your family long enough, press on till you inherit all the properties you accumulated for 21 years. Do not let an imposter benefit from your sweat. Do not divorce your husband even when you quit that he does not marry the woman.

But men's plans are not God's plan. You can carry out 1 to 3 days fasting and meditation per week as long as the problem persists. Follow a program in my book *Never Get Weary or Weak*. Pray for your husband, treat him well. Pray that God's angels restrain him from being hypnotized by the other woman. Pray that you are never evicted. Pray to God to give you peace of mind. The one day or two days or three days fasting per week would enable you to cope. I am sure what you fear most will not befall you. Be stubborn in your faith. Do not listen to the other woman. If you do so and believe her words, it would be a self-fulfilling prophecy.

2.70 I found a message on my husband's phone from a side chick cursing my husband and my child because my husband abandoned her with a kid, she said that my kids will be done the same way he did hers and that my family will never know peace. For such issues how do you deal with them because my husband said he does not mind the child because he is sure the child is not his? How should I approach this? Why curse my kids?

Answer: If your husband has abandoned the kid just because he is not sure if the kid is his, he is also likely to abandon your kids. Talk to your husband to be sure whose kid is the woman's

child. He can apply for custody of kid and be willing to take it as your own child.

Curses from enemies when God has blessed you are like birds that fly and fly with nowhere to perch. You don't have to worry about human beings curses as long as you do the right thing. Just make sure your husband repents his sins and takes care of the child if it is actually his. If you do not want to take care of the child, then let him make it legal to pay the mother of the child maintenance fee till it reaches 18 years.

Concentrate on bringing up your kids in Christian teaching. Your kids need not carry their father's sins. Everyone would be punished for his sins. Bless your kids and pray for them always. Like Balaam hired Balak to curse the Israelites and God ordered him to bless them instead, the curses pronounced by the other woman would be turned into blessings.

2.71 I have been married for 11 years now. My husband by then was in military but decided to quit for unclear reasons. Suddenly this man started drinking he could spend the whole night out. I cried until I got tired and decided to ignore his existence. At that time he had money. He ran out of money and now has become my burden. After some few months his cousin called him for a job, he stayed for months without

coming home or sending anything to me. He could spend weeks without calling me, I gave up.

In my stressful day at my workplace, a guy came from nowhere. This man I testify came to me at a time I needed him most. He knew I was married with two kids and came fully as a father and a husband I longed for. He awakened the woman in me. He knew exactly the buttons to press. Some men are just amazing. I lost interest in my own husband completely. He had pushed me away to do what I was doing. I felt in love with this guy. My husband came back from Nairobi to stay with us. He was jobless, I provided everything, and I footed all the bills. The guy helped me to do so, what I earn per month is a paltry income that cannot sustain me.

I have tried to stop the relationship with this guy but the bond grew such that I could not withstand my husband. He has become the type that drinks every single cent he comes across. Recently he got a job; he's been working for months now. Ever since he started working I have never seen him with money. He is always complaining they are never paid and if they are, it is always too late. But he drinks every day. I hate him. I am

fed up with the man who cannot take any responsibility in the house. What should I do? The love I had for this man died long time ago. Even making it in bed I have to force myself. I am tired of pretending. I am not seeing any future with this man.

Answer: It is unfortunate your marriage came to this. When your husband needed you the most your attentiveness was elsewhere. But you are not to blame. You did not understand the intricacies. Now you are in a love triangle.

Military people go through a lot. The trauma from seeing death all the time and victimization from hateful bosses is too much to bear. Sometimes the ambitious ones get depressed if they are by-passed in promotions. You should have tried to find out why your man left the job then encouraged him to use constructive means to cope. But since you ignored him, he used self-destructive means to cope with his trauma or depression; drinking. He spent the whole night out as you did not give him any comfort. You drifted apart; he lacked support from you.

Granted since you would have not known you could have helped him, you used the wrong coping method. By crying always and not praying, you made yourself vulnerable. A man noticed and started taking advantage of you. Have you ever thought, or imagined, what your husband could do if he ever became aware of your clandestine relationship? He has not

healed from his wounds; he is a man that saw death constantly. A husband of a cheating wife is vindictive; he could murder the two of you.

A wife is expected to respect and love her husband. Now that you loath your husband, there is no blessings in that house. I suggest you separate legally since there is no good reason for you to divorce him. He could divorce you if he was aware of your extra-marital affairs. Perhaps by separating he may be jolted to become responsible.

You could have opened up to him long ago of your dissatisfaction with him and I am sure he could have tried to change. Since communication broke down between the two of you, there are a lot of skeletons in the cupboard presently. He may sink into depression if you told him the truth. It is good he has never been violent to you and you have never accused him of cheating. Ask for legal separation then you may pick the rest from there.

2.72 I got pregnant for a married man. He convinced me that his wife was barren; therefore, I should give him a child and he will pay me five hundred thousand shillings. After giving birth, he would take the child and we part ways. His wife was not aware of this. He paid the money faithfully, I got pregnant. We agreed that the baby would stay with me till it was two years and he would take the child. During the two years he

has been a loving father to my daughter, always being there for us and supportive.

We came to grow more comfortable having each other around. Then he told me he had changed his mind that he wanted me as his wife. After doing our traditional wedding, I am still hiding from his wife; he still keeps me behind the scenes when in public places. He moved us to Karen, and is currently asking me to have another child for him. Why is he afraid of his first wife that has no child for him? Why? Is it not yet time for him to introduce me to his wife?

Few people in his family know me as his second wife, and he has kept this a secret. Why? I told him to make me public before having another child and he said things are not done that way. Will this man abandon me in the end? Presently I feel he's being so careful not to let people see us together. Even when his first wife had her birthday, he spent so much on her meaning he still loves her. I was there at the birthday with my daughter, but was hidden from the wife, because he specifically assigned a place for us to there. And after the party, he made a driver drop us home immediately, at first he didn't

want me to be around, but I persuaded him. I promised to behave myself. Will I continue to hide like this, for how long? Please advise me. I just need advise to know how to navigate this situation. Thank you in advance.

Answer: You agreed to a secretive arrangement and if your needs are being met, I would advise you, do not antagonize the first wife. Women who are barren often become permanently sick when their husbands marry other ladies. They are conscious always that their husbands do not love them since they have no child. They became asthmatic, battle with high blood pressure and other chronic diseases. Your man is just trying to cushion the wife of his youth from depression.

Be considerate enough and let her be. You also seem to be jealousy of her. You expect her husband to hate her and you are surprised he spent a lot on her during her birthday! What you are enjoying in terms of material things may have been the effort of the woman you want to be hated. Your man knows what they went through to amass such wealth.

Just a word of caution, she may be a legally married wife. Meaning your man is not allowed to marry another woman. That is why you were given a traditional wedding. If you come forcefully as a wife, the other woman may seek divorce. According to matrimonial property Act, the wealth they acquired together would be split between the two. A worse scenario is, to compensate for her barrenness, the man registered all his

property in the woman's name, to make her happy and feel wanted.

He may therefore be treading on shaky ground being careful not to upset her wife who can make away with everything. You should not have nursed thoughts of replacing the first wife. Do not entertain those thoughts that you should be loved more and she should be hated for her barrenness. God would fight her wars. You should have found your man and gotten married as the only wife. You are a mistress and not a wife, understand that and be humble. Stay secretive as you can, publicity is not important, let property be acquired in your name and the child's name. Own something for yourself and your generations, not public dramas.

2.73 Does marriage work after separation and one of the partner's moves on? My husband lives with another woman, he has been asking me to go back and live with him. He says he never decided to live with the woman; it is because I left him. I have been hesitating to go back and it seems he gave up on me since he has stayed for sometime without coming to implore me to go back. We have one kid together. I am confused. What's the wise decision to make? I presently live in a rental house with my kid. We are struggling with the meager income I have that I am forced to consider if this relationship

will work? I left him because of irresponsibility, cheating and drunkenness.

Answer: It would not be a good idea to return to your husband since you get an insignificant income that barely sustains you. If you left him because of irresponsibility, it means he was not taking care of your needs. If you left him because of cheating, he is still cheating. If you left him because of drunkenness, is he still drinking?

You could actually divorce him for cheating and he could pay you some alimony and child maintenance which would boost your income. It seems the problems that made you leave him are still there. Obtain legal separation or divorce and you would get paid child maintenance. Do not return to him just because you are desperate with life while he could maintain you.

2.74 My husband had another wife but he dumped her with a kid and we got married in holy matrimony (wedding). After years he has started talking to that woman and I felt disrespected, I even have evidence they met and I had told his mother and his brothers to talk to him to stop. But he stopped for a few months and I found out they were talking again. I felt so stressed because I have kids too and I worry about my

kids staying in a disloyal marriage. I have told his mother and brothers about it again and they have told me they will talk to him. Please what do I do?

Answer: If you husband had another wife and dumped her with the kid, chances are they never divorced. This means one of the two marriages is not legal. Her marriage would be a sham or your marriage would be phony. Or all the two marriages could be bogus. One has to properly divorce one to marry the other. In the event of divorce, they would have spelt out the maintenance paid to the divorced woman and child visitation rights to the husband. Since it seemed they never divorced, they never fell out completely; re-uniting can never be ruled out. Your man is a serial fornicator and he cannot let that chance pass by.

You should not worry much about the kids, worry about yourself, are you really married. Visit the registrar of persons and find out if your marriage certificate is valid. Whether you were married lawful or not, in the event you part with your man, apply legally for him to pay you children maintenance fees for your kids.

You should not allow stress to bog you down. You have no control on what happened, summon all the energy you can and move on cheerfully. Fast and meditate for at least one day per week to cope and also seek God's wisdom to direct you.

2.75 Am married for 5 years. I have one kid. All has been well until last month when my husband changed. In our marriage, we have been hustling to make both ends meet. By good luck, my husband got a permanent job through his cousin's connection in a company but far away from where we live. So we decided my son and I to remain behind for him to get used to the job, then we would close our medium size business and join him. After he had stayed for two weeks, we visited him, stayed with him for three days then returned home to our business. After a week he blacklisted my phone number.

Months later I received a message from a certain lady claiming to be my husband's wife. I was shocked! When I had settled late in the evening, I called her, instead she handed the phone over to my husband. I asked my husband about the lady but he just told me he was sorry.

Later, I explained to his parents, the parents tried talk to him. So his father told me we had to travel to where he was working. We found out that my husband was staying with a lady he barely knew for one month! What hurt me most was

that, he could not even remember the struggle we had gone through together ever since we got married. Kindly advice me.

Answer: If your marriage is civil marriage or true Christian marriage, your husband can never marry that lady unless he divorces you. He has no ground to divorce your since you are the aggrieved party.

If you are hurt and cannot forgive him, you have a valid ground of divorcing him. Divorcing him would however not remove him from your life for a long time. He will pay children maintenance fees and would have visitation rights to the children.

If your husband is repentant, instead of closing your business, shift the stock to his work area and continue the business there. It seems he does not know how to contain his vessel. You can only help him by staying with him. He just has to cut the relationship with the other lady, the other lady knew of your existence and you can reliably tell her you are not going to leave your husband. Instead, she should cut-off fornication and search for her own man. If you choose to forgive your husband, know human are to error and don't hold that mess against him.

2.76 My hubby is having an affair with a girl and he keeps spending on her. But if I ask him for money, he would pick a quarrel and even beat me. What do I do to separate them? The

girl is a neighbour's daughter who used to come to our house. Since she always looked emaciated and sick, I cooked and served her nutritious food hoping to improve her health. I only came to know recently my husband impregnated her and has rented a house for her. My husband has no respect to me, he is always beating me. I wish I had money to move out of this relationship. I am tired! Please give me any advice, what should I do please?

Answer: You could actually sue your husband for violence. Domestic violence is not allowed at all and is a criminal offence.

You could also seek separation due to domestic violence which is endangering your life. Separation means, you can reconcile later if your husband changes. If you separate, pray for him. It is his guilty conscience that is making him violent. He does not want to be reminded he is sinning.

You could divorce him for infidelity. Though it seems you have known for some time he had a lady and you continued to stay with him, pointing to the fact that you have already forgiven him. Divorce may necessitate division of the property you own, you being paid alimony and children maintenance fee if you have any. Your husband may be given child visitation rights, to visit his children if they are staying with you.

2.77 I met my husband when he was legally divorced. The divorced wife had one son who was ten years. We have two kids aged six years and two years. But my parents keep telling me I should put one leg outside the marriage. They say men always value the first wife, is that true? He paid my bride price but has yet to build me a house, though he was planning to start building in the coming month. Is it true he can leave me one day and go back to his first wife?

Answer: Listening to your parents' advice of putting one leg outside marriage is self-defeating. If you do not build your marriage with all your might it would crumble.

Biblically, a man is never to remarry a lady he divorced. It is like a dog going back to its vomit. God hates that and the union would not be blessed. However, first wives are esteemed in most parts of the world. God takes the lead in honouring first wives. He warned men of leaving first wives for younger women. He encourages men to rejoice with the wife of their youth. He discouraged divorcing first wives. He does not like it if first wives are divorced. He only permits first wives to be divorced on account of sexual immorality. Any other cause of divorce is not pleasing to him.

You have said your husband paid bride price. Then ensure he marries you legally. Forget about him building you a house.

Ensure he marries you as per the law and then the rest can follow. If you are married, you will have peace of mind and you don't have to worry of being divorced. Any intimation of divorce must be contested at a court of law and he must have a valid reason. You also become a determinant. If you don't want to divorce him, then he cannot divorce you!

2.78 When you notice your husband is never talking to the house girl, know they have a deal. They have just put a smokes screen before your eyes as a wife to conceal their intentions. Do not be naïve telling your lady friends, "my husband doesn't like interacting with house girls, he is the faithful kind"! You will realize late your maid sleeps with your husband.

Answer: We live at the age where morals have been flashed down the drain. Everyone thinks that all men will chase anything in a skirt. When Elijah thought he was the only one serving God at his time, God told him he had reserved 7,000 men who had never bowed to Baal. We must appreciate media would highlight mostly sensational happenings so as to get viewership and audience. As a result, it has been implanted in the minds of people it is immorality that rules. On the contrary, there are faithfully men scattered all over the world that respect boundaries and would not sleep with any other woman except their wives.

2.79 Instead of hiding your phone from your partner, why don't you just go and be with the person you secretly talk to.

Answer: Secret dating is rebellion to God and one's spouse. The concentration you should have given your spouse, you would be giving to someone else. If one is dating secretly he has to ask himself where that would lead to. Do they intend to marry the secret partner? Do they intend to commit adultery, fornication? If they commit adultery or fornication, even if one's spouse does not notice, are they aware they have sinned to God? It would not be easy for a person dating secretly to please God and live with the person he is dating due to the marriage covenant. But he is making the heart of the secret date sick for no reason. It is like dangling before one's eyes a bunch of grapes you would never allow him to eat.

2.80 I am very disappointed with my wife. This woman can actually kill me. Sometimes last year I impregnated a lady and I told her about it. She was upset and could not forgive me because she never expected that from me. In fact she promised me that she would do the same to see how I would feel. As I speak, my wife is two months pregnant with another man. She opened up, I felt it was a joke but it is not anymore. Am very confused and I don't know how to handle this one. She told

me that if she did not divorce me, I should not divorce her too but forgive her. Revenge has broken me. I need advice.

Answer: One good thing about your marriage is that you are communicating clearly. You do not hide issues from each other. If your wife is two months pregnant, the likelihood is you have already slept with her. Sleeping with a cheating spouse amounts to forgiveness, therefore, you cannot divorce her now. She might have been really pained. She was there for you, but you slept outside. The problem is both of you do not live by God's commands. If you knew God's statutes, you would not have committed adultery. If she knew God's decrees, she would not have revenged. God advises we should shun anger and revenge, vengeance is His, He is the one that repays.

That woman is not likely to kill you. It is only you are living by the worldly standards, both of you. It is like an eye for an eye is the best policy for the two of you. I suggest you start learning about God's requirements. What he says about husbands, what he says about wives. How you can live the life that pleases him. How you can bring up your children and how you can cope with any problem. Since you are good communicators, use that strength and I am sure you will both have the best marriage so far.

2.81 I am a legally married woman with no child and my marriage is 15 years old. I reside in Lagos. I am not the type of

woman that would monitor or interfere with my husband's affairs. My husband told me he was attending his secretary's wedding at Port Harcourt 4 years ago. I did not attend. The secretary being my husband staff, no alarm bells were raised in my mind. He went with some of his friends. Less than a year after the wedding the Secretary gave birth to twins. I went to visit her at home in Gbagada, Lagos with gifts for the new babies. When I asked for her husband I was told he is out of the country. I never knew I was being fooled.

December 22, last year, the Secretary gave birth to another baby in a private hospital where my immediate sister had been employed there less than 3 months as an accountant. It was my sister that witnessed everything and told me. The lady I thought was just a secretary is my husband's wife. The wedding the Secretary did in Port Harcourt then was between her and my husband. The twins she gave birth to then and the new baby she just gave birth to are my husband's children. The house I went to visit her in Gbagada was bought for her by my husband in addition to a saloon car. My husband didn't deny it when I confronted him.

His parents and siblings all knew about it. I did not know. I was in darkness for all those years. I am still in shock because all is still like a dream to me. I asked him of my offense to be punished that way but he said I did nothing wrong. Now I fully believe men are evil and their place is hell. Since the whole secret was exposed I have been mentally sick and disturbed. My heart is wild now. What should I do?

Answer: What you should do is forgive yourself, love yourself again. I know you are going through extreme pain. You can cope by fasting intermittently for three days in a week. This is by following a program in my book 'Never Get Weary or Weak'. We had many barren women in the Bible for example Sarah, Hannah and Rachael. Their husbands gave up on them. For instant Abraham had Hagar siring a son for him. Hanna's husband had Penina siring kids for him and Rachael had her sister Leah siring Kids for Jacob. Though these women were devastated by their plight, they never forsook God. Hanna is noted to have cried silently in the temple moving only her lips that Eli thought she was drunk.

By fasting partially and meditating for three days in a week, you would cope with your pain and you would also draw near to God. And who knows? You could become pregnant notwithstanding that you have been barren for 15 years. Do not be bitter with yourself or your husband. You well know how African cultures

value children. Your husband was under pressure to have children, especially from her folks. He must have told them he loves you and cannot leave you. They advised him he does not need to leave you but can marry secretly.

He thought that was a good idea as he wanted to protect you from trauma. Her secretary who knows you agreed to the secret. The rest is history and since nothing under the sun is hidden forever, by chance you stumbled on truth.

What you need now is to maintain your sanity. I had an aunt who was barren. But my uncle openly married a second wife. Though he respected my aunt and gave her more privileges than the second wife, she became permanently sick. She became asthmatic. She had high blood pressure and had frequent heart attacks. That is not isolated to her alone; I have seen many barren women getting sick whenever their husbands marry another wife to give them children. Perhaps their bitterness, denial and not accepting their husbands still loves them is what works against them. This does not only destroy their immune system but kills their relationship with God who would have otherwise given them their miracle. Sarah, Hanna and Rachael received their miracles and anyone can receive hers even in the present age.

2.82 My husband and I have different cars, but we can still borrow each other's car and run errands. But for 3 years now,

he hardly feels comfortable when I use his car. So last year January he bought a new car and gave me his old car and told me that I should stay off his new car. I didn't read the meaning of this thing until I overheard our apprentice boys over the kitchen window, discussing how they see used condoms inside my husband's new car whenever they wash it. I didn't believe till I saw them myself last week. He came back drunk last week and was so soaked in alcohol and he slept off. I went to his car and I saw a lot. Condoms and even G strings pants with labels still on them. I saw some empty antibiotics medication, and that took me back to the test I had last 5 months when I was having rashes on my private, and it became so sore.

I started asking myself how I got that infection because I have never ever cheated on my husband. I saw 2 Samsung phones, and I switched on one and read messages that gave me a heart attack. Even that day he came back drunk, he had slept with somebody's wife and the woman was telling him that she didn't get enough of him, that she would want them to spend the whole of next Saturday together, that she had been invited

to a wedding and would use that as an excuse to be away from her husband. He is sleeping with almost seven married women. How do I handle this? We have 2 boys. My husband is 48 years old, and I am 40 years old. Our marriage is 14 years old.

Answer: What you can do depends on whether you want to forgive your husband or not. It is also dependant on whether he is repentant or not.

If you want to forgive your husband who is repentant, study the bible together. Let him appreciate that sexual immorality is sin against you and God. Let him also know the husband of a cheating wife is never forgiving. If any comes to know who is poking their wife's wares, they will be intent on revenging with disastrous results. After he has appreciated it is blessed to obey God and contain his vessel as regards immorality, you can live in peace and continue raising your kids.

Forgiving him may entail separating for a period of time so that he works on his character and prove he has really changed. If he does not change, you may divorce him. If he changes, you should reconcile and start living together again.

If you decide you do not what to forgive him, you would seek divorce. This has to be contested in a court of law where, it would determine who takes custody of the children. If you take custody he will pay you children maintenances fee. He may also

have to pay you some alimony. According to Matrimonial Property Act, your properties would also be split amongst the two of you.

2.83 What should I do when I go to sleep but my husband remains in the sitting room chatting on phone? I happened one day to wake up at midnight and found he was still chatting while having stripped naked, he was only in under clothing and he had no hurry of going to sleep. Is this an insult or I should also play the game he is playing since I can do it better than him?

Answer: It is not good to assume all chatting on phone is cheating. Unfortunately with the age of electronics, some bosses follow their employees to their homes. The most notorious application is Whatsapp. An office Whatsapp group may see co-workers chatting and discussing work related problems beyond midnight.

As most men like sleeping half naked, perhaps your husband was preparing to sleep but the messages he had to attend to kept popping on his phone screen.

Before you do anything stupid, ask him why he has been chatting non-stop. Advise him, if it was office related, to switch

off his data or internet so that no one disturbs him when he is at home. If he gives an impression he can work even when at home, his bosses will get the cue and would call upon him to answer work related issues anytime.

It is unlikely your husband will chat so openly when he is cheating. Cheating spouses always conceal their intentions. Unless you know he is cheating, he disrespects you and wants to spite you, he cannot cheat openly.

2.84 What do you think about finding your husband's intimate photos on his gallery and if you ask him he tells you he was shaving so he wanted to see if he has shaved well? About shaving it's true he had shaved but why not use our bathroom mirror to see if he has shaved well? Does a man erect when shaving because the photos show him that way? The photos he photographed himself on our bed.

