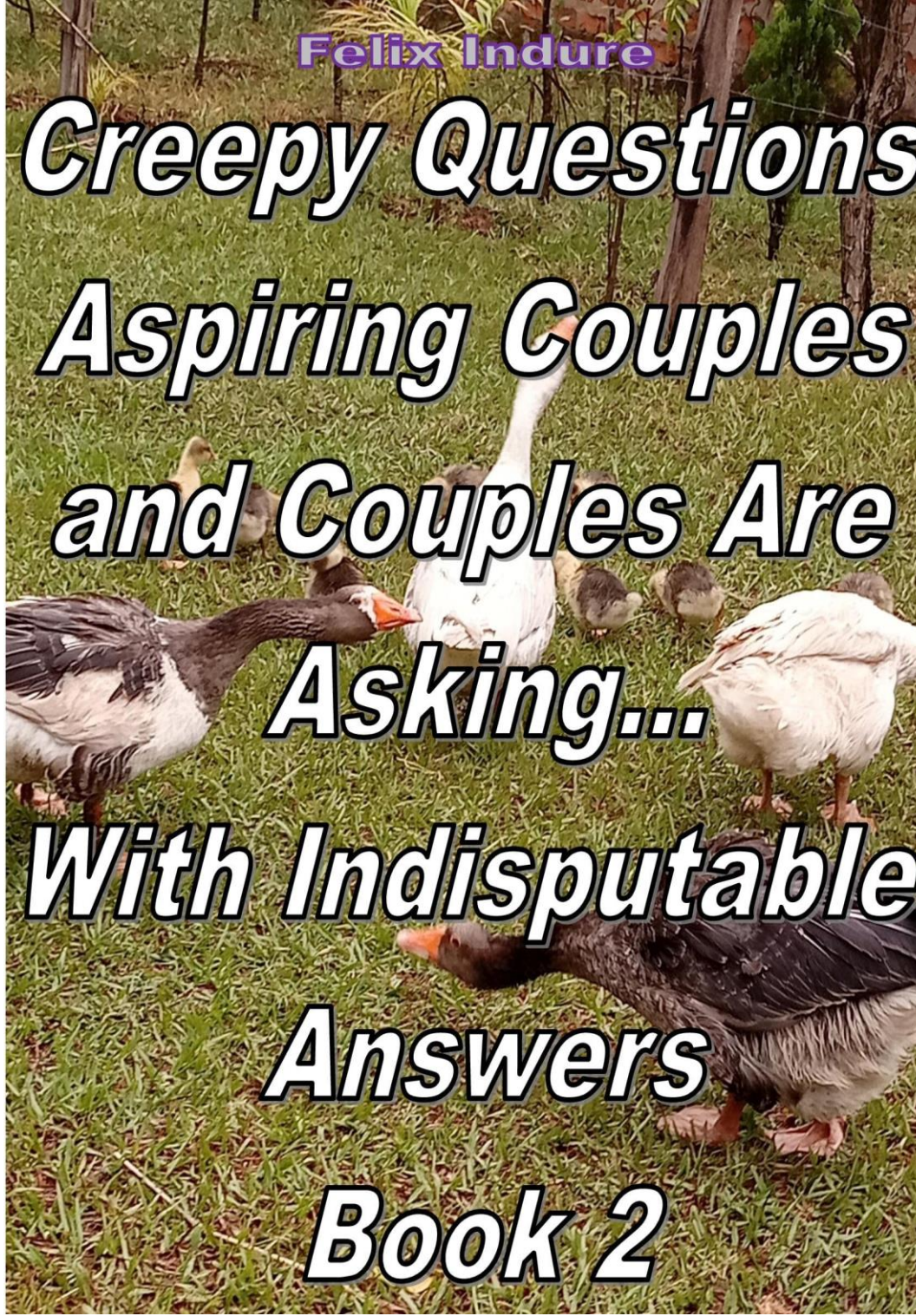


The background image shows a group of geese and their goslings in a grassy field. There are several adult geese, some with dark grey and white plumage and others with lighter, more mottled patterns. They are surrounded by many small, fluffy goslings. The scene is set in a natural environment with trees and foliage in the background.

Felix Indure

***Creepy Questions
Aspiring Couples
and Couples Are
Asking...
With Indisputable
Answers
Book 2***

Creepy Questions Aspiring Couples and Couples Are Asking

With Indisputable Answers

Book 2

By

Felix Indure



Creepy questions aspiring couples and couples are asking Book 2 is a book that answers real questions asked by young people and married couples. The questions are ordinarily subjects that people would bottle-up in their hearts and never ask anybody thus they would suffer furtively. The book authoritatively shows that, any marital questions a person could have, he could use biblical counsel to solve them. Therefore, other than suffering secretly, one could be enjoying abundant life if they knew the answers. And that is the very intention of God. He wants every human being to live happily as He is termed as a happy God.

Copyright © 2023 by Felix Indure
All rights reserved

No part of this publication may be reproduced, stored in a retrieval system or transmitted in any form or by any means electronic, mechanical, photocopying, recording or otherwise without the prior written permission of the publisher.

ISBN 978-9914-9692-7-6

Felix Indure
The publisher
Bungoma-Mumias Road
P. O. Box 1782-50200
Bungoma
fambatsai@gmail.com



Table of Contents

Acknowledgements.....	1
Introduction.....	2
Chapter 1	4
Aspiring couples are asking.....	4
Chapter 2	82
Couples asking about extra - marital affairs	82
Chapter 3	143
Couples Asking About Children	143
Chapter 4	166
Couples are asking about in-laws.....	166
Chapter 5	179
Couples are asking about Communication in marriage.	179
Chapter 6	230
Couples are asking, what about distant relationship.....	230
Chapter 7	234
Couples are asking about neighbours	234

Chapter 8	237
Couples are asking about single parents	237
Chapter 9	242
Couples are asking about marital conflict	242
Chapter 10.....	266
Couples are asking about family finance	266
Chapter 11.....	285
Couples are asking about dressing style of their spouses	285
Chapter 12.....	288
Couples are asking about strange happenings.....	288
Chapter 13.....	315
Couples are asking, spouse is disorganized	315
Further Reading.....	319
Bibliography.....	334



Acknowledgements

In this book I have shared real Questions asked by couples and young adults. For purposes of privacy, I have not mentioned any name of the contributors. Where it was difficult to write without mentioning a name, the name has been changed and if by coincidence it is a name of a person who has a comparable question, it does not refer to that person. I am grateful to all for allowing me to use their questions in writing this book. The book is an improvement from book one as I allowed persons to solve their own problems by commenting on their trouble. I have used their comments with my brief suggestion where possible. Unless otherwise indicated, Direct Bible quotations are from the Good News Bible. Thank you for your support and contribution to this book.



Introduction

In this book, Aspiring couples have been asking for advice about marriage. The queries include: Is it in order to fast so that God reveals the man you are dating is your future husband? Is it okay to tell ones partner about your home challenges and every fight your folks fight? How would one deal with boyfriend who becomes mouthy when provoked? Is it true that partners raised by single mothers are troublesome? What should I do when I doubt my potential mother's-in-law intentions? Should I dump my girl secretly? Would one marry their favourite girl or the one they impregnated? Do rebound relationships ever succeed?

They continued asking: Can a born again Christian marry a well behaved non-born again person? Can a guy request money from the lady he is dating? Can one have sex with ones cousin? Can one stay together as lesbian couples? How can one know that a person truly loves him/her? What should one do if they realise they are dating an uncle to an ex-boyfriend? Can one forgo breastfeeding to preserve the shape of their breasts? What are women responsibilities during dating and marriage? What should a man have and what a woman should have before marriage. Could a woman marry a man that had three women, all of them having his kids? Is there a man who would date without having sex till he married? What would one do if they felt forcing their partner to love them? Why do marriages seem short-lived nowadays?

Aspiring couples lamented about: Their in-laws asking too much bride price. Why ladies would get pregnant when the guy had

not paid bride price. About a partner taking you to meet his parents but never proposing marriage afterwards. Why they are only approached by married men and not single men. About the pain of sustaining communication with the man they broke with.

Aspiring couples commented on what points to the fact that one is in a the right relationship, that ladies should not fornicate to prove love, they could not love as they were brought up by single mums and they wanted ladies to search for responsible men not only rich men.

Among the questions Couples asked about extra - marital affairs are: What pushes a man into sleeping with another woman outside marriage? The man has never taken her to his parental home, does he real love her? My husband and I have been fighting because he is quite a flirt with women, what should I do? There was a chick I used to see last year and then my wife came to know, do I initiate reconciliation talk with my wife or how do I go about it? What will you do if you realise that your husband's side chick has been married and your husband is presently breathing fire because of stress affecting all family members?

Other questions in this book are about; children, in-laws, communication in marriage, distant relationship, neighbours, single parents, marital conflict, family finance, dressing style of spouses, strange happenings and disorganized couples. Hope you will enjoy going through the book and let it edify, inspire you and solve your problem if you have a comparable one. Best regards.

Chapter 1

Aspiring couples are asking...

1.42 What advice will you give to someone who's about to get Married?

Answer: One should plan carefully. It is important to heed Jesus' counsel that whoever wants to build a tower should first sit down and calculate the cost to see if he can actually complete it. The main cost is acquiring values such love, joy, peace, long-suffering, goodness, faith, mildness and self control. Women should nature 'the secret person of the heart' than accentuating their physical appearance. Modesty and soundness of mind should be the guiding principle. Men should learn to treat women in a kind and respectful way. They should be decisive, shoulder responsibility, and remain humble and modest.

I highly recommend you marry a person who shares your faith. These will make your goals to flow in the same direction. Most people like to listen to Congolese music or Reggae. Yet most don't even know the lyrics of the songs. If you ask them why is the music interesting? They will quickly tell you the instruments! They are an expert synchrony of drums, guitars, trumpets, percussion instrument and cymbals. Though the instruments are totally different, yet they have been skilfully merged to produce enticing music. That is how marriage partners are. They may not

have anything in common but if their goals are aligned in one direction, they produce the best marriage. If they have the same faith, that is one step in the right direction.

A lady has to find out the character of the man; the sort of friends he has, if he exhibits self control. Does he esteem elders? What type of family does he come from? How does he interrelate with family members? What is his outlook towards money? Does he misuse wines and spirits? Is he moody or erratic? Could the lady totally revere him?

A man should find out if a lady loves and reveres God. Is she capable of caring for a home, what expectations would her family anticipate of the man, and if the woman is prudent, conscientious and economical? What does she talk about, is she self centred, a busy body, is she reliable? Is she willing to accept the man's leadership or she is obstinate and rebellious?

One should enter the marriage knowing it is a permanent bond and one should not think he can dissolve the union at any time. One should be ready to love the other spouse unconditionally. The spouses should respect each other. The husband to be should provide Christ like leadership. The husband to be should be ready to converse with his wife about her activities, her problems and her views on various matters. He should take time to listen to what she says. The spouses should communicate in such a way that pleasant words are sweet to the soul and a healing to the bones.

*1.43 So there is this certain man who we crossed paths early last year and made out. Whenever I talk to him via phone or am around him, I get so much peace. He is the only man who has ever made me feel safe; I would not be worried if I got married to him. But this doesn't mean that I am desperate, don't get me wrong. So I have started fasting today for 21 days so that I can get to know if he is my Kingdom spouse. I want a confirmation from God that he is the one or he is not, I am ready for the answer. And I know prayers work because I have a very close relationship with God. Is this a good idea or I should just forget the whole thing? Can anyone fast for a specific person? **Note: I only want a God ordained marriage.***

Answer: You are on the right track fasting to know if the man is God ordained for you. However, fasting for 21 days is quite unnecessary. This is because you want to make a decision where there is so much information. The only plausible thing to do is ask God to open your spiritual eyes to determine if the man meets His qualities and that requires only three days fasting.

You have first to find out the potential of the man to earn a living now and in the future. If the man is jobless, does he have a talent or has he developed a skill that will ensure he earns a living? If the man is wealthy, what is the source of his wealth; can he maintain it in future? Suppose he inherited, does he have ability to maintain or increase it, or he will squander it, and make it dwindle?

Secondly, does the man sincerely love God and he is not pretending to woo you? God is love; nobody can love you if he does not love God. If he loves God, after fasting you will clearly find out if he freely admits his mistakes and accepts advice. He should also be generally cheerful and optimistic; being gloomy and frequently complaining is not a godly quality. After fasting the Holy Spirit will clearly show you if he has the fruits of the spirit such as love, joy, peace, patience, kindness, goodness, faithfulness, humility and self control.

Esther fasted for three days and implored the Jews to fast and pray for her as she prepared to meet the King. No one was allowed to meet the king un-invited and she could instantly be killed once she entered the king's court. But with the lives of Jews being at stake, Esther risked meeting the king so she sought divine intercession. In your case, since you also want to make a decision and need divine guidance, three days fasting is sufficient. This is because you only need Gods spirit to show you if the man has qualities enumerated in the Bible.

You can fast for 15 hours, or 12 hours or 8 hours a day. If you have health issues like being diabetic, you can eat all the three meals as usual, only you will avoid fine foods like meat, bread that has yeast, all refined foods, wine and any alcoholic beverage. Go for simple foods; Israelites ate bitter herbs and unleavened bread, John the Baptist ate wild honey and locusts only and Daniel avoided fine foods and wine.

What I am trying to mean is that fasting is putting aside the spirit of indulgence and wearing the spirit of self-denial and self control. Therefore it does not mean you shun food completely. In this period, one meditates on God's word at least seven times per day. The longer the period of fasting, one has to eat food. The shorter the period, one may abstain completely from food but can drink some water. The human body is God's temple and He would like you to take utmost care of it. Therefore the kind of fasting that is injurious to the body is not pleasing to God.

Below is a 12 hour fasting program per day you might like to follow in your three days fasting if you are busy or working. If you are not busy and not working, you could consult my book, 'Never Get Weary or Weak; How Meditating and Fasting Gives You Vibrant Strength and Detoxes Your Body' for guidance.

Fasting when seeking God's guidance to determine if your boyfriend is God sent (Day 1).

Wake up at three in the morning. Sing three praise and worship songs. If you do not have any praise and worship songs recite **Psalms 119** audibly, but be careful you do not disturb other

persons. It would be ideal to be in an isolated place. If this is impossible, just move your lips but make no sound.

Then make the following declarations loudly if you are in an isolated place, but if you are in a place you are likely to disturb people, read them moving your lips but making no sound.

1. Thank you my Heavenly Father for this opportunity to use the most powerful provision you have given me to find out if this man (**name the person**) is a suitable husband for me. You said a man who loves you will not blatantly sin against you. If the man coaxes me to fornicate, wants us to be mainly in secluded places, wants to intoxicate me with alcoholic beverage so that my decision to remain chaste is weakened, protect me, give me courage to break the relationship and walk away.

2. Oh God, bring an opportunity for me to see if the man offending me, will he apologise? If he sins, does he feel remorseful? Does he repent in all sincerity and do all he can never to repeat the sin?

3. My father, show me how responsible this man is physically, spiritually and financially. Does he have a personal Bible study? Is he clean and keeps his environment clean. Is he saving at least 10% of all his incomes? Is he giving charitably at least 10% of his income? Does he borrow to spend on pleasing me or pleasing himself?

4. Does this man depend on you always even in severe difficulties? You have said God that you are jealousy and will not

put up with any other god. Does this man believe in witchcraft and can resort to divination when between a wall and a hard rock? Does he gamble or use any get rich quick schemes to fix a financial difficulty. Does he have taboos rooted in witchcraft or keeps some charm, amulet or good luck object?

5. Is this man ethical? Can I trust him? Is he straightforward and would not cheat on me? Does he do the right thing and say the right things?

6. Has this man cultivated the fruits of the spirit such as love, joy, peace, patience, kindness, goodness, faithfulness, humility and self control? Can I see this clearly in him that he optimistic, positive and joyful?

7. Is this man forgiving? Does he keep a grudge? Can he settle any dispute with me each day before the sun sets according to your word or will he keep carrying forward and bottling issues?

I humbly request answers to these queries and any other I have not mentioned as the Holy Spirit shall guide me in the Mighty name of Jesus Christ, my Lord.

AMEN!

Repeat the process at **4 am, 5 am, 6 am** then between **noon** and **2 pm**. Repeat the routine at **4 pm** before breaking the fast and at any other time before sleeping.

Fasting when seeking God's guidance to determine if your boyfriend is God sent (Day 2).

Wake up at three in the morning. Sing three praise and worship songs. If you do not have any praise and worship songs recite **Psalms 119** audibly, but be careful you do not disturb other persons. It would be ideal to be in an isolated place. If this is impossible, just move your lips but make no sound.

Then make the following declarations loudly if you are in an isolated place, but if you are in a place you are likely to disturb people, read them moving your lips but making no sound.

1. My Father in heaven, thank you for this day you have made. Thank you for the gift of life. As I make this important decision, please guide me. Does this man know he will be the head of the family and he is intent on marrying me lawfully as opposed to cohabiting and fornication?

2. Will this man love me as he loves himself? Will he treat me as Jesus treated the Church and even humbly washing his disciples' feet and dying for our sins? Will he honour and show me respect, never hitting or mistreating me?

3. Is this man industrious? Does he know his obligation is to care for his family, provide food, clothing and decent housing? Does he show any signs that he will lead his family to learn about God and his requirements?

4. Does the man know you do not encourage separation as a way to solve minor problems? Does he know sex relations outside marriage is sin against you and against me? Is he ready to be faithful to me?

5. Does this man avoid sexual immorality and other unclean practices by the mainstream world? Which literature does he read? Which movies does he watch? What are the qualities of his friends? Do all these help him to remain morally clean?

6. Oh God, whenever I talk to him via phone or am around him, I get so much peace. He is the only man who has ever made me feel safe. Is this because his thoughts are clean and pure or it is because he is saying what I want to hear? Is he truthful, am I infatuated? Is he lying? Is he using unclean stories or dirty jokes to please me?

7. Oh God, does this man know you are the highest God in his heart or he is pretending to woo me? You created everything, you are highly magnified, show me the way, guide me to find out if this is the man.

I humbly request answers to these queries and any other I have not mentioned as the Holy Spirit shall guide me in the mighty name of Jesus Christ, my Lord.

AMEN!

Repeat the process at **4 am, 5 am, 6 am** then between **noon** and **2 pm**. Repeat the routine at **4 pm** before breaking the fast and at any other time before sleeping.

Fasting when seeking God's guidance to determine if your boyfriend is God sent (Day 3).

Wake up at three in the morning. Sing three praise and worship songs. If you do not have any praise and worship songs recite **Psalms 119** audibly, but be careful you do not disturb other persons. It would be ideal to be in an isolated place. If this is impossible, just move your lips but make no sound.

Then make the following declarations loudly if you are in an isolated place, but if you are in a place you are likely to disturb people, read them moving your lips but making no sound.

1. Oh God, you deserve all praise and honour! Thank you for guiding me during this period I have been fasting and praying to you to determine if this is my future husband or not. You said it is not for kings to drink wine or crave for alcohol. You said a king should not spend all his energy on sex and all his money on women, guide me to know if this man has these qualities.

2. God, you have declared wealth has its dynamics and cannot be handled by everybody, you have asked, “why should fools have money in hand to buy wisdom. When they are not able to understand it?” Show me if my man can handle wealth and increase it, let me know if he can put money to good use without loving it.

3. God you have said you visit descendants of those who hate you even to the fourth generation. Open my spiritual eyes to determine if the man has any generational curses following him. If you have blessed him and cut all generation curses and demons that could have disturbed him and made my life difficult let me be aware.

4. Does this man practise any form of spiritism? Does he call upon spirits to protect him, harm others, foretell the future or perform miracles?

5. God you have said your servants must hate what you hate. Does this man hate fornication, adultery, bestiality, incest, homosexuality and other sexual orientations outside the wedlock? Does this man hate lying, gambling and stealing? Can this man control his temper? You have said you hate a violent person. Does this man have self control? God you hate drunkenness since drinking too much can ruin ones health and disrupt ones family, it also causes one to give in easily to temptations. Does this man hate drunkenness?

6. God you have said wives are good helpers. They do not eat the bread of idleness and thus work hard to support their husbands. Search me God, if this is the man; am I ready to have deep respect for him?

7. Oh God, will our communication be equated to your word, 'pleasant words are sweet to the soul and a healing to the bones'? Will our words be always gracious, seasoned with salt? Will we speak consolingly to each other when one or both of us are facing a difficulty? Will our answer to each other be mild and turn away anger? Will we be careful not to belittle or condemn each other when one pours out her heartfelt feelings?

I humbly request answers to these queries and any other I have not mentioned as the Holy Spirit shall guide me in the mighty name of Jesus Christ, my Lord.

AMEN!

Repeat the process at **4 am, 5 am, 6 am** then between **noon** and **2 pm**. Repeat the routine at **4 pm** before breaking the fast and at any other time before sleeping.

At the end of the fasting period, the Holy Spirit will reveal to you the answers and give you wisdom beyond human understanding. Since your man is also a Christian, he should have more than 50% of these qualities otherwise do not ignore the Holy Spirit, drop him. If he were not a Christian, you will be surprised he would possess more than half of these qualities. Good men naturally live by God's principle even though they may not know about them.

1.44 When dating, is it advisable to tell your partner about your home challenges and every fight ones folks face?

Answer: Dating is between two persons and it is not advisable to drag ones family into it. The Bible is emphatic that man shall leave his father and mother and be joined to his wife and the two shall be one. No one will live the life of the two. Therefore the family skeletons in the cupboard should remain concealed there. However the dating partners have to be open to each other and reveal if they have chronic diseases or they are vulnerable as it runs in the family generation. For instance some forms of diabetes develop later in one's life. The dating mates

therefore are well placed to deal with existing and potential ailments if they choose to marry.

Granted, we have families that practise spiritism. Families that are carriers of human weaknesses like diabetes, albinism and many other ailments. Even if these run in the family, your mate is totally different; he/she may or may not have such weaknesses. Traditionally, involving ones parents or making them aware you are dating so and so placed the onus of doing background check on them. All human beings have flaws in their genes and while known hereditary diseases are considered weaknesses, seemingly healthy people have their own weaknesses not written in earthly books. Parents would advice you on the mate and you will get more information to support your decision.

God has given everyone a chance, therefore a mate chooses the other if he can live with his weaknesses and complete him as a human being. Human weakness is not a basis for discrimination since God makes us strong in our weakness. Therefore, family challenges are not to be disclosed unless the other dating mate specifically asks and it is the centre for his decision making.

1.45 How do you deal with a man who talks and talks while mad? I mean he is so mouthy and behaves like a woman does when irritated. It astounds me; I usually pray that I should never be agitated so that I can just

listen to his trash. He is also incorrigible and sticks perpetually to one mistake. If I err, before he forgives me, he gives conditions, such that in the end he feels like "The boss" when he has forgiven a mistake, but after a very long ill-mannered speech. So we are mostly like two women in the house trying to outshout each other. I wish I had that man that holds his peace when a woman is arguing, but how do I deal with this man? I'm not married he's just a boyfriend.

Answer: In his letter, James is categorical that you can domesticate all animals but you cannot tame the tongue. 'It is evil and uncontrollable, full of deadly poison'. To clarify, Solomon said the more you talk, the more likely you are to say something foolish. Talking too much should not be seen as a woman's thing, all wise people, be they women or men should talk less. Proverbs say that even fools are thought to be wise if they keep silent, and discerning if they hold their tongues. That is why it astounds you; you usually pray that you should never be agitated so that you can just listen to his trash. People who talk foolishly will come to ruin.

Something that also caught my attention is that you said he is irredeemable and sticks continually to one mistake. You added that if you made a mistake, before he forgives you, he gives conditions, such that in the end he feels like "The boss" when he

has forgiven a mistake, but after a very long ill-mannered speech. All of us blunder, but someone who repeats a fault and does not accept his gaffe, and wants you to own his mistakes, then, he is manipulating you. You seem to be encouraging him on since you are still friends and you are not telling him plainly you don't like that behaviour. Do not be desperate, snap the relationship and find someone who has to a greater percentage of the qualities you want. Your boyfriend has intimated he will not stop the behaviour, but will manipulate you to bear his mistakes.

1.46 Advise for ladies; never remove your clothes to prove you love someone, never disrespect your parent because of a boy or anyone, never choose fashion over your goal - goals before fashion, never depend on anyone rather work on yourself, never make out with a guy just to make your ex jealous, don't choose boys over dreams and never fake your parents, home situation or background.

Answer: This is a timely advice; the Shulammite lady implored her friends not to awaken love before it pleased. She knew peer pressure and advances from her boyfriend could weaken her resolve to remain chaste. Sex is not a proof of love. Amnon, Absalom's brother loved her sister very much and was sick because he could not have her. His friend advised him to pretend to be sick then request Tamar to minister to him. This

would be an opportunity to sleep with her. After raping her, he hated her more than he had loved her. It is still true today; most men hate passionately the women they have slept with where they have not committed to them.