Answer: Do not read much in innocent gestures. Some men are autosexual and when they admire themselves the manhood hardens. Perhaps he feels better to record the moment so that he can always look at himself when he is stressed and smile. A mirror does not record. You better tactfully ask him this question you have asked me and find out his views. The action might be quite innocent.

2.85 I just found out that my husband is cheating on me with his former girlfriend who is also married, and he is unapologetic saying that the woman is his soul mate. They can never leave each other. I even threatened to report the lady to her husband but my husband said I should go ahead and report that I am only making it easy for them; he also said that he is waiting for the husband to send her away so he can marry her. I asked if I had offended him in anyway and he said I didn't offend him that he and his ex loved each other but got separated by their parents. Please what should I do?

Answer: Infidelity is allowable ground for divorce both legally and biblically. He might have said you should go ahead and report the lady to her husband as he is waiting for her to be divorced out of anger and guilt. Test if he is serious by seeking legal separation. Separation gives room for the two of you to reconcile if your husband becomes apologetic. If he still holds guns that he wants to marry his ex, there is no need in staying in a loveless marriage. Divorce him and start a fresh.

If you have children the court will determine who takes custody of them. If you are the one, your husband will pay you alimony and maintenance of the kids. The property you own may also be divided between the two of you according to Matrimonial Property Act.

Chapter 3

Couples Asking About Children

3.28 In 2019, I conceived twin girls but their dad disowned them outrightly when I told him I was pregnant. When I was four months pregnant there is a guy who became very supportive to me and made everyone including both our parents believed the girls I bore were his. Immediately after I had delivered he negotiated bride price but he did not pay. I lived in one county and he lived in another county since our jobs separated us. But sometimes last year, my mother-in-law refused to talk to me though I had not fallen out with her. I asked the man sometimes why his mother does not talk to me and she was treating me

like a stranger all-over sudden and he said he did not know. I got a better job in Kisumu and I took it. From that time, none of my guy's family talked to me including the guy himself. As I was still pondering about it, I got a text that I should pick my kids and my personal effects from the guys home. I went to pick them without hesitating. I do not know who packed them for me because the guy was at work. Now my kids keep pestering me they want to see their dad. But that is not the problem. The major problem is that their birth certificates appear in the guy's name. How do I go about changing them?

Answer: You can change the name by applying to the registrar of births and deaths within two years of birth. After two years a parent or a guardian can only change the child's name through a document called a Deed poll.

Application should be made to the department of civil registration under the ministry of interior government at the district or sub-county offices where the birth was registered

If your application of birth certificate was done in Nairobi you can amend the name online on e-citizen provided a child is less than two years. For children above two years, name changing on birth certificate is limited to correction of spelling mistakes or addition of an extra name.

You need the following Documents to change the name; birth notification, copy of identification document, copy of the father's identification document, copy of the mother's identification

document, completed application form, payment receipt and copy of the birth certificate to be amended.

3.29 I am married and having no child with my husband, but I had 2 girls before I got married. He does not have a child. My problem is that I have trust issues when it comes to men. When my husband is around my girls, I get scared. I have seen and read a lot of issues where girls are defiled by their step fathers. My husband loves my kids, that I don't to complain, but I still can't leave him in the same house with my youngest daughter. He has started noticing these moves and I really feel it will affect my marriage. I sent the older girl to live with my sister and we are supporting her from there, how can I protect my kids without him noticing?

Answer: If you want to protect your kids you have to get the man involved. Try to trust the man that accepted you with two kids when the man or men that gave you the two kids could not. It is said unless God protects the house, guards guard it in vain. You are the one supposed to bring up your own children and raise them up morally and spiritual upright. The rest you leave to God and you should always pray for them.

You have taken the elder kid to your sister. Is your sister not married? Does your sister have men or a boyfriend? What if your sister's husband or boyfriend defiled your child? It is more likely your kid can be defiled when she is living with your sister

than when she living with you. Your sister's obligation to the child is limited to providing food to her. A child needs guidance, emotional support and spiritual advice. No one can provide that enthusiastically like a parent.

Kids need to be taught about how to navigate around sex predators. Not removing them from imaginary sex predators and taking them to an imaginary safe haven! The one you think will exploit your kid sexually may not, and where you think your kids are safe, that is where they may be violated. But if you had taught them tactics to wade off sex predators, they can take care of themselves wherever they are.

3.30 I have 2 kids, a 3 year girl and 9 year boy. I need to change both the middle names on their birth certificates. This is very urgent for reasons best known to me. How can I go about it?

Answer: You can change the name by applying to the registrar of births and deaths within two years of birth. After two years a parent or a guardian can only change the child's name through a document called a Deed poll.

For children above two years, name changing on birth certificate is limited to correction of spelling mistakes or addition of an extra name, unless you obtain the deed poll

You need the following Documents to change the name; birth notification, copy of identification document, copy of the father's

identification document, copy of the mother's identification document, completed application form, payment receipt and copy of the birth certificate to be amended.

3.31 Hello. I've been married as a second wife for three years now and I got into the marriage with a daughter. I don't like having children so from day one I told my husband I won't bear him children and he said he's okay with it since the first wife has 5 children. But lately I feel like I'm being unfair to him and he deserves to have my child. Though I'm not ready and I don't think I'll ever be ready. I fear having children. Kindly advice.

Answer: If your husband is okay with you not having children and you are not prepared physiologically to have children then there is no need to get troubled. Women choose not to have children for reasons better known to them. The most leading reason is their economic status. Everyone would like to give their kids the best. Therefore, they would balance their resources and the numbers of children. Other women would not like to have children so as not to pass to them generational diseases, like when both parents can have a sickle celled anemic kid.

Given that your husband has five children, he is under no pressure to have children. Marriage is always between two

people that love each other. Children are just by-products of marriage. With or without children couples should be happy.

The only problem you have is your child inheriting your husband's property in case he dies intestate or in case you do not register what you acquired in your name. But you did not raise that issue, I hope you will consult the law of succession and see if you are comfortable.

3.32 What can one do when a wife decides to have only one child? Her reason is that she does not want Caesarian section again. She tells me that if I want another child I should get it outside marriage or marry another wife.

Answer: If one has a health problem and caesarian section was done to save both the mother and the child, I do not see the reason why you should endanger her life. Most couples negotiate the number of children to have during courtship and I am sure you settled on that. In as much most couples expect to have children in their marriage, they married not because of children but because they loved each other. Therefore any marriage has to endure regardless of whether the couples have children or not.

If her decision is reasonable in the prevailing circumstances, support her and live with it. If your marriage to her supports only monogamy, that's a thorn in flesh you have to live with.

Everyone has an enduring challenge to deal with. There are many children suffering outside there, you could adopt some and put a smile on their face by caring for them.

If your marriage to her supports polygamy, then as she advised you, marry another wife and have your children.

3.33 Before I married my wife, there is this guy who used to visit her relative frequently. She used to stay with the relative. I'm confused if the first son we are having is mine or guy's; because he doesn't resemble me much and carries some resemblance with the said guy. Kindly advice me as I am contemplating doing a DNA test on my son secretly.

Answer: Ask yourself first, what would be goal of carrying out a DNA test? To disown the child? To divorce the mother? Infidelity is a valid ground for divorcing an errant spouse both biblically and according to the law. But you cannot divorce someone you suspect is cheating or actually know is cheating and you have been copulating. Copulation means you had forgiven her and therefore rule out the thought of divorcing her in your mind. After taking care of the child for such long why disown it?

DNA tests whether taken openly or secretly destroys completely the trust among couples regardless of the results. Your partner will know you have been suspecting her and don't trust her. It would be better if you asked her about your reservations. In

addition, there is nothing wrong taking care of the child. People adopt children and assist the less fortunate kids. And since you are only suspecting, the child could be actually yours.

3.34 I need very sober advice. My brother has two wives and five children. The firstborn is 12 years old. Recently I was chitchatting with my sister. I wanted her to give the phone to the 12yrs old kid. She told me she was not around. She had gone to buy vegetables and in the course of the chat, I was told her mother left one month ago leaving the kid to take care of the other children. To be sincere I have not recovered from that shock of a mother forsaking her children and leaving them under the care of another toddler. If my mother could be alive, they could have stayed with her. I am not financially stable, I am pained, and I wish I could step in and help the innocent kids. I have been made to understand that my brother does not care how the kids would survive; he has camped at the second wife's house. What step can I take to help these kids? I personally went through fire when my mum passed on, but this woman chose to leave behind her kids! I thought of the following:

- 1: Take the kids to children's home
- 2: Take legal action against my brother and his wife
- 3: If possible look for a sponsorship for the 5 kids.

Help me with a long term solution please.

Answer: Report the parents. Children have a right to be taken care of by their parents till they reach the age of majority. Let not other peoples' burden trouble you. You can only be troubled when the kids are orphans. The law would compel parents to take care of their children.

3.35 My son is 5 years old and has sickle celled anemia which has deformed his arms and legs; he cannot hold anything or can he walk. I am trying my best to get him medication but honestly it's away too expensive, at this time I feel like I want to give up on him. Please don't judge me, we are always in and out of hospital every moment, I can't afford "good medication" for him and I am struggling to feed him and his other siblings too

I can see his pain, from his eyes since he cannot even talk; I have just been through a lot with him

I feel numb, I feel so exhausted, and I even don't know how to express this. Do you think it would be wrong if I help my son rest? Please don't judge me am trying but he has lots of pain I can't give him anything better, I have really tried but his pain is way too much, I feel it deep inside me. I have thought about this for almost a year, the doctor

suggested this to me but I was mad, I am realizing it is the best option for him now.

Answer: There is a lot of debate on this issue. Some countries have enacted laws that permit parents to decide on eliminating a terminally suffering kid. Yet most are not comfortable with this law. Others believe a terminally ill kid can be made well by a miracle from God. Still there is contention that a terminally ill child should be left to die naturally as only God can take its life. Whatever you wish to do consult the laws of your country, listen to doctor's advice, weigh it with your conscience and see what do.

3.36 I was just resting today then my husband, a man, a woman and a kid entered the house. Next my husband called me to join him in the bedroom. In the bedroom, he told me the visitors I had just seen, would stay in our house for some time as they were seeking their own house to rent. He then told me to prepare something for them to put down their throats. Curiously I asked who they were. He just answered me bluntly, 'I have told you many times I have a son, that is him, his wife and his kid'. I was annoyed, why didn't he tell me they were coming? I felt disrespected!

Answer: Sometimes strange things happen and you cannot be prepared for everything. It was a big oversight for your husband not to inform you of the visitors. But get over it and welcome

them cheerful as they are temporary visitors who are not staying long. Be enthusiastic welcoming visitors. Some people who like welcoming others have actually welcomed angels. That family would remember your good gestures and they would be of great help when you need it most.

3.37 I had been married and blessed with one kid (a baby girl). My husband kicked me out of his house with my eight months old baby. I tried looking for work but it was impossible because my young baby needed my attention. I tried reaching out to him for financial support but he refused saying that he would be buying things that the baby needs. Well my issue is that since I'm the one taking care of the baby, why can't he support her baby financially, how will he know what the kid wants every single time?

Answer: If you are legally married, you cannot be kicked as a dog! You could sue that man for violence, if you forgave him, separate legally and he will pay you maintenance fee. If your fall out qualifies for divorce, upon being divorced, he would pay you alimony, maintenance for the kid and your matrimonial property distributed among the two of you per the law,

If you were just cohabiting, he still would pay you child maintenance fee if you take him to the children's court.

3.38 I was married but we separated. I have one son so recently I got a man and married again. But my son does not like him. He is not okay that I remarried. The relationship between my son and my new husband is frosty, what do I do?

Answer: If you separated you cannot marry any other man till you divorce the first one. If you were cohabiting with the first one, then you are co-habiting with the second one. Let the second one marry you properly and your marriage won't break easily just by 'separation'.

As for the boy teach him to accept authority, by accepting your husband as his step-parent it will show he has grown up in his thinking. His step-dad is carrying out the responsibilities of his blood parent and it is justifiable that he respects him.

Understand also your son had to relinquish his post as the only man in the house, a position now occupied by his step-father. Advice your son to stop dwelling on the past but be willing to share with you, your husband.

Tell your son, **better is the end afterward of a matter than its beginning. Better is one who is patient than one who is haughty in spirit.** So instead of him being overly concerned about whether his step-dad can replace his father, let him try to see if he is striving to meet his needs. If he feels that some of his needs are not being met, let him always tell you and meet them for him. Normally, several years are needed before trust develops to the point where your son and his step-dad feel at ease with each other. So be patient! Do not expect that your son will develop instant love for your new man.

3.39 I think it not good gossiping in the presence of children especially about family members. Parents should deal with their issues personally without recruiting innocent children. Gossiping promotes bitterness, hatred and jealousy that continue from generation to generation! Let love lead in families or what do you say?

Answer: Sometimes it is important to tell kids openly to be careful of dangerous and hateful relatives. But you cannot tell the children to sit down and you start bad mouthing someone! The only way to pass such information is through the grapevine. The goal is to make their life easy. Do not let them learn by experience, it may be too late. Little talks, some gossiping are what unite the family. Parent can take precaution to gossip on only true things, they should not gossip on unverified stories.

3.40 I need some practical advice on raising a boy or boys in my house as a mother.

Answer: Raising boys is not different from raising girls. The fundamental thing is that the boy should respect you and other older person. Make him to frequently meet with male parents from your church and your relatives. This will make him appreciate both sexes.

3.41 For single parents; parenting a baby boy or a baby girl, which is more difficult?

Answer: If the parent is a male, the girl is difficult and if the parent is a female the boy is difficult. This is because if a girl is raised by a man, she may be free with all men who may take advantage of her for ill intentions. Conversely if a male child is free with her mother, he may not love another woman as no other woman may replace his mother. However, single parents may take advantage of church and family gathering so that their children interact with parents of the opposite sex and thus grow to be all round up.

3.42 Never hide your child for the sake of being in a relationship. If he can't accept your child, let him go.

Answer: Couples need to be open about past obligation that may affect their marriage. Children have a right to be taken care of by their parents and therefore, they cannot be hidden.

3.43 My wife has been unable to conceive for the last 4 years. She is accusing me of siring children outside our marriage. Whenever we have a misunderstanding that doesn't even relate to her having a child, she tells me that I hate her just because she hasn't given me a child. What

should I do because I have even consulted a doctor and the doctor has confirmed that I can sire twins because my sperm count is high?

Answer: It is apparent you are a hideous and not an open person. Your wife feels insecure since she senses you are secretive. You should not have done fertility test alone. If you love your wife, both of you should have visited a doctor. You should know what is making her barren. Four years is not a long time, some women have actually conceived and given birth after 10 plus years.

You are distancing from her because she cannot conceive and that amounts to hate. Your tone also shows you want someone to encourage you to commit adultery. You have not tried; you have not exhausted all avenues to help your wife get pregnant. Be close to her, love her and help her conceive.

3.44 How do I cope with a woman who always keeps on reminding me that if it were not for our kids she would have deserted me a long time ago?

Answer: Try to be more loving to such a woman. She has no intention of going anywhere. She is only feeling insecure with you and wants assurance you love her. If you have ever heard that a barking dog does not bite, then read between the lines and understand that you are neglecting that woman. Don't think of coping; be close to her, start being more loving.

3.45 I got married with my son who I had before this marriage and he's 13 years old. I have another son with my husband and he is 2 years old. My husband is treating both kids equally but there's a problem, my mother-in-law is requesting to take our 13 year old to stay with her upcountry and I am against it. My son doesn't like the idea but my husband is insisting that he has even found a good school for him there because Nairobi schools are bad and my son will learn bad manners. I fear they might start mistreating my son when he at up-country. My husband is currently upset with me saying I am disobeying him, what should I do?

Answer: The idea seems to originate from your husband. He is only using his mother to communicate to you. In fact he is the one that had found a school for him. He has even expressed his anger to you for disobeying him. You need to square off with your husband whether he hates your son. He is actually trying to get rid of him.

Your son is at a critical age where he needs your utmost guidance. If you can take care of the child with your own means, refuse to send him away. Advise your son to lie low, in addition, he should avoid stepping on your husband's toes by any means possible. A child's first models are his parents. The child can only learn bad manners if you fail to inculcate good principles in him. He would thus find another place to learn his own principles,

and they would not be what you like. The bad habits can be acquired whether he is in Nairobi or he is at upcountry.

Grandparents are lenient and I don't expect them to discipline and advise their grandchildren. So sending your child upcountry is putting him straight on the road to hell. Given that he has already disliked the idea, if you force him to go; he would do everything out of rebellion. He will deliberately do the wrong things to spite you and your man.

3.46 Please tell me what is wrong with my son (22 years old) hugging me? My son came last night from his aunt's place in Nanyuki and came straight to the kitchen and hugged me then went to the sitting room and greeted his father (our younger ones were sleeping). At night when we went to bed, my husband found it an issue; he reprimanded me saying I am teaching stupidity to our son. He went on almost the whole night referring to my son as a fool and I just decided to overlook him. Make me understand what is wrong with a son hugging his mother?

Answer: It is good to respect cultures of different places. Understand you are an African and do not ape western culture alone. If you like some western aspects, drag your husband along, don't go alone, it would only hurt you.

In Africa, a mature child was expected to keep a healthy distance from his mother. After circumcision, he was never to enter his mother's hut for any reason or be found in his mother's kitchen. A circumcised person was considered a mature person

and could have sex and marry. The distance between mother and son was to discourage them having sex.

Therefore your husband is justified to accuse you of teaching your son stupidity. If you and your husband were on the same page about a son hugging you, he would not have found it an issue. But you are aware of a Nigerian mother who married her son. She argued that she single handedly brought up and educated him. She could not bear the thought of another woman benefiting from her sweat. We also have many cases of children sleeping with their mothers. Hugging may be an innocent act and it has to remain as such.

However, hugging is not an innocent act to single African mothers or African wives married to autocratic men. It has led to sex between mother and child. King Solomon advised sons to keep their father's command and not to forsake their mother's instructions. This implies there must be consensus or conformity in the teachings parents impart to their kids. If there is a divergency in what you are teaching and what your man wants. That is dangerous.

Remember king Solomon also said a wise son brings joy to his father but a foolish son brings grief to his mother. Therefore do not ignore his father's reservation. He may be cursing the son to be stupid, if you do not help him or avoid hugging your son so that he considers him wise, your son may actually be foolish and bring grief to you.

3.47 My daughter is 22 and she moved to a little bed sitter house and we financed her because she just got a job and we wanted to give her time to enjoy her pay so we decided to furnish her house a little bit, now I heard there's a guy staying with her though I am not sure if he's staying with her permanently and my husband (her step-dad) is going ballistic about it and has told me to investigate if it's true she is staying with a man, as he will go there to evict him. He said that he is fleecing our daughter of her money. I have told him that's normal in that age but he doesn't want to listen.

Answer: Her step-dad is more caring to his step-daughter than you. The girl child is given more freedom if she can contain her vessel and keep men at the bay till she is married. A lady, who brings a man to stay with her like your daughter at the slightest taste of freedom, needs to commute to work from home. She needs to be restricted. You are lucky your man accepted you with a child, but that does not mean your child should follow your footsteps. Make her get it right the first time! It is expected the experience parents have, should help their kids find life easier.

Her step-dad's sense of discipline is expressions of his love to his step-child and his concern for her. Parents discipline the kids they love. Your lenience and condoning sexual immorality shows you do not truly love your child.

I support her step-dad since it is the divine obligation of men to provide and take care of their families. Your daughter by allowing a man to stay with her is giving a different impression. It means she can take care of a man, and aptly like your husband said, that man is a parasite. He is good for nothing man. Since you decided to leave a lot of disposable money to your daughter and she decided to spend it on a man, it reveals a weakness. She cannot manage her finances, she was not taught about saving and growing assets. Obey your husband, let him not chase the man but bring the girl to stay at home, let her commute from home to work. She has abused the freedom you gave her.

In songs of Solomon, the brothers of the Shulammite lady asked, “we have a young sister, and her breasts are still small. What will we do for her when a young man comes courting?” They answer their own question by saying, “If she is a wall, we will build her a silver tower. But if she is a gate, we will protect her with panels of cedar”.

In simple language the account meant that when their sister had full grown up breasts, men would automatically try to entice her to fornicate. Being a wall meant she would not give in to their advances, instead she would keep them off just as it is hard to pull a wall down. Being a door meant she would be flattered by their words and would smile from ear to ear encouraging them on. If the Shulammite lady did not entertain the young men’s

nonsense, the brothers would give her more freedom, building a tower for her was elevating her so she could see anybody passing below, and that meant the lady had a lot of liberty.

On the other hand, if she was a door, because they feared she could sleep with men at any time. They would deny her freedom. She would be confined at home, and her freedom to meet people restricted. That is, protecting her with panels of cedar or building a fence around her, like a paddocked cow, she could only graze within the fence.

3.48 I have 14 year old boy still bed wetting, what could be the problem?

Your child could have a medical condition called Enuresis. It is believed by doctors that the causes of Enuresis to be:

1. Hormonal problems - antidiuretic hormone cause normal people to make less urine at night. Those that have enuresis therefore mean that their body does not produce adequate antidiuretic hormone and thus they make a lot of urine at night.
2. Genetics - genes cause enuresis. It is thus hereditary. Persons with enuresis often have a parent that had the same issue at the same age with the person.
3. Sleep disorders - some teens sleep so soundly that they cannot wake up to pee.
4. Drinking coffee - caffeine causes one to produce more urine.

5. Medical conditions - diabetes, urinary tract abnormalities and infections and constipation induces more urine production.

6. Psychological problems - stress can increase urine production.

Treatment and management of enuresis involves managing what one eats before sleeping, using bed wetting alarms, wearing nappies before sleep and imagining oneself dry or will not urinate. Doctors are better placed to diagnose your child's problem and treat him.

Chapter 4

Couples are asking about Parents and in-laws.

4.30 I am 28 years old. I was married but we separated with the guy due to cheating, physical violence and tribal issues. I raised the child alone from pregnancy till she was 5 years old. When my child was 5 years and 4 months, she was taken by her dad. She used to get sick frequently and my in-laws said they could not leave their blood with me. She is currently being brought-up by her paternal grandmother. I used to send 10k every month for my child's maintenance. I noted that whenever I talked to my daughter over phone, someone was always in the background telling her what to say and what to ask for. So I realized there was no point of calling her. Last year's Christmas, I wanted the child to visit her maternal grandmother. I used my sister as the middle person but her paternal grandparents started issues. They claimed the kid was fat and they did not want her to return back thin. Then they protested they did not want to release her. They only gave up holding unto her because she became sick and they had no money to take her to the hospital. So upon being treated like this, I swore never to send money or call them. I made peace with myself and moved on. In March the grandfather started calling telling me and telling me to remember I had a child, so I should send money. I told him I did not have a job

and hang up on him. My question is why do they feel the pain when I don't send money yet their son never sent me anything when I was raising that child alone. Why can't I be a deadbeat mother in peace since I know my daughter will be chased one day?

Answer: You should legalize the separation. Then a court of law would determine who takes custody of the girl, the man or you. It has been the norm that the wife takes custody of the kids. Then the man has to pay her maintenance fees and is also afforded visitation rights. Since your separation is not official, you are under no obligation to give anybody your money.

Strive to get custody of your child; grandparents are lenient so they do not discipline a child. Other than waiting for her to be chased, apply to the children's Court to have custody of the child on grounds that the father deserted the child – the child is being brought up by grandparents. The father will pay you child maintenance fee if you are successful. Children should be brought up by parents or a parent not grandparents.

4.31 I just wants to know if am normal. When my father passed away, I tried to force crocodile tears but in vain, during his burial, many people asked me to cry like my relatives but no tears would come out even after putting lemon juice in my eyes. Do you think I was the witch that day; yes this man has been there when I was growing up. But all I can remember about him is he never loved me. He never wanted anything

good to come out of me. He would criticize me in front of his friends, he would come to school and tell the teachers all the bad things about me (a concerned teacher once called me and told me all), in fact he influenced every creature that dared to listen to hate me, and that's how most of my relatives and siblings (we are eight of us) managed to dislike me.

Whenever I visited home and had plans of sleeping over, I was sure that he would start some trouble and sincerely it was always like that. He was extra toxic, extra bad and extra I don't know what. I remember after my form four I would look for ways in which I would remove his name as my surname. And still today I look forward to removing that name because whenever I hear it I remember him and I feel irritated, bad, anxious, and angry. The irony here is when he was alive I was always bitter, the mention of his name would drive me to anger. But you see that day, that day I heard the news he had passed away 20 minutes ago, believe me, for once I felt at peace and was happy. For once I couldn't remember what he made me go through; for once I felt I had forgiven him. It was like something was lifted off my shoulders, the relief? Am I normal?

Answer: Since the resentment has grown over time, you are quite normal. But you have not forgiven him. You need to forgive your enemies. Instead of cursing, bless them. If they are hungry feed them. Let vengeance remain God's.

4.32 I wonder why ladies think when we marry them we are marrying them together with their families. I went and paid bride price, though I have not yet completed it as per the agreed amount. But why should I pay her siblings' school fees, her brother's business project, her father's hospital bills (which they have been paying for 7 years up to now) I am surprised!

Answer: Nobody forced you to take care of your in-laws. Naturally each spouse has to take care of his/her parents. But since you are one with your wife, out of good heart she may assist you. Likewise you may also assist her.

4.33 Imagine my wife told me to choose between her and my mother. She wanted me to take her out but unfortunately my mother called me and wanted me to go home, I told my wife to postpone the day out to another day since my mother had called me and I wanted to go and hear what she wanted to tell me. My wife responded that if I was going to see her, I should choose between my mother and her. I chose my mother and left her crying since I could get another wife but I cannot get another mother. She called me and said she needed divorce. I replied that there was no need for divorce. She could take everything she wanted, and that is how I became single. But my question is, why did the lady lack respect to me when it came to my parents? On my

part, even if you are not my real parents I would respect you like my parents.

Answer: It would have been a good idea to visit your mother in the company of your wife. But a good wife should never give one such condition like choosing between her and your mother. She should know your mother is her mother and disrespecting her is disrespecting God.

Also understand the object of you two falling out does not qualify to be a reason for divorce. If such divorce is contested in a court of law, it would fail. Forgive her for her weakness, since you have not divorced her, go seek her and live with her. She is still your wife, you might have neglected her and she was just emotional

4.34 I got married with my young child and I love and respect my husband and have got another child with him. My first child's father lives in UK and he is coming to Kenya first week of July and he is aware I am married but wants to see his child. I was planning to tell my husband but his sister who we're very close and she knows my baby Daddy too from years ago told me my husband (her brother) will definitely refuse so she has told me to tell my husband I would visit her on that week. Then I can go and see my baby's father but she has told

me to give her something small (money) which I have agreed. Do you think his sister might betray me later?

Answer: It is unfortunate that you decided to cheat on the man that married you when the first one was dill-dallying or was not serious. It does not matter whether your husband's sister betrays you or not. Understand adultery is sin to yourself and God. Your first man needs to contest of having visitation rights to his kid at the court of law. He should also pay maintenance fees for the kid. Since he knows you are married, he should at least respect your husband.

You admit you are paying your husband's sister money to hook you with your former boyfriend. What you do not know is you have opened a vicious trap of blackmail. Your sister-in-law would always be demanding money from you to keep the secret. You have also never heard blood is thicker than water? But since you have decided to run like a headless chicken, all the best.

4.35 We both have parents, only mothers currently. I used to send my mother in-law cash every month. She is so good to me that I can't complain, no one is perfect anyway. I would buy goodies whenever I would go home, in fact I found her without a phone and decided to buy one for her. Never mind that she has kids who could buy her one. Now my problem is this, my man has never given my mom a single coin. He

has a good salary. But last month I requested him if he could send my mom 1k because she had an emergency and I had not received my Salary. He did as I had requested but later on demanded that I should repay him the money. He always demands I send his mother something anytime I get salary; I do without asking him to repay me. Now tell me, is this not being selfish on his side? I've also decided not to be sending anything to his mother and everyone to take care of his/her mother! I'm I being petty? Yesterday he complained that it has been two months and I have not sent something to his mother. He opines that it is his mother who will bless our family if we keep her in good mood.

Answer: Each parent has to be taken care of by his/her blood child. Your mother-in-law cannot bless you, but can bless your kids. Even so, the kids must be doing the right thing to qualify for the blessing.

4.36 How do you handle a nagging mom? Every time we're on phone, she would say she is sickly but when we tell her to go to the hospital she does not do so. It pains since we send her money and pay her health insurance premiums on time. But when we happen to visit her personally she's very okay!

Answer: Actually she may be sickly. You are not a doctor to judge if she is okay! There are other sicknesses like body inflammation that no one can see; it is only the owner that feels the pain. Missing you may make her sick. Your presence rejuvenates her. She is not even nagging. She has not asked for

this and that. She has not blackmailed you to do this and that. All she is asking is attention from you. Call her regularly and encourage her. Visit her as often as you can.

4.37 I need help; I've been married for 2 years. Lately my mother-in-law has been putting things in my husband's head. She has been brainwashing him or something. Whenever he dreams about anything he calls his mom and the dream is interpreted in ways that even scares me. Presently, he calls himself a prophet; that whatever he dreams about has to happen even if it will take time. I just don't like it, because I feel like my mother-in-law whom I love so much is putting things in my husband's head. Telling him he was named after a prophet and so whatever he dreams of will come to pass, of which some of them are very weird and bad, I'm scared.

She has even advised him to be applying salt on his body to protect him from bad people. I really find it weird because I believe in prayers. I'm really bothered by what he's doing.

My husband is a decent and learned man; I just fear confronting him and telling him I don't like all these narratives her mother is talking about.

Please advise...

Answer: You should have carried out a background survey before you married your man. Did you involve your parents? It does not matter whether your husband is educated or not. In families that believe in witchcraft, education does not alter their mindset.

What you have to do now is to be vigilant in prayer, pray for your husband and pray for your mother-in-law. Pray for protection, pray for deliverance of all of you.

Chapter 5

Couples are asking about Communication in marriage.

5.58 I got married to my husband 6 years ago. He is a good man in terms of responsibilities, but he is not open. He does some private business that I know nothing of. He does not allow me to touch his phone even if it is for the flashlight. He does not involve me in any of his plans. I really want to be part of him. Presently I feel completely inhibited from him. If we get in any disagreement, he can take days just to say sorry. I feel that he is emotionally torturing me. Most of the time, I feel depressed. Kindly help me, how do I go about this?

Answer: One of the criteria for a woman to choose a husband is to determine whether he earns a living or has potential to earn a living. If he is earning a living, you look at the sustainability of the means of earning the living assuming all factors remain constant. For instance if your mate inherited property; does he have ability to multiply it or keep them as an inheritance to his grandchildren. If you perceive the man would squander the property, however lavishly he is living at his present life, you do not choose to marry him. You reject him for a more responsible person.

On the other hand if you date a man not having a form of living but he has developed a talent he can monetize or has learned some trade and you see he is ambitious enough to achieve his

dreams. You would marry that person. Courtship is a vital period since everyone is open and trying to please each other. You get to know the talents, skills and knowledge of one's mate. You also know ones likes and what one hates. It is unfortunate you did not know of your husband's work. If you had not asked on the onset, it is difficult to ask now. You said you wanted to be part of him. If for six years you have not shown him concern to know what he does for a living, then you lie. You are not concerned about him provided he provides. For that reason he cannot open up to you.

What you can do is respect him. Please him. Show concern by asking how his job was whenever he comes home. Ask him his greatest challenge at the job. Feed him the grapevine in your area. Strike those little talks with him. It does not matter whether he talks or not, be the one talking. He will open up to you. No man is strong enough to keep a secret from the woman they love. Samson was unable to keep his from Delilah. You are not trying. You are the one torturing yourself.

5.59 How do you keep up with a Quiet man? My husband never talks in his own house. He cannot initiate even a simple discussion.

Answer: You don't have to give him the taste of his medicine. Keep talking, feed him the grape vine. There is a couple who had such man and when we asked him why he keeps quiet he told us he spends the whole of his time at work talking. He

works with a telecommunication company and every minute he is busy listening to customers and solving their problems. When he reaches home he is so worn-out that he wants to be quiet.

You can cuddle, and while he is quiet, you do the talking. Tell him how you spent the day, the challenges you got. Also gossip a bit. Tell him the neighbours Cat gave birth to five kittens. You heard next neighbour quarrelling. And thank him you have a peaceful life. Ask him how his day was, the challenges he faces. If he hesitates to answer or keeps quiet, continue talking. Tell him about a new recipe you read and you will be trying it out. Tell him to comment on it after he tastes the food.

Just keep talking; he would open up one day. A tongue can break a bone, water erodes stones. Therefore your small efforts over time will break his quiet spell.

5.60 How does one deal with a wife who is always suspicious that I would sleep with the house help? I married her with 2 children that I look after, she is a housewife. I have never slept with any of our house helps; we have been together for over 7 years. For the current house help, she has been suspecting that I have an affair with her. Yet whenever I need anything, even at a time I am alone with the maid in the house, I call my wife to give instructions. I have never talked to any of the house help directly, what could be the problem, she is becoming unreasonable.

Answer: Try to respect everybody and even your maid. She is a human being and would appreciate being talked to directly. By not facing your maid and talking directly to her, you are raising your wife's suspicion. Why would you not talk to her indirectly?

Granted, your wife was betrayed by the man who left her with the two children. It is therefore in order for her being cautious. Her alarm bells have been raised and it is upon you to talk to her and keep her at peace.

5.61 I am married to a man who pays all bills and caters for my financial needs. The problem is he spends most of his time with his buddies and comes back home at two in the morning. I have a year old kid and they have no time to bond. He is a nice man and I am sure he has no extra marital affairs since he has strict boundaries with women. But coming home at 2 am is driving me crazy, I want to leave him!

Answer: Talk to him and reason with him that he is then a married man and must limit his interaction with his buddies. Tell him you need him and he needs to bond with his kid. Sometimes men know the right thing to do but they need a little push to do it. Your man needs you to remind him some things and he would change.

5.62 I need your advice on how to deal with a hard headed wife who does things in the house the way she wants and not the way I ask her

to. Whenever I request something she has to take her sweet time. I feel pained because she is a house wife and claims to be tired most of the time, I work hard but she spends the whole day on the internet.

Answer: Being idle and spending her precious time on the internet can actually make her feel tired most of the time. Her muscles became flabby and her blood sugar is elevated since she is not active enough for cells to burn the sugar. She may actually be tired due to high blood sugar. But since you do not show interest in her and expect her to do what you want, you may not know her plight.

All responsibilities in the house are man's responsibilities. The woman is just a helper. When you marry, you use God's qualities to choose a good helper. If you end up with a woman you resent like yours, it was your choice. Do not complain, live with that thorn in flesh. Do what she cannot do; it is your responsibility anyway. Treat her well, show her concern and she will strive to do what you want in an effort to please you.

5.63 My husband has this habit of ending issues in bed, when we have a disagreement he always thinks we have ironed it out when we become intimate instead of us sitting down and talking about the disagreement. I find it very annoying sweeping things under the carpet through sex. Last weekend on Saturday we fell out and when I asked him about it he hurriedly left for work to avoid it. In the evening, when he returned, he

pretended to be busy until we slept. When I tried to bring it up he started fondling me and before I even realized it, he was on top of me having sex. In the morning he hastily left for work. What kind of marriage is this where we cannot talk and solve things?

Answer: It is not good to sweep things under the carpet in marriage, it is a time bomb. Small unresolved issues in marriage pile up to enormous problems that break a marriage. In this age of technology, keep nagging him through messages that you have to solve a particular problem. Sex is just an obligation in marriage but the problem is there and you are dissatisfied. What you are left with is to keep nagging him through these smart gadgets.

5.64 I have been feeling quite uncomfortable with my husband's relationship with his female cousin lately. I can't help but wonder if I'm over thinking things, but it seems like she visits our place more frequently when I'm not at home, according to updates from our maid. It's all very peculiar, and I'm not sure how to bring it up with my husband without sounding crazy. Can you help me figure out how to approach this delicate situation?

Answer: You can imitate Nathan that told David there was a rich man who had lots of sheep. But when visited by his best friend, he took away the sole sheep of a poor farmer and slaughtered it for his friend. David was visibly annoyed by the

Rich man and since he was the king, he wanted to punish the rich man, only to be told he was the man.

Gossip about what you folks had told you on phone or in person. Then tell him one of your aunts told you an interesting story. There were cousins who married each other. Relatives from both sides persuaded them to break the union but they were adamant. They even sought services of men of God who read to the cousins from the scripture that God prohibited sex between cousins, but the cousins would not listen.

Continue buy saying so recently the lady gave birth to a child and his head is transparent that you could see the brain. Doctors agreed the child would not survive. The religious relatives are saying the cousins were being punished for disobeying God. The non-religious ones are saying it is a curse for marrying a close relative. End the story there, excuse yourself. Take a bath if you can, or go to the kitchen and prepare food. Just do something away from him and leave him pondering on the story. It is a true story that happened anyway.

If he loves God, and has been having a clandestine relationships with her cousin, he will stop. If he reveres traditions, he will stop. If he does not fear God or revere traditions, by his reaction you will know what is going on. It is your choice to forgive him if he is remorseful and contrite or to divorce him if you cannot forgive.

5.65 I'm married to someone younger than me by 3 years. He's actually 25 and I'm 28. It's been a year since we wedded. What sucks is that anytime we have a misunderstanding he likes attacking me with this emotion; 'remember you are older than me by three years, I am still young, let me grow up'. I'm already losing it, I feel like giving up.

Answer: The man was conscious he was marrying you when you are older. You did not hold a gun to his head and force him to marry you. Since he married you legally, there is nothing to fear or be afraid of. He cannot divorce you on flimsy grounds. Therefore do not give up and tell him vividly to man up and shoulder his leadership responsibilities. He should not hide his incompetence under the age thing. Ask him, if a king of five years ruled him, would he disobey his commands? What about a president who is 18? And most probably his boss at workplace is younger than him, shall he not obey?

Tell him candidly that though you are older, the leadership responsibilities are his and he should man-up.

5.66 I am a house wife and my husband is a good man he takes care of everything, my reason of staying at home is because he demanded I stop working. After seeing he was becoming violent over the issue I left work and started working online and I get my money where I can. On Wednesday I left the house and went to visit my friend who was not feeling well and I came back home a little before 8pm and that was okay with me because all my kids are in boarding school. I tried to cook

fast for him so that he gets the food ready when he comes in. He found all signs showing I had gone somewhere. Little did I know it affected him. At night around 3 am he left our matrimonial bed and went to sit in the living room. After an hour I wondered what was happening and I followed him to ask him to come back to bed. At first he refused but later he came to sleep and in the morning as I was preparing him to go to work I noticed where he had sat at night there was a knife and I don't know if I'm over thinking because I wondered what it was for? All signs show me he was mad I had left the house but I'm wondering how I became a prisoner in my own house? He didn't tell me his reason of behaving that way but I have feeling it's because I had left the house.

Answer: Your husband is insecure. You should not have left your job but separated with him due to violence. Then when he still needs you, you would have reconciled with an agreement that he shuns violence, you keep your job and assure him you are faithful.

Otherwise he will manipulate you and torture you psychologically. What was the need of leaving the job if your children are in the boarding school? What was the need of the man being annoyed with you but does not express his feelings? Is that a marriage if you cannot tell your man that you will visit a friend? Have small talks, gossip to him, let him open up and remove venom from his heart.

5.67 Please tell me if I am misjudging this man, he left yesterday evening just like he does every evening to have drinks with his friends, he had not returned by ten in the evening. I gave him time, after eleven in the evening, I called him several times and he didn't bother to pick his phone. At 2 am I called and he still didn't pick his phone. I decided to forget everything and sleep. Today in the morning I saw him through the kitchen window coming in the house. When he was at the door he shouted in his phone that the Mechanic should find for him a person to buy his car. He continued that the car gave him a lot of trouble till he spent the night on the road. He then entered the bedroom, changed his clothes and left for work. Because I was not interested in his explanation, I asked him nothing. I suspect that was a fake call since his mechanic must have a name, why call him mechanic? Why call only when he was getting into the house? Presently I am pregnant and I wish I knew what I was getting myself into.

Answer: Stop judging before getting the facts. It may actually be true. Alternatively he is not comfortable with your moods that he was trying to forget you to have some peace. As a good wife you should have played along. You could have asked him you overheard the car broke down. Then added, I called you incessantly, you should have picked the phone and shared your plight. I could have sent help. You would continue adding, now that I am expecting, I need you most; I don't want to lose you.

I am sure you would have had a greater impact that way than ignoring him. You should have prepared breakfast for him and laid it on the table, you should not have left him go to work on an empty stomach. You are creating room for another woman to fill that void.

Your husband went to drink with his cronies as you said. A drunken person does not drive, so when he came in the morning, he was not drunk, which still confirms my first assertion. The car might have actually broken down, or you are too nagging and negative that he preferred spending the night away from you.

5.68 How do you deal with an introverted man who is also Godly? Any advice?

Answer: An introvert person who is godly is easy to deal with. Get interested in his religion. Let him teach you his beliefs. If he is a Christian, study the bible with him and let him elaborate.

5.69 Have you ever found yourself arguing through text? It will have you standing in one spot for 45 minutes just to get the point home?

Answer: Couples should communicate with clarity. It is better to waste as much time as possible but drive the point home. Arguing where you end up with a solution or an idea should not be called arguing. That is discussion. It is the same method used in boardrooms to come up with decisions.

5.70 I am newly married, how do I tell my wife to be more economical with foodstuffs without offending her? She can use over six medium sized tomatoes in a stew of two, and his vegetables are too oily. One could have thought he deep fried them. She is wasteful with all stuff including sugar.

Answer: Man is a leader of the house. You need to provide leadership. All responsibilities in the family belong to the man. The wife is just a good helper. To illustrate, Abraham prepared food for the angels that destroyed Sodom and Gomorrah. Jacob prepared a bean stew that Esau coveted to the extent of selling his birthright in exchange for the stew. Both Esau and Jacob cooked a tasty meal for their father Isaac in hope of being blessed.

You should therefore know how to cook. The wife just takes over kitchen responsibilities to free you to concentrate on more strategic roles. Also understand that the way you were brought up is not the way your wife was brought up. The two of you would have to strike a compromise. To solve wastefulness in the kitchen, discuss the meals of the day together and come up with a recipe. Let her follow the recipe to the letter. Over time when she has become an expert, you can then leave her to decide and plan all meals.

It is easy to explain that too much fat is not good for health and tomatoes are preferably eaten when raw, so there is no reason cooking many of them. A lot of fat in the body could lead to

constricted veins and most probably cardiac arrest. Vitamins in tomatoes are destroyed upon cooking. Such simple explanations will make her embrace your recipe. You would tell her effects of a lot of sugar, salt and virtual anything in the kitchen and she would learn to use them sparingly.

Jesus provided an example by not wasting the 5 loaves of bread and fish that were multiplied miraculously by collecting 12 baskets of left over's.

5.71 How do you feel when you get to know your wife has no more feelings for you? What do you do to save the situation?

Answer: A wife can lose feelings for you for a number of reasons. Some women are asexual. This means they have no desire for sex and they are not attracted sexually to anyone. It does not mean she cannot enjoy sex, she actual does, that is why she got married to conform to the norms of the society. Therefore in the formative days of marriage, she tried to please you and look concerned. But as days went by she became lax, you got used to each other and she saw no need of pleasing you. Because of course she is not sexually attracted to you!

Another reason where she may lose feelings is when she starts despising you in her heart. Michal, David's first wife despised him. God was annoyed with her and closed her womb. She never gave birth.

Other reasons are hormonal and challenges she may be facing. She may allow the cares of this world and worry about the future to cloud out concern for you.

You can salvage the situation better if you know the cause of what is making her lose feelings for you. But for all the causes, understand that she is your wife. Respect her, show her honour and tenderly love her. Know that she has no control over her feelings and reassure her always you love her and are securing a future for her. Be faithful to her as infidelity also contributes to a wife losing feelings to her husband.

5.72 My wife is a woman every rational man dreams of. In fact she is a complete and a perfect woman. She is very supportive in terms of finance. She is good at house chores such as cooking delicious meal at least thrice a day; she makes sure the house is well kept. She washes my clothes even without being told to, she takes care of our children well. Her problem is that she doesn't like sex. Once I mention the word sex to her, she gets upset and her countenance changes immediately.

The reason she gives me for the behavior is that her mother taught her the only way to a man's heart was through food and not sex. She adds that in marriage sex is secondary and not a yardstick to a successful home. I am fed up by her perspective. I am contemplating either to divorce her or to cheat. Please advice.

Answer: Jesus aptly said people loose sexual desire for three reasons; they were born like that, they were made by people and they sacrificed the desire to spread the Gospel. Your wife falls under people made to lose desire by men. What was programmed in her mind by her mother is what caused to lose the desire. Fortunately, you can slowly and patiently remove that false teaching in her mind. Teach her about the benefits of sex.