It is not bad for a woman to be fashionable and seek fancy and trendy clothes, because even Jesus had the best clothes that soldiers had to throw a dice to determine who would take them. However beauty and youth fades, therefore a woman is advised to concentrate developing the inner person. The inner beauty of a gentle and a quite spirit does not fade.

A woman should be determined to pursue her goals. She should keep busy; she should be a hard worker and industrious, getting up early, buying land and investing in it. She should be generous to the poor and the needy. She should be strong and respected and not afraid of the future.

Children will always show appreciation for a virtuous woman. The children are to love their parents and never forsake their parents when they are old.

1.47 Is it true if you marry a partner raised by a single mum you will face insurmountable problems?

Answer: Single parental hood is something we cannot wish away. It was God's intention children to be brought up by both parents. However, death, divorce, rape and sexual immorality can thrust one into single parental hood.

The first account of a single parent was Hagar, Abraham's mistress, who was chased away by Abraham on Sarah's advice, seconded by God. God promised Hagar to make her son an immense nation. This proves that children brought up by single parents are not problematic as such but grow into useful and great persons. When Hagar cried to God, He drew near her and assured her that Ishmael had a great future. True to God's own word that He is a father to the fatherless and a defender of widows and orphans.

Parents, whether single or not, who raise their children in Christian living, raise up responsible persons. The converse is true. If a child has both parents and they don't bring him up well, the child will grow up to be wayward.

Nicolosi (2002) in his theory, familial and cultural factors, supported the fact that children behave the way they were brought up. A mother who was very warm and had an attractive personality, demonstrating to be more appealing to the boy could cause him to be emotionally removed from his father. He added that a mother who was actively disdainful of masculinity, childhood seduction by another male, peer labelling of the boy due to poor athletic ability or timidity were cultural factors that encouraged a confused and uncertain youngster.

Therefore it is not true if you marry a partner raised by a single mum you will face insurmountable problems. It is the values the parents and the parental environment that were instilled in the

child that determines if you will get a good or troublesome spouse.

1.48 I am attracted to older ladies. I just love them!

Answer: There is nothing wrong loving a slightly older woman than you. David married Abigail who was older than him. Abigail was mature, assertive, and supportive.

But your comment suggests you love older ladies and not a lady. Implying your 'love' for them are short flings and you are not thinking of entering into a lifetime commitment with them. This is wrong and portrays you as inexperienced and un-decisive.

There is an account in the Bible where an older woman meets a young inexperienced man. It is said she was bold and shameless. She threw her arms round the young man, kissed him, and looked him straight in the eye. Notice that here; she exhibits experience, confidence and assertiveness that inveigle the young man.

She tells the young man they'll make love all night long, they'll be happy in each other's arms. Then like an ox on the way to be slaughtered, like a deer prancing into a trap where an arrow would pierce its heart, he was like a bird going into a net.

The lady did all the talking, the man had no obligation to woo or pamper the lady. The lady was also supportive as she invoked the man's desire and gave suggestions how she would pacify

him. The man was like a big baby, having nothing to do, having no responsibility as the lady had taken care of everything. The lady was financially stable as she talks of perfuming the bedroom and making the bed with choice sheets from Egypt.

In the scenario above, it is wrong to be attracted to older ladies. It destroys the original purpose of a man being the head of the family; providing leadership other than being led and providing his family with food, shelter, clothing and a decent housing, other than being a parasite enjoying the sweat of older women.

Men are advised to be happy with the wife of their youth. They have to embrace all stages in life for greater memories and bonding. That was the time when they were all youthful, inexperienced and immature. The lady needed to be pampered; she was not understanding, supportive, confident or assertive. But they took the baby steps in their relationship and finally grew together. The pains during this stage enabled them to grow, harden and handle even more difficult problems in future.

A young man who loves older women does not grow to handle problems as the woman fixes them, denying him vital training.

1.49 Ladies should avoid meeting in secluded places with these men they meet on Facebook. There is a lady who met a man and when they went to a private place the lady woke up hours later without her phone, her 200 shillings and her body in pain and the man had

vanished in a thin air. Another lady went to meet a Facebook guy and as we talk, her phone is gone after sleeping with the guy the whole night, the guy left the room early this morning when the lady was asleep because she was drugged. This one was lucky the guy didn't take her wallet. Be careful with these burgers. Ladies or if you must meet, go meet in a public place like parks and restaurants.

Answer: All dating women regardless of how they met should avoid private places. Nowadays dating has been so obscured that people think dating is fornication or adultery. The purpose of dating is getting to know the other person better and it should not be a secret thing since relationships are never a secret. Involving parents and telling them why you are going out will ensure they protect you if need be. If you do not involve a parent that is tantamount to rebellion, it is as if they are not treating you like an adult, so you choose to fight back.

In songs of Solomon the lover of the Shulammite lady entreated her to go out with her to the countryside and spend the night in the villages. Where they would get up early and look at the vines to see whether they've started to blossom and if the pomegranate trees are in bloom. But the brothers of the shulammite lady refused and restrained her. They knew what such private place and the enticing surrounding of nature would lead to. The shulammite lady laments missing the opportunity

and says, 'I wish that you were my brother, that my mother nursed you at her breast. Then if I met you in the street, I could kiss you and no one would mind'

Dinah, Jacob's daughter was not lucky though. When she went to visit the Canaanite women, her brothers were feeding sheep in pastureland and no one was there to hold her back. Therefore she found herself in an isolated place with Shechem, who quickly grabbed the chance and raped her. The ladies you have enumerated that were drugged, lost personal effects and we raped for meeting their Facebook lovers are examples of those persons not lucky for meeting strangers in remote areas.

The idea of publicity in the bible was that, if a man and a woman (engaged) were caught having sex in town, both of them were guilty and were to be stoned dead. This was because it was expected the woman would scream for help if a man wanted to rape her and she would be rescued. In this case, the women you named had prepared themselves to fornicate with their Facebook lovers and whatever happened to them, it is of their own making.

The Bible continues that suppose a man out in the countryside raped a woman who is engaged to someone else, only the man was to be put to death. This is because the woman might have yelled for help and no one heard. The attacker then overpowered her and raped her.

A man caught raping a woman who is not engaged was forced to pay bride price and marry the lady; he was never to divorce

the lady under any circumstances as long as she lived. Thus you can clearly see God encouraged public dating (as all engaged women were known) and punished sins done in secret dating.

Your advice for ladies to meet strangers in public places like parks and restaurants is plausible. In addition, they should tell someone who should check on them when it is getting late. They should also activate the location positioning on their smart phone to be easily traced before the stranger tampers with the phone.

1.50 Good marriages do not happen by accident. It takes daily work. It takes prayer and love and grace and forgiveness. It takes hugs and kisses and tears. Marriage is work, and a good marriage is hard work. But it is always worth it to enjoy the gift that God has given you in your spouse.

Answer: Thanks for your judicious comment. Marriage is a team. Two persons who are discordant each with his/her goals and vision come together. They have to harmonize their goals, their habits and hope to live in harmony. In addition in-laws place on them their expectations which they have to squeeze in their life.

Fortunately, God has provided guidelines that will ensure spouses live effortlessly. The psalmist said that unless God

builds the house, builders build in vain. If God does not establish ones marriage, all hard work is useless. The preacher said that a rope of three cords does not break easily. This implied that a man and woman were a rope of two cords, adding God in their life was making the rope to have three cords; this is what ensures stability in marriage.

God is love, and whoever does not love, has not known God. By loving God, spouses reflect his love to each other. They would apply his principles to settle any dispute amongst them each day before the sun sets. They will bear with each other even if one has a credible reason to be annoyed with the other and forgive freely. They will use Bible counsel to solve their differences and communicate with each other effectively.

By loving God, the woman would recognize the man as the head of the family and subject herself to him willingly, respect him since she knows no authority exist without God. The man would use his leadership imitating Jesus Christ and loving her wife as he loves his body. This means he would not beat his wife as he cannot hit his body. And as he cherishes his body; feeds it, nourishes it and takes care of it, that is how he should lovingly and tenderly take care of his wife.

1.51 I proposed to my girlfriend of one year two weeks ago and we agreed to visit her home the next Sunday. I have always dropped her off around the place but I had never entered the house because I wasn't ready yet to

meet her parents since we were just dating then and I wasn't sure that she was the one for me. Meanwhile, my girl had been referring to her mum only, so I subconsciously concluded that she does not have a father. Therefore, the Sunday in question, I made a visit to their house and was saddened by what I saw. I observed a man looking so haggard that I thought he was a house boy in the sitting room. When I hailed him, he responded lowly but cordially welcomed me.

My girl's mum soon came into the sitting room and also acknowledged me. We exchanged pleasantries before my girl joined us in the conversation. At one point my girl's mum took a few new notes out of her purse and directed the gauntly man to go and buy fuel to power the generator so that the heat would not upset me. We conferred at length after the man had left. After the visit, we fixed another date for the second gathering that I was supposed to attend with a family member. When I was leaving, I dished out some money to all of them and the emaciated man fell on his knees thanking

me profusely as if he had never gotten hold of a two thousand shilling notes in his entire life.

When my girl was seeing me off, I asked her who the man was and surprisingly, it was her father! I couldn't believe my ears! It was like a rude joke! It was unbelievable! She must have sensed my bewilderment, since she started amplifying how the man ill-treated her mum when he had a heavy purse, he had married another wife who squandered all his wealth and left them in paucity. She added that he used to thrash her mum and called her all sorts of filthy words that are unprintable.

Since that Sunday, I've lost peace of mind, I've been thinking and imagining how a right thinking woman and her daughter could comfortably relegate the man of the house to a mere houseboy. That Sunday, the man was wearing torn knickers and a white singlet not worthy to be used to clean my car. Even my girl had hushed him down when he came back and had asked if he could keep the fuel change for himself.

Something was wrong somewhere, a woman who could treat her husband like that no matter what he did in the past is scary. I have not picked my girls calls since that Sunday evening. I am scared and I don't know what to do next. Please advice.

Answer: You have all reasons to be wary. The husband is the head of the house. Despite what the man did since his wife seems to have accepted him back, it would have been better he was accepted as a husband and not a houseboy. Infidelity is a perfect ground for divorce, therefore the mother to your lady as the aggrieved party, could just have divorced the man.

She has also planted a bitter seed in the girl. God is definite that love your mother and father and you will be blessed to live long on earth. You said the girl lashed out with words at her father, what prevents her disrespecting you? Her mother has taught her to disdain her father; probably she has no healthy respect for men. Her mother may still control or micromanage her in your marriage life.

Let there be no pretence her mother is punishing him for his past sins, vengeance is the Lord's, we leave Him to punish those who wronged us. It is crystal clear your lady has not told you the whole story. What if you got another version from their neighbours? You can also involve your parents who can do a background check and advise you.

You may break the engagement for the reasons that her mother not respecting her husband is a bad influence to her daughter. Her daughter not honouring her father would bring generational curses in your marriage and your offspring. Her mother being unforgiving may also mean the daughter will hold never ending grudges against you. Her mother may continue to control her daughter in your marriage thus giving you unbearable thorns in flesh.

Lastly, it is likely the man was rich and the wife wanted to control the riches so she made him submissive using evil powers commonly known in Africa as 'juju'.

1.52 In my 30 years of existence I have never dated a lady. I have been raised alone and brought up in loneliness, I am sure this has affected my love life. This is what I've come to learn; one should have more than one kid even if he/she is financially unstable. I advocate for this without thinking twice, raising one kid will affect not only your kid's future love life but also in an expensive way. Don't peg you excuses on school fees or anything else to have only one child, let's all have 2 to 4 kids and if possible more. I'm a living testimony ... I wish I was raised with a sister maybe I would be

married, but I see this gender and run very fast ... any medicine for this fear.... will be highly appreciated.

Answer: You are talking of only child syndrome as psychologists put it, but up to now it is only a theory. Higuera (2019) opines that lack of interaction of only child with a sibling is believed to cause loneliness and antisocial tendencies. But she is quick to add that recent research has shown, being an only child does not necessarily make one different from a peer with siblings.

Sometimes one cannot have control about the number of children he/she wants. Sarah was barren, she could only have Isaac. There are widows and men who pleaded with Jesus to heal their only child. Only child in the past grew up to be outgoing persons. They also took advantage of neighbouring children, played with them and sharpened their communication skills.

Therefore, your opinion is quite misleading. There is no doubt parenting and parental environment affects the habits of any child. Note that the human brain was created to learn forever. You can unlearn any behaviour you consider inappropriate. Discovering you are shy is the first step to your healing and modifying your behaviour. Even kids brought up among many siblings are shy approaching ladies outside the family circle. Some are asexual. That is why traditionally, an aunt would find a lady and such men forced to marry and live with the lady and they lived perfectly.

I cannot underscore the fact that only child in the modern world are at some disadvantage as they are most likely to stay indoors. They are brought up by television, computer games and the internet. Thus they do not develop communication skills. But that is not an excuse, you never went to church, you never went to school, there were no family gathering among your folks?

Parents can comfortably have one child but they should expose it to other children, encourage it to make friends at church, school and even invite them to their house. Alternatively, they can adopt a less endowed child to stay with their kid. They should routinely switch off all electronic gadgets in the house and read loudly some book with the kid in turns. They can even act some drama from the bible or other source and you are likely to see great creativity.

1.53 Am I losing it? I have dated this lady for one year, she is a nurse. She is a perfectionist as you know perfectionist always look for mistakes and I only put up with her because I love her. She has been primed to work abroad and in the process she has become so arrogant. I lost my job months ago and she has paid our bills since then, however, I could not even sip water without being reminded who paid for it. Fortunately, three months after, I got a job and I haven't informed

***her of it. I want to leave her and find another woman.
Can you advise?***

Answer: Dating someone with no intention to marry her is the cruellest thing you can do. It shows how heartless you are. There are some vibrations only understood by nature that communicate to us something is amiss. The subconscious mind of the lady has detected you are playing with her. She has not yet understood you are a joker, but her subconscious has. That is why it is leading her to act perfect to ensure nothing is improper. She may not be arrogant as such but your inferiority complex is the one making you to elevate her given you are just a dependant on her. If she were truly arrogant, she would not be staying with you.

Another mistake you are making is fornication. End that relationship immediately, go think objectively if you want to marry the lady or drop her. Women are weaker vessels, appreciate her that she has taken care of you for three months and ignore her talking. It is her subconscious that is sending out vibration of insecurity, which are being vocalised as you say, to remind you who paid for the water

Move out of her house and don't look for another woman to start with. You are immature and you cannot handle women. Talk to the girl, tell her fornication is sin, you want to work on improving yourself. You may also set her free if you really want to leave, but if you discover you need her, it is time to do the real dating; knowing each other better without fornicating.

1.54 As a man will you marry a lady who stood with you when you had nothing till you had something or marry a girl who you impregnated and she disappeared and then let's say after four years resurfaces up with your kid? Who will you marry?

Answer: God's view is that you marry the woman you impregnated whether you like her or not, and you should never divorce her under any circumstances as long as you live! 'Suppose a man is caught sleeping with a young woman who is not engaged, he is to pay her father the bride price...and she is to become his wife, because he forced her to have intercourse with him. He can never divorce her as long as he lives.'

1.55 Just asking... Do rebound relationships ever succeed?

Answer: They do succeed if the jilted or the person left gets a more responsible person. He/she learns from his/her mistakes never to enter into relationship with the calibre of the persons that had just left. Marital relationships are meant to be permanent and not short stints. Expectation postponed makes the heart sick. Therefore if you are just dating someone when you are not serious with lifetime commitment, you are just breaking their hearts.

Fortunately, the moment you leave them, they may get a person who heals their wounds immediately. Nabal left Abigail through

death; she immediately got David as her husband. There is hope for a dead tree as it will sprout again, everything that has God's blessings works.

1.56 My fiancée's family are demanding so much bride price which I can't afford. She is from wealthy family. They say I should pay or leave their daughter alone. We have a baby.

Answer: All over the world, rich people have allowed intelligent poor young men to marry their daughters. I have plenty of examples but since I don't have authority to mention them here, let me use a literary example. In his book, *The Merchant of Venice*, William Shakespeare narrates how Portia's father had put her under oath that only the man who chooses the right box out of three should marry her. As she was wealthy, she attracted princes and prominent men who failed to choose the right box. Finally a lowly man chose the right box and married her.

It is unfortunate you had a child outside the wedlock. That is a mistake; you started on the wrong footing. Your desire to marry the lady is not normalizing a wrong you committed. You call the lady your fiancée yet her parents are not aware you are engaged, another mistake. They have realised you don't have wisdom to marry their daughter that is why they are chasing you away with exorbitant bride price. Perhaps the way you have conducted yourself has shown them you are just after their wealth or their daughter's inheritance.

Are you sure you will give that lady the same standard of life her parents gave her? I am saying this because once the girl starts suffering; she will remember her family and the life she lived. She will be bitter with you and hate you. It looks like her parents took care of her pregnancy and her child afterbirth, and they are still taking care of their daughter and grandchild.

Hope you understand, that lady is not ready to live a lowly life, which is why she has obeyed her parents. She is remorseful her desires led her to premarital sex and pregnancy. She is not yet ready to leave her family luxury behind. If she had seen anything special in you and her parents had placed this hurdle between the two of you, believe it or not, she would have eloped with you.

Face the facts, work hard and be responsible start accumulating some little property for yourself. This may catch the lady's parent's attention and they may give you their child without requiring any bride price. If you love the lady you would be willing to wait as long as it takes, as you work hard saving at least ten percent of all you incomes and owning a house. Jacob worked for fourteen years just to get the love of her life, Rachael.

If things don't go your way and the lady is married off to another man, don't be bitter. Dust yourself and move on. That lady would have caused you a lot of trouble. It is like you can only afford a bicycle and then someone gives you the Germany machine, Mercedes Benz car. Now if petrol is expensive to you,

will you manage the maintenance of the car? Usually when a poor man marries a rich lady, the lady maintains herself and the poor is so intelligent that she uses the ladies financial muscle to grow his own muscle and multiply the ladies wealth. In this case, the lady sees him as a vital asset.

1.57 Plan elaborately before creating another life. It's exceedingly painful and sad to knowingly bring a child (ren) in this world just to suffer. It is mind searing and nerve wrecking to a child to watch wealthier children ravishingly munch on pizzas and drown it down with cokes while it swallows a heavy mixture of mucus and saliva. Many children are suffering because they were born as a result of fun. Their parents had no plan whatsoever for their futures. I am of the opinion that one should remain single if he has no means of raising up a child.

Answer: Thanks for your sensible comment. While Pizza and Coke are not the healthiest of food available, those who cannot afford them will surely envy those who eat them in public places. It was God's intention that children should be brought up by both parents in the best environment possible.

While some child suffering is unavoidable, it is true most can be avoided if potential parents planned and obeyed God's law. If

people shunned fornication and adultery, they would not have unplanned kids. If people obeyed the Bible counsel to prepare themselves in the field then go build their house, they would not start families before learning some trade or getting a job to give them income to sustain the family.

But let us not judge parents of these kids harshly as some were pushed to poverty by man's activities. Like in Africa when colonial governments left, the African governments shared land and property owned by white settlers among their cronies leaving majority of persons displaced and homeless. Unfortunately, sex is their only entertainment with the results we are trying to castigate. Wars and civil unrests have given the same results. It is only the message of hope that can lift these people's spirits to awaken the potential in them, to know they can rise above the life they have resigned to and live a better life.

1.58 Ladies, if they must go into relationships, then they should search for a responsible and reasonable man with a good Character, not just a man who is rich and good looking. A man can have money and be irresponsible and unreasonable. Identify responsible men and move with them. A responsible man will never rape you or force you to have sex with him. A responsible man will never request for sex on the first

few days into a new relationship only until you are married. A responsible man will ask for your hand in Marriage so that you are officially married couple before anything. A responsible man will respect and cherish you. He will not use and dump you. Be careful with men who promise to give you Heaven and Earth, who promise to build a ship where there is no water. Don't be carried away by all those sweet impossible lies. They are scams. When they are done with you, they will dump you and run away. In these difficult times, boys deceive girls with indomie, drinks, little money, rice, etc. Don't be like a rat that is fooled by a piece of meat on a trap, or else you will be caught in the trap and never be able to eat the meat.

Answer: That is a sagacious comment. Ladies should look for a God fearing, intelligent man capable of earning a living. Whether the man is wealthy or poor, if he adores God, is bright and skilled to earn a living, that man will make a good husband. Riches can acquire wings and fly into oblivion if the man is thick but inherited or stumbled on wealth in one way or another. But an intelligent person will maintain it to be inherited by his grandchildren.

A God fearing man has an obligation to stay with a wife as long as he lives. Other persons may solve petty problems by divorce but a person who loves God has to forgive and allow his partner to grow. He knows that he has to love his wife as he loves his body and be ready to sacrifice himself to improve the standards of living for his family. Just like Jesus died on the cross for our sake so that we may live abundantly.

A God fearing man knows that a woman is a weak vessel and handles her tenderly speaking to her sweetly. He knows among the things God hates are lies, violence and fornication. As he talks to her woman sweetly, he will not sweeten his speech with lies, he will not beat her, and he will not rape her or sleep with her before marriage.

1.59 When a lady or a man is born again, is it okay to get married to a person who is not? NB: the person despite not being born again is of good character goes to church and takes Christianity seriously only that he is not born again.

Answer: A lady that is born again is under obligation to marry a man that is born again. A man who takes Christianity seriously, goes to church only that he is not born again, is he really serious? Satan disguises himself as the angel of light. Therefore that man is not serious. However if he just started attending church recently, what is the hurry for? Give him time to manifest his decision then you can marry him.

A lady who saw the light and got saved when he was married to a non-believer should continue living with the unbeliever.

1.60 Is it okay if a guy asks the lady he's dating for some money?

Answer: It not okay a guy to ask the lady he is dating for money. Dating means the guy is ready to marry and be the head of the house. He has to show leadership on the onset of the dating period. A lady should also get interested with a man on account of his ability to earn a living. They will not eat stones, bills have to be paid, and a man who is irresponsible enough to ask money during dating is a red flag. Receivers don't know their limits, he will keep asking for more money till he bankrupts the lady.

1.61 Just asking... Is there any problem having sex with your own cousin?

Answer: As a Christian it is prohibited. God gave regulations that one should not have sexual intercourse with any of his/her relatives.

1.62 A guy has not paid your bride price or met a lady's parents and given them a little something to appreciate them for raising a beautiful daughter, but somehow she

chose to get pregnant for him because he told her he loves her, why would she believe mere words?

Answer: It would not be good to judge her before listening to her side of the story. But if they slept before marrying, that is fornication and it's regrettable. If they eloped and married in the attorney generals chambers without involving parents, it may point to her frosty relationship with her parent and even a show of pure rebellion.

Sometimes parents demand huge bride price which the man is unable to give. The woman would thus consider her parents as enemies dimming her lamp and may elope with the man to salvage her situation. Whatever the case, she needed to exercise patience, when parents finally see the man is unable, they may hand the daughter at a reasonable bride price. The couple ought to obtain the parents blessings.

1.63 I am asking why it is hard here in Kenya to get a female, who will love you, grow old together with you, get kids together and she will understand you just like straight couples? I'm a female and I've been trying to find a female that is older than me. I'm 27 years old and I've dated younger female but we always ended up cutting ties. I feel like dating lesbians is a total waste of time because females end up getting married to men.

I'm just confused will I end up alone and is it bad to have my type because I like pretty ladies? I also joined lesbian groups but I haven't found a partner I've been so lonely and I'm just wondering why Kenya LGBTQ is not like western countries where lesbians are seriously getting married to each other and staying forever with their partners or I'm watching a lot of lesbian movies?

Answer: Most persons in Kenya are religious. Their religion condemns lesbianism. That is why as you said dating lesbians is a total waste of time because females end up getting married to men. Most female explore with lesbians to quench their sexual desires temporarily and also to tell their future husband they never knew a man, since I understand men nowadays ask for something called body count. Same sex marriages are not allowed in Kenya. Therefore, when lesbianism has served its purpose, the ladies marry men so as to look normal and be accepted by the society.

The Supreme Court in Kenya has since ruled that same sex partners may form and register groups as well as associate with each other. But it will take some time for marriage between same sexes to take place in Kenya as there is stiff opposition from the clergy and majority of the religious masses. If you relocate to South Africa, you may be in good company as it is the only African country favouring the union.

Christians believe that when man strays away from worshipping the eternal God, and starts worshipping images and idols, God gives him over to filthy things and hearts desires that they do dishonourable things with each other.

They swap the truth about God for a lie; they worship and serve what God has created instead of the Creator Himself, who is to be praised for ever.

Because they do this, God has given them over to shameful passions. Even women distort the natural use of their sex by perverted acts. Men give up accepted sexual relations with women and burn with passion for each other.

I know you have no control over your craving, but with God all things are possible. I pray that you reconsider your stand and find a man to marry you.

1.64 What advice would you give to all the singles and those still searching for the right partner?

Answer: They should look for a God fearing partner. Someone once said, if you fix the vertical relationship, the horizontal one fixes itself automatically. This means, if you love God and have good relationship with him, you automatically have love to your fellow human beings and have healthy relationship with them. Women should look for a man having ability to earn a living presently and in the future. Men should look for the inner person in women as opposed to outward appearance.