Sex had various benefits according to the bible. The first benefit was that sex comforted someone going through some trouble. In the bible a troubled young man meets a cunning woman who tells him, “come, let us take our fill of love until the morning: let us solace ourselves with love”. It is apparent the woman was also going through her own troubles and knew sex would cheer them up. This was unfaithful woman who did not keep her marriage vows. But all the same, the boy and the woman were to find solace in sex, is it true? Scientists have since proven that during sex hormones endorphin and oxytocin are produced. These are feel happy hormones that stave off anxiety and depression.

The second benefit is that sex relieves and heals depression. Isaac married Rebecca. The account says, “and Isaac brought her into his mothers Sarah’s tent, and took Rebecca and she became his wife; and he loved her: and Isaac was comforted after his mother’s death”. You can clearly see that Isaac was depressed after losing his mother. He was going through pain, but the regular sex he had with Rebecca healed his depression.

The third benefit of sex is that it makes a man or a woman successful in life. If you get regular release of the feel happy hormone, you are relaxed to think objectively. For a woman there will be no time for brooding but she will be busy working with her hands, her loins would be girded with strength since she gets that good sex and this gives strength to her whole body, she invests in the family as sex builds her trust in her husband and she will ensure the family is not lacking in material needs. And since her husband is also relaxed and can make decisions impartially, he becomes rich, he gets known in the community, his face radiates happiness and contentment.

Fourthly, good sex gives one a clean conscience. When you have sex with only your legal wife and don't allow your springs to overflow the streets and water stranger's fields, your fountain is blessed. You are always sure you are doing the right thing. You get a clear conscience and this spills over other areas of your life as you are always bold as a lion. The marriage bed is pure in other words, sex in the marriage is pure something to be cherished.

Sixthly, regular sex helps one to avoid infidelity. Paul advises husbands to give their wives sex liberally, he also advises wives to submit willingly. They are not to deprive each other unless they mutually agree, for instance, they want to devote their time to prayer or fasting. They must be sure to come together so that Satan does not tempt them for lack of self-control.

Seventhly sex unites communities. The Egyptians could not eat with Jews on the same table. But because Joseph had God going before him, he was given an Egyptian name Zaphenath Paneah and a wife. The sex between Joseph and Asenath united the two communities.

Sex results to trust between two people. Jethro gave Moses his daughter to marry since he trusted him. It was sex between Moses and Jethro's daughter that brought complete trust between the two men.

Eighthly, sex is an act of worship or it enables one to worship. When God commanded be fruitful and multiply, fill the world and subdue it meant that only sex aligning itself with that command would be an act of worship. Others would include couples staying faithful to each other and never divorcing. In staying faithful they shun adultery and fornication. They also have to love and cherish each other for God is love.

Having taught her about the importance of sex, make her appreciate it is therefore not secondary in marriage. However both of you have to have self-control. For instance presently she has no desire. As you take time to remove false teaching in her mind do not cheat with another woman as you were planning. You cannot divorce her as she has not committed anything that qualifies her being sent away. Both of you should understand the following about sex.

Sex is a gift from God. It is something to be enjoyed and savoured. Sex is not one minute penetration, depositing spermatozoa in the birth canal and then one is done. Couples are to take time and enjoy the precious moment. Like their creator, they have to immerse themselves and get drunk in the moment; cherishing the privilege they have been given which might result to the creation of new amazing human beings.

Women who knew the importance of sex made their bed with attractive linen; they perfumed it with myrrh, Aloes and cinnamon. They knew love had to be made all night long. And the couple would be happy in each other's arms. Sex was not limited to penetration, but the couples massaged each other, they kissed and the lips are described to be smooth like olive oil and dripping honey. The man was to be enraptured by the wife's breast. The breasts are described as a cluster of grapes that a man reaches out to enjoy their juice. We all know how graceful a deer can be, how energetic the animal can jump! That is how a wife is compared to. Like a pretty and a graceful deer her charms would make her man happy, she would surround her man with love. The bedroom was a happy place of two energetic persons giving their soul to each other.

The husband had always to enjoy the antics of his wife and at all times assure her she was giving him the best. The bible says her husband raises and praises her, "many women are good wives, but you are the best of all of them". Then it specifically tells men to give her credit for all she does as she truly deserves the respect of everyone.

5.73 My husband when we were dating, he took me out every weekend.

Now that we are married he does not want us to go out, what do I do?

Answer: You have not told me where he specifically took you. If it was clubs and other morally dingy places, he has now gotten possession of you and would not like to share you with any other man. Men are jealousy and he would not like to see other men ogling at you. But if it were decent places like parks, hiking and other activities that improve your physical health, you got to nag him to continue taking you out. If he was spending a lot on the outings, as a responsible wife, suggest cheap or free outings, perhaps he is trying to cut on expenditure as he has more obligations as a husband.

You don't have to insist on being taken out, you could play chess and many indoor games or if you have a compound, play some games outside. Try to understand why he is not taking you out and adjust creatively.

Chapter 6

Couples are asking, what about distant relationship

6.7 I am married and my husband and I live in different towns. He comes to my town once in a while. It looks like he has put undercover agents to spy on me. He is always claiming that I was seen with other

men but when I ask him where particularly, he does not tell me. I am pissed off, I feel like we dissolve this marriage. What can I do?

Answer: He must be talking for the sake of talking so that you can assure him you are faithful. Words hurt especially if you know your better half distrusts you. He may not have put anybody to spy on you since he is unable to pin-point where he has seen you with the men.

What you need to know is that man suspecting a woman to be unfaithful has a long history. As history shows some suspicion was just malicious as the women proved innocent.

In biblical times, a man suspecting his wife to having extra-marital affairs would take her to the priest. The priest would give the woman a concoction to drink. If she was innocent, nothing happened. If she was guilty, her stomach swelled and she would never give birth for the rest of her life.

So take heart you are not the first one to be suspected. You do not have a valid reason to dissolve that marriage. Be bold in that marriage and tell your husband he can never chase you away with false allegations, you are there to stay. Tell him if he is unfaithful you are faithful, and he should not think everyone cheats.

6.8 My husband was out of the country for 7 years. I was pregnant with our 2nd child when he got the chance to go and study for his PhD. He

was supposed to have returned after 2 years. But he said he got a good job and it became a story after story. He was sending enough money for us monthly and we did video calls. But last year, I lost contact with him. His phone never went through. His social media accounts were either deleted or disabled. I went to see my mother-in-law and my brothers-in-law to find out if all was well. They were of no help, they told me to stop worrying as he would come soon. They did not seem to be bothered by the fact that I could not reach him, so I smelt something fishy.

On my part, I'm just tired. In case I want to divorce him. Will it be a long process? I want to be freed of him so that I can focus on taking care of my children.

Answer: Legally you can have divorce for desertion. But biblically that qualifies for separation only. In separation you can reconcile and live together again.

Your plight is visibly seen and you have been left to guesswork. Let us assume your husband married another woman. It is possible since he acquired citizenship of another country, and then claimed he was single as I don't think marriage data is integrated such that every country can search their data and find out one is married. In this case, if you married him legally or Christian way, you could divorce him.

If you married in a system that permits polygamy, you have to accept your co-wife when he comes back.

Divorce is not a long process if all parties to the divorce want to end the marriage. It is only a challenge when one party would not let go.

However new development in law is that, a marriage could be considered irretrievably broken down. Such instances are; a spouse commits adultery, a spouse is cruel to the other spouse or child of the marriage, a spouse willful neglects his/her spouse for at least two years, spouses have separated for at least two years, desertion for at least three years, if a spouse is sentenced to life imprisonment or seven years onwards, incurable insanity (certified by at least two doctors, one a psychiatrist) and any other ground court deems appropriate.

Apply for divorce if you want and wait to see what the courts would decide.

6.9 I am in a long distance relationship with my woman and we always talk and chat till it is midnight. Everything was good until she told me that her younger brother would be back from a boarding school, and I said it was cool. It has come to a point where if I text her, she takes time to reply and she would say his brother was using her phone. It has happened like that for 4 days. My woman used to text me back even when she was at work and asked me if I was bored when we were not

chatting. But presently she does not even ask me to wait that we would chat later when her brother is done with the phone. Now she has given all her attention to her brother.

I love this woman so much that I want to marry her; we have been friends for two years in this relationship.

Answer: Love is based on information and infatuation is based on emotion. You have not reached a point of loving the Lady. If you have realized she loves her brother so much you should have self-control. Do not demand that she ignores her brother for you. Perhaps he is the only relative she has. And she is the only relative he has. Do you know anything about her family? Love is patient, kind, does not keep a record of wrong and endures all. Can you describe your love to this lady as patient, Kind, and endures all? You have not started loving, four days only! Four days and you write to me complaining? You have work to do. Get to know her weakness, know her folks. If you can accept her with her weaknesses, then you can call that love. Let her also know you, and your folks, if she accepts you unconditionally, then you can marry her.

6.10 I am 24 years old married to Burundian. I have 3 weeks child. He wants me to stay with him in Burundi. My parents are against me going to Burundi. Do I listen to my parents or my husband?

Your parents would not have refused you to go if you were legally married. They cannot give a blessing to a marriage they don't want to see succeed. Remember blood is thicker than water. Obey your parents. Definitely there is something the man you call your husband has gotten wrong that your parents do not want you to join him in Burundi.

Chapter 7

Couples are asking about neighbours

7.6 Lately, I have been receiving calls from my best friend's wife, who complains about my friend's inability to provide for their household. I expressed my empathy towards her and ended the call. It has been a pattern that whenever my friend is going through a rough patch, I usually come to his aid, and it seems that he shares with his wife that I am the one who helps him financially when he's broke. A week ago, his wife approached me, asking for some money to start a business. She made it clear that she didn't want my friend to know about it. I advised

her to discuss it with my friend, suggesting that I could give the money to him, and he could pass it on to her. However, she returned with the information that my friend had refused to borrow the money from me on her behalf. She called me again two days ago, requesting that I lend her some money. She requested that I don't inform her husband (my friend). This situation feels like a betrayal to my friend. Should I go ahead and give her the money? Can I tell my friend about what his wife is asking from me?

Answer: You should not give her the money. What is hidden would be placed on the roof top for all to see. In marriage infidelity can include money secrets. Does she have business acumen? If she is a real entrepreneur, she would have sought for a loan with the bank. If she presented a profitable business plan, no bank would refuse to lend her.

She has therefore singled you as a lender since she does not have a viable business or does not intend to have one. How would she explain to her husband how she obtained seed capital for the business? If the business fails, how would she pay you? Will this also be kept secret from her husband?

Most likely the lady just wants the money to misuse then she would lure you to sex so that you continue keeping everything in the dark. And that is when everything will crumble like a house built on sand.

7.7 I am a chubby lady married to a slim man. How can I handle the way people treat my husband? When I am with my man people think he is my pet. That is, I am the one keeping him or that I even bought him the car he is driving which is not true. My hubby is a Doctor (Ophthalmologist). He earns very good money and in fact he is the one who bought me my harrier and takes care of all my expenses. But when we take a walk together, people talk in low tones that my man was lucky to stumble on a woman with a heavy pocket, she is loaded with money, when in reality I have nothing! It makes me feel empathy for him. I feel like taking everyone by their ears and telling them it is my husband that has the wealth and not me! Recently, I nearly slapped a person on the basis of similar remarks but my husband was quick to hold my hand. I don't comprehend why people judge others according to their body size. Such behavior is sickening!

Answer: Idle people have to have work. And that is talking about other people's life and prying into their affairs. The more they don't understand your private life, the better. You have no explanation to give anybody. You should be happy with the misinformation. Or if it affects you negatively, stop listening to them, plug earphones in your ears and listen to music whenever your husband takes you around. Let him lead you like a faithful dog.

7.8 How do you deal with a situation where the house maid becomes pregnant? She was at first denying she's pregnant but she has told me

she is and it's big, she has been very good maid to the kids but she's becoming tired, I was suggesting I give her some money apart from her salary and then release her but my husband is telling me to treat her well and let her stay with the baby considering how she's been taking care of our kids but how will she work with a small baby? Will I employ another one for her? I've asked my husband and he's telling me we will employ another maid to help her for a few months. The guy responsible for the pregnancy has run away.

Answer: Release her to go and stay with her folks who would assist her better than you. Since you were willing to lend a hand, give her the extra money you wanted to offer and keep assisting her when need be. Giving birth in your house has an impact on your children's morality. They will query how it happened. Then they would think after all it not bad to sleep with men then give birth, our parents would take care of the children.

7.9 A relationship that is controlled by friends or family can never work?

A relationship is between two persons and God blessing it. Friends and family can offer advice but it is the spouses who have to make decisions either using the advice or ignoring it.

Chapter 8

Couples are asking about single parents

8.15 There are ladies that give birth and after a few months or say 2 years, they leave the kid mostly with the man's parents. Some never come back or they do not support the kid and some only come to see the kid once in a while. What's your take on such mothers?

Answer: There is no need to castigate or comment anything on such mothers as the man should have impregnated the lady when he is ready to marry. Most likely the lady has no source of income or has a serious relationship with another man and knows her kid can only be taken care of well at the man's family. Her parents may have rejected her with the kid. Such a woman,

in Christian faith is better off that the one that aborted or threw away the child born.

8.16 There's a guy I've been dating and he's married though I didn't know it when we started, we have been together for almost two years now and he takes care of my son (not his biologically) and foots the bills too. Few months ago in December last year I met a single guy and he requested to date me and at first I refused. But his persistence made me start dating him while I was still with the other married guy. Things have been good with the guy I met in December and we are about to take the next step. I am afraid to tell the married one because I fear it might not turn out well. I have already found another house to get away from the married guy to start life with my new guy. I'm asking can I break it off with the married guy amicably or should I run from him to where he can't find me?

Answer: There is no commitment you made to the married man. Therefore, there is nothing like breaking of amicably. You have been wasting his children's investment. Go in peace but this time do the right thing. Do you ever learn from your mistakes? Why do you have a child without a father in the first place? How are you sure the December guy would not use you and even give you a child and vanish?

Stop fornication. If the December guy is serious, let him marry you first. Otherwise you may be jumping in another trouble.

8.17 Should a single Lady with son(s) find a father figure for the growing boy? Is there a difference between a boy who was brought up by a father or a father figure and those brought up by mothers alone? Is it true the largest percentage of men in prison are from single mothers where there was no man to act as a father figure to the child?

Answer: Single parents who are poor face a lot of challenges bringing up any child. While in the traditional society single parenthood was not a problem as the child belonged to the community, it is a challenge in today's society. The extended family in traditional society filled up the void left by a parent. In modern society it is difficult to fill the gap. But parents can take advantage of the church, and mingle as much as possible with relatives so that the child's growth can be normal.

I may not say conclusively that most prisoners are single parent's children, but if a parent spends a lot of his time eking a living than spending with a child, the child is likely to pick vices from the community.

8.18 What is your comment on the story of an 82 year old lady that lived alone? She is believed to have died 9 months ago. Her son, a senior pilot kept sending to her phone Kes. 20,000 monthly.

Answer: She must have struggled to bring up her child and no one helped her. She must have had a very good conscience to live that long. Her son appreciated her. As a pilot his schedule might have been tight. Her mother could not call him as she

wished. Perhaps she preferred staying alone since people had ostracized her for a long time as she struggled in life. It was a mistake on her son's side not to hire a maid to take care of her.

Chapter 9

Couples are asking about marital conflict

9.66 Please tell me how to deal with a mouthy husband? He's always talking bad things about me to his friends and his family, always bad things and when he enters the house he remains mute as a gentleman and like a very decent person. He's even trying to make our kids rise against me! How do you deal with such a character? To my family my mother and my siblings he pretends to be the best. I am tired of his behavior, I don't love him anymore.

Answer: What you need to do is talk to your husband. It would require you to be a good communicator. An idea well expressed is like a design of gold, set in silver. You need to cool down and stop being agitated. You can calm faster by praying and fasting for one day. In your prayers, ask God to give you wisdom to

face your husband. Pray that all goes well and it should not escalate to violence.

Then find the right time to talk to your husband privately. It should be enough time for an in-depth conversation not for a rushed conversation. Therefore, distracters like kids, phones, televisions should be done away with. It would not be appropriate to ambush your mate. You can inform him in advance you have an important talk that needs time and privacy so that you can set that time together.

As I said before an idea well expressed is like a design of gold, set in silver, organize your thoughts, emotions and desires. Remember, a gentle talk turns away wrath, but harsh words stirs up anger. Be gently starting by telling him something has affected you and your peace of mind has been distorted. Then ask if it is true he said this and that to a particular person. If the conversation goes well, follow through to the end, but take timeout if things go out of control and seek for another time.

Remind your spouse that the two of you are one flesh and you should not fight each other. In fact, he has to live with you with proper understanding that you are weaker than him. He should treat you with respect so that nothing would interfere with his prayers. Affirm to him you would like your family to succeed and develop and not be ruined just because God would refuse to listen to your husband's Prayer for slandering you.

Remember one thing, your husband loves you. By treating his in-laws with respect and behaving like a gentleman before you shows he respects you but perhaps he is intimidated by you. That is why he expresses his fear or frustration to your kids and his folks. It may have just been an innocent talk, but it turned to you like bad mouthing. As you talk to him, remember he loves you, get his opinion and I am sure you would be restful.

9.67 I'm 27 years old, married to a very hot tempered man; this is the 7th year in our marriage. I have been battered countless times. I have battled depression for the last two years. What hurts most is that even the man I married to doesn't know I am depressed. My husband doesn't want me to work, I really want to work and own my money. The last time I went to work, he soaked all my clothes in water claiming that if I work, our kid of two years would suffer. Now that the kid has grown up, I have asked him if I could seek for a job. He told me he does not know. 'He does not know' is a phrase he uses to mean he does not want me to look for a job. Then without a warning, he starts beating me to emphasize his 'he does not know'. He provides for all our household needs, but I want to live a purposeful life, my question is, how do I handle this? Is it wise to go against him; like seek for a job without his blessings or I should move out of the marriage and seek the job. But I really want to live with this violent man.

Answer: You have stressed you really want to live with your violent man. Domestic violence is a criminal act and you should have reported him long time ago to your nearest police post. Small actions can spiral to big deeds. You could be murdered one time. It does not have to reach there, remember your kid needs you and your parents and siblings also need you.

Your husband being violent, by denying you a purposeful life is endangering your health. These are enough reasons to separate. Separation means that you have not left each other. It means you still love him but you want to negotiate with him a compromise; that he should shun violence and allow you to work.

A wife has to be a good helper to his husband. Therefore your desire to work is a noble longing and nothing should stop you from pursuing it. Remember other than helping your husband; you have to look after your own parents. It is your obligation not your husband's. Therefore a job would come in handy.

Separate legally and take custody of the child. During separation period you can follow up your desire to work. Your husband would be required to pay you child maintenance fee. Do not wet down your stand, only accept to reconcile if he agrees to be no-violent and allows you to work. In any case, there is no need staying in an abusive relationship since you would ultimately fail. God hates it when husbands mistreat their wives. He does not listen to their prayers. Imagine God does not listen to your hubby's prayers, and you are totally dependent on

him. He fails, you share the failure. God's blessing only flow if there is unity among you.

9.68 I met a man with two kids from previous relationship though he is co-parenting with the children's mothers. We stayed peacefully for three years until the mother to the second child became a nuisance in the pretense of talking care of his kid. When I asked my husband about the boundaries he had set with the lady, he felt offended. He said my hatred towards someone who's taking care of his kid is uncalled for. Afterwards my husband gave me the silent treatment. If I asked him anything, he would not talk. He blocked me from all his social media and black listed me on his phone. When I nagged him, he said he needed space to reflect since he felt our relationship was not heading in the right direction. He said I should wait until the following week for us to sit down and talk. Has he dumped me and moved on with his life?

Answer: Before you marry someone, always do some background check. Why did he leave the two women? Had he been co-habiting with them? Had he married them? Are you legally married?

If you are not legally married, chances are that the fate that befell the two ladies is awaiting you. Your man is a serial fornicator and does not want to be questioned on his behavior. By raising a red flag on his behavior you have prompted him to dump you.

If you are not legally married, stop that fornication and contain your vessel. Look for a suitable man. You have been dumped. Couples should never be angry and treat each other to silent treatment. They should sort their differences before the sun sets. They should always reconcile everyday as soon as possible.

If you are married legally, you have three options, if he would repent his sins in your coming talk, you may forgive and continue living with him. You may separate and reconcile only when the issues affecting both have been settled. You may divorce him for being unfaithful.

9.69 How do you handle a man who blames you for his failures?

Answer: First understand a spouse may blame you for his failures for any of the following reasons: he has low esteem, he is a control freak, he is stressed, he is a narcissist, he is resistant to change, he avoids responsibility, he is unhappy with you, he harbours resentment towards you, he was brought up in a toxic environment, there is something he regrets or has a mental problem.

Since you have stayed with him for some time, you are able to discern which of the above problems ails him. Depending on the problem, you can tenderly talk to him so that he understands he is accusing you wrongly. You can examine yourself and see if he is ever unhappy with you or you did something to him that he loathes. You can try to understand him and ensure he is timely

in taking his medication if there is any he is taking and consult his doctor.

In good times study with him the bible, as he starts thinking on things that are good and valuable, his negativity as a result of the way he was brought up would wane. He will also understand he is the head of the family and take his responsibilities seriously. He will know that he has to forgive you even if he has a valid reason to resent you. He will also be keen to settle disputes among the two of you before the sun set. He will realize it is not good to accumulate or carry forward anger.

He would ultimately know that blaming you for his failures is a self-fulfilling prophecy. God hates husbands who maltreat their wives. Therefore, He will not listen to his prayer. And he will actually continue failing not because you are directly the cause, but because God is punishing him for mistreating you.

9.70 I don't mean to sound insecure but I fail to understand why I can change my shift from day time to night time and my wife doesn't ask me why I'm coming home in the morning. I expect her to ask me where I'm going at night but she never asks. Why do you think its happening? I feel she should be concerned. Her don't care attitude I think it's not good for our marriage.

Answer: When your wife is not combative any more, it does not always mean she is endeavouring to steer clear of conflict. It

shows her mounting lack of concern in the things that concern and threaten your marriage. You are right that you should be alarmed. This is an apparent sign she no longer loves you or she is discontented with your relationship.

To salvage your situation, scrutinize your previous acts. How did you behave, why didn't you tell her you changed the shift? She might have been under depression and you failed to notice so she also resolved not to care about you. Or you may have done something you did not sort out with her; she is thus giving you the silent treatment.

You should take the first step and ask your wife what is wrong. Do so in a tranquil environment. Do not ambush her. Arrange with her telling her you specifically want to talk to her. Be sensitive to her attitude towards you and keep reassuring her you love her.

9.71 My wife just reset her banking password. She has always trusted me with the account since I am a stay home Dad. She's behaving weird of late.

I used to treat her well before I lost my job. Now it's barely two years she's already tired of me. Probably she feels I'm a baggage. Advise me on what to do? I feel like leaving her and start my life from scratch where she would know nothing about me. I'll change all my phone numbers. I'm not sure if she'll be tired with our two kids as well.

Answer: Women are regarded as the weaker partner or vessel when it comes to marital relationship. While you are optimistic you can start your life from scratch, she has lost hope. For one year and several months you have been jobless has put a strain on her. Your question if she would be tired of your two kids points to a height of an irresponsible person. You want to run away and leave her to fend for the kids alone? Perhaps she has sensed that. Whether she knows it or not, her subconscious mind has told her you are not trying enough to take your burden as the head of the house. You have left the responsibility to her and you will eventually run away.

That prompted a weird behavior in her. She changed the bank password. Believe it or not, your idea to run away was not conceived since she changed the bank password, you have nursed it before. You could have made away with a lot of money in her account. But her subconscious, what others call the sixth sense warned her and she acted swiftly. Thanks to her that she did not dull her sixth sense.

It does not matter whether you treated your wife well in the past. She is not expected to repay you! Granted, you were to treat her well for the rest of your life if your star had continued to shine. Job was wealthy. His children had parties after parties. We are not told of the wife, but Job could not permit his kids to celebrate always, and deny the same enjoyment to their mother. A long story cut short, he treated his wife nicely.

A calamity befell Job and he lost everything, including his health. But he never lost hope. He himself said, there is hope for a cut tree for it would grow again. Imagine a tree towering in the sky. Birds of the air make nest and rest on its branches. Wild animals including human being sheltered under its boughs. It is visible from very far. The next moment it is cut and reduced to a stump. Nobody notices it from far. Human being, animal and birds no longer go where it was as its benefits and glory had gone. But Job hoped the stump would grow to shoots and a new tree would emerge.

The tree signified Job himself. He was rich and enveloped in glory. Many people rich and poor visited him. They benefited from his wealth. Suddenly like the tree, he was cut down and he lost his wealth and glory. Everyone stopped visiting. He smelt, he was full of sores. Yet he hoped to be rich again, grow from the stump. But his wife did not share his hope. He saw Job's fate was sealed, done and dusted. She told him to stop hoping, he should curse God and die.

Job did not blame her. He did not remember the good things he did to her. He did not ask her why she left him to rot. She could have washed his wounds and dressed them in herbs and oil every day. But she forgot about him, she wished him dead. She was a weaker vessel like any other woman. Your wife does not see your hope. In her weakness, and maybe from your conduct, she has resolved she has no future with you. She should better prepare for singlehood or another marriage.

You have failed to encourage her. You have failed to tell her to use her networks to help you secure a job. If you lost the job barely two years ago, you were not saving? Your weakness has now become manifest to her. She may be wrong, but like Job, you should never blame her or think of leaving. A woman taking care of you for one year and several months is no joke. It shows she loves you. Those who don't love throw you as refuse as soon as you lose the job.

9.72 How do you deal with a man who is weak in bed? I knew it from the time we were dating but this is too much, I can go for a week without sex. This is too much for me; help me on how to handle this!

Answer: If you knew you were not compatible with your man on sexual frequency you should not have committed to him. Again why did you commit fornication?

The way you have asked your question looks like you are not questioning his prowess in bed, but the frequency. That is why you agreed to marry him thinking that perhaps he hated pre-marital sex but when you marry the frequency would increase.

There are a number of things that make men desire less sex. Firstly, it is infatuation and pre-marital sex. A man may think he loves a woman but after having sex with her, he hates her with the same intensity he loved her. In biblical times Amnon loved Tamar and even became sick because of loving her. But when

he had sex with her, he hated her more than he had loved her. It is most likely when your man had sex with you before you were married, he hated you. That is why the frequency was low. He never desired to have it with you. But against all odds you married, but he still was not attracted to you sexually, he does it just as a duty.

Secondly, Jesus said there are three reasons why some people feel no desire for sex, some were born that way, others were made by men to hate sex and others deaden their senses to devote their time preaching the gospel. Most probably your man was born without the desire for sex.

Thirdly, if you are talking of sexual dysfunction, then your man has toxins accumulated in his blood. For a man's manhood to harden, blood must flow freely to it. Presence of toxins from food he eats or high blood sugar makes the pendulum flabby. There is not enough blood flowing to harden the pendulum.

Fourthly, anxiety, stress and a persisting problem may make a man loose desire for sex.

Pre-marital sex was discouraged since a man approaches it with the mind set if it will be good or bad, if he had other pre-marital sex, his mind compares the ladies. This mind set makes him to lose interest even before the act that is why Amnon hated Tamar. When sex is had in marriage, a man approaches it with the mindset, it must work. This is enough motivation for him to perform better.

Study the word of God together with your man. Let him know he is to be enraptured by your love and your breasts have to satisfy him always. You do not have to wait for a week for him to initiate love, he is your man, you are not stealing, initiate it. Leah told Jacob that he was to sleep with her and not with her sister Rachael. So it is perfectly right for you to demand your right.

Asexual men or women who do not desire sex does not mean they cannot enjoy it, but you have to work hard initiating it, once he understands your frequency, he would out of love keep the schedule.

For sexual dysfunction, watch the food your husband eats. Carry out blood sugar test, he may be pre-diabetic or type two diabetic without knowing. Consult a doctor together to advice on food and possibility of diabetes and any other ailment. Find out also if he has work related stress, anxiety or a persisting problem. A doctor may help you treat these problems.

9.73 I have been in a 7 years relationship though I cannot call it dating since we have a child together. But ever since I have known this man, no matter how we fight, he has never told me, 'sit down and let's talk'. Even if he hurt me, he never apologizes. He just keeps quiet as if nothing happened. He expects me to be normal and be intimate with him as if nothing happened to me. I like peace, so however much he hurts me, I would cry and console myself. Then I would go and talk to

him, if I do not break the silence we would stay like dumb people in the house and never talk to each other for a week. We have been doing this for the past seven years but I am tired. Even if I tell him to listen to me, he will stay quiet and attentive, till I am through. He would never answer anything, comment anything or make any interjection. In the end, it looks as if I was talking to myself.

Answer: First I am really sorry for what you are going through. Most people do not understand what they have to do in a particular situation. So they believe by doing nothing is the best action as time would heal all wounds. But they are wrong.

Since he can listen to you and you believe you talked to yourself, do not believe so anymore, he is affected; only he does not know what to do. Find a time he is relaxed and take him through the lesson I have emailed you. You need at most 20 minutes together. From the lesson he should be able to understand; firstly the husbands position in the family. Secondly, how a husband should treat his wife. Thirdly, the family responsibilities of a husband. Fourthly, the wife's role in a family. And fifthly how to resolve marital conflict and what is separation and divorce.

In a nutshell, he will know he is the head of the family. He has to love you as he loves his own body and treat you tenderly with care. He has the responsibility to provide for basic needs of the family and if he can afford, some luxury. He is to lead the family determining its morality and spirituality. You are his good helper and you can help him in any of his responsibility. And finally you

can resolve all marital problems using the bible counsel. You should be good communicators and you should endeavour to solve your problem before the sun sets. You should never carry a grudge or remain silent for a week

Additionally, he should reward you, given that you have co-habited for a long time, with a legal marriage. You deserve to live peacefully since you are a peacemaker.

9.74 Being married can be hard sometimes, you show your husband a new sex style and he asks you where you learnt of the style and gets irritated with you. One night I decided to suck my man's manhood. Then I heard him amidst groans saying, 'after you finish the things you are doing down there, rise up and tell me where you learned the art from.' I became afraid and stopped in my tracks! But he insisted that I should finish what I had started and I have to tell him where I knew the act from.

Answer: You can just honestly tell him where you learnt the art. Perhaps you watched a movie or read a novel and you thought you would please your husband more by aping it. A good husband should understand where you learned your trade does not matter, what matters is your desire to please him. If your mind has been soiled with styles you watch and your husband is not open, there is a likelihood you may experiment them elsewhere. He should appreciate you did not go elsewhere.

9.75 I had a fight with my man this morning and he told me he regrets marrying me and I also told him I regret meeting him leave alone marrying him and he slapped me claiming that I am abusing him. When it reaches here what do I do and we have a kid? Why didn't I slap him when he said the same thing I said to him? Why the double standards?

Answer: When your husband said he regrets marrying you he never meant it. It was just out of anger. Granted you may have a weakness that he feels if you did not have it you would be the perfect mate. So in anger, he was unconsciously referring to the weakness and not you. But everyone has weaknesses. Solomon advised that do not listen to everything that people say, because you yourself are aware at times you have talked ill of someone.

In marriages it is good to ignore some words said in anger like what your husband said. Also heed Solomon's advice when a quarrel breaks out, walk away. When he started the insults you should have left. Then when he had cooled down you could have talked soberly about the issue. He is not wise either; I know you did not mean you regret meeting him. In your mind you agree he is the best person or thing that ever happened to you. He should also have ignored your outbursts and walked away. He could have waited till you had calmed down and talked to you soberly.

So you need not to worry, be wise next time. Avoid fights as much as possible but learn more about how to communicate effectively. Most fights in marriage are just due to poor communication. Work on your communication skills and a big chunk of fights would go.

9.76 I'm married to a man who has a very serious betting addiction. This is our second year in marriage. His betting is affecting everything in our marriage even matters of the bedroom. My in-laws have tried to intervene but he is incorrigible. Sometimes he bets even the amount we have set aside for rent.

Answer: You can separate and only be reconciled when he has changed. The reasons you have given are valid grounds for separation. If you don't have conjugal rights, your basic needs are not being taken care of, what is the need of that marriage then? Let the man seek professional help as you eke your life far from him, when he has healed and has become sober you can reconcile and perfect your marriage.

The war he is fighting is not yours. Let him battle it alone, when he has overcome it, you can then move forward. God hates gambling, more so he hates a man who mistreats his wife. If you do not get you marital rights, God would not listen to the prayers of your husband. Then if your husband is doomed to fail, you share his suffering. That is why separation to allow him overcome his battle is recommended.

9.77 My husband does not want me to work. Every time I talk about working he says that I should take my personal effects and return to my parents. The man is currently working outside the country and we have only one kid. Furthermore, he is yet to build a house. When I reason with him that the money he sends for food could buy bags of cement while I work to fend myself, he finds no wisdom in my words. Not once have I gotten a job and he dissuaded me from taking it. Then he has guts to call me a failure and that there's no value am adding to his life. Sometimes he wonders how his age mates are thriving in their marriage, and I am swift to point out to him, it is because their husbands have allowed their wives to work, but he rubbishes my points aside.

Answer: Working gives someone satisfaction in life. It is refreshing to wake up each morning knowing you have a lot to do than waking up not knowing how the day would crumble. It is endangering your health by living against your will. It would have been a different matter if you had left a job willingly. But if you were forced not to take up a job you will live in regrets and you are likely to acquire lifestyle diseases.

You have a valid reason to seek separation from him. In your separation period you can pursue you dream of working. In legal separation, if you have the custody of the baby, he would be required to pay you child maintenance fee. Do not shy away

from separation, because working in another country is already an informal separation. And if he loved you, he would have supported your career and helped you scale the heights. Separation affords you the upper hand to negotiate with him that you working is non-negotiable should he want you to reconcile with him and live together again.

9.78 I need advice, how do you deal with a husband who is only nice to you when you have money, but when you don't have, he talks with other women in my presence? We have two kids, he never defends me, and he never makes love to me to my satisfaction. He despises me. He is ashamed of me even when we are walking he compares me with his friends' wives. I feel like I would rather die alone than feeling used and worthless.

Answer: You have said he talks with other women in your presence. If you have evidence he is committing adultery you can divorce him. Extra-marital affairs are both biblical and legal reason to seek divorce. Divorce would be appropriate since there isn't much left in your marriage. You are despised, you are unsatisfied and you feel like dying.

Do not die, your kids need you, your parents and siblings need you. Divorce him and know that your marital property would be distributed among you according to Matrimonial property act. One of you would have custody of the children, most probably

you. If you have custody of the children, he would have to pay you children maintenance fee till they are 18 years old. He may also have to pay you alimony.

9.79 How does it feel to handle a spouse who never takes you out for a date, or maybe outings? Who never recognizes your special moments that is birthdays and stuff. Who will never buy gifts for you or give you money for personal stuff. Who got a well paying job but cannot not save to welcome a newborn you bore to him (made you walk back home from the hospital with wounds down there), someone who would rather spend a weekend at his parents' home and leave you alone with a newborn, would not call to check on how you slept and the well-being of your his child. He will never wakes up to help you with the crying baby at night and instead will wake you up at 5 am to iron, brush his shoes and prepare breakfast.

Someone who will walk ahead of you or behind you so that people won't see you are together, or maybe attend a different service at church so that you not to be seen together. Someone who will never give you attention or enough time to express your feelings, he's always busy with football games after work, and weekends. Someone who will never protect you from the in-laws attacks, never spend on his kid's birthday. My husband is someone who finds buying diapers and extra items for kid such as milk to be a burden. My husband would flirt with his in-

laws and house girls from the neighborhood. Someone who will involve his family first in the tiniest decisions in our house and I'll be informed later.

I got tired when he had chosen to move back to his parents' house and rent out his house. I saw danger and I suggested that I should pursue my career with my kid in a different town, but he rarely calls or texts. Even during long holidays he would make me wait even for two to three months without sex, even if I insist on going to see him monthly he gets angry saying I am wasting money on transport. It hurts really badly but I have to remain there since he is paying my campus fees. I don't plan on dumping him but I really don't know what this life's up to. I have never cheated and not planning but I lost feelings for him. It hurts.

Answer: Love does not keep a record of wrongs. You have kept a list of what you feel are wrongs done to you by your husband. But if someone looks at the list keenly, he sees a man who is focused on the future while you want to party and spend.

As a woman your complaints are genuine. But if I single few of complaints, if your husband failed to act on them, they were blessings in disguise. Breast milk is enough; you can only buy other milk if the child does not have a mother or a mother does not produce enough milk, but it is proven the more a child suckles, the more milk she produces. It seemed you were a

house wife, why wouldn't you allow the child to suckle more? If the child is not satiated by breast milk introduce other foods.

Flirting is common with men. If he has not committed adultery, there is no need to worry. Why carry extra burdens. Since you are in college, concentrate on your studies. Suppress the sexual desires for the time being. Work so hard that in future you do most of the things your husband never did to you. He may not be having enough disposable income as he seems to be forward looking.

Moving to his parents' house was also a blessing in disguise as it compelled you to develop yourself. At least he supported your career move. Forget the negatives and look at the positives. Do not crave all those things celebrities are doing to their spouses; firstly they are attention seekers to increase traffic on their websites and social sites and secondly, they have the money and sometimes they are sponsored. A normal man cannot compete with them.

Say I am working hard, next time I will drive myself with a kid from the hospital not walking!

9.80 I have been having back problem and I have visited the doctor. I was given medication but my back is still in pain. My husband knows this very well and he has been patient with me until early this week when at night he demanded we do it. My back was so painful that I

told him I could not. He went on demanding and I told him to understand me and let me heal. Can you imagine he turned on the bedroom light, removed his erect huge manhood and forced me to look at it for the last time because I would never see it again (his exact words). I tried to tell him to understand me but he switched off the lights and slept. What do I do when it comes to this? I thought marriage was for good and bad times. I've only been sick for three weeks and this is what he's doing?

Answer: He must have thought you were pretending to avoid sex. It's the wearer who knows where the shoe pinches. Don't expect him to understand what you're going through, he does not. Find a suitable time and convince him you were really in pain. He is a patient and self-controlled man. Pray that God may help, so that harmony is restored between you.

9.81 I took over my late mum's business because I was her only child. My late mum was abused by my father that she ran for her life. They later got divorced, and she struggled to survive alone with me. My father never sought me, presently; I have heard that he was abandoned by his second wife in village where he was suffering from prostate cancer. I was 7 years old when my mum ran away with me. She left me with a friend and went back to school. My mum went through a lot of tribulations. She was an unhappy woman throughout her life because

my father was her first man and he treated her like a maid because my mum married at a very young age and thus she was a novice. She literally went through fire. However, God blessed her with businesses chains that I inherited.

My husband started showing signs of abusing to me. It started when I told him that I couldn't change my name to his name. Before we got married 12 years ago, I had told him the same thing, and he didn't oppose. But his parents are pushing him seriously that I should change my name. His father is the villager elder of their home area. He told me that none of his daughter-in-laws would have another name except his. I should change my name if I want to continue being his daughter-in-law.

I told my husband that I can't because all the businesses I run are registered in my mother's maiden name. That is my mum's school, my mum's bakery, and my mum's nylon company. My husband said I would have to start with court affidavit first and gradually change the businesses name. I told him that I won't, and that was final, and he started being very weird, and I kept to myself.

I am 5 months pregnant, and he prefers to talk to our housekeeper more than he talks to me. I don't want to end up like my mum. She was married to a man who abused her emotionally and mentally. I have been telling my husband that I need us to talk and he is not listening to

me. My mum survived alone. She was heart-broken when her 2 brothers refused to stand by her side at the time she ran to them for shelter with bruises. But today, my uncle's are the ones working in the nylon factory.

For 2 months now, my husband behavior to me is scary and after talking to one of my uncle, he told me that if he gets violent that I should leave and stay on my own, that I can take care of my baby alone and I told him that I would not wait for it to get to that length. I would give him his space immediately. But I can not change my name to his.

I bought a land while I was single and built 4 flats and rented them out. Last week one of the tenants did child dedication and invited me. My husband told me that I can't go to the dedication; he didn't give me any single reason. On that day, I went to the dedication and when I came back home; he said I was too proud and not submissive to him. I apologized and told him that I could not disappoint a woman who I had already promised that I would go. I am 40 years old, and my husband is 44 years old.

Answer: I do not see the reasons why you and your husband are quarreling. Let's say your husband's side are control freaks. If you are to have the name of your father-in-law, you will look like his sister as you are sharing the surname.

If you married your husband legally, you automatically acquire his middle name as your surname. Any other change of name is through a deed poll.

It seems you have not properly inherited the property of you mother. It looks like they are still in your mother's name that is why your husband is keen on taking them over.

Inherit the property and let them be under your name and nobody will oppress you. According to the Matrimonial Property Act, every spouse can own property in his/her name. Since you have started squabbling so early make sure the property is in your name. Otherwise if you register in your husband's name, upon divorce, he may claim he bought it from you and you lose everything.

Do not be intimidated; women sometimes face unfairness in a men dominated corporate world. It is good you remember the sufferings of your mother and that has made you have some standards. Your husband thought you were a novice born with a silver spoon in the mouth. He hatched a plan to snatch your property supported by his father. I have seen nothing you have done wrong so far, but be careful.

9.82 I'm in a marriage and I love my wife though I had a former marriage and we separated with the former wife without any children. After some time my former wife got into another relationship and got a

child but she later separated with the father of that child. Though we separated with my former wife we still remained friends and she knows I am married and have two kids with my wife. Recently my wife found out about the friendship and she found out I help my former wife some times to pay her child's school fees as the child's mentor (I only do it out of a good heart) and now my wife is so mad at me and wants to leave me, I have tried talking to her telling her it's just friendship and she has refused listening to me. How can I convince her please help me because I don't want to lose my marriage?

Answer: Infidelity also involves how you handle your cash. But I would like to ask, are you a serial fornicator? Have you married the woman you are living with currently? Whether your ex-girlfriend married the man he separated with or not, the man is required by law to pay her child's maintenance fee to support his child. Therefore there is nothing like out of good heart you helped your girlfriend to pay a child's school fees. Your wife is justified to leave you. If you have married her legally, you can refuse to give her divorce and apologize for your actions. But if you have not yet married her, you cannot stop her leaving.

9.83 Is marriage like this or I am the one who is despised? My husband comes home past midnight, I warm food for him he eats then continues to stay at the dining table for one hour looking at his phone smiling instead of going to sleep.

Answer: Most people are ignorant. For that reason ask him what you want of him. Even if he pretends not to have listened persist. He would eventually do what you want. You are his good helper and sometimes you need to advice and guide him, not looking helplessly at what he is doing.

9.84 There is nothing that pains like I come home in the morning thinking that my wife would start some commotion asking me where I slept the previous night, only to find out she does not care, she treats me as if nothing happened.

Answer: When your wife is not combative any more, it does not always mean she is endeavouring to steer clear of conflict. It shows her mounting lack of concern in the things that concern and threaten your marriage. You are right that it pains not seeing her put up some fight. This is an apparent sign she no longer loves you or she is discontented with your relationship.

To salvage your situation, scrutinize your previous acts. How did you behave, why didn't you tell her you would not be available for the night? She might have been under depression and you failed to notice so she also resolved not to care about you. Or you may have done something you did not sort out with her; she is thus giving you the silent treatment.

You should take the first step and ask your wife what is wrong. Do so in a tranquil environment. Do not ambush her. Arrange

with her telling her you specifically want to talk to her. Be sensitive to her attitude towards you and keep reassuring her you love her.

9.85 How do I walk out of a toxic marriage? I am 22 years, married for 10 months and I am 4months pregnant. The angel I got married to turned into Satan himself. He talks negative things about me with everyone, friends and relatives. In case I find out he beats me up like he doesn't care. Two months ago he denied me in front of his side chick, saying how I forced him to make me pregnant, how I depend too much on him and how I don't satisfy him. I am a mason but I stopped working after finding out that I was pregnant. Where do I start to walk away?

Answer: If you cannot forgive him and you want to walk away, first examine how you started living with him. If you are co-habiting you can just walk away. If you married traditional, your parents may help dissolve that marriage. If you married legal or the Christian way, file for divorce in a court of law. Fortunately you have infidelity as the reason to dissolve the marriage. This reason is acceptable both under Christianity and the law.

9.86 What do you do when your husband rejects your food over a little misunderstanding and goes to bed hungry?

Answer: There is not much you can do since such husbands are evading their leadership role. But slowly when times are good learn the Bible together so that he might know he is the head of the family. He would also know any family friction has to be settled before the sun sets, that is, as soon as possible. Refusing food is childish. Children are the ones that refuse food when annoyed.