Singles should know marriage is a permanent commitment therefore; they should be serious and never play with anyone's emotions. They should avoid fornication during courtship and adultery after marriage.

Also see 1.42 above for more details.

1.65 How to Identify if You Are in the Right Relationship. Here are 10 signs on how to know if you're in the right relationship. These can also be considered signs he is right for you.

1.65.1 You feel comfortable with your partner. In many cases, being with the right person will make you feel comfortable. They won't pressure you to be something you do not like, and they will allow you to be yourself. When they are able to handle you unfiltered, this is a clear way on how to know if you're in the right relationship. If you were with someone incompatible with you, they may try to change you.

1.65.2 There is complete trust. Are you wondering, is this relationship right for me? Think about whether you trust your partner or not. Consider when your partner goes out with his friends, do you worry about what he

is doing or if he is being true to you? If the answer is no, this means that you trust him.

1.65.3 You can picture your future. Another thing to consider when you are asking yourself are you in the right relationship is if you can picture your future together. Picture in your mind where you think you may be in your relationship in the next few years. Can you see yourself moving in together or married?

1.65.4 They excite you. What happens when you think about your significant other? Do you get excited or feel butterflies in your stomach? When you become excited when you think about your partner or you notice a smile come to your face, this is one way of knowing if you're in the right relationship. While you may not feel this way all the time, if this still happens for you, there's a good chance that you may be in the relationship that is right for you. If you are able to think of your partner and smile on a regular basis, with all the other things you have to consider and get done each day, this is something special.

1.65.5 You get along. One of the most obvious ways to know if ones partner is right for one is to consider whether you get along or not. Of course, couples don't have to get along all the time, but when they can consistently agree on things and if every conversation doesn't end in an argument, this could indicate that you are in a healthy relationship. When you are with a person that you care about and that cares about you, you may be able to see their point of view, where you don't feel the need to argue with them about everything. Instead, you may choose to pick your battles.

1.65.6 You can work through arguments. When you do have disagreements with your partner, do you take the time to make up? This can be quite important when it comes to how to know if you're in the right relationship. If you are unwilling to make up after a fight, you may not be willing to put your all into your relationship. Essentially, this could mean that you don't value your partner as much as you should.

1.65.7 You want the same things. If you and your partner want the same things, there is little reason to doubt whether or not the relationship is right for you. There's a good chance that you have values that match each other, so you may be able to grow together as a team. This is something that many people want from a relationship.

1.65.8 They pay attention to you. Anytime you notice that your partner is paying attention to you, it might make you feel like you are heard and that they care about you. This is a feeling that can provide happiness and let you know that you are in the right relationship.

1.65.9. You feel accepted. Perhaps you are messy, or you like to eat your breakfast cereal with extra sugar; if these things don't get on your partner's nerves, this could indicate that you are with the right one. Think about the other things they like about you to know for sure.

1.65.10 You have no doubts. Perhaps the top reason related to how to know if you're in the right

relationship is whether you have doubts about it or not. When you have little to no doubts about your partner, this is most likely the relationship that you are meant to be in. You probably aren't looking for other prospects and feel content when you are with your partner. Consider these signs that you are in a healthy couple as a guide on how to know if you're in the right relationship. If these things ring true for you, there's a chance that you are in the correct pairing.

Answer: Thanks for sharing.

1.66 How can I know that a person truly loves me?

Answer: Here are 10 pointers that show a person truly loves you.

1.66. 1 **One is Patient** - Sometimes it is not easy for couples to marry each other when they want to. This is because parents may be studying their child's choice behaviour, and therefore, may impose restrictions on her/him like high dowry or bride price. Couples who love each other would patiently wait as they fulfil any tough obligation that is an obstacle to their marriage. Jacob was able to wait for 14 years since he loved Rachael, and David was able to bring Saul 200 foreskins of Philistines as he loved Michal. Most couples have endured long distances relationship for a couple to establish oneself financially. Couples who are impatient like Romeo and Juliet don't love each other.

We all know a miscommunication resulted in a tragedy in Romeo's and Juliet's case. It could have been avoided by patience.

1.66. 2 **One is Kind** - a person that loves you is able to discern that you are missing material things and supply them to you freely even before you ask. Abigail realised that David and his men needed food and supplied them more than enough to the point of risking her own life. First, Saul would have exterminated her family if he had got wind she had assisted his enemy David. Second she would have fallen out with Nabal. Such kindness that risks or where one sacrifices himself/herself is a hallmark of love.

1.66.3 **One is not conceited** – a person that loves you would not be proud. A woman will know it is her obligation to respect you and see you as her leader. The man will know that, though he is the head, he does not use this privileged to mistreat a woman but leads her just like Christ led the church, he was humble to wash his disciples' feet. Consequently, he will treat her lady with tender care and talk sweetly to her.

1.66.4 **One is not Jealousy** – It is the responsibility of the man to provide materially and provide leadership. If it happens the woman is more blessed and can provide materially and has more leadership qualities than the man, the man would not be jealousy of her, he would in fact support her to realise her full potential. Joseph saw Mary was more blessed than him, but he was not jealousy as a man, he humbly supported her cause.

1.66.5 **One is not selfish** - when one loves you, he will keep updating you on the useful information you can tap to develop yourself and if he sees a potential in you he encourages you to grow and use it. He will not hoard from you something you need

whether you know you need it or not. Michal sided with David than her bloodline by informing him to escape as her father intended to kill him, because she loved him.

1.66.6 One is not ill mannered or self - seeking. One who loves you will not coax or trick you to sin. He/she will not use blackmail or any form of nagging to see you stealing, committing fornication or any other action that gratifies his satisfaction at your expense. Amnon tricked Tamar into fornication as 'he loved her' but after the act he hated her exceedingly than 'he loved her'.

1.66. 7 One does not keep a record of wrong - someone who loves you would not keep a record of wrongs you do. Lovers have to forgive each other even if one would have a good basis for being angered by the other. Gomer, Hosea's wife was a prostitute who ran into debt. But Hosea paid her debts and accepted her as his wife again never recalling her past deeds. By comparison, though we as human beings have prostituted with various sins and gods, God has paid all our debts by the blood of Jesus Christ. He loves us and never recollects our past sins against us.

1.66.8 One is never happy with evil, but happy with good. One that loves you will not rejoice inwardly or outwardly when he/she knows you are going through a challenge. If one loves you and he/she is happy you are facing problems at work, your family is in some quagmire, he/she prefers you remaining poor other than being rich, that person does not love you. Such a person will take advantage of your lowly status and have sex with you as a cover up of his derision. A person that loves you will rejoice in your good and even suggest ways you can become better. When facing any problem, he would remind you

of God's promises and nudge you to remain sane. He will not use such time you are vulnerable to sleep with you but would wait till you have recollected yourself and you are married.

1.66.9 One never gives up – one who loves you, sees your potential and even if you don't reach it in good time, he/she never gives up on you. You may fall seven times but each time the one who loves you picks your hand and says keep going. That is why couples in true love marry and they do not think of ending the relationship even they are faced with their own frictions. This is because they believe the other has a prospective to improve and all human beings are work-in-progress, we improve with time. Moses thought he could deliver the Israelites, God saw his dream, and believing in him, he actualised his dream 40 years later, He never gave up on Moses.

1.66.10 One has Hope and Faith in you - the person who loves you trusts in you. He has faith and hope you will not do any harm to him/her. That hope is as a result of his/her subconscious telling him/her that you are a good person. Most people would avoid heartache if they listened to their subconscious mind, the subconscious mind does not want a certain person, but they force it since they are desperate, and end up crying later.

1.67 Do rebound relationships ever succeed?

Answer: Please see 1.55

1.68 I was dating this guy then we broke up, I got another one we have dated for 2 years and are now

planning for marriage. I realized yesterday that he's an uncle to my ex boyfriend, Can I stop the marriage plans or proceed?

Answer: Ruth married the relative of Naomi after his husband died. There is absolutely nothing wrong if you marry the guy's uncle. What I understand with dating is you wanted to know this guy better for some reason you broke up. Then you knew his uncle better and decided he is the man. Then nothing is wrong

It can only be wrong if you married the guy, divorced and married the uncle.

1.69 Is it a must for someone to breastfeed? Am pregnant and I don't plan to breastfeed my child. My fear is that my boobs will fall and flatten. If I don't breastfeed, will my child still grow healthy?

Answer: Not breastfeeding a child is reducing its immunity as it is at the risk of contracting type 1 and type 2 diabetes, sudden infant death syndrome and leukaemia.

You as the mother, you are likely to get breast cancer, retained gestational weight gain, type 2 diabetes and mastitis.

Therefore the boobs you are trying so much to ensure they will not fall and flatten, you could actually lose them!

1.70 I have never heard of women responsibilities in a relationship, been hearing "men don't want to do their responsibilities", and since life is very well balanced, what are the natural responsibilities of a woman in a relationship, either during dating or in a marriage.

Answer: Women do all responsibilities assigned to man. God made them to be good helpers. During dating, they have to indentify if the man is a good leader, can earn a living, and has good qualities which can be summarized as the fruits of the spirit. In other words during dating she does almost nothing but tries to gauge if you are the man she will gladly assist.

In marriage, all responsibilities like cooking, washing clothes, keeping the house clean and organized are man's responsibilities. Providing food, clothing and decent housing are man's responsibilities. Caring for children's emotional and spiritual needs is man's responsibility. When Adam was alone, he did everything. We read of an account where Abraham cooked food and served the angels that destroyed Sodom and Gomorrah. We also see Abraham carrying firewood to go and offer to God a sacrifice.

All these responsibility would overwhelm a man, that is why the wife comes in as a good helper. Meaning she can do virtually everything a man does. By helping him, she makes him free to concentrate on weighty duties. If a man can buy land and invest, the woman can do that. The wife should look after the affairs of

her household to ensure the man is relaxed to carry out his duties

The only duty that is unique to women is giving birth and breast feeding.

1.71 If a man must have a car, money and house before marriage, what must a woman have before going into marriage?

Answer: Women do not need to possess anything before marriage since they are good helpers. For instance if the woman possessed a house, most traditions would not allow a man to stay in that house for they feel the woman will demean the man. There is also an aspect of values; some people do not like certain property. Like we may have a rich person who doesn't like fancy cars, what if the woman came into marriage with a showy car? It may be the cause of contention.

The man has to provide the lead; the woman will assist him to accomplish his goals. It means most women sacrifice their personal goals to help the man accomplish his! A good man therefore should be sensitive of his wife's goals and help her achieve them.

1.72 Is there any problem in marrying a man with three other women who have his kids but they are no longer together? He has taken me to his parents and they love

me, we're about to go to the next step this year. Some of my friends have been discouraging me about him but I feel people change and I also know he doesn't talk to the women anymore and it's me he has chosen to be his wife.

Answer: There is no problem marrying a man with three other women who have kids with him but they are no longer together. However, many questions arise; why are they not together? Did the women die? Did he divorce them? Has he been cohabiting with them then jilted them? Has he ever married? Why did his parents love you immediately without doing a background search on you? What are the reasons the friends who are discouraging you giving against the union? The answers you get for these questions will determine if you have to proceed to the next step as you say.

If the women died, is the man a serial killer, did he infect them with some disease or they just died naturally? If he divorced, they split on what grounds? How is he managing paying alimony for three women? Is he very rich? If he was cohabiting with them, why didn't he marry them?

Another aspect you have to mull over is the man will be paying maintenance money for each and every child. Have you considered his income? If he pays maintenance, what is left of his income, can it sustain you and your future children?

What do your parents say?

1.73 Babe... I will not touch you until we get married, do such men still exist?

Answer: The mainstream media and social media are awash with extreme news. These extreme news makes pages liked or followed more and for the news to sell. Therefore, everybody is made to think everyone is cheating, couples must fornicate before marriage, adultery is okay and it's the norm. But away from the limelight, we have very many people who are chaste and believe only in sex within the confines of marriage. They do not fornicate, they do not pursue adultery.

1.74 Have you been in a relationship whereby you feel like you are just forcing your partner to love you?

Answer: It is possible to be in such a relationship especially if the marriage was arranged or you impregnated a lady and you were forced to marry her. It may also have to do with sexual orientation where the laws of the country force people to adopt certain sexual orientation. In such relationships, your partner keeps a record of wrongs done to him/her, you feel you have to watch your actions and words constantly as if they will be used against you and you feel manipulated.

In forced love relationships, couples strive to appear happy before the public like dressing similar outfits but they feel disconnected when they are alone. Couples always feel lonely,

there is lack of respect among them, they violate each other's privacy, take away each other's financial independence, forced or coerced sex and violence (both verbal and physical).

1.75 I have been seeing my man for two years now and this past October 2022 he honoured me and took me to his parents and they welcomed me well and loved me, what is confusing me is he hasn't talked about marriage yet, I thought after taking me to his parents next he would propose to me but he is still quiet, I was thinking of asking him when he is proposing but I am afraid. Could he be using me because I sleep at his house from Friday till Monday? Should I wait or ask him for marriage?

Answer: He does not need to propose because what is the point of marrying you when you are fornicating regularly? You should have remained chaste till marriage and he should only have dipped his finger in the honey pot after marriage. Cut off those wifely duties.

You should also take him to your parents and see if they approve him. Actually you don't wait for him to propose, but by your conduct and actions, force him to marry you.

1.76 I think I have a problem, why it is that am single but single men don't approach me, I am only approached by married ones, I feel for my future.

Answer: You attract what you want or what you think you are missing. In spreading the Gospel, we show tender care, empathy and love to those we deliver the Gospel to. Most ladies have construed our love to be amorous love.

In having small talk with them, I realised they have absentee fathers, the dad gave up the ghost, he is drunk, terminally ill or detached from the family. Therefore these ladies crave fatherly love which they cannot get from their fathers in one way or another.

Unfortunately married men, even if they are harsh to their wives, they are tender hearted to other women especially work colleagues. The affection the ladies who crave fatherly love miss, they see it in married men and thus get attracted to them.

Now because you crave fatherly love, you do not engage in small talk or flirt with the unmarried men. So they either see you as inaccessible or aloof. You don't need to know you are craving fatherly love, your subconscious works automatically to give you what you yearn for and you are missing. On the other hand, the married men see you as mature and they are drawn to you for various reason. One, you look a sure bet that if they had extra-marital affairs with you, the relationship is likely to be clandestine. Two, they want to protect their marriage and you

look like a woman who will be grateful for their love thus you won't trouble their marriage.

You can remedy this by acquiring knowledge of God. He is your eternal Father. Men may forsake you but God won't. He is intent on rewarding those who earnestly seek Him. He is the father of the fatherless and orphans. Then instead of waiting for men to approach you and show you love, approach them! Don't tell them you are seeking love or anything related. Look for an item of their attire that is conspicuous and ask questions about it.

It may be a label on the T-shirt, it may be a watch, it may be a cap, shoes or shirt buttons. For instance if it is a watch, identify the manufacturer, and learn more about watches brands and manufacturers. Next time you see him wearing the watch approach him and say, 'I have always admired your watch, is it reliable I buy one for my brother?' Then you can talk of watches that day, since you have learned about watches, you will be an active contributor. Then let him fix the rest, I am sure next time he will approach you for small talk, just be open and accommodate him. With time you would strike a rapport and start dating in sincerity.

If none of his attire is eye-catching, talk of his car or something common you have seen, just make sure you learn more about the item and related items. Deep knowledge of the item shows you care and have interest which may tilt the scales in your favour.

1.77 Our two years relationship ended with the guy I loved. We continued to correspond and asking each other about the other's welfare, but deep in my heart I was feeling hurt. So I had to tell him we refrain from communicating. What do I do? I can't move on? I still love the guy.

Answer: There is a Swahili proverb, 'ukitupa jongoo, tupa na mti wake', that is roughly translated as; if you throw a millipede, throw it away with its stick. Millipedes are arthropods that live in the soil. During heavy rainfall they sometimes crawl into the farmhouse as excess rainwater drives air out of the soil. Consequently, they get out of the soil and creep freely on the surface of the soil. They are not welcome in the farm house. For that reason a farmer would poke them with a stick, they would curl round the stick and pretend to be dead. The most natural thing the farmer would do is to throw away the stick the millipede has curled on, thus getting rid of the animal. It is unusual to kill millipedes as they are grouped as beneficial animals, throwing the stick away ensures they continue living but outside the farm house.

The proverb means if you forsake a habit or a person, you destroy completely anything that encourages the habit or reminds you of the person. If your relationship ended, accept that fact and destroy everything that reminds you of it. The guy is not a bloodline that ought to haunt you if you break the

communication links. Continuing to correspond with guy to know his welfare was the poorest action ever. What do you benefit when someone has given you heartache? What is the need when someone has implied you are not his best choice?

Throw the Millipede away with its stick. Keep busy. Do your work with all your strength, pursue your hobby. Be positive, have a great outlook in life and be hopeful. You will attract a man who values you not the guy that saw you as second hand. If you keep thinking of the guy, you are just shutting out potential suitors in your life. When you will have recollected yourself, it may be too late!

I know it is difficult to move on if you had invested all your soul and emotions in the guy. Have a seven day fasting, meditating 7 times a day on God's promises and cast this burden to God. By the end of seven days, God would have given you wisdom and sent you the Holy Spirit to strengthen you. Then wipe your tears and move on.

1.78 Why are marriages not long lasting like in the past? What's wrong with the recent generation in matters of marriage?

Answer: The preacher once said, "Do not say, 'oh why were things so much better in the old days?' It is not an intelligent question". Fittingly, the statement is true today. Without statistics it is difficult to conclude if in the past marriages lasted than the present. I am sure if we take the ratio of divorce to marriage in

the past and compare to the ratio of divorce to marriage in the present, they are likely to be the same.

Divorce in the past was so easy; nowadays the legal hurdles one has to jump and thereafter losing a substantial part of his property makes divorce complicated.

In making my assertions here, I have completely ignored cohabiting or come-we-stay relationships. Those are not marriages but sex misuse relationships. It is fornication. It is sexual promiscuity. Such relationships did not exist in the past. If you have included this on marriages that don't last, then you are wrong since these relationships are not meant to last. They cannot last as partners have not committed to each other and they are not legally binding.

Genuine divorce revolves around extra-marital affairs. Authentic separation orbits around desertion or denial of conjugal rights and violence endangering a spouse's life. Any other divorce other than that based on sexual immorality is wrong in the eyes of God; parties to that divorce would be committing adultery if they marry again. Therefore divorcing one's spouse because he has lost a job or properties, consider that not to be divorce but parties pursuing sexual misuse.

Additionally, the Englishman said 'no news is good news'. With existence of mainstream media, the internet blogs, social media and mobile telephony, news is delivered very fast. The news has to be juicy for all these media to earn something. Then your bet is as good as mine, the media will not talk of happy

marriages. They will constantly be highlighting divorce and extra-marital affairs. So if you read or watch or hear these Medias, you are tempted to think no one is faithful, people are divorcing right-left, back-front and up-centre-down. You are also made to believe everyone is committing extra-marital affairs.

Therefore without figures, we cannot rely on what we hear or few divorces we witness to say marriages were stable in the past than present marriages.

1.79 It's now 3 years I'm celibate, and have no interest in sex at all since I left university (I'm very straight, I like women) how can I jumpstart again?

Answer: There is nothing wrong in being Asexual. Some people were born without desire for sex, some were made by man to be so and others have muted their desire to pursue a godly life.

You claim you are straight and you want to jumpstart again. Ask yourself, what did the previous sex escapades benefit you? Most probably you left some hearts broken, you left some women single mothers and you distorted some human being's view about humanity.

At university, you had free money from parents and education board facilities. You were like a fattened bull having no care in the world. You could then have 'fun' as you call it. You fornicated liberally. But the reality was to hit you hard once you left university. You did not have free money, perhaps not having

a job and a guilty conscience of having destroyed someone's life; the sexual desire left you. Anxiety stifled the desire. That is what we mean it is manmade celibacy.

Both men and women can become celibate due to past sexual traumas, anxiety, sickness like diabetes and depression. Controlling/treating these variables makes one gain back his/her sexual longing. However, let it be understood some people are born with little or no sexual desire, while others have high libidos. Both asexuals and libidiosts marry and live like all normal human beings.

Therefore, there is no need to be alarmed. Everything has its own time. Pursue you goals now, when you are ready, the urge will come.

1.80 I am 28 years and I had a girlfriend of 24 years whom we had been together for 3 years. We met in 2020 April by then she was in her last year in secondary school waiting to do her final exam to join university. She did it and passed and went to university. I too had finished my first degree in 2018 and decided to go for a second degree in another university. We went to different universities in 2021. Although due to my personal stress that I encountered, I used to cause dramas in the relationship but we would reconcile and

continue with the relationship. We would call each other, talk to each other even meet once in a while. On 31st Dec 2022 we met and I told her I had stopped the dramas and wanted us to focus on our relationship that we had build with each other, be faithful and marry each other after our studies. She would tell me she had no feelings for me. At times I gave her breaks but I loved her and always convinced her and we continued as friends as if nothing had happened. From February 2023 she started misbehaving, blocking me, talking to me harshly, humiliating me and telling me toxic words. After pushing her too hard she told me she got another boyfriend, whom they live together at the campus. Every time I used to contact her and try to bring her back she gave the other guy the phone to talk to me. I loved this lady so much that I never imagined this could happen to me. I felt bitter, betrayed, and swore not to love again. I kept trying to talk to her a week ago and the trend of giving the other guy the phone to talk to me continued. I decided to give up, deleted her number, and I have not contacted her since then. I

decided to accept and move on although I am bitter. Unfortunately she is on my mind always, I have tried very much to erase her from my mind but it's not working. I saw a post in psychology magazine that reads; if you can't let someone out of your mind then he/she is thinking of you. I want to get her off my mind but I don't know how. I wanted to text her to tell her not to think of me. I am confused and stressed. What can I do?

Answer: There is a Swahili proverb that says, 'Mazoea yana taabu'. This proverb is loosely translated to mean, habits are difficult to break. You had formed a habit of undervaluing you friend. Each time you called for reconciliation, she might have received you cheerfully and her charm lulled you that all was well. You did not know she was a human being and human beings get tired. Your actions had changed her railway line but you remained blind to think the train was still going in the desired direction when it was heading somewhere else. Even after telling you she had no feelings for you, you ignored!

The girl did not betray you; it is your infatuation that rendered you blind to facts. She had not committed to you. You were not engaged and that clearly shows parents of either side were unaware of you relationship. If you were fornicating, you were

committing sin. As much as you got attached to her, she got disconnected from you, which are facts you have to accept.

Forget about what psychology magazine you read and what it made you understand. The girl is not thinking a dime about you. It is your subconscious mind that has refused to accept you were jilted. It is in denial if you will ever find another girl like her, since you mistreated her but she continued receiving you warmly, and politely telling you, she does not love you.

What you should do is remember Lot's wife. When they left Sodom and Gomorrah, she kept thinking of the nice sexual exploits she was going to miss. Looking back at the event, Solomon likened it to a dog returning to its vomit. Paul looked at the event also and he was not prepared to be that dog that goes back to its vomit so he said, 'we are not the sort that shrinks back into destruction but the sort that has faith'. Accept you have been ditched and focus on managing the break-up other than having that remote wish that she may change her mind and you may re-unite again.

Granted, break-ups are painful to everyone who has gone through them. In her song where the lyrics goes something like this, 'call the man who deals, in love beyond repair, he can heal the wounds, the wound beyond repair, call the man, he is needed here,' Celion Dion echoes the sentiments of those who have gone through break-ups.

Fortunately, the Psalmist assured us that God heals the broken-hearted and bandages their wounds. A break-up is like an open

wound inflicted by a sword. Therefore you need time to heal. Avoid being like a dog returning to its vomit by calling the lady. Avoid nursing thoughts that you will re-unite again. Don't read articles that say what you want to hear, you really want that the lady should be thinking about you, she is not. Take time to heal as God sets the time for sorrow and the time for joy, the time for mourning and the time for dancing.

Keep busy, concentrate on your studies. Destroy anything that reminds you of her. You can fast for seven days following a program in the book I have sent you, 'Never Get Weary or Weak: How Meditating and Fasting Gives You Vibrant Strength and Detoxes Your Body,' written by yours truly. Eat balanced diet and carry out vigorous physical exercises at least thrice a week.

1.81 Please I need your help; I am in a new relationship with a guy who I love very much. So there was a day I paid him an impromptu visit and found a lady's shoes at his door steps. I turned around and left without entering the house. I later asked him about them. He was annoyed and I was forced to ask for forgiveness for fear that I might lose him. Now yesterday we met and decided to fix the issue, however, he told me that he wants us to separate for our own safety and also to help him regain his spiritual life which he claims he had lost

it since he met me. Please give me advice because I don't know what to do.

Answer: You busted the guy in the middle of fornication but you seem to be condoning his sin. Never shy asking a guy those hard questions for fear of losing him. Loose him as early as possible, so that you are guaranteed a safer future. Otherwise you can clearly see he has been fornicating with you when he has a lady that he loves. He does not love you; you are a sex object to him. He has abandoned you so that he may concentrate on either an existing woman or a new woman.