9.87 What can you do as a wife if your husband starts washing his own clothes simply because we had a disagreement and I went back to my parents for 2 days and when I came back because of the kids he's now washing his own clothes and coming with his food and if I wash the clothes he re-washes them again, if I iron his clothes he returns the ones I've ironed and wears different ones. I have even tried to talk to him but he's not talking.

Answer: What you can do is pray and fast for one day imploring God to soften your husband's stance. A husband like yours is evading his leadership role. But slowly when times are good learn the Bible together so that he might know he is the head of the family. He will also know any family friction has to be settled before the sun sets, that is, as soon as possible. Giving you the cold shoulder treatment is childish, reeks of sibling rivalry.

But the good thing is that you are staying in the same house and he is not talking nasty, you will reconcile. Don't worry, be patient.

9.88 My husband always complains that he is tired because of work. He is not romantic; we will copulate if he wants. When I need him and start fondling him he becomes so harsh and claims I am behaving like a child and pushes my hands away as if he is avoiding leprosy. Sometimes he tells me he has a lot of work, but when I approached him he was just idle. But he has been doing the same work when I got married to him, everything was rosy and he was good to me. What could be wrong with him?

Answer: If he has been doing the same work ever since you met, chances are he is craving promotion but he is being frustrated. He could also be facing victimization at work. If he is constantly tired he could also be having elevated blood sugar from stress. He therefore could be un-diagnosed type two diabetic or could be pre-diabetic. He might be worrying or is anxious about something or his future. All the above kill libido and desire for sex.

Try to encourage him to cope with stress, anxiety and depression by having 30 minutes exercise at least thrice every week. Pray together for divine peace. Watch his diet; reduce the amount of carbohydrates and increase proteins and vegetables.

9.89 I delivered my first baby in July 18 and I have a problem with my husband. He has been demanding we make love since July 22 and I keep telling him my body is not ready yet. It has created a rift in our marriage. He is now angry with me. He told me I should not blame him for what he was about to do. I have implored him not to commit adultery and protect our marriage because I love him as he's the first man in my life. Please how do I beg him not to do it?

Answer: While some women are strong and can have sex two days after giving birth, most cannot. Some women even claim they need it as soon as possible so that the husband can help them to heal! In other women, the desire disappears completely. Many experts have come up with their own durations of how long the husband should wait before having sex with a woman who has given birth.

Biblically, a woman who had just given birth was unclean. She had to pass through a purification period before the husband could have sex with her. If she had given birth to a boy, the husband was to wait for 40 days before they can copulate. If she had given birth to a girl, the husband was to wait for 80 days before they can have sex.

You can use the biblical duration to beg him not to have extra-marital relationship. Only four days after birth and he wants to poke the honey pot? That is insane! The least he can wait is 40 days. Godly men have to have self-control. Like in your situation, your husband really needs self-control.

The waiting according to the bible was to compensate for the wife loss of blood. Interestingly, 'the loss of blood' can lead to postpartum depression and other hormone surges in women that kill sexual desire. Let your husband understand these intricacies and give you time to heal. You may involve your doctor to explain to him the finer details.

9.90 What happens when you fall out with your wife, she then denies you sex and expects you should not have an affair outside marriage?

Answer: In marriage, a woman has no control over her body likewise a man has no control over his body. Sex should never be denied except when couples agree to abstain for a time. Your wife is aggrieved and you should not let that persist. In fact you have to solve your affairs before the sun sets. Your desire to have extra-marital relationship shows you do not want to solve what is making your wife unhappy. Your wife's expectation that you should not have sex with any other woman shows that she wants you to reconcile with her, make her happy, she would then give it to you.

9.91 I'm a lady of 27 years and my marriage will be four years old by December. Before, I got married to my husband, he promised that we would live together and he would visit his aged parents in the village every weekend, which I accepted.

After our wedding, there was a general lock down in the country due to Corona virus outbreak. So we moved to the village with my husband and stayed in a family House. Staying in the family house was not easy as I became the family house maid and was denied the right to make decisions (personal or otherwise).

When the country had lifted the lockdown partially, I returned to our rented apartment. I regret this decision since it is the cause of my present pain and suffering. My husband's parents have asked him to take my child away from me contending that I am not a good mother to my child. I rent an apartment. He hardly visits me, he prefers staying in the village with his parents who accommodate and feed him. He sends any amount he likes for his child upkeep and does not care about me (my food, clothing and others) which I handle with what remains of my salary.

This year (2023), I have had bad experiences such as miscarriage. My husband did little to cushion me from my troubles. He constantly tells me that the only reason he still communicates with me is because of his child. His words and actions towards me are negative. He sees me as a failure and his great mistake. I have to apologize every time we quarrel, even when I'm right. I'm emotionally drained because this is not what I bargained for. He gives me no care and affection. I'm so stressed and lonely in this marriage. I have lost identity but I know I can regain it back. I don't know what to do now. I don't know the best decision to

make that wouldn't affect my child negatively. My child's wellbeing is my priority but I need peace of mind. I need to relax. What should I do?

Answer: Meditate and fast for at least one day per week. In your meditation ask God to give you peace of mind and wisdom. Also ask him to make your husband mature and take his responsibilities seriously. Ask God to give you wisdom to bring up your child. Pray also that you are able to contain your emotions and you do not affect your child negatively. Pray that He comforts you.

Follow a program I have emailed you (such a program can be found in my book, 'Never get Weary or Weak').

9.92 A man threatened a woman that they had lived together for 23 years and had 4 boys and one girl that he would go to the customary court and divorce her. He told the woman that she would not get a pin from their property because they didn't do court wedding. But the man had paid her bride price. Is it only court marriage that is good and recognized in Nigeria?

Answer: All marriages that exist either by customary law, Islamic law and statutes are recognized. Court marriage also known as civil marriage or state marriage is however superior to any other marriage. This is because it is documented and one is allowed to marry only one wife. Another advantage of court

marriage is that separation and divorce has to be contested in a court of law.

In all the marriages the wife or wives have lifetime interest in the property of their husband after which it devolves to the husband's children in equal measure unless there is a will specifying the distribution.

Wives nowadays are allowed to own property in their name while still in marriage. This becomes their own property which they can dispose off unlike their husbands' property which they cannot do so but hold it in trust for their children.

Divorce when one paid the bride price in any type of marriage, is not an easy affair. If parties willingly decide to part it may be an easy issue. But where one party does not want the marriage to be dissolved and the party wanting it to end has no valid reason, it becomes a herculean task. Therefore, the man's threat to the woman is Just bravado.

9.93 I think it's very wrong using sex as a weapon in marriage. He asked it in the morning but I wanted to wash clothes quickly so that I could attend a merry-go-round gathering. When I asked him for some money for the event he refused to give me. I wondered why he was angry when we had spent the whole night together and he had never requested for the goodies! Why inconvenience me when I have a schedule?

Answer: Your spouse is very important than anybody else. The joy of marriage sex is spontaneity. You should have re-scheduled your plans like doing away with the merry-go-round. You could then have quality time with your husband, sent money to the merry-go-round with an apology and washed your clothes. Your husband was not at all using sex as a weapon but was annoyed as you seemed not to prioritize him in your life.

Merry-go-round can be substituted by saving regularly in banks, financial institutions and Sacco. Your husband is unique, he can never be substituted. Remember a wife has no authority over her body but the husband does, likewise the husband has no authority over his body but the wife does. You can abstain from sex if both of you agree and for valid reasons. But in this case, you made the decision alone, and your priorities were trivial matters that could be re-scheduled.

You could only have stuck to your schedule if you had informed your husband of it the previous night and he had agreed. I am sure if he had known your schedule, he would not have inconvenienced you. But since you kept it secret, the plausible thing you would have done was to reschedule.

9.94 How would you treat a spouse who abandoned you with kids because you had an argument? The argument was non-violent. She waited till I had gone to work and left without notice. She left me with house girl and the kids.

Answer: You have not divulged what you were arguing about. The matter must have been weighty to her. Go and find her and reconcile. Ask her what really annoyed her and what she wants you to do. As it stands now, you are informally separated. Both of you are not to have extra-marital affairs. Sex outside the marriage by any of you is enough reason for the aggrieved party to seek divorce. Leave anything you have to do and go seek your wife. Reconcile and bring her back home.

The argument might have been non-violent, but she was really affected. Perhaps it is because she pursues peace.

9.95 I have cried enough in this marriage. He's not talking to me and I have done nothing wrong to him, even if I touch him at night and beg him he refuses and it is a month now since we had it (sex). I am suffering and I want to stick to my wedding vows so I cannot cheat. I have tried to beg him to tell me what I have done to him but he's just kept quiet. I am almost getting mad. I have even grown thin because of this situation. What will I do, should I involve parents?

Answer: Marriage problems should be resolved before the sun sets. Your husband is the head of the family and should show leadership. Since he is not taking his role seriously, you have to take some action. A quick fix would be to involve parents. However, this method requires you air your dirty linen in the open and reveal all your skeletons in the cupboard. The dirty

linen and skeletons may be seen by your enemies and friends alike. It may be a subject of jokes and memes by your friends for a long time and you may never like the coarse jokes. It would be a weapon your enemies may use against you.

My advice is that you avoid the quick fix and go for the long method. Control and contain your sexual desires. Grow thin as you can, so long as you are healthy there is no problem. Even if our bodies waste here on earth, we shall be given new ones in heaven. But if you take care of your health and avoid being a slave to sex, you do not need to be thin.

After you have gotten hold on you sexual desire, seek separation from your husband. If he gives you the separation, use the free time to pursue a career and develop yourself. If he commits adultery during the separation period, divorce him and find a suitable man to marry you. If he wants you to reconcile either before the separation or during separation, tell him the condition for the re-union.

He should be man enough and ensure your differences are sorted before the sun sets. He should lose control over his body and you have to have sex with him when you need it. You can only abstain for a time if you mutually agree.

9.96 My husband no longer insists when I say NO to him in bed, he turns around and falls into a deep sleep. I need advice

Answer: With the increasing cases of men being accused of marital rape, most men have become wary when a wife says no. This is because in marital life, a no should never ever exist. Yes at least not a naked no. Every no should be elaborated. If you say no, continue by adding something like, 'I am on my periods', 'I am unwell', 'I am not in the mood, what about if I wake you in the morning and feed you?'. You can clearly see that a naked 'no' does not invite any more discussion. A prudent husband has to turn around and fall into slumber. But a 'clothed' no invites some debate and agreement.

In addition, if you say a naked no, the husband's subconscious mind switches off the desire. If he persists asking and eventually you accepted, by the time you accept the subconscious mind would have shut completely the possibility of having sex with you. Therefore any sex you have with him will not be enjoyable. It would be like he is masturbating. Sex is enjoyable when both the spouses are looking forward to it. Your husband's system had shut down immediately you said No! Let not his manhood cheat you, after the no, any sex thereafter is dull. That is why your husband gave up. Previously he could insist after you said no and you gave him, realizing it is not good, presently the moment you say no, he turns around and falls into a deep sleep.

Chapter 10

Couples are asking about family finance

10.26 I am married with 3 kids I am 30 years old. I live with my house help, my husband's niece and my brother in law; a total of 8 people in a 2 bedroom house. I have been jobless for about 2 years now but I do some hustles like hawking second hands clothes (Mtumba) to make sure I have something for myself. My husband has a stable job; his salary is about 100k. Our rent is 15k and our kids are in a public school therefore we don't spend much on fees.

My concerns is this, apart from rent which my husband pays and 5k he gives me for shopping, he has left everything else to me. I feel overwhelmed. From my 'mtumba' hustle I took myself back to school, thank God I will be graduating in November. I have to cater for what 8 family members eat on a daily basis. Any other requirements; the children's transport which is 7k a month, my house girl, his niece who is in a day school, she is an orphan I took her in so I can't neglect her, she is my total responsibility, electricity, I mean any other responsibilities he won't help unless I beg him.

This guy will not leave even a 200 shilling note in the morning. Most of the time I would have to borrow money from other people because he would scare me with his attitude whenever I request him money. He can travel up country for a week without leaving me anything unless I

call and ask him to send us something. I feel so bad that I have so many burdens yet with his help I think it could be easier.

What do people do when it reaches this point? I know I made him get used to it since when I was working I would sort everything I could without asking for his help. Now that my financial muscle is weak, isn't he to stand as the man of the house and reduce some burden off my shoulder? Not to forget I have loans from my Chama, money that I used to admit his niece in a secondary school. We had agreed to take her in and take her to school. But when it was time for admission he went mute so I had to do something.

Answer: First I thank you for being such a hard working and helpful woman. It is the responsibility of the man to provide all basic needs for the family and some luxury as much as he can afford. All household chores are a man's responsibility. You only came in as a good helper. This relieves him and is able to concentrate on the more strategic decisions. Therefore, it is unfortunate you shoulder his burdens. Remember it is your godly responsibility to take care of your parents if they are alive. For that reason, it is not wise to spend till you are in debt while you could be saving to help your parents if they are in a fix.

When you are taking loans, is your husband aware? I guess there is a communication breakdown in your marriage, information is not flowing properly. The rule of the thumb is, take

a loan when acquiring an income generating asset, not on general expenditure.

Next time prepare a budget showing your total expected income. Then break it in line item like; receipts from husband estimated income from mtumba and estimated income from Chama. Show all total expenditure and break it down in line item such as; children transport to school, house girl salary, niece transport and meals, electricity and all other items. Subtract total expenditure from total income to get the deficit. Add on the deficit other items like loans and borrowing broken in line item. This becomes the total deficit. Share with your husband and ask him to fund the deficit.

HOUSEHOLD BUDGET		
Expected Income	Kes.	Kes.
Receipts From My Husband	5,000	
Income From Second Hand Cloth Sales(Mtumba)	15,000	
Income From Chama	<u>2,000</u>	
Total Income		22,000
Expenditure		
Children Transport	7,000	
House Girl Salary	8,000	
Electricity	2,000	
Others (Specify)	<u>10,000</u>	
Total Expenditure		<u>27,000</u>
Deficit		<u>(5,000)</u>

Ask the husband to give you the funds that are missing, that is, deficit and even something more you can save .

A good husband would peruse it and tell you to remove some items he considers unnecessary and he will actually fund the

deficit. The more responsible you are the more financial strength you will get. It is better to face your husband and endure his scary attitude than to be a laughing stock in the community. Definitely your neighbours are gossiping that your husband earns a reliable income but you live like a pauper borrowing. It may also destroy your husband's self esteem if he gets such grapevine.

10.27 My question is, if one's spouse (wife) is also working, does she have to support me in anything?

Answer: A wife was given to man as a good helper. She can support you in virtually every area you allow her to. This does not mean that you squander your income with friends and then expect your wife to take care of the family; it is your mandate to take care of your family. A wise wife would invest her income in ventures that secures the family income. She would cushion you from spending.

10.28 I have been married for 4 years now, I have one kid. It has been a journey full of ups and downs but to me it has been a bit tough. I work and he also works. I support him with bills; I buy shopping and pay the house girl and once in a while food, and also my upkeep. I don't earn much as he earns. Before the month ends I am as broke as a church mouse, but he'll and he won't help. He would just tell me that I don't know how to manage my salary yet my salary isn't that much. If I fail

to buy shopping for a whole month, the house will be full of insults. So one day, I found out he goes to visit his son (he has never told me about him). I have no problem with that but doing it behind my back is the problem. I also found out that this guy earns more than what he told me yet there are times I sacrifice the little I have to use in the house. He never takes me on dates, he is always with the so called friends, and giving me salon and pedicare money is a problem. I mean every day we are just arguing. He says I am toxic and that I should give him a break and move out for sometime because I confronted him about cheating and doing things behind my back and lying about his income. What should I do?

Answer: Know that it is the man's responsibility to cater for all family needs. You are only there as a good helper. Now before you spend your income, which looks like you spend everything, pay yourself first. Save 15% of your income in a compound interest savings account. Then make a budget of the remaining income following the format I have sent you.

HOUSEHOLD BUDGET		
Expected Income	Kes.	Kes.
Total Income	22,000	
Less 15% Savings Of Total Income	<u>3,300</u>	
Disposable Income		18,700
Expenditure		
Grocery And Food	7,000	
Other Household Effects	8,000	
Electricity	2,000	
Others (Specify)	<u>10,000</u>	
Total Expenditure		27,000
Deficit		<u>(8,300)</u>

Ask the husband to give you the funds that are missing, that is, deficit and even something more you can save.

List your expected total incomes less 15%. List your total expenditure. Get the difference between incomes and expenditure. Call the difference deficit as your expenditure is likely to be more than incomes. Take the list to your husband. Tell him to fund the deficit. Tell him also to pay you something small as an appreciation.

In an ideal situation, he should foot all the bills, so that your income is only invested and deals with only unforeseen emergencies. To help him save, you must come up with innovative methods to cut waste.

10.29 On Saturdays I do thorough cleaning in my home. Last Saturday I was washing under my bed and I came across 9k held by a small rubber band. I haven't told my husband yet because I guess the money belongs to him and he hasn't shown any sign of losing money. Tell me, do I ask him about the money or I return it under the bed where I found it? I'm confused; I feel it would be unfair if I take it but I won't lie something is pushing me to use the money.

Answer: Give him his money. Perhaps he lost it or perhaps he is testing your faithfulness given that he knows you do comprehensive cleaning on Saturdays. He might have thrown it there deliberately.

10.30 My wife whom I had married 5 years ago, recently left with 2 kids and went to rent her own apartment. This was after we were given a notice to vacate due to rental arrears. I lost my job and I have been doing my level best to make sure everything was fine. We had a very happy family. I just don't understand what went wrong. The day she checked out of the house she took everything and claimed she had left for her sister's place only to rent her own apartment. What is the best step or a move that I can make? Kindly advice should I let go or what should I do?

Answer: What you should do is find a job, make yourself financially stable the go and look for your wife and take care of

her. Her running away has signaled you are now separated. So do not make a mistake of taking another woman thinking she is a bad woman. All women who have a means to fend for themselves would behave the same.

Circumstances change and it brings out the worst side of ladies. Most ladies would be content in their marriage if the husband is able to provide basic needs and some little luxury. When circumstances change that the husband is unable to provide, the woman changes. Job's wife, apparently she had been a good woman while job was rich. But she was disgusted with the poor job still clinging to God. She told him to curse God and die. She should have been washing his wounds and rubbing herbs and oil in them! But she chose to leave Job alone. Like your wife should have been encouraging you and helping you to seek for a job. But she saw it better to leave you alone.

Remember when things turned around for Job, he did not divorce his wife. Likewise do not hold a grudge on your wife and replace her with another woman when tables turn. They are weaker vessels, they are emotional, and it is difficult for them to focus on the larger picture since family leadership was given to man not a woman.

10.31 How can I deal with a woman that left me at the time I lost my job? She rented a house with her kid after getting wind I had 2 months'

rent arrears. Now that I have gotten a job after 3 years she is requesting to come back so that we raise the kid together.

Answer: She left. She did not divorce you. You did not follow up to divorce her. She is still your wife. If she remained faithful and took care of your kid, take her back and live like nothing happened before. If she involved herself in extra-marital affairs, you have a choice to forgive her and take her back or divorce her.

Remember when things turned around for Job, he did not divorce his wife. This is a woman who left her. She could have clanged to him washing his wounds dutifully and rubbing herbs and oil in them every day. But she chose to forsake Job. Job did not forsake her. Likewise do not hold a grudge on your wife and replace her with another woman now that you have a job. They are weaker vessels, they are emotional, and it is difficult for them to focus on the larger picture.

10.32 In the morning I requested my husband to give me some money to plait my hair and he said he did not have any money. I pleaded that he gives me even a hundred bob and he was adamant he had nothing. I took all the dirty clothes so as to wash them as a consolation. While washing his trouser I saw money, and then I knew God had sent me money. I said to myself, 'I will not spend the money first. I will wait and see what he would say when he returns from work.'

In the evening, I was sitting in the living room with a TV remote control in my hand with legs on top of a coffee table. I just heard him pacing to and fro in the bedroom. He came to the living room briefly and looked at me, then went back to the bedroom. The next time he came to the living room I raised my head and our eyes met. Then I gave him a disarming smile and said, 'honey, there is something you want to tell me and you seem afraid, shall I come to the bedroom?' then I flirted with my eyes and rolled them sensually and said equally sensually, 'ooh honey I miss fried liver!' then blew him a kiss. He just clicked and quickly retraced his steps to the bedroom.

I could hear him pacing in the bedroom like an ant trapped in a tin talking to himself. Occasional he tells himself, 'I had put them here; I must have put them here.' What do you think? What could be his problem? Might he be having depression?

Answer: That is hilarious! While it may not do any harm to return the money to its rightful owner and ask why he was lying to you, and he has then to honour your request, it clearly shows what dishonesty in marriages can do.

Lying in Money matters in a relationship is as good as sexual infidelity. Women who do not fear God are likely to give the husband a test of their medicine by lying also, like you did.

10.33 I have been in this marriage for 7 years now with two kids. I got married to him in 2016 though not legally. We stayed in different counties because work separated us. Though in different counties, we trusted each other. Some of my friends could admire my marriage so much because of the way I respected myself as a married woman especially at work. I am one loyal person who was brought up in a loyal family. So in 2017 my husband lost his job. But I told him it's ok since at least I had something though I was not paid well enough. In the same year I gave birth to my first born.

I used to pay all the bills including my nanny and also used to send him money and sometimes buy him clothes. This was love. In the year 2021 I got pregnant. The pregnancy was hell and I had to quit the job for I was given a total bed rest. He had no job I had no job. I went through hell, but I thank God for my parents as they helped me a lot, including my brothers and sisters. We relocated to his county this year since he had gotten a job.

Now the problem is here, we are living together for the first time since we got married and I'm losing it as I found much weird behavior in him. He now tells me to look for a job or start any business as he is tired of providing. Five months have not yet elapsed and he is complaining. I'm a very hardworking woman, and I can do anything and I'm trying to come up with something at least I became a fruit vendor. What pisses me most is how he keeps pressuring me to do

something. I have also tried my best to hunt for a job but my efforts are yet to bear fruits. My question is, is he not supposed to provide fully without complaints? All I know God works miracles at his own time of which I know He will soon.

Answer: Thanks for that sorrowful and equally encouraging account. Most women who are earning a living would desert a man if he loses his Job. If they do not leave him, they give him the cold shoulder treatment like denying him conjugal rights and despising him, ironically it is at the period your husband was jobless that you gave birth to your two children. That means you comforted him and you were by his side.