Someone who is spiritual does not wilfully commit fornication then instead of repenting and owning his sins he blames others. He is not spiritual at all. He has just jilted you politely so that you give him space to fornicate freely, or he is already married (as you do not know much about him) or had a lady before you.

You feared losing him, you apologised when he was the one to apologise, suppose he actually married you, how many times would he offend you and you apologise? That relationship was headed towards slavery. He would with time have noticed you dread losing him and used it to his advantage. You said you love him so much, but I will tell you, you don't love him. Where there is love, there is no fear; this is because God has not given us the spirit of fear, but that of love and a sound mind.

When you saw the shoes, your first emotion should have been jealousy and envy, you should have stormed the house and

demarcated your territory. As you had hoped to be a good helper to the guy in future, won't you have been his good advisor? Just on the onset of your friendship, why did you pardon cheating? Whether the whole world has accepted sex before marriage and extra-marital affairs, it is sin and our consciences do not accommodate that, which is why there are divorces.

Separation is only allowed between married people. They do separate to reconsider their decision to live with someone. As Christians, during the period of separation, either spouse should not engage in sex of any kind. The separated couples may reconcile and live peacefully again or they may seek divorce if they are unable to forgive each other. Therefore, there is nothing like separation between boyfriend-girlfriend relationships. You have been dropped. If he lost his spiritual life because of you, what makes you think he will accept you back in his life? Start managing the pain of a break-up and heal.

1.82 I have been staying with this guy for 4 years now, I have one kid with him, and he had promised my parents to take me to college but had yet to. My parents decided to take me and I am supposed to start classes in May. Ever since I went home for preparations to join the college, he never calls me unless I call. When I ask him why he does not call, he claims to be short of

credit/airtime, which I know is a lie, now I wonder how can I go about this please.

Answer: I laud your parents on one thing; they are keen on your career development. They have realised you are so confused and your future is in jeopardy. The only way they could help you was to give you a fighting chance. Staying with a man for four years without him marrying you is crazy enough. Your parents know they cannot pull you from the man as you are those weak souls that may commit suicide. With their wisdom they approached the man about you going to college and the man, to look nice, offered to take you, a promise he broke as soon as they left.

Your parents still very wise then decided to take you to college. Be sober enough. A man who loves you will give you a push to make you successful. The guy has not married you, he is not enthusiastic about you acquiring some skill, why are you stressed about him? Go to college and work hard, you are now busy to mind him. If he loves you he will seek you out, if he does not, it is high time you accept you are a single mother, which was on the way coming. Thank your parents they have salvaged you with your head high.

1.83 I have strong feelings for this guy by the name Mpoa, we chatted through the messenger and I explained to him what I'm experiencing, the guy told me God's

time is the best. I kept sending him messages. This guy clarified to me that he's married and is not ready to cheat over her partner. I requested him that he gives me a kid, but he doesn't want this. What do I do to with this man? We are not familiar with each other and have never met, I don't have his mobile number but I did send mine to him. He is always telling me that my partner is on the way, I have never known such a principled Man like Mpoa.

Answer: Paul advised that youth should let that period he calls 'the flower of youth' pass before making a marriage decision. This is a period where the youth's sexual desire is so intense that they rebel or knowingly ignore unquestionable decrees. The bible is definite that Christians should not be yoked with sinners, yet at the period of the flower of youth, they want to marry non-believers. The bible expresses disapproval of adultery and fornication; but the youngsters during the flower of youth want to commit fornication, experiment with homosexuality and sleep with married men.

You are passing through this period. A wise man once gave his seventeen year daughter a bag with two kilograms of weight stuffed in it. He told her to carry the bag for the whole day without putting it down. If she must put it down, it should not be more than 30 minutes. By the end of the day, the girl was so

worn out and frustrated that she entreated her father why he was punishing her as such. The father told her to carry the bag for one week, and sleep with it all night, unless they strike a deal. The girl opted for a deal. The father explained to his daughter that the bag represented a child. If she was unable to cope with carrying a lifeless bag, could she carry a lively baby that needed her attention?

He therefore added that she should drop all her boyfriends and concentrate on her studies, otherwise to prove she was ready to welcome a child; she should carry the bag for a whole week. Then he as the father would grant her permission to date her boyfriends. Luckily she saw the logic and decided to concentrate on her education. And I think someone needs to jog your mind as you are asking for something you don't understand.

Are you ready to be a single mum? Do you have the income to fend for yourself and the baby? Since you are dating blindly and you are intimating you want unprotected sex, are you ready to live with venereal diseases? Do you know strangers could rape you and actually kill you? Do you know strangers could drug you and shoot a pornography video of you? Are you ready to live with such consequences?

Relationships are not a secret. Involve your parents and they may give you a second opinion of any man you are dating. Avoid fornication and let sex be within marriage. Take control of your vessel, the desires will subside.

1.84 I dated a single mother of one kid now it's like 15 months dating and we planned for marriage, we visited her parents and they gave us a go ahead. Next we visited our parents and my mother pranked her, she asked her if I had told her I had a son who my mother tended, she replied that I had never told her. My mother called my young brother who is 3 years old and told her that he is the boy and she should accept him like her son. The lady seemed confused; she accepted grudgingly and vowed she would treat him like her kid to fool my mother. My mother then told her to take the kid and start living with me. She readily accepted but before we left, she had already intimated to me that she would not take care of someone else kid. When we reached home, she told me she was not ready for my kid. I told her that I had accepted her with her kid and it was only fair she accepts mine. She replied that I should take it to its mother; I responded I won't because I needed to stay with my kid. She left us in the house and gave an ultimatum that if I don't take the child to its mother, I might as well forget about her.

Several days later she met one of my cousins and asked her about me, my cousin told her that it was not my kid but he was my brother. My cousin immediately told me she had stumbled on her and they had a chit chat mostly about me and the kid, she was able to inform her that the kid was my brother. Now the lady is crying, pleading that I accept her back. Please advice.

Answer: Expectation postponed, makes the heart sick. This means you should never date anyone if you are not serious about marrying them. You are making their heart sick by doing so. No one feels good expecting something that does not happen. If you don't like single mothers, you should have told that lady on the onset other than playing with her emotions.

Marriage is about trust and the lady knows she has fallen in your trap with the cohort of your mother. You will never trust her again for speaking her mind. She was trying to please your mother because she was ambushed. But she told you the truth because you seemed hideous to her. Among the things aspiring couples are to discuss, are existing obligations from past relationships and what financial assistance they will render to their parents and in-law parents.

If you genuinely loved that lady, you would not have played along with your mother. Wives always want that perception that men love them more than they love their parents. In that respect

even if you reconcile, the woman knows you love your mother more than her and you have issues with her kid.

My advice is that, don't antagonize that lady, God gives everyone a second chance and she needs to live without being reminded what caused her to have a child, I presume before being married, as you have not informed me why she is single mom. That was no prank at all, because a prank is not intended to leave someone with emotional trauma. It is like your mother was telling her indirectly; I don't want my son to marry a single mom. And it is like you agreed and you are absolving yourself by saying, it is not me, it was my mother's idea.

The lady has sent you an olive branch. You should have been the first to tell her to relax the very first day. She should have not left your house. And again why are you living together when you are unmarried? You have coaxed a lady to leave where she was staying to come and live with you then drop her like that? You are asking for war, such ladies are likely to fight you for the rest of their life. Whether you reconcile or part, distrust has been etched in your hearts; you all need Herculean effort to make your marriage work.

1.85 She is 22, am 37. She wants me to marry her. She has invited me to visit her folks. Am flying this week to meet her for the first time since we started virtual dating and I am deeply thinking about this relationship. This week as we chatted I pushed the hard question

and she informed me her body count is eight men in just one year. That was a killer blow. However, she claims she has changed because of me. Am I reading too much? Am I too naive to still want to meet her? She is very beautiful and wise. What should I do?

Answer: All I can say is exercise caution with people you meet on the internet. Sometimes it may be a gang of people composed of both men and women who are dealing in human trafficking. Marriage should have been discussed after a meeting. Again, you should have met in a neutral place. You going to visit her parents means you will be lead somewhere you don't know, what if you are being kidnapped? Have you involved your parents, does anybody else know where you are going? What if your body parts are harvested?

Has it not occurred to you that a young lady with a body count of 8 is a lie to appeal to your sexual desire that after all the woman is not naive? How can one change to please someone she has never met? The whole issue sounds like a fabricated story, and if it is true, you are going to pay dearly.

1.86 I have recently completed University. In the course of my life I had a casual relationship with some girl and she happened to get pregnant. She informed me of it while at 5 months and I was surprised and asked why

she didn't inform as soon as possible. She gave birth and she accepted me to take the child and care for it. We discussed that none of us was prepared for the child and it was a mistake and I told her she had done her part. I would take full responsibility of the child. I told her to secure her future since she had no obligations as regards the child and move on with her life. But she is insisting I must marry her and every now and then, she video calls and wants to see how the kid is faring. I have explained to her countless times I cannot tie the knot with her as she is not my dream lady, but she is adamant and presses on that I should marry her. What should I do?

Answer: You have a problem that will haunt you for the rest of your life. That is why you have to agree God was right when he said flee from sexual immorality and fornication.

God's view is that you marry the woman you impregnated whether you like her or not, and you should never divorce her under any circumstances as long as you live! 'Suppose a man is caught sleeping with a young woman who is not engaged, he is to pay her father the bride price...and she is to become his wife, because he forced her to have intercourse with him. He can never divorce her as long as he lives'.

1.87 My 24 year old girl got a job in a cosmetic shop and they are paying her 12,000 shillings per month. She told me instead of wasting money on fare to and from the job, she would rent a room near her job, I took her to the house hunting expedition and we found a good one bedroom house with a monthly rent of 4,000 Shilling and I thought that was reasonable because she would remain with 8,000 Shillings from her salary. She could save quite a big portion of it as we could still cater for her other needs and foodstuffs. But barely three months on the job, she had shifted to 15,000 shillings three bed roomed house. I have interrogated her how she would manage a 15 000 shillings house on a 12 000 shillings salary, but she is flimsily avoiding the issue, what do I do because I feel something is not right, I don't even want to tell her father about it because hell will break lose.

Answer: Make that difficult decision of involving her father. There are many possibilities. Either she has decided to live in debt having a lifestyle that is not her own or a man is paying rent for her. Most likely the man is married.

In songs of Solomon, the brothers of the Shulammite lady asked, “we have a young sister, and her breasts are still small. What will we do for her when a young man comes courting?” They answer their own question by saying, “If she is a wall, we will build her a silver tower. But if she is a gate, we will protect her with panels of cedar”.

In simple language the account meant that when their sister had full grown up breasts, men would automatically try to beguile her to fornicate. Being a wall meant she would not give in to their advances, instead she would keep them off just as it is hard to pull a wall down. Being a door meant she would be flattered by their words and would smile from ear to ear encouraging them on. If the Shulammite lady did not entertain the young men’s nonsense, the brothers would give her more freedom, building a tower for her was elevating her so she could see anybody passing below, and that meant the lady had a lot of liberty.

On the other hand, if she was a door, because they feared she could sleep with men at any time, they would deny her freedom. She would be confined at home, and her freedom to meet people restricted. That is, protecting her with panels of cedar or building a fence around her, like a paddocked cow, she could only graze within the fence.

You gave your girl freedom by allowing her to rent her own house. She has abused the freedom by allowing a man who is not keen on marrying her to rent a house for her, or she has started unwisely using debt. Talk to your husband, deny her that

freedom, and let her commute from home. Put her under curfew that she comes home immediately after the job. Explain to her why the freedom has been taken away. Let her henceforth inform you of any man she is dating.

Chapter 2

Couples asking about extra - marital affairs

2.27 What pushes a man into sleeping with another woman outside marriage?

Answer: A man may be hard-pressed to sleep with another woman outside the wedlock due to the following reasons.

Firstly, the man is **denied sex by his wife**. Paul advised couples not to deny each other conjugal rights unless they first

agreed to do so for a while. They may resolve to devote their time to fasting and prayer. Another moment they can abstain for a time is during the cleansing period of menstruation or after childbirth. But they must resume normal marital relations immediately after the agreed period. A man who is denied sex after the established period may out of anger seek to sleep with another willing woman. He feels the wife is boasting of having control over her body and she is not subject to him. Couples have no control over their body. The wife's body belongs to the man, and the man's body belongs to the wife. For a wife and a husband to agree they must have good Communication skills among themselves, they should spend quality time together, and discuss anything without restraint.

Secondly, the man **fails to exercise self-control**. For whatever reason, the one I have mentioned above and the ones I will mention below, a man must know adultery, fornication and any other sexual misuse is sin to God and himself. He should patiently solve his problems with his wife and cry to God to see what he is being taken through. God will eventually reward him for his faithfulness. However, anger and other complex emotions may make man loose his bearing. In this event, Satan tempts him. Since he fails to exercise self-control, he is involved in extra marital-affairs.

Thirdly, the man is **nagged persistently** by his wife. Some form of niggling is healthy since we all need someone to push us to take action towards our goal. But repeated nagging especially to do something wrong or to fulfil a wife's selfish desire is

compared to incessant rain going drip-drip-drip. Everyone knows how such a rain is a nuisance. Delilah kept nagging Samson day after day that he got sick and tired of the nagging. King Solomon appositely puts it when he says it is better to live in a desert or on the roof than share a house with a nagging wife. If a husband finds it difficult to share a house with a nagging wife, he will find solace in wayward women who are always accommodating. Nagging is a result of lack of goal congruence. Therefore one partner will be irritating the other to perform what he doesn't like.

Fourthly, the man **feels the wife is sickened with him**. King Saul gave David his daughter Michal when David brought 200 foreskins of slain philistines as bride price in marriage. In a turn of events when David was a fugitive running away from Saul, he gave his wife (Michal) to Palti son of Laish. When David reunited with his wife Michal for he resolved he could not leave her as he had paid bride price with 200 foreskins, Michal was never the same again, she despised David. In a quick rejoinder, David married Abigail. Since most men are not at liberty to marry many women to counter their first wife's repulsion of them, they would hold secret mistresses somewhere. Keeping secrets from the husband, giving him the silent treatment, talking of insecurities against him, not keeping his personal boundaries, interrupting his time, interrupting him when he speaks are signs that a wife is disgusted with his husband.

Fifthly, the man is **forced to make decisions alone and has too much responsibility**. A wife was created as a good helper

to a man. When the wife leaves all decision making and all financial decision to a man, he becomes overwhelmed and he would find an outside woman who will ease these responsibilities for him, and he would reward her with sex. When Sarah was no more to help Abraham in decision making, he married Keturah.

Sixthly, the **woman has extra-marital affair or affairs and it is known to the man**. Proverbs is categorical that a husband is never angrier than when he is jealous; his revenge knows no limits. He will not accept any payment; no amount of gifts will pacify his anger of knowing the wife was unfaithful. His anger is a fertile ground to sleep with another woman.

Seventhly, **the desire of the man to Conform to the standards of this world or please his peers**. Paul advised the Romans, 'do not conform yourselves to the standards of this world, but let God transform you inwardly by a complete change of your mind. Then you will be able to know the will of God - what is good and pleasing to him and is perfect.' If a man routinely frequents the bar for few drinks with his co-workers or peers and they flirt copiously with the opposite gender soon or later he would sleep with one of them as alcohol takes away ones resolve to remain faithful. Moreover, one's peers may be having more than one sexual partner and to fit in the group or to please them, a man decides to have more than one sex partners.

2.28 I have married for a good five years and since ever I married him I have not set foot to his parental home. I have always wondered if the man real wanted me as a wife. But I could not find answers till the day I got to know what was making him to behave like that; he was married to another woman that I had not known. Just by chance, I went to visit an old acquaintance we had not met for seven years. I saw my husband's car parked in front of one of the houses in her estate. I asked her if she knew the owner of the car. She answered it was a married man's that travels much leaving his wife alone most of the time. Out of curiosity I picked my phone and called my husband. I inquired if he was using his car as I could see it packed outside a certain building. Out panic he came out of the house half naked to verify if his car was safely packed with an equally half naked lady in tow with him. He saw the car safe and he also saw me and he retraced his footsteps into the house as fast as he could with the lady following him and shrieking hysterically not understanding what was

going on. I am contemplating leaving the man, please advice.

Answer: I fail to understand when you say you are married for five years and you have never set foot to your husband's ancestral home. Then you are not married but you are cohabiting.

Marriage is universal; almost all regulations governing marriage are similar worldwide. Parents of both spouses get involved in the marriage unless it is Civil marriage. But whether the marriage is traditional, church or civil, the couples exchange rings or dowry/bride price is paid or their dressing changes. It is a highly publicized affair for any type of marriage. For church and civil marriage, some time is set for anybody to object the marriage, and for church marriage, even on the day of marriage, a chance is given for the last time for someone to object it.

In civil marriage and majority of church marriage, the man is only allowed to marry one woman at a time. He may marry again only when the wife gives up the ghost or they are divorced legally. All marriages are lasting or enduring relationships. They are subject to social endorsement. The goal of marriage is that they are family units; they control sexual activities and establish parental obligations.

It therefore seems, the other woman is legally married to 'your husband' as your friend can attest there was a wedding. You are not married but you are cohabiting. If your man was

polygamous, all wives in polygamous marriage would know each other.

Stop cohabiting with the man. If you were married, infidelity would have been a valid ground to dissolve the marriage if you were not willing to forgive your man.

2.29 After our wedding a sister started calling my husband. She would even pray for us on the phone and advise him like a good sister. Some weeks later my husband asked me to follow him to a friend's office, that the friend wanted to give us our wedding present because she missed our wedding. I followed him to her office, we spent hours in the office, since she was cornered, she just ran helter skelter, opening and closing her drawers till we had finished the soft drinks she had offered us, and we left without receiving any wedding present as she had promised. One evening my husband asked me to follow him, a friend had invited him.

So we drove to town. To my greatest surprise it was the same sister in the Lord. In her dimly lit room, were soothing and romantic music emanated from a home

theatre, I could see the room was so romantic that a man needed a formidable effort to escape from the trap. That day she didn't even offer us any drinks and were had no meaningful conversation. She was just toying around with her phone although secretly incensed with my presence; we were forced to bid her farewell and left. She reduced the rate at which she called my husband because each time she called my husband would make sure he gave me the phone to me to greet her even though he never explained anything to me. I caught up with the joke and I was so proud of him. After several weeks, we were sleeping one night around 11 pm. This sister called. She claimed that she was stranded on the road with 5 other sisters given that an anointing program scheduled that night was put off but they being unaware had attended and waited patiently for others to arrive. When they had waited endlessly, they decided to confirm if the program was still on and that was when they were told it was postponed. It was so late and they could not get public transport back to town that she pleaded with my husband to go and help

them. I heard her clearly and loudly in the silence of the night as my husband had put the phone on loud speaker. My husband got up, sat for sometime mulling over before tapping me. He begged me that I should accompany him.

Honestly it was a very big inconvenience but I just had to get up. As we got closer to the junction she had mentioned, I tried spotting a group of ladies only to behold one person standing there like a ghost. She was even carrying her very big sized Bible. Immediately my husband stopped the car, she rushed to hop into the front passenger seat and I could see her disappointment visibly written on her face as she found out I was occupying it. My dear husband opened the back door with a remote control and then directed her to move to the back seat. We drove silently each one immersed in his/ her own thoughts till we dropped her at her gate. She was noticeably infuriated to the extent she forgot to thank us and brusquely rebuffed our goodnight wishes. I gazed at my husband who was grinning sheepishly unable to conceal the smile till we got home. The lady

never attempted to call my husband again. From the events I learned that:

2.29.1 It is not easy for our husbands to stay chaste, especially the ones that are handsome and have a steady means of earning an income.

2.29.2 It doesn't matter how sanctimonious a person might pretend to be, the devil can use anyone to lure anyone to commit adultery and fornication.

2.29.3 It is not wise to over generalize that all men just love cheating; some of these ladies never give up easily in enticing them to fall, if they do not love God, they are an easy prey to these women.

2.29.4 When you don't pray for your spouse to be protected from the evil one and temptations, expect anything that is bad in your marriage.

2.29.5 Be there to support your spouse always, you don't need arguments and accusations all the time, just your companionship is enough in most cases.

One might conclude that I was just lucky to have such a dedicated and God fearing husband, but believe me, you are lucky too. So always pray for your spouse and be there for him or her. Single lady, marry a God fearing man. A man who fears God will never cheat on you. Men marry a God fearing woman; she is the prayer warrior that will protect you spiritually. May our husbands never fall into the traps of strange women in Jesus Name!

Answer: Thanks for sharing this account and the timely lessons you have learnt. A man must love his wife as he loves himself. Like he will feed his body and nourish himself, so he must cherish his wife and treat her well. The wife as a good helper must support her husband in all his endeavours. Whenever the spouses have disagreements, they must use bible counsel to resolve their differences. They should be faithful to each other as adultery and fornication are sins to God. And as you said they must pray for each other so that they are not lead into temptations but they are delivered from the evil one.

2.30 My husband and I have been fighting because he is quite a flirt with women. He accommodates them, so there was a time he cheated and I forgave him although I am still trying to heal from that wound. Last week we

had an argument over encouraging women in his life and I told him how it hurts and how it kills my trust for him. However, he was so irritated that, if I called him, he would not pick my calls. He doesn't talk to me and he comes home late. It's like he does it deliberately to make me tone down on my stand. It has forced me to condone his behaviour and left him to do what he wants, I get hurt sometimes but if he is incorrigible, what should I do?

Answer: God wants us to live life abundantly. Sexual immorality is both biblical and legal ground to seek divorce. There is no need to live hurt when you can divorce him with the benefit of getting maintenance or alimony from him. You can forgive him as many times as you want, but it would have been better if he was repentant, but if he deliberately wants to manipulate you to accept his behaviour and then nobody can help you if you choose to condone his behaviour.

2.31 I am married with three children. We have been having problems because of his cheating habit. So in his effort to lie to the world that all was well between us, he opened a big business for me since a small one would betray him that he is not taking care of me.

He has been cheating on me with this particular girl that I know and she knows me too that I am married to him. This girl has now become a problem in my marriage that I cannot confront him about her as it always leads to incessant quarrels. We do not live together as his work has parted us but the girl lives in the town where he works. Therefore, she is more of his mistress and they spend most of the time together as much as possible. Often, he brings her in my town as her parents live in this town and I am even aware he is paying her mother's medical bill, who is bedridden with stroke. She is allowed to drive his car. In fact she has all the rights only that she is yet to get pregnant for him.

Whenever I brazen out with him about these issues, he is not remorseful he continues to openly insult me. He claims to have deleted me from his life a long time ago, that is, if I think he still has feelings for me then I would be wasting my time. He adds that I should just leave him, go and make my life useful. He says I am a disgrace to womanhood. He makes other obscene and unprintable insults.

I have endured these issues for almost a year and I have involved his family members who have talked to him, my family has done the same but he creates enmity with anyone that supports me.

We had been living happily, because I didn't bother checking his phone as he still treated me well and he never cheated openly. Until he met this girl, everything was blissful.

I am tired and worried as he is the only man I dated and married at 19 years old while still a virgin. I am always wondering what I did wrong for him to turn against me! I dress perfectly and I believe I am the best cook ever, so I don't expect him to be disgusted of my dressing or the food I cook.

I need advice because I still want my marriage to work. I am not happy of the present affairs of things. He no longer takes care of my emotional needs and I am sure he only provides physical needs because of the children; he ensures children have to eat. He doesn't sleep in my house and only visits to see the kids and off he goes.

For that reason, we have not been intimate for a year now. Whenever I call him on phone he is abrasive and contends I am disturbing him and if I have anything important I should be quick, brief and to the point otherwise he would end the call.

I have nobody else to help me. My children are 8 years, 5 years and 1 year and 8 months old. I want to live but I am worried I am beginning to develop high blood pressure due thinking, I have lost my appetite, and I find myself crying whenever I think about all these.

I am weighing up if I should leave the marriage with my three children but he will never allow me to go with all of them and I don't have anything to prove that I can take care of them myself. So can I leave with the last one and maybe after a year when I have regained my balance I can come back to claim custody of the remaining two or should I just leave the two for him? Will the court grant me custody of them after all? What should I do about this I want to know please?

Answer: Sorry for the unfortunate happenings in your marriage. Men in marriage involve themselves in extra-marital affairs because:

Firstly, the man is denied sex by his wife. Paul advised couples never to deny themselves conjugal rights unless they first agreed to do so for a while

Secondly, the man fails to exercise self control. In this event, Satan tempts him. Since he fails to exercise self control, he is involved in extra marital affairs.

Thirdly, the man is nagged persistently by his wife. Repeated nagging especially to do something wrong or to fulfil a wife's selfish desire is compared to nonstop rain going drip-drip-drip. Everyone knows how such a rain is a nuisance.

Fourthly, the man feels the wife is sickened with him. Keeping secrets from the husband, giving him the silent treatment, talking of insecurities against him, not keeping his personal boundaries, interrupting his time, interrupting him when he speaks are signs that a wife is disgusted with his husband.

Fifthly, the man is forced to make decisions alone and has too much responsibility. A wife was created as a good helper to a man. When the wife leaves all decision making and all financial decision to a man, he becomes overwhelmed and he will find an outside woman who would ease these responsibilities for him, and he would reward her with sex.

Sixthly, the woman has extra-marital affair or affairs and it is known to the man. Proverbs is crystal-clear that a husband is never angrier than when he is jealous; his revenge knows no limits. He will not accept any payment; no amount of gifts will pacify his anger of knowing the wife was unfaithful. His anger is a fertile ground to sleep with another woman.

Seventhly, the desire of the man to Conform to the standards of this world or please his peers. If a man routinely frequents the bar for few drinks with his co-workers or peers and they flirt a lot with the opposite gender soon or later he would sleep with one of them as alcohol takes away ones resolve to remain faithful. Moreover, one's peers may be having more than one sexual partner and to fit in the group or to please them, a man decides to have more than one sex partners.

Looking at your plight, it is most probably your husband has been short of self-control as he works and lives in a town different from your town. I cannot rule out the fact that you have left all decision making responsibility to your husband. Therefore he is bored. He would like someone to advise him, tease and jog his mind and most probably the girl you mentioned is just doing that. Have you given him ideas? Do you advise and warn him? You probably are not doing that as you had avoided his phone and you had been content as he did not cheat openly.

Communication between the two of you broke down. While he wants someone to spur him to great heights you were content

and left him to his own devices. You seem to be a submissive woman therefore, I rule out nagging.

Agree it is not easy for a husband who lacks a woman who can jog his mind, lives far from her and has peer pressure to contend with to remain faithful. The girl must be having ideas and plans, and as she knows the man is married, she plays her role even more aggressively to distract the man from you. Have you played an active role to have your husband? Do you ever remember praying for him not to fall into temptations but to be delivered from the evil one? Do you think it would have been better if you had come up with a business idea than waiting for the man to set up a business for you?

The man has abused you. But believe it or not, he did not mean it. It is just a guilty conscience that is making him talk gibberish and look distant from you. He loves you. He is just confused by his affair, they always do.

Since you love him and would have liked the marriage to work, I suggest you legally separate. Separation is not divorce. The way you are living presently without conjugal rights and far apart is separation, only your separation is informal. Legal separation will ensure you have custody of the children; you receive maintenance fees for the children from him, both of you will have ample time to decide if you have to reconcile or dissolve the marriage then. He cannot marry during the separation period unless he married you under such marriage that permits polygamy; otherwise the girl is just wasting her time. You can

make the separation indefinite so that he will never marry the girl.

Alternatively, if you cannot forgive him for his infidelity, you can divorce him. The court will decide who will have custody of the children and if it decided in your favour, the man will pay you their maintenance till they reach the age of majority. He could also maintain you or pay you alimony.

2.32 There was this chick I used to see last year and then my wife came to know. We had a major squabble and I cut the chick off so that I could concentrate on my family. After sometime we reverted to our relationship, actually the lady started the communication and I became weak and somehow I found myself in my old ways again. Last week, God was not on my side and again my significant other found out about the affair. I came back home remorseful and contrite ready to make up with my mate should she ask about it. To my surprise up to now she hasn't asked me anything, she's doing all duties as a spouse but it is as if nothing has happened. I am patient and also trying to put up a show that nothing happened but I won't lie,

it's hitting me hard. Do I initiate the talk or how do I go about it?

Answer: Nuptials companions must be faithful to each other. Adultery is a sin against God and against one's mate. Sex dealings outside the marriage is legally and scriptural ground for divorce allowing for remarriage. It is good you are remorseful and you know what you are doing is not good. You only lack the fear of God. If you knew you are displeasing God and not your wife, that would have given you much motivation not to succumb to immorality.

Your wife might be depressed. She may be dying inside, that is why you can wake up one day and she has committed suicide or after a time she has high blood pressure, cardiac arrest and even type two diabetes. She may also retaliate by sleeping outside. Talk to her and reassure her, tell her to be a prayer warrior and pray for you specifically that you may not yield to adultery again. Always settle husband-wife issues before the sun sets. Don't wait.

2.33 Even if it is cheating surely, why would my husband come from Qatar instead of coming directly home first he goes to the side chick? He went to stay with the side chick for a whole week; all along I was thinking he was in Qatar!

Answer: Do you deny your husband sex or use it as a bargaining tool to get money from him? If that is the case, since the mistress does not trouble him, he finds it comfortable to stay with her than you.

Do you nag your husband persistently? Repeated nagging especially to do something wrong or to fulfil your selfish desires will drive him away from the house.

Do you despise your husband by keeping secrets from him and giving him the silent treatment?

If you do any of the above, he does not feel enthusiastic at all being at home. That is why he seeks solace in his mistress. He will only come at home when he feels he can then face you. However, some men will just commit adultery even if you don't drive them away because they lack love for God. If you are able to educate him about God's requirement, you may turn things around.

2.34 I've been looking for a job for a long time and I got one in the middle of this month but the problem is the owner of the job has been asking me for sex. I feel it is wrong because I am married and I can't be unfaithful to my husband because he has never been unfaithful to me. How do I deal with the issue and still

keep my job? The job is very important to me especially at this time that my husband's business is in doldrums.

Answer: In one of Aesop's fables a man was rejected by his host since he blew hot and cold. He used his breath to cool hot porridge and the same time he used his breath to warm his hands. His host could not understand why the same breath could perform two different and opposite things cooling and warming. In the same way you don't need to be confused. You either do the job, or have sex. You cannot have both.

Should you give in to sexual demand and keep the Job? Was sex part of the job requirements? Should you deny him sex and lose the job?

Actually if you give in to his sexual demand you may lose the job anyway. Walls have ears, your co-workers are watching, you may be surprised when his wife gets wind of your affair, the man will sack you to salvage his marriage.

If you stay put, offer prayers always to ask God to prevent your boss from asking for sex. Pray also he does not sack you. You may be amazed he will respect you for your standards and give you more responsibilities. Nehemiah was such a person who offered a silent prayer and asked the king to let him go and rebuild the walls of Jerusalem. To his surprise, the king accepted.

It is God who gives bread; don't look at your financial situation and use short-cuts, giving in to sex may lead to you actually

loosing the job and your husband too. Husbands are unforgiving when it comes to infidelity.

2.35 What will you do if you realise that your husband's side chick has been married and your husband is presently breathing fire because of stress affecting all family members?

Answer: The scripture informs that God helps us in all our troubles, so that we are able to help others who have all kinds of troubles, using the same help that we ourselves have received from God. As a wife, be a good helper and comfort the stressful husband so he realises he is missing nothing. Infidelity is a biblical ground for divorce. The fact that your knew you husband had a mistress and you never left him, shows you needed him. Now the mistress is married, reinforce your relationship with him so that he regrets ever going outside. Make him never miss that mistress.

2.36 My husband has presently been telling me that he is thinking of reconciling with his ex-wife. It hurts knowing I found him so desperate at the verge of suicide. Please advise me on what to take from this because I feel betrayed.

Answer: If you are married properly in the eyes of law, you have little to worry about. Remember the man wanted to kill himself because of his former wife. It really shows how he loved her and he has not forgotten her. You just dulled his pain but at the back of his mind he had been thinking of her. If you had told me why they broke up I would have advised you objectively.

Just ask him what the reconciliation entails. As a wife, warn him, the makeup should not include sex. Remind him if it were not you, he would not be alive to reconcile with her. You are his good helper. Tell him to remember Lot's wife. She was nostalgic about the good life and sex orgies she was going to miss about Sodom and Gomorrah and she turned into a pillar of salt. Tell him going back to the ex-wife is like a dog turning back to his vomit.

Keep urging him that successful people do not turn back into destruction, but look forward in faith and hope. The truth may hurt just like Abraham did not want to chase Hagar away when Sarah made the suggestion. Hagar had a son with him named Ishmael. But when Abraham was contemplating about what Sarah had said, God told him to listen to his wife and chase Hagar away.

It will be painful to tell your husband about Lot's wife, the dog turning to its vomit and no infidelity. But it is better to plant that seed in his mind than leaving him alone. When he will weigh up your words later in his solitude, he will see sense and he would love you for that timely advice.

Reconciling, if it means they forgive each other, is not bad. We should not carry grudges. But boundaries should be there since he is married. It would even be better if you accompany him to all sessions with his former wife.

2.37 We stay in a plot with my wife and two children. There is a person who owns a shop in our plot who secretly told me to investigate my wife as she was dating my landlord. I did very scanty investigations and found out that every tenant was aware of it. I was the only one who was not in the picture. I have not asked my wife about it because I don't want to hurt her but I have suggested we relocate to another plot. She is unwavering that we are not moving out since our children's school is near the plot. I am ready to pay for kids' school bus given that I am the one who pays rent but since she has refused, she is ratifying the hearsay that has been planted in my mind. Am now bitter, I feel like killing this landlord, I owe him nothing, I pay my rent timely. Why does he do this to me? Please advice.

Answer: Presently, you have no evidence your wife is cheating. You are depending on hearsay. But don't think of killing the

landlord. If a spouse is unfaithful and you are so bitter, just divorce her and marry another lady. It is allowed biblically. Killing someone because of a faithless wife is irrational.

You also seem to lack control, and you are not a leader. When you decide to relocate as the head of the table, the rest should follow. In addition, don't you see your wife will still be unfaithful in the next plot you want to move to?

What is so difficult to face the elephant in the room and ask your wife if the rumours are true? Hear her side of the story. You say you fear hurting you wife, in this circumstance hurting is healthy. It is like the surgeon's scalpel, it may hurt but it is essential at times. Better is the pain inflicted by a friend than the embrace of the enemy?

Face your wife; don't shift blame to the landlord. In Old Testament times, when a man became jealous and suspicious that his wife had committed adultery and had no evidence, he took her to the priest. The woman was made to stand in front of the altar and the priest would perform a ritual. The husband was thus freed from the guilt of suspicion and the woman, if guilty would suffer consequences; her genitals shrunk and her stomach swelled.

2.38My husband had an affair in the last three months. He's really suffering trying to hide it from me but I found out about it on the second week of the affair,

though he is not aware I know. I just decided to set him free and never ask him about it, how do I teach him to hide his affair because my affair is currently two years old and he has never caught me?

Answer: You have asked me an imperative question. How do you teach your husband to hide his affair as you caught him and he has never caught you? Are you any different from sinners tempting someone and saying, 'come on; let's find someone to kill! Let's attack some innocent people for the fun of it!'

You should not find pleasure in doing wrong and enjoying senseless evil. Try to trust God with all your heart and never rely on what you think you know. Never let yourself think that you are wiser than you are; simply obey God and refuse to do wrong. He says adultery is wrong, just believe it is wrong!

The adultery you are rejoicing in now is a trap. You will be caught in the net of you own sin. Would you like your husband spending substantial resource of his income maintaining kids outside the wedlock? Would you like either of you to bring venereal diseases in your family? Would you like any of you to be killed by a jealousy spouse enraged since the two of you are cheating with their mates? Would you like any of you to die because you lacked self-control? You want your downright stupidity to send any of you to your graves?

You should rejoice your husband has a conscience that is troubling him having done a wrong thing and pray you also have one.

2.39 A woman who knows the true pain of heart break will never go after another woman's husband. A man who wants peace in this world should never mess around with another man's woman this are some of the things that have even made kings fall.

Answer: Thank you for your fitting comment. However, it should not be a woman who knows about heart break, but who reveres God. All human beings are a work-in-progress. We improve each day. Therefore as love or lust is powerful as death, at the time, no woman would think of heartbreaks. But if a woman adores God, she will try to do the right thing always.

Such women are said to be worthy far more than Jewels. Their husband puts their confidence in them, as they are faithful and always do good to them and never any harm.

Men should have self-control and they should not spend all their energy and money on women, as you say, they have destroyed kings. In addition, the husbands of messed up women are dreadfully unforgiving. They will never accept any payment or gifts to appease their anger and their revenge knows no limits.

2.40 I tell you never joke with this thing they call "Bro code". Can you imagine your flesh and blood brother will know your husband's side chick even go out with both of them and that burger (your brother) will never tell you about it yet you're his sister?

Answer: Those who do evil will keep the secret among themselves and they are united by the secret and not blood. It is amazing how evil unites bad people as compared to how good unites people. Your brother shares evil with his in-law and will not divulge it to you.

But Christians put aside all secrets and shameful deeds. They do not act with deceit, nor do they falsify the word of God. In the full light of truth, they live in God's sight and try to commend themselves to everyone's good conscience.

2.41 Many married women are crying that their husbands are suspecting them for cheating yet they have never strayed from their marriages. One bowed to pressure of her husband accusing her that she finally cheated to avoid the pain of being accused for something she hasn't done. One is even telling me her husband will sometimes stalk her unknowingly, another one that her husband will almost be violent all because

he thinks she's sleeping with other men and all her efforts to assure him she doesn't cheat have not yielded any fruit, yet another one, the husband has demanded she stops working for the same reason.

Answer: Suspecting a wife to be sleeping with another man or other men is not a new thing; the accusations have existed for time immemorial. What would make a man suspect his wife to be sharing the honey pot with other men? The following are reasons (the reason are in no way exhaustive) for suspecting a wife of infidelity.

1. The wife denies her husband conjugal rights and is not interested with coitus activities with his husband. The few moments she gives in to sex, she is nonchalant.
2. Wife and husband stay far apart and the wife is relaxed and seems not disturbed they are apart.
3. The wife who previously nagged healthily and discussed issues with his husband no longer does so.
4. The wife seems secretive and longer gossips with his husband.
5. The wife who was respectful becomes aloof as if she is independent.
6. The wife generates more vaginal fluid.

7. The wife is disrespectful to the husband, argues with him, openly interrupts when he talks and does not respect his private time.

The above happenings may have a variety of causes and their occurrence does not mean a wife is cheating. But men would suspect them of cheating.

A wife should not bow to pressure and commit adultery because she has been accused wrongly by the husband. Ziba wanted to gain favour with King David who was a fugitive running away from his son Absalom. Ziba was the chief servant to Mephibosheth a grandson of King Saul. When David asked Ziba where Saul's grandson was. Ziba maligned him that he was convinced the Israelites would restore to him the kingdom of his grandfather Saul, so he stayed behind. Mephibosheth did not join Absalom to oust the king, thus, he had been accused falsely. Instead, he did not bath, comb his hair or eat till David arrived safely. It was then that David realised Ziba had been lying.

Ziba's story is a wakeup call for women blamed falsely of cheating that they should turn to God. It is painful being accused falsely of infidelity. But know that this shows the husband loves you and is jealousy of sharing you. Like Mephibosheth, you can fast for seven days to cope with the grief. Ask God to comfort you, and give your husband spiritual eyes and understanding that he may know you are faithful.

Never worry even if the husband trails you. You are not cheating, why should you fear? Let him waste his time. Be brave as a lion. By stalking you he may actually be exposing his guilt as the wicked runs when no one is chasing them.

When the husband is violent or demands you leave your job because he is suspecting you of extra-marital affairs, it time to demand for legal separation. Accusing you falsely and being violent places your health and life in danger. A job gives someone sense of fulfilment and helps the wife to play her role as a good helper. It is also an act of worship that women should not eat the bread of idleness. Therefore this is an extreme opposition making it impossible for the woman to serve God, hence calls for separation.

Separation is not divorce, it is living separately and when the husband recognizes his mistake, you can reconcile and live together again.

In biblical times, if a husband suspected a woman to be cheating, but the husband was not sure and there was no witness, and she was not caught in the act, he would take her to the priest. He would also take the required offering of one kilogram of barley flour. The priest would bring the woman forward and make her stand in front of the altar.

He would pour some holy water into a clay bowl and take some of the earth that is on the floor of the tent of God's presence and put it in the water to make it bitter. Then he would loosen the woman's hair and put the offering of flour in her hands. In his

hands the priest would hold the bowl containing the bitter water that brings a curse.

The priest would make the woman agree to his oath. The oath was; 'if you have not committed adultery, you will not be harmed by the curse that this water brings. But if you have committed adultery, may God make your name a curse among your people. May he cause your genital organs to shrink and your stomach to swell up. May this water enter your stomach and cause it to swell up and your genital organs to shrink'. The woman responded, 'I agree; may God do so'.

Then the priest would write the curse down and wash the writing off into the bowl of bitter water. The priest would take the offering of flour out of the woman's hands, dedicate it to God and present it on the altar. He would take a handful of the flour and burn it on the altar. The woman would then be made to drink the bitter water.

If she committed adultery, the water would cause bitter pain. Her stomach would swell up and her genital organs would shrink. But if she were innocent, she would not be harmed and will be able to bear children. The husband would be freed from the guilt of suspicion and the woman would be free of any accusation unless she was guilty, her genital would shrink and the stomachs swell.

Nowadays we are not accessible to the rituals performed by the priest, only temporary separation would help cool the animosity. If the woman confesses she actually committed adultery, the

husband may forgive her and they may continue living together or he may divorce her and then he is free to marry anyone of his liking. If the husband becomes conscious that he accused his wife wrongly, they should reconcile and live together again.

2.42 I don't think there's any problem if your husband is dating a married woman because he will never marry her, it is just fun they are having, everyone eats and they return to their home. Just relax, a problem is these single ladies who think they can replace you, they will stick on ones husband like a tick on a cow and sap as much blood as they can, sometimes making the man forget his family altogether.

Answer: This comment is reckless. It may favour worldly people. But as God's servants, any extra-marital affair with anybody is sin. Besides, the husband of the cheating woman is always unforgiving and would revenge with deadly repercussions.

Such kind of cheating also establishes a vicious network of transmitting sexual diseases. If each spouse is cheating with another spouse, the web is endless and we only need one person to have a venereal disease and he/she infects everyone in the web.

Sexual immorality is sin against God and is the very reason the world was destroyed by the flood, Sodom and Gomorrah was destroyed by fire, and the earth opened up and swallowed 23, 000 Israelites headed to Canaan.

Sexual immorality is classified as idolatry together with indecency, lust, evil passions and greed.

2.43 Everyone has cheated in one way or the other. Cheating isn't just physical. If you're texting another person that your significant other would not be comfortable with, that is considered cheating. If you erase your browsing history on your phone because you don't want your spouse to see what you have been looking at ...that is considered cheating. If you start to entertain another person that isn't your significant other, that is considered cheating. If you start adding random individuals on social media because you thought they looked attractive in their profile picture that is considered cheating. If you flirt with someone else other than the person you're in a relationship with, that is considered cheating.

Answer: Cheating is complex as it starts in the heart. What you have mentioned are just manifestation of what has been going

through someone's mind. That is why Jesus said that whoever looks at a woman in such a way as desiring to have sexual relationship with her, has already slept with her in his heart. If your spouse is the only person you are afraid of, then when the opportunity presents itself away from the wife's scrutiny, one will cheat sexually with any person you have mentioned above.

There is a general belief that if one pursues his goals to the extent of neglecting his/her spouse, that is cheating. The scripture says he has abandoned the faith and he is worse than an unbeliever. For most people, only copulation is cheating. However, as you put it; texting, messaging, cyber affair and chatting are cheating as you get emotionally tied to other persons neglecting your other half.

2.44 My wife was sleeping next to me... and all of a sudden I got a Facebook notification, and a woman asked me to add her. So I added her. I accepted the friend request and sent a message asking, "Do we know each other?" She replied: "I heard you got married but I still love you." She was a friend from the past. She looked very beautiful in the picture. I closed the chat and looked at my wife; she was sleeping soundly after her exhausting day's work. Looking at her, I was thinking about how she feels so safe that she could sleep so comfortably in a completely new home with

me. She is far from her parents' house, where she spent 24 hours surrounded by her family. When she was upset or sad, her mother was there so she could cry in her lap. Her sister or brother would tell jokes and make her laugh. Her father would come home and bring her everything she liked and still, she placed so much trust in me. All these thoughts came to mind, so I picked up the phone and pressed "BLOCK". I turned to her and slept next to her. I am a man, not a child. I have sworn to be faithful to her and so I will be. I will fight forever to be a man who doesn't cheat on his wife and tear a family apart...

Answer: That is nice of you. Thanks for sharing this with me. I just wished you could have gone a step further and 'unfriend' the lady not just blocking. But that is commendable. You have imitated Nehemiah who told Israelites to fight for their children, fight for their wives and fight for their families.

For most people, only copulation is cheating. However, texting, messaging, cyber affair and chatting are cheating as you get emotionally tied to other persons neglecting your other half. God reward you for that act of faith in fighting for your wife against distracters and cheating.

2.45 My husband has been acting strange since weekend. We have been married for five years and just on Saturday we had an argument and in the process he told me that he has a girlfriend and anytime I feel like leaving I can just go. I told him it was okay.

So on Sunday he woke up very early picked my documents; passport, ID, birth certificate, my educational certificates and even my sim cards. Usually he leaves to check his projects on Sundays, but always makes sure he is available at 4pm so that he can spend some time with us because he is always busy on weekdays. This particular Sunday he had not come back by 8 pm.

I decided to just eat and sleep because probably he was having a good time with his girlfriend. I locked the main gate and the main door and left the kitchen door unlocked so just in case he comes back, he may use it to enter the house. I logged into Facebook and saw him online; he didn't text me to tell me that he might be late. Around 9:30 pm I went to bed and tried to sleep as it was the first time I was sleeping alone. It was a bit

difficult but I had to accept for the reason that he had already told me he had a girlfriend and obviously he needed to spend some time with her too.

At around 10 pm he came and he looked so dejected and stressed but I wasn't bothered then. He started talking to me asking if I really loved and cared for him. I couldn't answer anything, for sure how could he tell me that he had a side chick and expect me to care for him? He asked why I didn't call him to know where he was and all those other questions. I told him I was sleepy and I needed some rest.

Since then we haven't talked and I don't even want to know where he was. So my question is, where I'm I wrong? What do men really want? Was he expecting me to quarrel or look bothered because of him cheating on me? I'm in pain but I can't show him I am acting normal and maybe he wasn't expecting it, that's why he is doubting my love for him. Please help me how I'm I supposed to go about it?

Answer: In many words, sin is not lacking. He might have mentioned the word 'he has a girlfriend' by mistake but it was

too late. In fact in everything you have said, that word 'he has a girlfriend' is what disoriented you. But look, he loves you. He confiscated your identity card, your passport and certificates to make sure you don't run away as you would surely need these documents.

You have never slept alone. He was late coming home. He expected you to call and ask where he was or where he had taken your documents. If you were afraid to call, he was online for you to chat with him. He needed more communication with you but being proud or ashamed he wanted you to initiate the communication.

There is nothing wrong you have done and you do not need to do anything, wait patiently, let him man up and talk to you. You are not an angel to discern what he wants. He should also understand the fact that you have not caused hell about your documents or ran away from him to your kith and kin, shows you love him and have 'forgiven him for his extra-marital affair'. In fact you left the kitchen door open expecting him to come back and he did come.

By all signs your marriage is young and what you two are going through is healthy as you have crossed one hurdle. There will always be misunderstanding, miscommunication and communicating at cross purposes. But if you apply biblical counsel that you forgive one another even if one has a genuine reason to be angry with the other, that marriage will withstand storms.

2.46 Will you abandon your husband in the hospital when you take in that he had an accident with his side chick?

Answer: No one is perfect. We have all sinned and fallen from the glory of God. A wife is a good helper in such time of need; she should stick with his husband. The accident is just a milestone in the husband's life that nothing is a secret. Any infidelity however concealed shall one day come to light. It is also a blot to his dignity and integrity. He is the one who will suffer regret for a lifetime. The wife can be heartbroken but she should dust herself and help the hubby. Then when later he is fully healed, she can file for divorce or forgive him and they can live peacefully.

2.47 A loving husband will marry a second wife to support the first wife at home. Women are not slaves?

Answer: Christians must obey the state authorities, because no authority exists without God's permission and the existing authorities have been put there by God. The type of marriage recognized by state authorities is civil or Christian marriage. Others are recognized under Kadhi's law or traditional law. In civil or Christian marriage one is allowed to marry only one wife.

The Pharisees had posed a question to Jesus that Moses had allowed them to write a writ divorcing a wife and marrying another. Jesus was emphatic that from the beginning man was

to leave his father and mother and be joined to his wife in marriage and the two would become one flesh. He only allowed divorce and multiple marriages due to man's hard heartedness.

A wife is a good helper; it is the wife that should help a man. Not another woman to help another woman. A husband who marries more than one woman does not love at all since he increases unnecessary friction in his family.

2.48 There is this man who began chatting with me around April. The man is handsome and has a heavy purse. He began showering me with nice messages and slowly graduated to gifts. We hadn't met but finally we met and I liked him more. Slowly we began planning on some romantic outing and finally we booked a hotel out of town. I took myself there, weekend daytime. I had lied to my husband I was going to visit a cousin of mine who lives there.