Unfortunately, your 'husband' has not taken his responsibilities seriously. Staying with him seven years without him making an attempt to marry you legally is irresponsible of him. Complaining that he is tired of providing when that is fully his job shows he is childish. Your husband should meet all family needs whether you have a job or not. You are only a helper; it is not your responsibility. He should first appreciate the years you took care of him selflessly and take care of his family. He should emulate Jesus Christ who died for the church. Husbands have to love their wife's that much.

The only thing that can help is both of you to study the Bible and appreciate your respective responsibilities. If only he becomes serious in his responsibilities, you have a good marriage. And continue being a good helper.

10.34 I've been married for 14 yrs and my husband keeps on going outside Kenya without telling me, now it's almost a year since he left without communicating and he is not providing support and I don't know what to do. I am really confused sometimes I don't know how to talk to my kids as I am always bitter, I can't control myself. I am doing everything myself, school fees, basic needs I mean everything! I can't take it anymore I feel like giving up in life, please advice.

Answer: You need to fast at least one day per week beseeching God to change your husband to be responsible, help you have stable nerves and shun bitterness and provide you with adequate money to meet your needs. Follow a program I have emailed you.

Your children are looking at you as a supermom, for their sake, never ever think of giving up. After the storm, there is always calm. If you follow the program I have sent you, it will enable you to cope effortlessly till the period is over.

10.35 I've been married for 7 years and we have 2 boys aged 6 and 4. My husband suffered a stroke two years ago and he has never been the same since then. He's unable to work or do anything. I don't have the right word, but he's become a burden to me and my kids.

Answer: I am sorry for what befell you. Such eventualities often happen. If God allowed it to happen, do not despair; learn how to cope by fasting at least one day per week. Do what you can, never complain, have a positive attitude. It may just be a test. By petitioning to God, especially during the day you fast, to give you your desires and lift this burdensome cup from you, he may be healed miraculously. If he is not healed, He will supply enough money to ensure you live with ease, and then you can hire a nurse to take care of him.

10.36 I don't know why most people believe that when women get money, men become insecure for no reason, that is, most men are intimidated by empowered ladies. My friend, most people show their true colours when they have money.

Answer: Thanks for the comment, a woman who looks down upon her husband when she gets money, never respected him in the first place. She despised him and waited patiently to get strength to show her true colours. Money is the answer of everything. It gives economic power, it gives political power. A woman with power that derides her husband would ill-treat him. A woman with power that respects her husband would strengthen him.

10.37 What could be wrong with a man who will never tell you his problems? Imagine I found out through one of his relatives that he borrowed 5k for our food, yet he has never told me what he's going through. It breaks my heart because I could have come through for him because I have a small amount I have kept somewhere. The problem is I can't ask him because I don't want to cause a rift between him and his relative, I really have felt pity for him because he's the father of my kids and I love him so much. Why not tell me about his problem, this really hurts. I have re-paid the 5k and told the relative never to ask the money back from him, I also did a modest shopping of household items.

Answer: A wife is a good helper. You would have seen provisions in the house were dwindling and replenished them to your ability. But when you wait everything to run out, the man, since it is his responsibility, has to use any means to ensure you people miss nothing.

Try to gossip with your husband other than gossiping with his relatives. It is common when there is strained communication between wife and husband, the wife will automatically gossip with his relatives to gauge if he still loves him. This is because it is believed a man would communicate his decision to chase a woman first to his relatives. If you gossip regularly with your husband, he may open up to you and tell you his pressing problems.

10.38 I paid rent adding up to 18k. When my husband returned from job in the evening, I enthusiastically told him I had paid the rent. He refunded me my money and said he would cater for all bills. He added that I can use my money on anything I wish, the day he feels he needs my assistance, and he would tell me. I felt he doesn't appreciate my efforts!

Answer: It is true you felt he does not appreciate your effort. But not all men have the knowledge. A knowledgeable man would have thanked you at the bottom of his heart, and appreciated your effort. But a knowledgeable woman would have asked his husband first before paying the rent. He would have appreciated more if you could pay rent when he was in a fix and he is unable to pay. But when he can pay and you pay, it makes no impact.

A wife should be a good helper and you were trying to do that. Other than being pained that he did not appreciate your efforts, why not look at the big picture? Instead of thinking in terms of rent, why not save that amount you wanted to give him so that you own your own house? Or better still take a mortgage and buy a house? As a good helper you should be keen and advise your husband on projects that have long-term positive impact.

10.39 I would like to ask, what can a housewife do so that she is never broke?

Answer: A housewife can come up with ways to avoid wastefulness. Like the virtuous woman in the bible who knit her own clothes instead of buying, she can have a garden or container garden for vegetables. This would save on vegetables bill and she can save the amount she did not use.

She can knit sweaters and crotchet items she can sell to neighbours. She can save enough amounts and open a website where she showcases her knowledge. And if she gets enough traffic, she can earn money. She can also monetize her posts on Facebook, Instagram, Tiktok and any other social media.

She can write e-books on her area of specialty and sell them on e-book platforms. Or offer online tuition.

She can venture into agriculture and keep fowls, selling their eggs. The possibilities are many depending on her area of expertise.

10.40 Are couples supposed to involve each other before taking loans?

Answer: Yes, because if he/she dies, the remaining spouse would be required to clear the loan. In a worse scenario, if the loan is pledged on one of their asset, the asset could be sold to repay the loan. This ambushes the other spouse when the asset is lost. And sometimes, one couple would be in a position to give the other the money he/she wants to borrow. Loans have

their own stress and therefore couple do better if they share the stress and encourage each other.

10.41 I bought a land 2012 before I met my husband. We started building on the land after marriage in 2016. I used all my salary on that project and husband didn't even put much into the project. I furnished the house myself. We have two kids a boy and a girl. My husband came to me one day and said that I should change the document of the house to that of my son. I trusted him I didn't know this man had another plan; my husband married another woman and brought her into my house when she was already pregnant. He did not change the document to my son's name but he changed it to his names. He said if I can't stay together with the wife I should move out. What should I do, how do I recover my property?

Answer: Sorry for the plight. If you had knowledge you could have known that the document could bear your name and that of your son. It is also not practical for land to bear the name of the son only, since it seems he is below the age of majority and cannot pay tax. The document thus needs the name of an adult.

Since the whole issue sounds as a fraud, if you have all documents from the time you acquired the land, built and even authorized the property in the name of the son, collect those entire documents and all your personal effects. Leave that house and sue your husband on fraud to recover the property.

Matrimonial Property Act allows each spouse to own the property they had before marriage or acquired during marriage in their own name. The land is yours and your husband has to prove how he owned it legally and honestly. Hope everything is decided in your favour, lawyers are best placed to advice you.

10.42 A man was left with no words after his wife gave Kes. 800 as her supports towards their children's school fees of Kes. 32,000. According to him, he needed help with fees because he had already paid house rent of Kes. 64,000. The disappointed husband added that the wife earns a steady income from a thriving shop which he set up for her.

Answer: The statement does not have enough information. Therefore it is not wise to castigate the wife. In business we have income and profit. Earning steady income does not mean the business is thriving. It may be making enormous losses. In business you can only withdraw the profit and not the income. Withdrawing the income is like eating the business's stock. Soon you would have nothing to sell. The wife was wise when she gave her contribution which might be the only profit she made.

The man can reduce his rent by half by seeking a cheaper house and the other half he can pay school fees. After paying school fees, he would always remains with 32k which he can take a mortgage and buy a house to do away with rent altogether or save and build his own house. The man seems

unwise and he wants only to criticize his wife publicly for no good reason.

10.43 Why is it that, once a wife start providing in the family due to husband job lose or something, that marriage won't last?

Answer: Women were not created with the responsibility to provide. It is man's responsibility. A man would be required to think strategically into the future, save, protect and assure the family all is well even if he does not believe his own words.

When a woman takes the responsibility to provide and think into the future, she becomes overwhelmed when she comprehends all is not well. She panics and in her panic, she sees no future with her man. This is understandable as family leadership role was given to men and not women. The only solution she sees is to depart from the man and perhaps start a fresh with another man. Like Job's wife told Job, 'curse God and die'. She was not trying to help Job end his suffering, she wanted Job to die and release her from the marriage bond so that she remarries and moves on. She saw no future with Job.

Chapter 11

Couples are asking about dressing style of their spouses

11.5 My wife doesn't work and I am okay with it because I am the one who told her to stop after I saw our young kids were suffering because she was coming home very late and on the other hand I don't like maids looking after my kids. So on Friday morning I went to work on reaching my duty station, I realized that I had left a very important file at home. I had to go back home, on reaching home, I found my wife descending the staircase wearing very tight trouser jeans and I had warned her about wearing those things. I asked her where she was going and she told me she's going to see her sick friend at the hospital. Then I wondered which hospital permits visitors to visit patients before 8am. Then I realized, that might be the reason she took our kid for holiday to her sister's home so that she could loiter around! What should I do now because I feel so stressed and down though when I came in the evening I got her in the house and when I started interrogating her, she started crying?

Answer: All human beings have goals in life. One goal of every human being is to be working and earning a decent income. It gives them the sense of purpose and hope in life. It also cushions them from unforeseen eventualities.

Asking your wife to leave her job should have been only temporary as she seems not to have liked the idea. Asking her not to wear jeans trousers gives her an impression you want to totally control her life.

It looks that the main reason you wanted her to leave the job, is not the children but you were afraid due to her dressing she would fall into the trap of sexual immorality. You wanted her to stay at home and remain indoors not visiting anybody. Since you found out accidentally she does leave the house, you are quite disturbed.

You can never police sexual immorality. This is something people decide in their heart especially if they have the motivation to please God, to be faithful to their partners. I one time stayed in a Muslim dominated area but it had some Christians. Away from the Muslim villages Christians had pubs and clubs that operated for 24 hours each day. I witnessed very notorious Muslim girls that left their villages clad in 'buibuis' , hijabs and even 'ninjas'. Once they were away from the Muslim village, they removed these attires, hid them in their hand bags, revealing scanty dresses that were under the 'buibuis' then majestically entered clubs in Christian villages.

Then there was a married lady I knew of SDA church. She wore decently and all her clothes were long enough to be below the knee. On pretense to hawking SDA's books she also peddled her vessel among the men.

Therefore understand in as much as dressing sends out a message, it does not matter when it comes to morality. Even those dressing decently and are housewives, could be the most terrible in terms of morals. Most people wear jeans trousers because it is the fashion, they feel cool to move with trends, it is not because they are immoral or advertising their wares, far from it! They are in fact very faithful and loyal.

Most religions advise ladies to wear anything they want only they should be modest and avoid clothes that accentuate their bodies. Therefore wearing trousers is just in order. And going to work is also in order. You need to release your wife, let her resume work.

11.6 If after marriage your husband says no makeup, no bum short, no trousers, no eyelashes, no fixing of nails, will you accept?

Answer: All conditions spouses place on each other should be spelt out during courtship. Like if all the spouses have to work or one would stay at home. The number of children they want. If they would live in the city or settle up-country. If each spouse would help his/her parents or they would do so mutually.

The kind of dressing and make up they have to wear after marriage should also feature during courtship. If a man accepted a woman with makeup, bum short, trousers, eyelashes and fixed nails during courtship, why would he ambush her after

marriage and say no to whatever? Is it because he wants to say his wife no longer looks beautiful so that he can chase those on streets?

What attracted a man during courtship should continue even after marriage. Consequently, if after marriage your husband says no makeup, no bum short, no trousers, no eyelashes, no fixing of nails, you should not accept. Everything has to be mutually agreed during courtship. Otherwise the couples should part and find a person that can accept them the way they are.

Chapter 12

Couples are asking about strange happenings

12.36 I am married for six years now. Growing up I was brought up with boys I being the only girl among 5 boys, my problem is I grew up hating men so much. Throughout my schooling I only dated one, I came to Nairobi after form four and met my husband who was also from a high school but the guy helped me. I have hatred for men and I guess this thing is affecting me since sometimes I do not respect my love. I always see my husband as a good for nothing person. Am I okay or I have a problem?

Answer: You are very okay and you do not have any problem at all. Nicolosi (2002) in his theory, familial and cultural factors was of the view that environmental factors affect the behavior of children into adulthood when he postulated that a hostile feared brother, a mother who was very warm and had an attractive personality, demonstrating to be more appealing to the boy could cause him to be emotionally removed from his father. He added that a mother who was actively disdainful of masculinity, childhood seduction by another male, peer labeling of the boy due to poor athletic ability or timidity were cultural factors encouraging a confused and uncertain youngster into embracing unwanted habits.

Thus it is the environment that you were brought up that made you to hate men. Fortunately, since you learnt the behavior, you can also unlearn it. Recognizing you have no problem you only need accurate knowledge and you have to slowly discard the hatred is the first step. You would make tremendous progress within a short time if you decide to love God. God is love. Loving Him will make you to first love yourself, then you will radiate that love to your neighbours, which include men.

Chapter 13

Couples are asking, spouse is disorganized

13.8 How do I cope with my wife who can't cook, wash or prepare her kids for school? But only depends on our house help to do everything including, the spreading of our matrimonial bed?

Answer: Abraham cooked for the angels that destroyed Sodom and Gomorrah. Esau sold his birthright to Jacob because he impatiently needed the bean stew prepared by Jacob. Adam had lived for many years alone before God created Eve for him. If we go by the Bible's understanding that a thousand years is like one day to God, then Adam must have stayed several years alone before Eve.

Therefore, all household responsibilities are man's. Cooking, washing, preparing kids for school and spreading the matrimonial bed are your tasks. Your wife is Just a helper. During courtship you should have gauged her and chose the best helper that fits your bill. If you knew you would employ a maid to be supervised by her, then she does not need to do the chores you have mentioned.

Most leaders or families that have money delegate those chores you have mentioned to house helps so that they can concentrate on the more strategic issues. If the chores are done, there is no need to complain. It is not necessarily that when the wife does them, then it makes you satisfied; remember they are your chores! You could do them yourself if you are dissatisfied.

Chapter 14

Couples are asking about marriage life in general

14.1 My husband is telling me that their tradition requires I must give birth in his parent's house. I'm giving birth hopefully this month and he's already buying food stuffs for me to take to his folks. He hasn't built a house for me upcountry and I find it difficult to stay with his mum in the same place. I've tried to tell him my sister is coming to look after me but he has said no!

Answer: In most African traditions, a wife was supposed to give birth either in her mother's house or her mother-in-law's house. It was because giving birth was considered a women affair and the elder woman considered an expert who would ensure traditional mid-wives were available. Where the woman gave birth in her own mother's house, the tradition was to unite the two families. Forty days after birth, the husband would go and take his wife. When the wife gave birth in his parents' home, it was his parents that organized his reception after forty days.

When birth took place at the husband's in-law, he had to take the child and wife after presenting his in-laws with presents as stipulated by the traditions. These were moments of celebration and the two families felt united.

Though the traditions were good in that they ensured a man would not sleep with his wife for at least forty days after giving birth, the wife was well taken care of and allowed to heal properly, with great advancement in medicine, such traditions are unnecessary. It is better to give birth in the hospital where you can be attended to professionally. If it is a must you send presents to your parents, you can do so after birth taking the child with you, for they would like to see your bundle of joy and bless it.

Go to your husband's home as he wants, but make sure you give birth in a hospital.

14.2 My wife is expecting our first baby. But I am passing through fire, I am like a maid in my own house since her conception, is this normal or she has decided to mistreat me?

Answer: Some ladies due to a surge in hormones can behave that way. Others depending on how you have been treating them, since they know you cannot lift a finger against them; they decide to retaliate by oppressing you. Therefore it is not easy to determine if your mistreatment is planned or involuntary.

14.3 I am a married woman, is there any problem to be dropped and picked everyday for work by a married male colleague who is also a neighbour, is it a threat to my marriage or his.

Answer: If you meet a person of opposite sex in favourable terms like you mentioned where he always picks and drops you, unconsciously a relationship develops. It is therefore wrong. It would have been better if you were picked by a company vehicle since that would amount to duty and not a favour or help. One time you would have to return the neighbour's favour or help and it may break your marriages.

14.4 Does family planning reduces your partner's sex drive? I have a wife who went and put a coil of 3years. Any time I touch her she doesn't have any feelings for sex I don't know if it might be the family planning since before she used to be more active and I can't say she is cheating on me because I trust her.

Answer: Most women using the coil have reported increased or no change in their libido. Remember other than family planning methods, sexual drive can be influenced by; lifestyle, quality of one's relationship, mental health, stress levels and medical conditions. Therefore, talk openly with each other and visit your doctor to help you.

14.5 How do you deal with a grieving spouse? My husband is my best friend, my business partner and a great father to his three kids. Last month my mother-in-law, his mom passed away due to high blood pressure and diabetes. Since then my man has been off guard. He's becoming distant, he doesn't interact as often as he used to. Even in bed he is not active as before. I really want to help him but he's not letting me in. Every time he says he's okay but I can see the pain through his eyes. He's changing and he's getting emotionally detached. Please help me

Answer: Loss of a loved one can be traumatic. Advise him to grieve more openly. You can take him to an isolated place where he can cry, meditate, pray and fast for seven days. In fasting he should vent his sorrow and frustration to God. I am sure at the end of seven days; he would have been given strength to cope and new energy to move on with life.

14.6 Is it good for a husband to give a house maid his old phone since he has bought a new one before consulting his wife? If I take that phone, is it wrong?

Answer: You are the first one to be asked since you may need that phone. It is not good. However, it is wrong to take it away as the maid is already attached to the gadget and may hate you and sabotage you. Be patient since your husband may have

wanted the two of you to quarrel for his benefit. Be calm, and ask him why he gave the phone to the maid while you could use it. Find out his side of the story before acting.

14.7 What do you say about a lady who says 80% of her friends are men, but has nothing intimate?

Answer: It could be true but that is also a recipe for rape. And if the lady drinks, she could be misused by the men. It is also difficult for such a lady to confide in her husband but she would do so to her buddies.

14.8 Should the husband help you hold the kid (2months old) while you prepare food? Mine here is waiting for the kid to sleep so that I prepare food. Last Saturday we waited till he complained it was noon and we had not even had breakfast!

Answer: Your husband does not know his role. He should not only hold the kid, he should cook! Abraham cooked. Jacob and Esau are recorded to have cooked. All household chores are men's. Women are just good helpers to them.

14.9 Who is supposed to make sure the doors are locked before sleep?

Answer: Then man, because in case of a security hitch, he is expected to defend the family.

14.10 I've never seen a woman say, "I had a good man but I messed up!!!"

Answer: They do say so, just as men do.

14.11 When a woman says 'Can I ask you something?' Just know that the investigations are over. The only thing remaining is court case and trial. Just be confident, don't panic and don't lie because she knows everything.

Answer: Not necessarily, everyone needs new knowledge and can ask 'something'.

14.12 Why marriage breaks is because women do what is not right, as a woman never love your husband, you need to be submissive as the bible say, a man is the one who was given a responsibility to love a wife as the Christ loved the church, a woman who pretends to love her husband is a scammer, for a successful marriage, women just need to be submissive and follow what a man says, and that's the reason why as beautiful a woman is, a husband will dump her and marry a younger

girl whom God has opened her eyes to be submissive, just sit there saying that ONCE AM DONE AM DONE. My sister, stop saying being single is freedom, just be submissive and stop loving your husband that's not your duty, don't perish due to lack of knowledge (Hosea 4:6). Please get the knowledge and stop doing what you are not supposed to do, submit and let him love you, a man will never see the love of a woman but will appreciate if a woman would listen and respect him, otherwise you will become single with your children.

Answer: That is equating women to machines. Women love and they have to love. Men need to be loved. We were all created in the image of God. God is love, so we all love. It is written Saul wanted to kill David but realized her daughter Michal loved him.

14.13 Your man is also facing life challenges but you won't notice as your eyes are glued on your own happiness, too focused on how he should make you happy and spoil you.

Answer: True, men also need to be comforted.

14.14 As a married man no matter how much you fast and pray there are some doors that'll never open until you make your wife happy.

Answer: No one can make anybody else happy, happiness is a choice we make all of us and it is personal. You cannot make a negative person happy. You cannot make someone who does not esteem and love himself/herself happy. You cannot make someone who is never contented happy; you cannot make a covetous person happy.

Husbands have to love, respect and cherish their wives like their own body. They should never beat them, mistreat and be bitter at heart with them. They should never divorce them on flimsy grounds to marry younger women. If they fail to do these like you said 'no matter how much they fast and pray' their prayers would never be heard. In fact their prayers are detestable to God. Their prayers are like someone's vomit.

14.15 Why is it that people think that just because you are married things are easy for you as a woman?

Answer: Generally a woman who is married ought to find things easy for her. However, most men do not know their responsibilities or they ignore them.

All household responsibilities are man's. Cleaning the house, washing clothes, washing utensils and paying all bills are man's. A woman who gets a man who can do all this will thus spend her life in front of the mirror preening, arranging her hair and trying an assortment of jewels on herself. She is even luckier if

her husband employs a maid or maids to help her in front of the mirror, comment and ensure she is the most beautiful woman in the world.

However, a woman who is a good helper, in spite of how many maids she has, would ensure she takes over the responsibilities of the house. She would wake-up early even before the maids wake up and prepare breakfast for them. She will scrutinize all investment available and invest the money she has earned. She would save aggressively in times of abundance. She would prevent wastefulness in her house. She would come up with energy saving methods like use of renewable biogas than using the expensive liquefied petroleum gas. She would save on electricity by using solar energy or energy saving appliances. She would literally embrace cost saving measures she can think of. She would have peace of mind and she will not fear the future.

With her husband and children praising her and supporting her, her life should be easier than when she was single.

14.16 I'm in my seventies now, my wife in her sixties. I am an elder in my Church and an advocate of one man, one woman till death does parts them. I'm at a crossroad, I've endured this situation for some years, our young pastor has also intervened but I think it was her body chemistry. My wife is no longer active in bed, it's been on for a while now, but I'm still very active. I can't be engaging in extra marital affairs, never. My children advised I take another wife, my friends also. But you

need to understand my kind of marriage; we are Christian, Bible Christian. Our children resorted to second wife after every solution failed; medical and counseling. My wife will not take this, having another woman with her as wife, even I can't imagine it. My children then advise they get us housemaid as a tactical way of satisfying my sexual life. To me, this is also an act of unfaithfulness and deception. But in fairness to my wife, she's not wicked or being deliberate, I think it's her body chemistry and make up. There is almost nothing I want in life again but my sexual life is suffering. I need your advice on this.