We got to the hotel and went to the room. We showered and we got to bed. However just as we began having romance, the door got banged so hard. The man seemed scared but went to open the door. My husband came inside and found me naked. He told me, "now I have proven that you aren't faithful to me".

He added that it was all a set up to try me since he had always suspected that I would cheat given the chance. The man admitted it was true he was hired to try me. He dressed up and the man and my husband left. I felt so much ashamed I didn't go home but went to my mother's place and haven't told her why I was there. The children are with my husband. How do I solve this one? I'm so perplexed, I blame myself though.

Answer: You did a wise thing to return to your mother. Wait patiently for him to finish what he started. But meanwhile as you have learnt your lesson, do not accuse yourself and lose your peace. We have all sinned and fallen short of the glory of God. Fast for one day seeking repentance from God. Let the love of God from then onwards motivate you to remain chaste.

All human being subjected to favourable conditions would sin, unless they remember God and their motivation is to please God than enjoying the short lived pleasure. It was a sinister thing to be tested by your husband with the predictable results he wanted. Let him reach out to you. He has humiliated you and trust in your marriage has faded. Each day you would be questioning his actions if they are genuine. I don't know how you folks will survive but live each day at a time and be joyful as possible.

2.49 My husband of 19 years today told me he's been dating a girl for the past 3 years and he is faced with a decision to either marry her or let her go. He claims he wants to see a therapist to help him make an informed decision. I thought those are personal choices. I've decided not to be radical but rather wait and see as I curve my way around this nonsense. I feel he's insincere about this whole thing and he just wants to see my reaction to him having a second wife. What do you people think? What would you do in my situation?

Answer: As a good helper you should have queried his wisdom of committing adultery. You do not overlook such grave sin. Adultery is the scriptural ground for divorce. As you wait to curve your way around the nonsense you may be infected with sexually transmitted diseases. Make a decision swiftly.

Find out the system of law in which he married you. Does it allow polygamy? If it allows polygamy, are you ready for a co-wife? If it does not allow polygamy, why don't you jog his mind that he is just wasting the life of that girl? Or will you seek divorce and allow him to marry the girl peacefully? Life is a war; sometimes you need to fight for your children and your homes. Prevent that intruder if you can. Tell him clearly you will not accommodate another woman.

2.50 Will you leave your marriage because your husband impregnated another Woman outside the wedlock?

Answer: We may all fall into sin, and if ones heart is moved to forgive the errant husband, there is nothing wrong continuing to stay with a husband that has impregnated a woman outside the wedlock. But as adultery is a ground for divorce, an unforgiving wife may file for divorce.

Nevertheless, the wife should consider the circumstances under which the act happened. This is because she may depart from the husband without having learnt a lesson. Then, the same thing would happen again, and she becomes a serial divorcee.

She should consider the following scenarios. Was she always nagging, did she deny him sex, are they living far apart, has she ever disrespected or looked down upon him? If any of these occurred, he may have succumbed due to weakness of flesh. However, he has no justifiable reason for impregnating a woman as he has the obligation to please God. He has the power of prayer at his disposal. He could have contained his vessel.

The wife could have been praying relentlessly to God to thwart his husband's efforts towards adultery. When Pharaoh took Abraham's wife, he was unable to sleep with her since God prevented it. God in fact attacked Pharaoh's family with plagues that he released Sarah and chased Abraham away. In the same

way, if we bond our spouses with prayers not to commit sexual immorality, God will see to it that they remain chaste.

2.51 So I'm married to a teacher and we stay in the school compound. There is a place I fetch milk directly from a farmer immediately he has milked his dairy cows. The road to the farmer passes behind the school. One time when I was heading to the farmer I saw my husband engrossed in some talk with a certain female teacher. They were only two in the staffroom. After seeing them talking for three consecutive days, I decided to pry on them at lunch hour. All teachers had gone for lunch and they were only two in the staffroom talking! I have a feeling my husband is having an affair, or are these just fertile thoughts?

Answer: Granted, if persons of the opposite sex meet regularly, they develop an emotional bond which may be amorous or not. At least your husband and the teacher are talking in a staff room, a public hall where they may be interrupted any time and by-passers, like you can see them when you pass near the staffroom. Therefore, there is no need to be alarmed.

If you are suspicious, ask your husband. For instance, is he expected to take lunch in his house? You could start there, where was he at lunch time, why did he not take his lunch?

Being overly suspicious over nothing may become a self fulfilling prophecy as you may drive him insane to have that affair. Affairs are about give and take. Like if your husband took that female teacher for lunch, perhaps she may have reciprocated by giving him her cistern to drink of its water. But which woman would be attracted to a man who lives like a church mouse not even having a simple lunch?

Sometimes teachers are busy writing scheme of works, setting exams or writing a book to earn some extra income to supplement their meagre salary. You could be surprised they are co-authors of a book they were trying to fine tune its ideas or harmonising its plot.

It is doubtful your husband is having an affair while you are so near to quench his thirst, if anything I am sure he would prefer the younger students to a fellow teacher.

2.52 I'm married with two kids. My husband forced me to resign from work after I got my firstborn saying that his kid won't be raised by a house help.

My second born is in class 2. My husband has refused me to work saying that the money he brings in the house is enough. He keeps saying that if I happen to buy anything, I should not bring it to the house.

Just last week I discovered that he had opened a salon business to a lady whom I now know that she is his side chick. I confronted him and he denied it.

What should I do? Please advice.

Answer: The rains started beating you when you accepted to leave your job as required by your husband. The Idea of leaving the job should have originated from you, and then you would have handled things differently. You should also have discussed it during courtship and a wise lady would not have entered a marriage where the husband would require she quits the job. A good husband should support your ambitions and develop you.

You also have expectant parents who you are required to support financially from time to time without burdening your husband. A job gives anyone a sense of fulfilment and hope. You have clearly seen your husband has now enslaved you and you have no hope other than depending on him. I am sure it is difficult for you to pray since, what will you actually pray for? Your husband is being taken since you failed to pray, he is not protected from snares.

You are now subjected to emotional trauma. Adultery is a valid ground to seek divorce both scripturally and legally. My advice is, separate from the man, and take up a job. If he wants reconciliation, negotiate and tell him working is non-negotiable in the new arrangement. You have to work. Godly women are

not slaves but good helpers; they do not eat the bread of idleness, but improve all affairs of their household.

Should he be obstinate, and demand to have his way; divorce him, have custody of the children and let him pay maintenance of the kids. It would be unfair you are denied to work while the other woman is working. You never left work willingly and that is injurious to you.

2.53 I'm a housewife. My husband and I believe in prayers but I think something is amiss. You see, he keeps telling me how he believes in my prayers and this makes me pray more. Sometimes he tells me that he will not touch me at night so that I can focus on prayers.

Other times, he gives me money to go to the prayer centre, even if it's for 3 days, and tells me not to worry about kids and that he will take care of them. He is self-employed. This was making me happy that he knows the power of prayers and that he loves his children until the other day, my son asked me this...

"Mom, why is Dad so afraid of sleeping alone when you are not here?" At first, I was shocked then asked him calmly, "Why?"

"Because every time you go, aunt goes to sleep with him," the boy spurted. Aunt is my sister. I was shocked and I don't know how to handle this. I don't even have the strength to pray. Please help.

Answer: Your husband discerned your weakness which was irritating him and decided to take advantage of it to such an extent that it borders on ridicule. Your prayers are not useful. They are what Jesus said of Pharisees; they pray to be seen by men. God does not listen to all prayers. God listens to prayers of the righteous only. Therefore, for your prayers to work you must be trying your best to live by his laws.

One thing that shows you are not living within God's law is what you said, 'Sometimes he tells me that he will not touch me at night so that I can focus on prayers.' Marital sex is a divine responsibility. Nobody should talk you out of it. You don't deny it to you husband in pretext to pray. Your husband was just repeating what you had done before. You might have denied him sex many a times to pray. He got an outlet through your sister. Whenever he feels horny, he knows he can just get rid of you with your prayers and have fun with your sister.

You also have children. Why is it that your husband and children are not your prayer warriors? As a spiritual mother, you should be a good helper to your husband. You should assist him in teaching and helping your children. You should care for your family lovingly, a responsibility you seem you have delegated to your sister.

I am sorry to inform you your prayers are ineffective. Are you humble when you pray? Do you work on what you have prayed for? Did you know you can actually fast and pray the whole day, then break the fast in the evening and give your man his conjugal rights? Did you know you don't need to go at prayer centres at all? Did you know, you and your husband are just a big crowd enough so that whatever you tie or release here on earth is tied and released in heaven?

Did you know a prayer does not need to take three days unless you are fasting and meditating at the same time? Did you know you can pray heartily and no one notices? Did you know, you can fast and meditate and no one, not even your husband can know?

Cut off all that prayer show. Come back home and fight for your children and fight for your home. I have attached my book, *Never Get Weary or Weak; How Meditating and Fasting Gives You Vibrant Strength and Detoxes Your Body*. Read it carefully and I am sure you will find it invaluable.

2.54 I was in a relationship with a married man for over one year then I got pregnant and since I didn't want anything to do with him, I terminated the pregnancy. Two months later we met up and as I speak, I am pregnant for him. He provides everything. I know I am wrong for this but I promised myself that this would be a secret I will die with... Now, someone has told his wife that he has made me pregnant and the wife is threatening my life and that of my baby. The husband has offered to give me some cash to start a new life somewhere else far from Nairobi. What do you think I should do?

Answer: You need to love God and know what he requires. You can now clearly see what the weaknesses of the flesh do. It is a good thing that you kept the second pregnancy. After the first pregnancy you promised yourself never to have anything to do with the man. It was difficult to live with your resolve. When you kept the second, you decided it would be a secret, somehow the cat escaped out of the bag. Relationships are never a secret, someone knows.

That kid is innocent and needs the father. I think since you are still vulnerable, obey the kids' father, and stay clear of his wife. Let the man pay you child maintenance and collect your broken

pieces and glue them together. Hope you will not repeat past mistakes again. God is a God of second chances and may He see you through this difficult time.

You could still stay in Nairobi but vanish in a thin air so that the man and his wife do not know of your affairs.

You could also report the threats to the police. Every citizen has to live in peace. You erred, but that does not give someone a right to threaten and endanger your life.

2.55 I am a mother of 3; I am 32 in a good marital house that has since been shaken. I am devastated to learn that all my former wedding maids have been sleeping with my husband and he has gotten all the 4 of them pregnant. I don't know what to do with these friends I considered my sisters. I would share with them every story of my house. I once told them how a beast my husband was in bed when we went out on a girl's date.

One of them became curious and started sending my husband messages. At first I did not bother to pay attention because I trusted them as my own sisters who can protect me, but when one got pregnant I was

interested how it happened. But to think that within the same time all my 4 friends became pregnant for my husband, it is mind boggling! He has confessed and pleaded he is sorry for they seduced him and that he loves me and he doesn't want us to divorce. Please guide me; I am confused because I am also pregnant!

Answer: Infidelity is a perfect reason to seek divorce. Whether you seek divorce or forgive him that is up to you. You loved your buddies so much; if the man married you in a system that allows polygamy, then it is better you accommodate your co-wives.

Otherwise if you are married it is not good to hang around single ladies leave alone exposing your innermost bedroom matters. It shows how immature you are, but you will grow and develop. You should find women in your club. Married women who can advise you better.

Your man seems to be a libidist and would sweep away any skirt that smile at him. He has no restraint, a difficult problem to live with. However if he can be taught about God, what he likes and hates and the abundant rewards he has for those who love him, he would be compelled willingly to love him and hate what he hates.

2.56 What should I do as my husband is flirting with my daughter's teacher, and the teacher has become

arrogant? The teacher does not want to tell me anything about my daughter or her progress and what I can do to assist her!

Answer: You are your husband's good helper. Face him and tell him the teacher is not informing you of the child's progress. Tell him to stop flirting with the teacher. Take the responsibility of your daughter. Take her to school; collect her from school, and request for her progress. If the teacher is still stubborn, report her to the head teacher.

2.57 Am in my early thirties. I married a woman of my dreams in my early twenties. God blessed us with kids. We have never fought in all these years but misunderstandings have been there. Sometimes back I discovered that my wife was flirting with some guys that I am well acquainted with. We discussed the issues but in the process all trust for her was eroded.

I have struggled financially at times but then God knows I have tried my best. This is someone I married when she was jobless and she stayed for quite some years without a job. Finally God blessed her and she got a well paying job. I have seen it all in this marriage.

Insults, being looked down upon, the know it all attitude and late night calls but I have endured all. I have never cheated on her. Yes am not an angel. I struggled financially but presently a have financial muscles and I can comfortably say, I am financially stable but my marriage is at the breaking point. God knows I love my family. But again God knows I go for weeks without sex. We sleep in separate rooms. To onlookers we are a happy couple, but I am hurting inside. Please help.

Answer: Paul advised that it is ideal to marry when one is past the flower of youth. In this period, one is mature enough and is not controlled by hormones. If you married in your early twenties, you wife must have been in late teens to early twenties. She was immature. She chose you on basis of hormonal surge more than love. She has since matured and looked outside and there are men outside.

It is difficult to contain a broken dam. If she has bolted or resolved to leave your marriage, there is nothing you can do. Since you have separated informally, I suggest you separate legally so that you stay away from each other and search yourselves to see if you really need each other and reconcile. Given that there is no infidelity mentioned between the two of

you, you cannot divorce each other. Denial of sex is not a major problem but could lead to a major problem.

During the separation period, fix your problems. Couples are not supposed to deny each other sex. You have no control over your body, the wife does, she has no control over her body, you do. Couples have to lay their communication lines open. Couples should engage in some small talk. You should discuss issues and solve problems. Find out where and how you lost trust in her and rebuilt it. Without sorting these glaring issues, your marriage will be dissolved soon.

2.58 I have been married to this man for the last 8 years... We have a daughter together ... After 4 years in marriage I came to realize he had another family... It has been hurting me and it has reduced my feelings and love towards him to zero... What Should I do?

Answer: There is no need crying over spilt water. Your problem could have been well solved during courtship period. You should have asked the tough questions. You should have involved your parents; they could have done some background check and advised you.

Most people think living with a man is marriage. It is not, it is cohabiting. Had you gone through the rituals of marriage, you would have known if he was married. Christian and state marriages do not allow one to marry another wife at least

when the first marriage is still on. Traditional and Muslims allow polygamy. If you were married traditionally, which I doubt you were as you could have known your co-wife then, try to have feelings for the man.

If you are cohabiting, as you have lost feelings for the man, end that relationship, you are fornicating. Let the man be paying maintenance for the kid, accept you are a single mother, but next time, ensure you are properly married.

2.59 I am a man aged 46, my wife is 38, we have been married for 11 years, I was not faithful, I was earning real good money, I used to travel the world almost every month for work related projects and so I either carried one of my side chicks or sought out a lady, especially from the Hotel staff.

I was so unfair to my wife because she was faithful to me, I never spent time with her, when she was giving birth to our last child she needed me but I was in Cape town celebrating one of my Chicks birthday and told her it was an urgent meeting that I needed to attend, I saw my wife was hurt, she suspected me a lot of times and questioned me but I used to deny it and get upset,

then she would apologize for questioning, I played reverse psychology on her many times,

There was this time she asked me about the quality of my Sperm as in why it was so clear, I had travelled for almost 3 months she expected something thick and creamy but it was just clear and couldn't fit on a tea spoon, she was hurt again and cried. I never cared about her emotions.

November 2020, I left home during the day to go to the funeral for one of my side chicks mother, while speeding I was involved in a horrific accident, the steering wheel landed on my manhood. I was unconscious and later found myself in the hospital. I had lost both my hands, though I have my feet they don't function, my manhood is now a decoration, my face is deformed partially, I was retired on medical basis.

My wife got a good paying job in September of 2020, and had her fallopian tubes tied without my permission, she started looking so good. I have never seen such a

beauty. She was never sad she seems very happy, and ever jovial. Last year march I discovered she was in a relationship with this wealthy man and he was intending to marry her, it is from then that I went into depression, I have been depressed to the point I want to commit suicide. This year in January she told me she wanted divorce. I called the two families to discuss but her family sided with her. I am so hurt that my wife will be leaving me for another man and yet I can't go after any woman right now. I have apologized to her but she said she had forgiven me but she can't stay with me anymore,

I sleep in a visitors room while she sleeps in the other room, I can't move by myself it's my nephew who moves me, I can't do anything by myself. We have tried the traditional way to have my wife stay; it did not work at all, I don't know what to do anymore I need my wife more than ever. NB: I told my nephew to type for me as I narrated to him.

Answer: It would be fair to give her divorce. You made her suffer unnecessarily in your hey days, don't let her share your

suffering. You have done a lot of bad things, do the right thing now.

Chapter 3

Couples Asking About Children

3.12 I saw postinor-2, in my younger sister's bag, she is 17 years. I confronted her; at first she denied knowledge of anything about it. But after arm-twisting her, she narrated to me the story.

Am confused I don't know how to handle this because I am temperamental. This girl lacks nothing, I buy her everything, she's using is 92k Phone I bought for her. It is not that I have lots of money, but I don't want her distracted since we don't have parents. She is the only one I have. However, she's taking this for granted.

The guy she is moving with can't even take care of her if she gets pregnant, and I am not ready to nurse another man's child under my roof.

How do I handle this, I am at a lose if I should chase her to go live with my aunt in the village or deny her privileges.

Answer: You have tried so much to give your sister a good life. However you have concentrated on the wrong item. Spending more time with her and teaching her sexuality and spirituality would have yielded more results you expected than heaping material things on her. I am sure she does not know that one can control her sexual urges. That is why she has given in to sexual cravings and decided to treat the after effects of indulging in sex.

At the age of seventeen, she is in that period Paul calls 'the flower of youth'. At this period, the voluminous hormones produced by her body weakens her rational thinking capability. That is why you can see the man she is moving around with is incapable of bringing up a family but for her that is the least of her concern. She is not even thinking about a family, priority is given to quenching her sexual desire.

She is at that age, coping with loneliness. Believe it or not, she does not feel your presence as you have invested in gadgets than advising and curdling her frequently. She may also feel bad about herself. She may have mood swings oscillating from good to bad. She needs someone to talk to. Since she sees you unavailable (of course you are available, but have you taken a step to talk sweetly to her?) she has unburdened her heart to a man that approached her pleasantly.

But the man's goal was not to help her but have sex with her. He might have praised a feature of her body she hates that made her feel good. After being 'comforted' by the man, she

may not see it as a bad idea to give in to his sexual demands, because according to her, he is the only one that cares for her in the whole world. Unlike you as the elder sister, the responsibility you saw placed on your shoulder made you focused, but for her she does not have any, so don't expect her to act reasonably and mature!

Suppose you would have taught her about the Shulummite lady that King Solomon in his glory, wealth and wisdom was unable to woo, she would not have been flattered by any man till she was ready and having accomplished her education goals.

Sending her to the village or denying her privileges won't help. She is inexperienced and need a lot of advice. You may deny her privileges after you have taught her and expect change, then reward her for the change. In fact she should have earned those gadgets for displaying good behaviour, not because of your internal fears.

***3.13 There's nothing wrong with a son loving his mum!
That's how he will love his wife. That's why we have
husbands who degrade their wives and can't even hug
their wives with a 100 meter pole because they grew up
not caring about a woman!***

Answer: All children, not only sons, must love their parents at whatever age they are. In proverbs, Solomon says that the children of a virtuous woman rise up and appreciate her.

Solomon continues to advise one should not forsake his mum when she is old. Isaac was depressed when he lost his mother Sarah; it was only Rebecca that was able to comfort him showing how much he loved his mother.

In African Tradition, when the boy was circumcised, he stayed either in the forest or her mother's hut for the last time till he was healed. He would be ministered to by his mother, sisters or female cousins. After healing, he was required to keep a good distance from his mother, sisters and female cousins. For some men it was etched in their hearts that they kept such distance to their wives. But in any case, it did not mean they hated their mother, sisters, cousins or wives.

The idea of the distance was to discourage sexual intercourse between the boy, then considered a man, with the women. This is still affecting African men as they really frown at the idea of a man hugging and kissing their mother. But you cannot blame them; we have cases where the mother decided to marry her own son. Love is not only expressed through kissing and hugging, in fact kissing and hugging may be deceitful so that the outward world sees one loves his mother when one has left her to languish in poverty missing many meals.

3.14 Apple is 17 year old boy and he's obsessed with me, when he comes home from college he would hug me and tell me he loves me. He brings me small jewellery like chains and bangle. His father was telling

me that the boy is developing into a fool. I asked him why and he said my son is becoming weak. As the boy sometimes helps me with kitchen duties, I have noticed his dad becomes furious when he sees him with me in the kitchen or when he hugs me. I am now wondering, is he not supposed to be close to me, his mum?

Answer: In African Tradition, when the boy was circumcised, he stayed either in the forest or her mother's hut for the last time till he was healed. He would be ministered to by his mother, sisters or female cousins. After healing, he was required to keep a good distance from his mother, sisters and female cousins.

The purpose was to discourage sexual relationships between the boy and the women. Therefore in most cultures, it was not common to see a boy hugging his mother. But presently Africa has become assimilated mostly by Arabian and European cultures that the young generation do hug and help their mothers in the kitchen. It was a taboo for a circumcised boy or a man to be found in the kitchen in 80s and previous years.

Therefore, it is common for most fathers to glare at the behaviour of their sons hugging their mothers', buying them little gifts and helping with kitchen chores. For that reason, speculate no more. It is a generational gap. In the bible, Abraham prepared a meal for the angels that destroyed Sodom and Gomorrah. He carried firewood with his son Isaac when he was going to offer a sacrifice. Which means it is in order and there is

nothing wrong for a man to do kitchen tasks. In fact Abraham was the first circumcised man. In addition, a woman was just created as a helper, meaning, all tasks conceivable, are man's everyday jobs. There is no such thing like a man's tasks and a woman's task. Men should do everything, women as good helpers should help everything.

Jacob was very close to his mother. Though the bible is silent on him hugging his mother, it can clearly be discerned by covering him with animal fur, so that he appeared hairy like Esau to get Esau's blessings, demonstrated they were very close. Isaac required Esau to prepare a meal for him. Esau was hungry one time and impatiently sold his birthright for a meal prepared by Jacob. This means it was okay for boys to be in the Kitchen and for them to prepare meals.

3.15 I was off-duty today, my baby has been misbehaving and being naughty off late. For that reason, today I spanked him. In a moment, in a twinkling of an eye, entirely unexpected, my house girl slapped me viciously asking why I am beating the child. The shock has not worn off! My own child, the one I gave birth to! Before I do anything disastrous to this maid, please advice.

Answer: That was just a reflex reaction due to possessiveness the maid has over your baby. It is not good to spank children

below three years as they don't understand anything and forget immediately you will wheedle them to stop crying. On the other hand, rising you tone of voice, varying the tone directing this is bad and this is good, this is dangerous and this is safe, is more effective. At that age kids are learning more by imitating than doing things on their own initiative. However, if you give them something and they drop it down to hear its sound and you encourage them, smile or laugh at it, the child gets a cue it is not bad doing that. Soon it will be dropping spoons, plates, cup etc to hear their sound as they fall. One may end up losing several cups and plates.

Before you spanked the child, you should have established from whom it learned the behaviour. If it was the maid, agree she stops immediately. Otherwise the child may fear doing the acts before you but do it freely before the maid. The first lesson it has learned is to hide secrets from you and share with strangers.

Another thing you have to do is find out if the maid is apologetic for slapping you. Naturally she has to be, for fear of being sacked. If she is contrite, forgive her and be assured your child is in good hands. If she is impenitent, she needs medical examination. She is not sane.

3.16 What advice would you recommend to a partner that is unable to bear kids for some reasons?

Answer: The partners should pray and hope God gives him/her the kids. But as he/she waits for kids, she can take kids of less

privileged relatives and take care of them. He/she can actually adopt and raise the adopted kids. We have encountered many happenings beyond science where barren men and women eventually got their own kids. Sarah, Abraham's wife was unfruitful. Rachael, Jacob's preferred wife was infertile. Hannah, the mother of Samuel was barren. Interestingly, after asking for just a male kid she would dedicate to God, God was pleased with her that he gave her other children after Samuel.

3.17 I got my 16 year old from my previous marriage and I'm married to the love of my life currently. When my husband tries to correct him (my son) he comes and tells me that I should take him back to his real father. Now am wondering why he resents the discipline of his father. I have tried to reason with him, my husband is his father, this is the father he should identify with, but he doesn't listen. My husband has ordered him that by 7 pm he should be indoors not loitering outside, nevertheless, he comes and asks me why he is being harassed. How do I deal with this situation to save my son and my marriage? I know my husband loves him like his other two biological kids.

Answer: Your husband looks realistic. It is common for step-kids to resent the discipline of a step-parent. Perhaps you as

parents should know he will naturally resent his step-dad, therefore let him not give a naked order. He may tell the boy he should be home at 7pm since he wants the family to have supper as unit or study the word of God together or because the neighbourhood is not safe for one to stay late. Alternatively he can tell him bad companions spoil good habits and he is worried if he stays out late loitering, he is learning nefarious activities.

Inform the kid if his biological father loved him, he would have taken him long time ago. He should be satisfied with his step father. Enlighten him he is not being harassed because you as a mother see the commands reasonable and you would do the same. Reason with him to see that he could actually be harassed by his real father's wife.

Advise him not to antagonize his step father as the scripture says he who brings trouble on his family will inherit only wind, that is, he will end up with nothing. By accepting the authority of his step-father unconditionally will point to the fact that he has grown up in his thinking, encourage him to grow up. His step-father is performing the duties his real father failed to do and deserves his respect.

Just as you have told me you know his step-dad loves him, tell your son his discipline is an expression of his love and concern for him.

3.18 A thirteen year old boy in my house is getting on my nerves! Arguing when told to do anything, contorting his face for no reason and thinking he is an adult, I will destroy this kid! Are they this difficult these 13 year olds? He has the audacity more than his older siblings. The little burger even has a girlfriend according to my intelligence. I prefer daughters surely, daughters have some restraint.

Answer: Foolishness is bound in the heart of a child and the rod of discipline will remove it. Explain to the kid he needs to respect his parents so that all may go well for him and he may live long on earth. Tell him no training is enjoyable at all but it rewards are sweet. Inform him you are going to withdraw some privileges and actually punish him if he disobeys you depending on the magnitude of the error.

In disciplining your kid, do so with love so that it does not become disheartened. You may come up with a policy 'no watching television till all chores and homework has been done'. If he has access to the internet disconnect the wireless fidelity (WIFI) or confiscate his devices till chores and homework are done.

You may also deny him privileges of going for outing if he erred while you take everyone else. Every good act you may reward with food, drinks and praise.

Explain to the kid having a girlfriend is a weighty matter that needs mature people. Try to interrogate him why he has a girlfriend. Is it from peer pressure, or he feels ready to marry? For whatever reasons explain to him he must start earning his income first before he can handle girls. Ask him, if he is able to fund her trip to a coastal beach, buy her clothes and her make-up.

3.19 Parents should train kids to always knock on their Bedroom door (whether Locked with a Key or Not) and if possible the kid should shout their name and wait until the door is opened from inside. Unlike some parents, at 2pm kids are chasing each other and plunge themselves into the bedroom to report each other, the Mum (who's taking a SIESTA) ignores their unauthorized entry, unworried. The next time the kids might appear, they may be in the midst of something.

Answer: That is a good comment. Kids should be trained as early as enough to respect the privacy of family members and knock on any bedroom door, not only the parents' bedroom. They should also be taught not to storm the toilet but knock, if

the toilet has such locks that say it is vacant or engaged, they should only try to enter if the lock says it is vacant.

However, it is not good to leave kids unsupervised to take siesta or be in midst of something. Once parents have kids, they should adjust themselves and have self-control. Kids can get injured or do a lot of destruction if left to their own devices.

3.20 Would you allow your husband or boyfriend to change your daughter's diaper or bath them?

Answer: A boyfriend should not be allowed to change the daughter's diaper. But the husband should do. It is his child and all duties in a home are the husbands. The wife is just a good helper.

3.21 Schools should now be reopened! You can't even have your conjugal rights in peace, when you are about to start, they complain mum I want water, I am thirsty, mum I am coughing, I think I am sick, daddy Brian is offending me, daddy did you bring yoghurt? Others don't sleep so that they witness the game's kick off!

Answer: Schools closure is a good opportunity to inculcate God's principles in children. It is a good time to bond with them and listen to them. It a time to teach them house chores and watch them. Some qualities of Christians are patience and self-

control. Christian parents willingly forego the gratification of the flesh in favour of spending quality time with their children.

A hard worker has the soundest sleep. Keeping kids busy during the day will ensure the fall dead asleep during night.

3.22 How do you deal with a husband who runs away from his responsibilities? He does not want to take care of the kid in terms of clothing. Schools are being opened on Monday but this guy does not want to buy uniform and shoes. He just wants to be begged, how do you deal with this surely, I feel tired.

Answer: Perhaps he feels you are unreasonable and nagging. Schools are re-opening on Monday for the second term. Where is the kid's uniform for the first term? Have it outgrown them so rapidly? If your request is genuine, you don't wait till the last minute to plan for your kid's school opening. Besides watch how you communicate with him. Perhaps your words are like a sharp sword that pierces his heart. Sometimes you just ask money for your personal effects then save. Buy the school the uniform with money then tell him if he can, he should reimburse you as you diverted your money to kid's uniform. Treat your husband with honour and respect and he will in turn love you like his own body.

3.23 A man was in disbelief after finding out he had been paying maintenance for two kids who were not his biological kids. The 36-year-old man made the shocking discovery after taking DNA tests following the passing away of his dear wife. The secrets many women take to the grave are something else!

Answer: He accepted the kids when she was alive. He should not turn against the kids. He can adopt them.

3.24 Dear Men, work hard so that in your old age you have something for yourself, forget about the children and their mother! You are the only stranger in that family you call yours, that house is for your wife and kids! My grandfather told me that a married man is like a Caterpillar that builds a road, it does the work very nicely BUT when the road is completed, they bring a low loader and cart the caterpillar away claiming it will spoil the road! That caterpillar is never allowed to use the road it built! Same case to a married man, you deny yourself, get loans, wear second hand clothes to see your children through high school and college because you believe that the only gift you can give your children

is quality education. When the children hit teenage, now the Father is dispensable, most of these women poison the children against their father with language like "If it wasn't for me you wouldn't have studied, he was only interested in alcohol and women! Now the caterpillar is about to be hauled away! Once the children start working, old man has retired and when the children come visiting the poor old man is given two hundred in front of the mother, while the mother pulls them to the kitchen and the Father doesn't know what mama has been given! Once the children drive off, the old man is told to buy sugar with the two hundred unless he wants to drink sugarless tea! These are some of the reasons why men die early and leave widows behind suffering! I have seen mothers fly abroad to visit their children while the old man is left at home looking after their two cows, ever wondered why? The poison spread by mothers towards the old man! Dear men work hard and save something for yourself because nowadays aging without property is almost like a death

sentence! Wake up struggle while you can before your old age.

Answer: A righteous man would work so hard to leave an inheritance even to his grandchildren. Biblically, children are advised not to leave their parents when they are old. But since we live during tough times, it is common for kids to lack natural affection and be disobedient to their parents and God, thus forsake their parents.

3.25 I am 41years old, been married for 6 years, I have 2 kids that I'm not proud of, a boy age 3 years and a girl age 2 all albinos, when my wife got pregnant 5 months after our wedding, I was really excited but I was disappointed at the end when she gave birth to an albino boy. After so much consolations and encouraging messages from family and friends, I decided to manage with the situation. Then again, with the second pregnancy came another albino to add to the one she already had at home, as I speak with you now I'm not even proud of myself as a man because I feel like am childless, she's no different from a barren woman, sometimes I feel shy to attend meetings in my community because I feel people laugh at me behind

my back I'm very sure the problem is not from me because. My parents gave birth to 3 of us and none of us turned out to be an albino. My siblings all have children and none of their kids is an albino either. Obviously, which means I am very much ok... I lost interest in my wife, and gradually found myself having an affair with my house maid, which is not exactly my fault; everyman in my shoes would have done the same. The good news is she's carrying my baby which I very much believe will turn out to be a normal baby and I've told my mom who is very supportive and happy about it. But I don't know how to deliver this news to my lovely wife she is a good woman and I love her so much I don't want to hurt her considering the fact that she also has high blood pressure. Please kindly advice me on this issue, how do I go about this please?

Answer: One or both of your parents is/are a carrier(s) of the gene of albinism. Assuming one is a carrier and they pass genes to four of their children perfectly, at least one would also be a carrier of the genes. Since the transfer is of the gene from parents to children is random, all of your siblings may be carriers of the gene. I do not know if your siblings are carriers or not but one thing is sure, you are a carrier.

If both parents are carriers, and they transmitted the genes perfectly to four of their children; one will be normal, two will be carriers and one will be an albino. Since the genes are not transferred perfectly but randomly, all the four kids may be carriers, may be normal, and may be albinos. Again I do not know if your siblings are carriers or normal, but one thing is clear, you are a carrier.

Your wife is also a carrier of albinism gene. If your gene and that of your wife are assigned perfectly to your children assuming you have four of them, two will be carriers of albinism gene, one will be normal and one will be an albino. Carriers of albino gene look normal like anyone else but they transfer the gene to their children, who in turn transfer it to their children.

Now since you as parents allocate the genes to your children randomly, it happened that instead of the perfect allocation of two albinism carriers, one normal kid and one albino kid, all your two kids are albino. You have no reason whatsoever to castigate your wife.

If the maid is normal, and assuming you had four kids and your genes are allocated perfectly, three of your kids will be normal and one will be a carrier. Of course all the four children will look normal, but one will transfer albinism gene to your grandchildren. Therefore if the maid is normal, you and your mother would have a perfect chance to point your fingers at your wife, since none of your maids children will be an albino.

Suppose your maid is also a carrier, you may replicate what happened with your wife. Adultery is sin and if your wife would be unwilling to forgive you for sleeping with her maid, she would divorce you. You have no justifiable reason to have been unfaithful to your wife or lacking interest in her. You have no reason to think your children are lesser human beings. God created them and he knows they are wonderfully made.

You have no reason to feel childless or shy in community meetings. The kids are your genes. As you can clearly see, the albino genes can be carried for many generations before an albino is born, like in the case all you parents were carriers, they did not give birth to an albino, but you did! The kids have a right to live and be treated like human beings. Don't increase your wife's blood pressure over nothing. Accept, the kids as they may turn out to be more successful and helpful, love them, they are products of your loins.

3.26 Have you ever visited someone and regretted ever visiting them due to their children's behaviour? One minute the child climbs on you, the next it has taken your phone and starts scrolling for games, the next it is eating the food you have been served, the next it is changing the TV channel when you had started enjoying the program and it has the audacity to ask you for money to buy cookies! It's so shameful until you

wonder why I paid the folks a visit really! Teach your kids guests' etiquette! Other have the impudence of telling you that their mum said you are very boring. And the vice versa, when kids pay a visit to other place, they should desist touching everything and entering every room without permission.

Answer: We read from the bible that we should train our kids when they are young and when they grow up, they will not depart from the way. Unfortunately, some parents always think the kids are too young to be trained and thus leave them to their own devices. Worse still the kid are trained by the house maid and cartoons.

I read somewhere, but I cannot remember the source that children start learning when they are in the mother's womb. If the mother for example liked workouts, the kid would like workouts since they learned it from the mother. If the mother reads to them a certain book, when they can read, they will find that book familiar. The music that the mother listened to, the quarrelling or laughter between the mother and his spouse and generally the kids outside environment are absorbed by kid while in the womb and it will find such environment familiar when it is born and starts interacting with the environment.

Consequently, permissive parenting is not encouraged on the pretext that the children are too young to learn. Immediately they are born, they should be warned with signs and words that

an item is dangerous and that the other item is safe. And as they start crawling you tell them this is good and that is bad. Whether a parent thinks they understand or not, you will be surprised that over time, they understood. For Christians at all the time, they will read the bible to the kids, when they are in the womb, after being born till they reach the age of majority.

Kids who are taught when they are in the womb learn to distinguish between adults and young people, since they have been taught to respect adults there is no minute the child climbs on a guest, takes the visitor's phone and starts scrolling for games, eats the visitor's food as served, charges the TV channel at will or begs the visitor money to buy cookies! The well trained kid is even wary of strangers no matter how many times he has seen them hang with his parents. The kid will not be free with visitors or strangers to the extent of telling them his parents' opinion of them. Such kids will respect other people's property whether guests visit their home or kids visit someone else's home.

A gentleman told me of an account where a kid, stormed into the sitting room like a ninja out of the kitchen. The kid faced him dangling dangerously the chopping knife. The mother of the kid started pleading hysterically with the visitor not to say or do anything as the kid would cry. The gentleman seeing the certain danger facing him, acted swiftly. He could have lost an eye or be bruised badly by the reckless kid that did not understand what it was doing. He grabbed the kids hands then imitated the

sound of ninja warrior, squeezed the kid's hand till it dropped the knife down.

The kid did not cry, it laughed heartily! That is when the visitor understood it was watching too much Chinese movies. The gentlemen took his time telling the kid, who was about five years that it should not mimic the movies it was watching since it is not reality but just entertainment. To his amazement, the kid asked so many questions about the movies and he was glad to answer them satisfactorily. The kid agreed never to play with knives and other sharp objects and willingly accepted to return the chopping knife to the kitchen.

As the kid took the knife to the kitchen, its mother mystified, asked the gentleman, 'how did you do it? No one knows how to handle that Kid! It would have cried the whole day and it would be inconsolable!"

But the gentleman did not do anything extra-ordinary, it is just the parent underestimated the capacity of their child to learn and kept deferring opportunities to teach their child vital lessons.

3.27 When you discover your husband has a mistress and she has a teenage child who loves him so much that the child texts your husband to buy it textbooks since her mum is penniless, what will you do? I am unable to confront my husband because of the compassion and sympathy I have for the child! I am

even wondering what is happening to me because I cannot believe I am able to pity that child!

Answer: As much as you should not condone infidelity, having a compassionate heart like yours is a vital quality of true Christian women. There is more joy in giving than receiving. Helping that child does no harm, it is like casting your bread into the river, after many days it will come to you multiplied. It is like doing good and going about your business, it comes back to you in unexpected ways. When you give to the poor and the needy, you are lending to God. He would repay back with interest.

3.28 Yesterday my husband entered the house and our four year son run to hug him. He embraced him and carried it. But immediately became annoyed and started scolding me that the kid is thin and underweight and he sends me food money daily. He went further telling me that I was underfeeding his son when he sends food money. The kid is eating well and I am balancing its diet. He doesn't understand that when the kid starts walking the body size reduces and body weight drops temporary! Actually is he being petty, or what do you think?

Answer: You should have welcomed him well, let him settle and explained that to him. Every kid has a medical card tracing its weight and immunization vaccines administered. The doctor would always point and sound a warning if the child is being overweight or underweight. The card has a chart of the recommended weight range where the doctor marks the actual weight of the child at any given visit to the health centres. Show your husband the card, inform him the child is within the recommended range and there is no need to worry.

He is not petty, he is really concerned and he may not understand some things. I am sure if you explain to him with facts he would be pleased. Not many men are providers who care for their family, therefore, cherish that man and make him happy.

Chapter 4

Couples are asking about in-laws.

4.19 I got married almost a year ago. My husband's step brother, who was just from prison for having been erroneously jailed, wants to stay with us. It was said he was returning home from keeping Virgil at a funeral in the wee hours of the day when he and his friends were arrested and later imprisoned for 5 years. I don't like the idea of him staying with us because we are living in a bedsitter and in addition, our marriage is still young, we need privacy greatly. I told my husband that I don't like the idea but he kept quiet. I have repeatedly asked him to air his opinion but he only says 'what do you want me to say'. Please help, am I doing the right thing?

Answer: Your gut feelings are okay. You were told he was imprisoned erroneously. While it happens, what you were told are not the facts. He could be a dangerous person. Besides since he was imprisoned with real criminals, he must have learnt their ways. He could also be a bitter man for having been imprisoned unjustly. Being your husband's step brother, sibling rivalry must be present.

How does the man view your husband's success? How does he relate with women? They say an idle mind is the devil's workshop. Since he will be staying with you and he will be idle

for some time, do you think he may try to woo you when your husband is a way? If he was sodomised forcefully as it happens in prison, is he not likely to rape you? There is also a possibility he may not get a job soon as employers are reluctant to employ ex-prisoners.

The idea of staying in one roomed house the three of you is not good, the least you can do find for him a job, and then let him rent his own room.

4.20 I am married from a different tribe. When I meet my in-laws and then they start talking in vernacular, how do I keep busy since I cannot talk the language and I do not understand a word?

Answer: Get interested in the language and learn key words. You should have known few words even before marriage. Your spouse should be able to teach you, then as they talk get interested and glean as many words as possible. Some things you just learn from their expression and not words. The deaf also understand.

4.21 Some sister's in-laws won't see heaven. They want to dictate how we should manage their brother's house when they are divorcees or separated indefinitely with their men.

Answer: Sometimes sisters feel they have a say in their brother's life especially if they took care of him as a baby and a toddler. Miriam, Moses' sister saw him as a young lad even though he was old. She remembered how she stood guard watching the basket he was placed in floating on water till it was discovered by Pharaoh's daughter. The daughter saw how lovely he was and decided to keep him. It was then that Miriam approached Pharaoh's daughter and suggested she knew of a lactating mother that was deprived of her child that could take care of the baby.

As a result, Miriam contributed to Moses' deliverance from pharaoh's sword and ensured her mother and she took care of Moses. When Moses was leading the Israelites to Canaan, Miriam thought he only saw a helpless baby in Moses and rebelled. She questioned if God was only talking through Moses. She was struck with leprosy to show that God had Chosen Moses as the leader at the time, not anybody else.

Therefore, you and your husband have become one. You should manage your affairs as you agree. It is only God you can allow in your marriage. Consider what other people say as croaking of frogs which cannot prevent the horse from drinking water unless you can perceive they are words of wisdom. But understand sisters may think they have a say in their brother's marriage life.

4.22 How do you cope with a husband that is so close to his in-law (the wife to his brother)? They are very

free with each other, discussing even matters that she should be discussing with her own husband like pregnancy journey. I feel cheated; I thought such closeness should be between siblings?

Answer: In Old Testament times, if one's brother died and he had no son, the wife was not to be married outside the family to a stranger. Her husband's brother was to go in to her and take her as his wife and perform the duty of a husband's brother to her.

However while the brother was alive, it was not allowed for a man to take his brother's wife.

In addition, Jesus said that anyone who looks at a woman with lustful intent had already committed adultery with her in his heart.

For these reasons, boundaries should be set in fact for any male and female because if one spends more time with the opposite gender, a relation develops between them. They should not be close. It is a taboo in some societies. What you feel is okay, try to talk to him and tell him your feelings. Remind him the scriptures say he should love you as he loves himself then you will automatically respect him as he is taking care of your feelings.

4.23 Do men admire their brother's wife and wish she could be their wife? Why are some husbands so close to their brother's wives that they don't have time for their wife, or it's just a strategy to frustrate ones wife?

Answer: They are human beings and they can actually admire their brother's wife and wish she were his own. When a man starts spending time with a woman to deny his wife time, that amounts to cheating. The other woman should not have encouraged that.

Furthermore, if anyone does not provide for those of his household, he is worse than unbeliever. The husband should spend quality time with his wife and children not other women.

4.24 My husband is so close to his brother's wife. He allow s her to call him any time and they discuss such topics he should be discussing with me instead. Help me please, where can I change so that he is close to me instead of other people's wives?

Answer: It is clearly written that a man shall leave his father and mother and hold fast to his wife and they shall become one flesh. It is not clear why a man should be so close to his brother's wife, allow calls and discuss topics he would have discussed with his wife. That is cheating. One should not uncover the nakedness of his brother's wife.

The only way to help is make the man know God's statutes. What He hates and what He loves. By so doing he will understand that it is unbecoming behaviour and he should therefore spend the time with his wife.

4.25 If the mother-in-law starts telling his son to inform you that you should stop wearing trousers, how do you take it?

Answer: As Christians, we should not let clothes stumble others. Find out why she tells him so. Are your trousers decent? Can someone differentiate you from a married wife and unmarried women? As a married woman, wear trousers that are decent, not those that accentuate your body. Worldwide, married women clothes are different from unmarried ones.

Women are to adorn themselves with proper clothing, modestly and discreetly.

4.26 If in - laws love you as their daughter, what defect could their husband be having?

Answer: The husband might not necessarily have any defects since some wife's are so good that they are loved by everybody. And some in-laws are so good that they love all their family members. Ruth and Oprah loved Naomi unconditionally as she was good natured. Daughters-in-laws are loved mostly because they come from decent families with favourable history.

By contrast Rebecca said to Isaac, “I am sick and tired of Esau’s foreign wives. If Jacob also marries one of these Hittite women, I might as well die”. Daughters-in-law could be hated because of what they do that displeases their in-laws

4.27 What is wrong with some in-laws? I'm married and my wife's family keeps on nudging their daughter (my wife) to ask money from me and send them. I gave them something when I married her so I don't have their debt at all. Last week, she told me her mum was ill and some money was needed to buy drugs, right now I'm strenuously saving money for school fees so I told her I don't have any. From that day, she doesn't want to talk to me. She has her own siblings so I wonder why she does not request them to lend a hand in their family issues. My wife has her own small hustle which she uses to foot small house needs so I think she should let her siblings be of assistance in their family issues. I am I wrong, please advice.

Answer: The issue of helping in-laws, you should have discussed during dating how you will take care of them. Ideally your wife should have had a job where she can help them without burdening you. As the wife treating you to silence, that is a nagging woman who may not be loyal to you as she is to her

folks. Remember Samson, all the two women that nagged him ended up betraying him. It is a thorn in flesh you have to live with. Let her get used to the fact that your money is budgeted for and you only chip in if the donation funds are available.

You alone have a right to your income and nobody else has. From your income pay yourself first by saving a percentage you are comfortable with. Then prioritize expenditure on your family. If there is any surplus, share it among saving to acquire an asset and donations. The donation money you may spend it on your parents, in laws and the less fortunate in your society.

Remember you may assist your in-laws from time to time but not regularly. If you make it regular, you create an expectation and once you are unable to meet that anticipation, they will criticize you. Your main obligation is your wife and children. However, do not forsake your parents when they are old.

4.28 I have been dating my boyfriend for two years now and I thought it was high time we introduced ourselves to our respective parents. So my boyfriend and I visited my parents, and my parents liked him, in fact they were looking forward to him to be their son in-law. When it was time to visit my boyfriend's mother, his father is deceased, I was scared and nervous. What if his mother doesn't like me, what if she disapproves me? "Babe

calm down, my mum will surely like you, she can't even wait to see you," he tried to reassure me.

We got to his mother's house; his mother was kind and caring. She also liked me. My boyfriend stepped into the room leaving me with his mother. While his mother and I were gossiping, my boyfriend came out and said, "Mum, why are your dirty clothes so much?" His mum answered, "My son the washing machine broke down." "But you should have told me to send you repair money, anyway don't worry your daughter-in-law will wash your clothes, is it okay babe?" "Ok, mama is there a laundry shop nearby?" I asked. "My daughter don't bother, there is a woman that washes clothes near my house for a small stipend, I will give them to her," her mum said.

"Babe wash the clothes for mama now, I will wait for you. Don't worry the clothes are not many, it won't take you two hours to wash the clothes," my boyfriend ordered. I was surprised that my boyfriend would direct me to wash his mother's clothes when I've never washed his clothes with my hands. "Babe you know I

don't wash clothes, don't worry I will pay the woman that will wash the clothes." I said while hiding the visible anger on my face. "I insist you wash the clothes with your hands, don't be lazy," the boyfriend retorted.

"My son, don't stress my daughter, leave her alone," her mother came to my defence. "No mama, she must wash the clothes," my boyfriend kept on persisting. "And what if I don't wash the clothes, what will you do?" I replied having gained some ground. "Then I will break up with you," he rejoined.

"Ok fine, it is over between us. I don't want to be treated like a slave in my husband's house," I snapped. This guy had just shown me his true colours. His mum tried begging me to cool down and let the issue be sorted but I bade her goodbye. I left the house. If you were in my shoes, what would you have done?

Answer: A husband has to love you as he loves his own body. He will not mistreat his body but will cherish it and feed it. If your husband to be knew you had never washed clothes with hands, he should not have mistreated you that way. Jesus said whoever is faithful in small deeds is also faithful in large deeds. That was just a pointer at how he will treat you when he actually

marries you. If he threatened to break up with you he is a man manipulating you and wants you to be his slave.

You as a woman, you are only a helper. The husband has to do all house chores. You only help, but sometimes you may do all house chores to set him free to concentrate on bigger projects. He should have shown you the lead by washing half the clothes and you would have washed the rest. He has branded you lazy, if you marry him, he will keep reminding you, you are lazy.

That man is immature. Break the relationship or give him space to grow up.

4.29 I am married but not happy. I am not regretting about marrying my wife but I am slowly losing interest in this marriage. I am an orphan and at first, I was happy that her mom treated me like her own sibling and it made me feel the presence of a mother.

The problem is, it has become too much. Her mom now lives with us. She decides what will be cooked in the house, I mean; she is almost always with us even in family decision-making.

This started choking me and I shared my feeling with my wife but it backfired. She put it like I hate her mom

but that was not the case. I was just asking her to talk to her to give us space.

I get bored to death every time I think of going to the house and seeing her there. I prefer overstaying outside. How can I tell her (Mom) myself without making her feel bad or rejected?

Answer: King Solomon said the start of strife is like the first break in a dam; stop it before it goes any further. You allowed your mother-in-law to treat you like a sibling. That was the beginning of strife. She is your mother! Your wife's mother not your sister! From your problem it is clear your mother-in-law is single. As you felt the gap left by your parents, she felt the gap left by her husband or lack of thereof. It was a mutual feeling between you two lonely souls. You comforted her as much as she comforted you. She decided to stay with you folks.