Answer: This is some bullshit you have written to me. I expect you to take no offense at the language I am using but let's talk candidly. Sex is controllable and as a minister, you know something of self-control. Jesus said there are three kinds of asexuals; some were born asexual, some were created by men and some gave up their sexual desire for the sake of the gospel.

To reach the hearts of your flocks, you have constantly to watch world events as they unfold, read as many books as possible and above all, pore into the bible. Bookworms will tell you reading keenly kills libido. In fact during my school days, as other students sought avenues to fornicate we suppressed our sexual desire by spending our time in the library. I expect if you are busy and selfless helping your flock, the desire should not be there.

When you say a young pastor has intervened in you sexual desire, what do you mean? Nobody can read sexual desire like

a book. This only shows you are flirting and misleading your fold. If you taught them pure Christianity, no one would support your perversity. A pastor should be a man of one wife, having self-control, not covetous and having brought up his children well. Have you brought up you children in Christian teaching? Nope! If you had, your children would be the last persons to support your sins.

No child accepts a step-parent. They just learn to live with them. If you kids can tell you to find another wife, your narration reeks of lies. And if you family is that of faith, instead of solving things like worldly people, you could have prayed for your wife to regain her fire. Most women do not have sexual desire but they would sacrifice themselves to let their men enjoy and pretend to enjoy. Your wife has not read that she has no control over her body but you do? If she were a God fearing wife, you would never have known she lost sexual desire long time ago! She would have dutifully given you your favourite food at the right temperature.

Kill that desire and do the right thing. The spiritual health of your family is wanting. Your church is not spiritual meaning you are misleading innocent people. Use the remaining part of your life to teach biblical values to your family and church. The desire will go if you are busy.

14.17 I have been married for 1 year and 3 months now without a child. This is my story; my husband and I didn't have sex when we were in courtship. Then after our wedding, I found out that he had a very weak erection, and did not ejaculate. I thought he would be alright, but until presently he has not improved. I need a child seriously. Everybody is pointing fingers at me to have a baby, especially my family and his own. His dad has been pestering me in the village for him to take me to an herbalist that gives herbs for women trying to conceive. What do I do? I have not told anybody my predicament. I don't want to expose him and I am tempted to go an extra mile to have a baby. What do I do since I need a child seriously?

Answer: Go together anonymously and see a doctor. He will carry out tests and find out what the problem is. Some people have elevated blood sugar or are type two diabetics without knowing. Diabetes causes sexual dysfunction. Accumulation of toxins in blood cause inadequate blood to flow in the penis causing weak erection. Causes of what you have highlighted are many; therefore see a doctor with your man.

Thank you for protecting his privacy, it is something he has no control over it and if you despise him you are actually despising God who made him just like Michal who looked down on David, and as a result, she could not have a child. But what you have done is good, may you be blessed with a family!

14.18 When husband refuses to sleep with his wife for more than one month, what is the next thing for a woman to do?

Answer: If you never asked him to sleep with you, ask. If he refuses, he should give you a valid reason. If he still refuses without giving a reason to satisfy you, separate with him. After separation, you should only reconcile if he appreciates he has no control over his body as far as sex is concerned but you do have control over his body. If he ignores you after separation, you can go ahead and seek divorce if the separation goes beyond two years.

14.19 I have been married for nine years. My main problem is my wife's phone, which she won't let me access. She has locked it with a password, which I have tried to ask her to unlock, but she won't. Is she hiding something? I have a password on my phone because of the sensitive work documents I have in it — and as you know, the husband is the head of the home. She is my wife; she shouldn't have that password in the first place."

Answer: You cannot police human beings on matters of morality. As long as she respects you and she is faithful don't go to that extent of spying on her. Some women are more intelligent than their husbands. If they realize their husbands have some weaknesses, they go an extra-mile to protect them. Like it seems you are so petty.

Women cannot stop men from flirting with them. In fact some men seek their numbers and send them love messages. As petty as you are, if you came across such a message, you are likely to cause hell. It may not be necessarily men. Your side chicks intent on separating you with your wife so that she may have a field day, would use their boyfriend's number to send amorous messages to your wife. The way you are, you can read the message and quickly call the sender to confirm it is a man, when you hear a man speaking on the other end, you end the call and make conclusions.

You should walk the talk. Remove a password from your phone first. If you have sensitive office documents as you say, why not put them in one folder and lock the folder with a password?

Your wife may not be hiding anything. But if you quarrel over petty things, she would make sure she does not allow you a chance to quarrel. A lot is being shared through Whatsapp, and stray things may enter her gallery. Something unnecessary may be shared in a group she is a member or someone thought it would interest her. Were you to come across such videos or pictures, would you ignore, ask questions or quarrel? Depending on how you acted before, your wife may be open to you or secretive. If she is open, in fact she would be the first to show you the videos or pictures.

14.20 What can you do when you are not in mood for sex? I have tried to wash utensils as slow as possible so that he sleeps but he is still awake waiting for me. I have decided to iron and fold all clothes but I can hear him coughing to attract my attention. I decided to go at a neighbour's funeral to keep vigil but I can see the bedroom lights are still on. I even came back and pretended I was seeking warm clothes as it was becoming cold at the funeral so that I see if he is asleep, he is still waiting for me, and he is stark naked. Marriage is hard really. Should I spend the whole night in this funeral or what shall I do?

Answer: When you are not in mood for sex, other than playing childish games you are doing, concisely tell your partner you are not in mood. You negotiate and give him a waiting period. If you did not want sex in the evening, but can do so in the morning, promise to wake him up. If you needed at least two days to deal with what is disturbing you, plead with him to wait for two days. When he knows you are not okay, he may help you heal faster, or give you the advice that may change your outlook. It is said anxiety weighs down man's heart but a good word spoken at a right time cheers him up.

You can see if you had faced your husband and told him the truth, you could be sleeping soundly than wasting your time the way you did. Then the following day none of you would be productive since you never slept.

14.21 You find a woman separated with a husband, in fact she chased her hubby from house and she is busy solving People's marriage issues, how does it sound?

Answer: Helping people gives one joy. It is the best way of coping with pain. If she is giving sound advice, there is nothing wrong with that let people benefit. There are two Swahili proverbs; 'mfinyanzi hulia gaeni' and 'baniani mbaya kiatu chake dawa' loosely translated as a potter uses broken pieces of pot as his utensils and a bad Indian but his shoe is medicine. The first proverb directly means as the potter maker of pots has no pot, he is forced to use broken pieces of pots as he sales good pots. In the context of a divorcee, she has only broken pieces of pot (or has a broken marriage) but she is giving out good pots (good advice). The second proverb, the divorcee is like a bad Indian (no one would like to emulate divorcees, they are a bad example, especially if the divorce was on flimsy grounds), but their advice is superb, like the bad Indian shoe that heals.

14.22 I'm in marriage for 5 years and I have 2 children and I have talked with my hubby about my bride price and he keeps on giving me false hopes. This August he promised to pay but he did not bother. I feel so bad because my entire sister's bride price has been paid. I am the only one remaining. What can I do to make him pay because he can

afford it but he is not bothering? I have become so offended I don't have any love for him anymore.

Answer: If you no longer love him, leave him and go back to your parents. Bride price is paid before someone marries a lady. If someone cannot honour the whole bride price, it is always negotiated and he is allowed to pay in installments. Therefore, it means you two are co-habiting and fornicating. Then there is no harm if you just leave him and go back to your parents. If he loves you, before he convinces you to go back to him, he should then marry you legally and pay the bride price or part thereof.

If you are legally married and working, keep helping your parents and let the man foot all household bills. Console yourself that helping your parents is compensating for the unpaid bride price. It is difficult to enforce payment of bride price once you are legally married. Bride price is governed by cultures and norms in the society which are wholly dependant on the principle of utmost good faith.

14.23 Sex in the marriage context is more of duty than pleasure. In duty, at times you enjoy your work and at times you are there since duty calls. At times you will go to duty grudgingly but later enjoy your day at work. Whether you enjoy it or not, choose not to deprive one another the intimacy.

Answer: It is not only sex. Everything in life has a time you enjoy, a time you just drag by and a time you do it grudgingly. Even eating itself. There is a time a meal tastes so good, a time you cannot remember what you had eaten and a time you force yourself to eat. That is why Solomon said, there is a time for everything.

14.24 Every time I get in touch with something, I lose interest very fast. I don't know what the problem is. If I start a business, however much it is thriving, I totally lose interest. When I join a productive group, I simply lose interest and stop. Even going to church, I don't know what could be affecting me or what is my problem?

Answer: Medical experts say that one may lose interest in things due to overworking, relationship problems or depression. If the loss is persistent, one may be having a mental problem. You should therefore see a doctor to help you. Mental health conditions include;

Depression

Bipolar disorder

Anxiety

Schizophrenia

Stress and burnout

Addiction to substance abuse

Inability to cope with grief

14.25 Ever since I gave birth, I tend to forget things, what could be happening to me?

Forgetfulness can be caused stress, depression, and lack of sleep, thyroid problems, certain medicine, unhealthy diet or dehydration.

In older people forgetfulness is caused by dementia. Dementia arises from Alzheimer's disease or vascular dementia.

If your parents were harsh, you would have been forgetful due to stress. But as you are older with your own family, the forgetfulness can be by stress, depression, lack of adequate sleep and thyroid problems. Please seek expert advice from the doctor.

14.26 I know it's normal to have cravings as an expectant mother but my hubby keeps telling me I am pretending, so yesterday after supper I asked him that I feel like eating a lemon he refused and said he would bring me some the following day. I left the house at 9:30 pm to find a grocer that was open to buy some lemon. He is presently annoyed that I don't listen to him; he does not understand these cravings or what?

Explain to him cravings during pregnancy is a way the body is communicating deficiency of a certain mineral vital for the woman and the child.

Craving soil and meat is a sign of iron deficiency.

Craving dairy products is a sign of calcium deficiency

Craving fruits and vegetables is a sign of vitamin C deficiency.

Pregnant women may also crave cereals and their products, peanuts and its products and spicy foods.

Therefore explain to him since the cravings means deficiency of something in the body, there is always an urgency to settle the craving. He should not think you were rude but you could not rest till you had been satiated.

Chapter 15

Couples are asking about Domestic Violence

15.1 I had an issue with my man not really a husband but a baby daddy we had a little misunderstanding this guy refused to give me food and I was 8 months pregnant for that matter, this guy hit me a punch on my face and asked me to pack and leave his house, And he refused to give me food and I knew his ATM pin so when he went out to work and forgot the card, I used it and withdrew money from his account. Did I do anything wrong?

Answer: He did something wrong to hit you and deny you food. You could have reported to the nearest police post. Domestic violence is a crime.

You equally did something wrong to withdraw his money. That is stealing. Knowing his ATM pin means, there are times you were real buddies.

Leave him, go back to your parents, and let him marry you legally. Then you have rights like being maintained. He would still have to maintain that child whether he marries you or not. Or you want to be hit till you have a still born? You would be surprised your parents and siblings love you. They want you to be alive not dead! Do not waste your time with the man.

15.2 Guys we had some disagreement with my wife on Thursday which is just normal in marriage and when I was threatening her (I never battered her) she bit my hand with her teeth until I started bleeding as

it was a deep cut which was later stitched in the clinic and I got a tetanus injection. Friday evening I got a letter from the area chief that she had reported me for being violent yet I didn't even beat her. A friend is advising me to go to Police station with my injury and take P3 against her and I feel I should do It, my question is can the police give me P3 if my wife has already reported to the chief?

Answer: Yes you can go. To defend yourself anywhere, like being summoned by the chief or court of law; you need prove you reported the assault to the police. Chiefs operate more like a court of law as they resolve disputes. Police only enforce law and order.

15.3 I am married and I live a miserable life since my husband always suspects me of infidelity. Whenever I have to come home late he accuses me I had been with a man and beats me up. I have been bitter so last month I meet my customer who was always flirting with me but I always refused his advances. This time I allowed him to take me to the slaughter house and thus he slept with me. Right now my conscience is disturbing me I want to tell my husband the truth but I am afraid. What should I do?

Answer: When someone accuses you wrongful, you should become as bold as a lion and continue doing the right thing. Having a rebellious and retaliation spirit is not good. You threw

yourself into quagmire; you will have to fight your own battles.
But I guess, he is not likely to forgive you. But I might be wrong.

Chapter 16

Couples are asking about Religion

16.1 My wife is spoilt with church dogmas till she is not tending to her children. She does not go to church only on Tuesday. I have tried to talk with her but she always rebukes me that God is greater than me. Now I am the one cooking for children. Sunday she leaves the house at five claiming she is going to prepare the altar. I have reached my wits end, I cannot even touch her at night, and she can even tell me to wait for seven days before she can give me conjugal rights. How would I reason with such a wife?

Answer: You need to separate with her. If she comes to her senses you can reconcile and discuss the boundaries that will be there between family matters and church matters.

Further Reading

Key Bible Verses per Chapter

Chapter one

1.88 Zephaniah 3:19

1.89 1 Corinthians 7:9, 37, 38; Proverbs 13:12; 25:14
1.90 Genesis 24:4, 67; 25:27, 29
1.91 Genesis 16:3-6; Matthew 19: 12
1.92 Genesis 25:27; 27:11, 42; 29:18-21; 30:27
1.93 Ecclesiastes 10:19; 1 Timothy 5:23; John 2:2-11; Proverbs
31:6, 7; 23:29, 30; Galatians 5:21
1.94 Ephesians 4:31, 32; 5:22
1.95 Matthew 6:25; Philippians 4:12; 1 Timothy 6: 6-8; Hebrews
13:5
1.96 Titus 3:1
1.97 1 Corinthians 11:3; Ephesians 5:28; Genesis 2:18; Genesis
18:5; 25:34; 27: 17-30
1.98 Songs 8:6; Proverbs 13:12
1.99 Romans 12: 17-19
1.101 Luke 14:28; Ephesians 4: 26; 1 Thessalonians 4:4, 5;
Proverbs 15:13, 15; 17:22
1.102 Genesis 29:30
1.103 1 Corinthians 15:33
1.104 Leviticus 18:18
1.105 Titus 3:1; 1 Corinthians 6:18
1.106 Proverbs 30:25
1.107 1 Corinthians 7:38; Genesis 29:30; Songs 8:6
1.108 Ephesians 5:22-33; Proverbs 31:10-31; Genesis 2:18
1.109 2 Timothy 3:1-5; 1 John 4:8; Galatians 5: 22, 23
1.110 Luke 14:28; Ephesians 4:26; 1 Thessalonians 4:4.5;
Proverbs 15:13; 17:22
1.111 Ruth 1:11-13; Genesis 38:1-30; Proverbs 5:18
1.112 Genesis 2:18
1.113 Proverbs 30:19; 1 Corinthians 13:4-8
1.114 Ephesians 5:22; 1 Corinthians 11:3; Ephesians 5:33
1.115 Proverbs 13:12
1.116 1 Corinthians 6:18

1.117 Job 2:9
1.118 1 Corinthians 13:5; 1 Corinthians 6:18; 1 Thessalonians 4:4
1.119 1 Timothy 5:8
1.120 2 Timothy 3:1-5; Matthew 19:5, 6; Ephesians 5:22-33; 1 John 4:8; Galatians 5: 22, 23
1.121 Titus 3:1; 1 Corinthians 6:18
1.123 Hebrews 13:4; 1 Corinthians 6:18

Chapter Two

2.58 Titus 3:1; Matthew 19:9; Matthew 5:23, 34
2.59 Titus 3:1; Hebrews 13:4; Matthew 19:9
2.60 Proverbs 31:10 – 31
2.61 Matthew 19:5, 6, 8; 1 Peter 3:9; Romans 12:17-20
2.62 Ecclesiastes 7:21; Hebrews 13:4
2.63 Proverbs 29:25
2.64 Matthew 19:19; Ecclesiastes 7:21
2.65 1 Corinthians 6:18; Ecclesiastes 7:21
2.67 Malachi 2:14-16
2.68 Proverbs 26:2; Jeremiah 31:29, 30
2.69 Matthew 11:28-30; Hebrews 13:4
2.70 Malachi 2:14-16
2.71 Matthew 19:5
2.72 Titus 3:1; Romans 7:2, 3
2.73 Romans 7:2, 3; Matthew 19:6-9; 1 Thessalonians 4:4
2.74 Colossians 3:12-14; 1 Corinthians 7:12, 13; Matthew 19:6-9

2.75 Proverbs 14:1; 19:6-9; 26:11; Romans 7:2, 3; 2 Peter 2:22;
Malachi 2:14-16; Titus 3:1
2.76 2 Timothy 3:1-5; 1 King 19:18; Romans 11:4
2.77 Proverbs 13:12; Romans 7:2, 3
2.78 Deuteronomy 5:18; Romans 13:9; Romans 12:17; 1 Peter
3:9
2.79 Genesis 17:17-21; 1 Samuel 1:2-20; Genesis 29:31-30:6
2.80 Hebrews 13:4; Matthew 19:6-9; Romans 7:2,3; 1
Corinthians 6:9,10; Proverbs 6:34; Colossians 3:12-14; 1
Corinthians 7:12,13
2.81 Proverbs 6:16-19
2.82 Matthew 7:1; Luke 6:37
2.83 Matthew 19:6-7; Colossians 3:12-14

Chapter Three

3.29 Psalms 127:1; Ephesians 6:1-3; Deuteronomy 11:18, 19
3.31 Psalms 127:3-5
3.32 Matthew 19: 4-9
3.33 Hebrews 13:4; Matthew 19:6-7; Proverbs 3:29
3.34 Deuteronomy 11:18, 19; Proverbs 22:6, 15; Colossians
3:21
3.36 Galatians 4:4
3.37 1 Timothy 5:8
3.38 1 Corinthians 14:20; Proverbs 1:8; Ephesians 6:1-4;
Ecclesiastes 7:10; 1 Timothy 5:8
3.39 Deuteronomy 6:6-9
3.40 Deuteronomy 6:6-9; Ephesians 6:1-3

- 3.41 Ephesians 6:1-3; Proverbs 22:6, 15; Colossians 3:21
- 3.42 Proverbs 22:6; Deuteronomy 6:6-9
- 3.43 Psalms 101:5; Ephesians 5:22-33
- 3.44 Ephesians 5:28, 33
- 3.45 Proverbs 22:6; Colossians 3:21; Hebrews 3:8
- 3.46 Proverbs 1:8; Proverbs 4:1,3; 6:20; 10:1; 13:1; 15:20; 17:25; 28:7
- 3.47 1 Thessalonians 4:4; Proverbs 13:24; 1 Corinthians 6:18

Chapter Four

- 4.31 Romans 12:17
- 4.32 1 Titus 5:4; Proverbs 5:17
- 4.33 Proverbs 20:20; 30:17
- 4.34 1 Corinthians 6:18
- 4.35 Proverbs 5:17; Ephesians 6:1:1-4
- 4.36 Proverbs 12:25
- 4.37 Numbers 11:2; Ephesians 1:16; 2 Thessalonians 3:12

Chapter Five

- 5.58 Judges 16:1-31
- 5.59 Proverbs 25:11; 12:25; 15:13; 17:22; Romans 12:8
- 5.60 2 Timothy 3:1-5
- 5.61 1 Peter 3:7; Ephesians 5:25
- 5.62 Genesis 2:18; Ephesians 5:22-33
- 5.63 Daniel 5:16; Colossians 3:13
- 5.64 2 Samuel 12:1-5; Leviticus 18:17
- 5.65 1 Corinthians 11:3; Ephesians 5:22-31

5.66 Ephesians 5:22-33
5.67 Proverbs 15:1; 21:19
5.68 Colossians 3:12-14
5.69 Proverbs 10:8
5.70 Matthew 14:14-20
5.71 Matthew 19:12; 2 Samuel 6:20-23
5.72 Matthew 19:12; Proverbs 7:18; Genesis 24:67; 31:10-31;
5:15-18; Hebrews 13:4; 1 Corinthians 7:1-5; Genesis 41:45,46;
Proverbs 7:18; 5:9; Songs 7:6-10
5.73 Genesis 2:18

Chapter Six

6.7 Numbers 5:14-31
6.8 Hebrews 13:14; Matthew 19:6-9
6.9 1 Corinthians 13:4-8
6.10 Proverbs 6:20

Chapter Seven

7.6 Matthew 10:27; Ecclesiastes 7:26
7.7 Job 11:3
7.8 1 Corinthians 6:18
7.9 Proverbs 20:18

Chapter Eight

8.15 Romans 3:23
8.16 Hebrews 13:4

Chapter Nine

- 9.66 Proverbs 11:13; 16:28; 18:8; 20:19; 25:11
- 9.67 Genesis 2:18; 1 Peter 3:7
- 9.68 1 Corinthians 6:18; Ephesians 4:26
- 9.69 1 Corinthians 11:3; Colossians 3:13; Ephesians 4:26; 1 Peter 3:7
- 9.72 2 Samuel 13:1-13; Proverbs 5:19; Genesis 30:16
- 9.73 1 Corinthians 11:3; 1 Peter 3:7; Ephesians 5:22-33; Genesis 2:18; Titus 3:1
- 9.75 Ecclesiastes 7:21, 22; Proverbs 26:21
- 9.76 Ephesians 5:3-5; Psalms 11:5; Proverbs 22:24, 25
- 9.77 Genesis 2:18
- 9.78 Matthew 19:6-9
- 9.79 Philippians 4:8
- 9.80 1 Corinthians 13:4, 5
- 9.81 Joshua 17:6; Psalms 37:29
- 9.82 Proverbs 5:17; 1 Corinthians 6:18
- 9.83 Genesis 2:18
- 9.84 Ephesians 5:22-33
- 9.85 Matthew 19:6-9
- 9.86 1 Corinthians 11:3; Ephesians 4:26; Ephesians 5:22-33
- 9.87 Numbers 1:4; 1 Corinthians 11:3; Ephesians 4:26; Proverbs 19:11; 25:15; Ecclesiastes 7:8
- 9.89 Leviticus 12:2-5; Galatians 5:22, 23
- 9.90 1 Corinthians 7:3-5
- 9.91 Daniel 9:3

9.93 1 Corinthians 7:3-5

9.94 Luke 15:9

9.95 Ephesians 4:26; 1 Corinthians 11:3

9.96 Ephesians 4:25

Chapter Ten

10.27 Proverbs 31:10-31

10.28 1 Timothy 5:8; Genesis 2:18; Proverbs 31:10-31

Chapter Eleven

11.5 1 Peter 3:3

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