A man is the head of the family. You did not assert your leadership and she used that gap to enhance her relevance, after all is she not your 'sister'? Is it difficult for you to decide what your wife will cook? Suppose they cooked what you don't like, is it difficult to refuse that meal? Remember she cannot be idle staying with you, she has to do something. And since you have taken her as your sister, she does not see it wrong getting involved with your decisions.

You are in a quagmire; you have to wean her slowly from your affairs, provided you have decided you don't want that motherly comfort again. If you do it abruptly you will hurt her. You can take you wife for outing and make decisions there, you only come at home to implement. Give you mother-in-law some freedom, you may leave her to decide meals, but occasionally refuse to eat if you don't like what is on the menu. Actually I do not see if she has really cropped on the privacy of you people. Therefore you don't need to tell her anything, unless you don't want her to stay with you.

Get busy and let her only see you in the evening, reduce much contact with her as much as possible.

Chapter 5

Couples are asking about Communication in marriage.

5.10 Marriage is a team of couples with different backgrounds who must work harmoniously to ensure it succeeds. Communication is one way couples can ensure they work as a team. Management textbooks use the acronyms ACCURATE to show the quality of good information when communicating. The letters mean

that the information should be Accurate, Complete, Concise, Useful, Adaptable (can be acted on), Reliable, Timely and Economical or Efficient. It should be noted that timely information cannot be complete, and one does not need accurate information, one only needs reliable information to make a decision. To get accurate and complete information you must spend a lot of resources therefore obtaining the information would not be economical. But away from management, how should couples communicate?

5.10.1 Couples should not let unwholesome talk come out of their mouths but only what is helpful for building each other up according to their needs that it may benefit them. This agrees with management that information must be useful. As couples, they have to motivate each other daily for the team to succeed, therefore they must shun the talk that de-motivates them but must uphold the talk that builds and fires them up.

5.10.2 The scripture says, 'kind words are like honey, sweet to the soul and healthy for the body'. Thus by talking compassionately to each other couples can stay healthy by avoiding lifestyle diseases that are brought about by stress and anxiety.

5.10.3 'Kind words bring life, but cruel words crush your spirit.' Couples are advised not to talk spitefully to each other, as it may immobilize them to stop pursuing their goals and confine them to brooding all the time. Eventually a crushed spirit reduces the body immunity and couples start becoming sick. Then the team has failed, marriage has failed even if the couples continue staying together.

5.10. 4 'Thoughtless words can wound as deeply as any sword, but wisely spoken words heal.' Couples should realise they are on the same team. If one talks thoughtlessly, one wounds the other just like one was stabbing him/her with a sword. Then the marriage becomes burdensome as one is invalid and the other has to drag the ailing one through life.

5.10.5 'A gentle answer quietens anger, but a harsh one stirs it up.' When a couple is angry as we all get angry, instead of letting the anger persist, a wise couple will diffuse it with a gentle answer.

5.10.6 'Your speech should always be pleasant and interesting, and you should know how to give the right answer to everyone'. Couples should always be learning how to communicate so that they do it pleasantly. Like the way Satan wanted to break Jesus' resolve and Jesus was ready to rebuke him with bible verses, couples should add their knowledge so that they are quick to notice a negative talk or a broken spirit and encourage or motivate that spouse.

Couples communication should therefore be; Concise, Useful, Adaptable (can be acted on), Reliable and Timely. This means at any given time, the other couple should understand clearly what the other is saying; they should be on the same wavelength and not talk on cross-purposes. The communication passed onto the other couple should be done so at the right time, when it can be acted on and when it is still reliable.

5.10. 7 'In conclusion my brothers and sisters, fill your minds with those things that are good and that deserve praise: things that are true, noble, right, pure, lovely, and honourable.' Couples can only communicate encouragingly if they fill their hearts with good things, because out of the abundance of the heart, the mouth speaks.

5.10. 8 The Psalmist prayed, 'May my words and my thoughts be acceptable to you, O lord, my refuge and my redeemer!' it should be every couples prayer. Since by default if our thoughts and words are acceptable to God, then our words will be acceptable to our spouse.

5.11 Is this how marriage is supposed to be? I am fed up. I feel I am not given the indispensable attention by my husband. Yes we chitchat alright, talk about issues, he caters for the family unless he is lacking, he does not cheat but I do not understand why he doesn't recognise me at all. We can spend the whole weekdays together,

but he is always busy browsing on phone or watching TV. He does not cuddle or mollycoddle me.

He is not cheeky and does not spank me on my ass as other couples do in movies; he just cracks normal jokes but sporadically. He is not passionate. Can you imagine he has never had sex with me in the kitchen or the living room! He always has it in the bedroom at night when we are going to sleep. And he doesn't last more than 10 minutes. It is only 2 years in our marriage and it's unexciting like this! I am too young to be going through this insipidness. It is dreary and when I get irate, he keeps off to himself and pays no attention to me. He doesn't even kiss me. I entreat you to understand that I am losing it. I cry copiously because of this monotony.

Answer: Your problem can be solved by proper communication. It seems your husband was brought up by conservative parents while you were brought up by wild parents or you have read and watched a lot of fantasy movies. Your husband's obligation, which he is satisfied with, is to provide for your physical needs and do his best to give you your conjugal rights. Therefore your expectations are different. It has never entered his mind that you

want him to lick the honey pot everywhere, in the kitchen, living room or bathroom. It has not entered his mind you want to be cuddled always whenever the two of you are free, spanked on the ass, not to be avoided when you are furious and be kissed.

What you just need to do is find a time when he is relaxed and tell him you want him to last longer in bed. You want him to cuddle you always. You want him to cut off TV and phone browsing. You want him to try sex in the kitchen and living room. You want him not to avoid you when you are angry, you want your ass spanked and you want to be kissed. What you want is in order and no amount of advice can help you if the man cannot give it. The scripture advises men to be enraptured with the love of their wives and their breasts should intoxicate them.

If he is flexible enough he will adjust to meet your needs reasonably. If he is rigid, especially if he is a religious fanatic, you are the one who has to adjust to suit his lifestyle. You cannot separate or divorce each other on the basis of the reasons that have made your marriage boring. Therefore, the two of you need to make compromises. If you fear communicating to him what you want, then forget the fantasies. He may also be craving those excitements you have talked about but because he does not know how you will respond he has kept it to himself. You just need to tell him. No one will divorce or chase you just because you have told him you desire more thrill in your marriage life. So it is a win-win situation, tell him and get what you want, or know he is not going to give it to you and adjust accordingly, or keep quiet and wish forever.

5.12 A man married a beautiful girl. He loved her very much. One day she developed a skin disease. Slowly she started to lose her beauty. It so happened that one day her husband left for a tour.

While returning he met with an accident and lost his eyesight. However their married life continued as usual. But as days passed she lost her beauty gradually. The blind husband did not know this and there was no difference in their married life. He continued to love her and she also loved him very much.

One day she died. Her death brought him great sorrow. He finished all rites and was ready and free to leave that town.

A man from behind called and said, now how will you be able to walk all alone? All these days your wife used to help you.

He replied, "I am not blind. I was acting, because if she knew I could see her ugliness it would have pained her more than her disease. So I pretended to be blind. She

was a very good wife. I only wanted to keep her happy.”

Moral: Sometimes it is good for us to act blind and ignore one another's short comings, in order to be happy. No matter how many times the teeth bite the tongue; they will still stay together in one mouth. That's the spirit of FORGIVENESS. Even though the eyes don't see each other, they see things together, blink simultaneously and cry together. That's UNITY." May the Lord grant us all the spirit of forgiveness and togetherness.

5.12.1 “Alone I can 'Say' but together we can 'talk'.

5.12.2 “Alone I can 'Enjoy' but together we can celebrate

5.12.3 ‘Alone I can 'Smile' but together we can 'Laugh'.

That's the BEAUTY of Human Relations. We are nothing without each other. The razor blade is sharp but can't cut a tree; the axe is strong but can't cut the hair. MORALS: Everyone is important according to

his/her unique purpose; never look down on anyone unless you are admiring their shoes.

Answer: Thank you for sharing this with me. Indeed not all information is useful. The wife was ugly because of a skin disease. That was not useful and reliable at all! The husband looked at the inner beauty of the wife and that was what is and will always be important. As the scripture say we should forgive one another freely even if we have a valid reason to be angry with them, we should always overlook flaws that can be ignored.

5.13 Prolonging Silent Treatment when offended to show you are angry. This makes you and your husband to drift away from each other and the capability to develop and refine communication is destroyed. Even when he does err, get angry, but get to talk about it and forgive quickly.

Answer: That is fittingly said. The scripture encourages couples to forgive one another freely even when one has a valid reason to be angry with the other. Communication is the only way couples can share what is pressing them, uplift and encourage each other. All frictions in marriage should be sorted before the sun sets.

5.14. Killing your Social Life in the name of being a good wife. Don't isolate yourself. Have mature friends

to surround you, to grow with you as a wife. This makes your life richer, widens your worldview, challenges you and makes you less demanding on your husband's time. Again, make sure the lady friends you keep are of good character. You need fellow women who will stand with you, iron sharpens iron.

Answer: That is spot on. The bible encourages us to meet habitually with the likeminded, it informs us we should not forsake meeting with each other. It also warns that bad companions spoil good habits; it would be unwise for a married woman to continue hanging around her unmarried buddies. She should instead seek company of mature married women who would mentor her.

5.15 Over reacting or getting angry easily. When your husband reveals to you information and you over react, you become highly suspicious or critical of him, that will discourage him from sharing matters with you in future and he will begin to be secretive, not because he wants to but because he would rather avoid the toxic environment you bring when over reacting. Secrecy opens up a door to many dangers in your marriage

Answer: James cautions that one should be swift to hear and slow to talk. Someone said we have been given one mouth and two ears. We should therefore talk less and listen more. Couples should never give up on each other even if the other is critical of the other. They should always try different approaches to reach the soul of the other. Their speech should always be pleasant and interesting, and they should know how to give the right answer to each other.

5.16 Using sex as a weapon. Never try to punish your husband by denying him sex. This will make him desire your sex less. Once your sex-life is damaged, your marriage will suffer. Never play games with sex.

Answer: Sex is a gift from God. It is something to be enjoyed and savoured. Sex is not one minute penetration, depositing spermatozoa in the birth canal and then one is done. Couples are to take time and enjoy the precious moment. Like their creator, they have to immerse themselves and get drunk in the moment; cherishing the privilege they have been given which might result to the creation of new amazing human beings.

Women who knew the importance of sex made their bed with attractive linen; they perfumed it with myrrh, Aloes and cinnamon. They knew love had to be made all night long. And the couple would be happy in each other's arms. Sex was not limited to penetration, but the couples massaged each other, they kissed and the lips are described to be smooth like olive oil

and dripping honey. The man was to be enraptured by the wife's breast. The breasts are described as a cluster of grapes that a man reaches out to enjoy their juice. We all know how graceful a deer can be, how energetic the animal can jump! That is how a wife is equated to. Like a pretty and a graceful deer her charms would make her man happy, she would surround her man with love. The bedroom was a happy place of two energetic persons giving their soul to each other.

The husband had always to enjoy the antics of his wife and at all times assure her she is giving him the best. The bible says her husband raises and praises her, "many women are good wives, but you are the best of all of them". Then it specifically tells men to give her credit for all she does as she truly deserves the respect of everyone.

Sex had various benefits according to the bible.

The first benefit was that **sex comforted someone going through some trouble**. In the bible a troubled young man meets a cunning woman who tells him, "come, let us take our fill of love until the morning: let us solace ourselves with love". It is apparent the woman was also going through her own troubles and knew sex would cheer them up. This was unfaithful woman who did not keep her marriage vows. But all the same, the boy and the woman were to find solace in sex, is it true? Scientists have since proven that during sex hormones endorphin and oxytocin are produced. These are feel happy hormones that stave off anxiety and depression.

The second benefit is that **sex relieves and heals depression**. Isaac married Rebecca. The account says, “and Isaac brought her into his mothers Sarah’s tent, and took Rebecca and she became his wife; and he loved her: and Isaac was comforted after his mother’s death”. You can clearly see that Isaac was depressed after losing his mother. He was going through pain, but the regular sex he had with Rebecca healed his depression.

The third benefit of sex is that **it makes a man or a woman successful in life**. If you get regular release of the feel happy hormone, you are relaxed to the think objectively. For a woman there will be no time for brooding but she will be busy working with her hands, her loins would be girded with strength since she gets that good sex and these gives strength to her whole body, she invests in the family as sex builds her trust in her husband and she will ensure the family is not lacking in material needs. And since her husband is also relaxed and can make decisions impartially, he becomes rich, he gets known in the community, his face radiates happiness and contentment.

Fourthly, **good sex gives one a clean conscience**. When you have sex with only your legal wife and don’t allow your springs to overflow the streets and water stranger’s fields, your fountain is blessed. You are always sure you are doing the right thing. You get a clear conscience and this spills over other areas of your life as you are always bold as a lion. The marriage bed is pure in other words, sex in the marriage is pure something to be cherished.

Fifthly, regular sex **helps one to avoid infidelity**. Paul advises husbands to give their wives sex liberally, he also advised wives to submit willingly. They are not to deprive each other unless they mutually agree, for instance, they want to devote their time in prayer or fasting. They must be sure to come together so that Satan does not tempt them for lack of self-control.

Sixthly, **sex is an act of worship or it enables one to worship**. When God commanded be fruitful and multiply, fill the world and subdue it meant that only sex aligning itself with that command would be an act of worship. Others Acts of worship would include couples staying faithful to each other (shunning adultery and fornication), never divorcing and cherishing each other for God is love.

Using sex as a weapon therefore, not only encourages infidelity, but it destroys trust between couples and it makes it impossible for one to honour God. The two philistines' women that used sex to draw secrets from Samson destroyed their marriage. To keep the marriage and maintain good relationship with God, Paul advised couples not to deny one another. He added that, the woman had no authority over her body but the husband did as the man had no authority over his body but the wife did.

5.17. Listening to outside voices more than to your husband. You and your husband know your marriage and the issues concerning your marriage best, not your family or friends. When you listen to multiple voices to

direct your marriage, you will get confused. The best person to talk to is your husband. Don't make your husband feel you value more what others say than what he says.

Answer: It written that man shall live his father and mother and shall be united to his wife, the two shall become one flesh. In this respect, the husband assumes the leadership role while wife becomes a good helper. Delilah listened and was directed by his tribesmen and the end result was destruction of his husband. She also did not live long since as she celebrated her victory to weaken Samson with his tribesmen, the building caved in and killed many philistines.

As a comparison, Saul's Daughter Michal refused to heed his father's directive to enable David to be destroyed. As a result David remained faithful to her that even though his father remarried her to another man, David claimed her back. Consequently, the only third party in a marriage should be God; any other party destroys that union.

5.18 Sharing Personal Information with Outsiders. There are things to tell your friends and there are things best kept between you and your husband. Do not bad mouth your husband to the public. Don't gossip about him. Cover him

Answer: Proverbs say because of the superb behaviour of a virtuous wife, her husband is known in the gates, that is, he is well spoken of. Marriage partners are a team and any other human being can be considered as their antagonists. Gossiping about ones husband is being his Achilles feet. The enemy uses that weak spot to destroy you and your marriage. If couples have issues with each other, they should talk to each other and carry the excess burden to God in prayer. If they seek the help of other human being, they should do so as a team and more preferable if the help is professional, not by way of gossiping.

5.19 Attacking the symptoms and not the Issue. If your husband drinks too much, don't attack the alcohol or your husband; find out what is making him drink and address the issue. Is he stressed, is he going through something? If your husband is addicted to pornography, don't attack the porn and your husband; address the reason causing him to turn to porn, is it sexual frustration or dissatisfaction? Is he battling low self-esteem issues?

Answer: Thank you for sharing this. However I would like to add that some problems are generational curses and it is difficult to trace the cause. One may drink and watch porn not because he is stressed or frustrated, but just because his father drunk or watched porn. The grandest way to break free from any

destructive habit is to have the motivation. Loving God is the greatest motivation of all time. Christian ladies are required to marry someone who loves God and not someone who professes to love God. If they are already in a union with someone who does not know God, if that person learns God's requirements, he can break free from any habit.

Loving God is being fond of what he loves and detesting what he hates. As God rewards one for every act of faith, that becomes a motivation to do the right thing. In addition, God gives the Holy Spirit to enable one break generational curses and habits one cannot relinquish by any other way.

5.20 Dressing up well when going outside, dressing poorly while at home. Do not look good for outsiders and wear nice clothes when going to work or to the public but look pathetic when with your husband at home or in the bedroom. Your goal is to be visually stimulating to your husband.

Answer: Thank for sharing this sentiments. A woman has to improve the inner person so that she is clothed with the fruits of the Holy Spirit. If a woman is clothed in visually stimulating clothes, and she is ill mannered, the husband will not see those clothes but some evil person he regrets marrying. Clothes are only seen if the wife is good natured in fact they accentuate her goodness. Clothes differ from custom to custom, the woman's status, how wealthy the family is and the occasion. A wife

should learn to wear clothes for every occasion and to respect the customs of the place she is or visits.

In Asian countries we expect to see a woman dressed fully in long dresses that go beyond the knees. On the other hand in European countries it is common to see liberal dressing unless it is snowing. In Africa, depending on which country, their dressing code mirrors that of Asian countries or European countries. African countries have been influenced by Asian or European culture.

A woman status also determines how they dress. It is common to see married women dressing decently to advertise to the public they are unavailable and thus avoid temptations. Widows and unmarried women may dress skimpily if the customs in the area allows. In the Bible we read that Tamar was wearing a long robe with full sleeves, the usual clothing for an unmarried princess in those days. A married woman may dress scantily if she is in the house alone with the husband. But once in-laws and children are in the house, she has to dress decently.

Wealth also determines how a woman dresses. A wealthy woman can change her clothing even seven times a day but the poor woman would have the same dress for several years. In Mark sixteen verses nineteen we read of a rich man who habitually dressed in purple and fine linen, joyously living in splendour every day. By contrast we have the poor Israelites who their clothing did not wear out and their sandals did not get torn for forty years they travelled from Egypt to Canaan.

Women should wear clothes that match with the occasion. Clothes worn while on the beach will not augur well with the church or job occasion. Wedding clothes would be different from work clothes. When children and in-laws are around the house dressing will be different altogether. I usually give an example of athletes to illustrate dressing for every occasion. They would be dressing sparingly on the field while competing, but when receiving hall of fame or other awards; they are properly dressed often in nice suits. You can also see women wrestlers hardly dressed when in Americas or European countries, but when in Saudi Arabia, they wrestle while fully dressed.

5.21 Letting go of your dreams for the sake of your marriage. Don't end your career and throw away all your years of education and experience, all your talent and skills because you are a wife. Get a job, keep your job, make money, get into business, study, and advance your goals. Grow. There is more to your life than marriage. When you stagnate and stop growing, you will become less compatible with your husband and he would soon struggle to relate with you because he has grown more than you over the years.

Answer: Thank you for sharing this observation. To put it differently, your spouse should not threaten you, force you or coax you to forsake your career or goals. If you leave your

career willingly to establish a family, that is commendable. Anything that gives one satisfaction is worthy doing, but anything you are threatened, forced or coaxed is injurious.

What you have highlighted should be discussed among spouses during courtship. The spouses should agree if they have to chase their careers, the number of children to have, where to stay and how they would keep their knowledge up to date. If they don't agree even on one of the above, it is not worthy proceeding with the marriage. Your spouse should be able to support you reach your goal. There should be appropriate communication such that even if the spouses chase different goals, the ultimate goal is to better themselves, their family and the community.

King Solomon talks of a capable wife who keeps herself busy making wool and linen cloth, she brings food from far as merchant ships do, she gets up before daylight to prepare food for her family including her maid servants, she looks at land and buys it with the money she has earned and she plants a vineyard. She spins her own thread and weaves her own cloth. She is generous to the poor and needy. She does not worry when it snows, because her family has warm clothing. She makes bed sheets and wears cloth of fine purple linen. She is not afraid of the future. Her children show their appreciation and her husband praises her.

From what Solomon said, it is clear that this spouse is having a job, is having investments that are earning her income; she has

children and has servants. From her job, she has obtained enough money to buy investments - land. Note that she looks at land and buys it! It means she analyses the investment carefully, is it worthy, can it earn an income? In the case of land, it must have been in a strategic place and was fertile. Then she invests in the land, to earn more income.

Other than investing, she has enough savings so as not to worry about the future or to be afraid when it snows. She also spends judiciously. She does not waste her money and in fact comes up with cost cutting measures; she spins her own thread and weaves her own cloth. As rich as she is, she could buy her clothes, but to contain her expenditure, she makes her own clothes.

One striking point is that, she wakes up early and prepares breakfast for her maid servants, her children appreciate her and her husband praises her. This means that despite her dangleing a lot of activities to ensure her career is successful, she has not neglected her household. Cooking and raising children is not controlled by maidservants. She is there for her children; she is there for her husband. None of her child complains she is a missing mother or she is completely wrapped up in her career to forget them. Her children are not raised up by the maid servants, television or computer games; she is there for them. Her husband praises her. He must be supporting her career, he must be spurring her on, he encourages her, he is not afraid her career will jeopardize their family, make her unfaithful and make her arrogant. In fact she does him well all the time.

Other than looking at the affairs of her family, she tries to make her community better. The description says that she is generous to the poor and needy. She knows the great maxim that the more you give the more blessed you are and there is a lot of joy in giving than receiving. Is she therefore blessed? Is she joyful?

She is blessed, the account says she makes bed sheets and wears cloth of fine purple linen. Having bed sheets and wearing fine purple linen cloths was a way of describing a rich person at the time. The woman is rich and she is joyful as her children appreciate her, her husband praises her and she is not afraid of the future. She must be having a buffer of savings like ants keep food such that she does not worry when it snows.

5.22. Comparing your husband with other men. Don't keep telling your husband, 'Why can't you be like this man or that man'. The fastest way to kill your husband's self-esteem, ego, dreams and drive is by praising other men and looking down on him

Answer: Thank you for this observation. We have always been told a bird in hand is worthy two in the bush and it is the wearer who knows where the shoe pinches. These sayings are true in today's world more than any other time. It is because many people are trying to fake it till they make it! We have seen happy couples taking on television shows. We have seen young couple living in ostentatious wealth, changing cars like clothes and young couples literally swimming in wealth.

If a couple that is in middle ages see the young or their age mates living large or flamboyant life, it is not wise looking down on your partner. Granted few struck jackpots and became rich, few others inherited or are enjoying trickling of their parent's hard work but a majority are faking it till they make it. They may be hiring cars on loan, driving their rich friend's cars or have bought one on loan. They may be having a myriad of problems hidden from the public and they appear glossy and successful in the eyes of the public. It is the reason we even wonder why wealthy men divorce their wives, and those happy families crumble.

That is why it better to be satisfied with the bird in hand, your partner than admire and wish you had been married to the outsiders, because you do not know where the shoe pinches them! If your partner affords a house over you, be thankful. If he can afford public transport, be thankful. If you never sleep hungry, be thankful. Do not despise your partner, that he does not own a house on the beach, he does not have a car, he does not take you for dinner in fancy hotels; be thankful you have a house, you have public transport and you have enough to eat. Proverbs aptly puts it like this, 'it is better to be an ordinary person working for a living than to play the part of someone great but go hungry'.

If you scorn him by comparing him to other men, you break his ego and morale; in fact you can sink into abject poverty because of that. But when you appreciate and encourage him, he gains more vitality and works hard. And if your faith is to own beach

houses, own cars, own airplanes and eat dinner in fancy hotels all over the world, you will have it. God gives you what you desire according to your faith and what you can dream of handling.

5.23 Abandoning your husband. When you get a child/children, don't abandon your husband and stop meeting his needs. Don't push him aside. Show him you still need him. Do parenthood together but also still remember you need to keep the warmth as a couple. Yes, you can balance being a wife and a mother, just like he can balance being a husband and a father. Don't belittle him saying being a mother is more hard work than being a father. You need each other

Answer: It is the couples who come together and be one flesh till death parts them. Children are there only to increase the couple's joy. Children would soon be married and the couples would be left alone. The father takes the lead in raising the children by providing all basic needs and some luxury he can afford. The wife follows as a good helper. None of the spouse should use anything to water down the spark of their relationship as it was during courtship.

5.24 Competing with other couples. Don't compete with other couples in order to make an impression.

When you want to live like other couples and have what they have, you will only make your marriage shallow. Don't make your husband feel not good enough because you are admiring other marriages. Stop playing catch up. Find your own identity, goals and pace as a couple.

Answer: This is a wise comment. Couples should have their own vision in life. They should not wait till a neighbour buys a car, then they buy one. A neighbour buys a house; they also strive to buy one. Such life has no joy. They should have their own dreams, a dream they accomplish at their own timetable. Marriage is like forms of transport on the road. Some walk, some run, some ride wheelchairs, some ride bicycles, some ride motorcycles and yet some ride motor vehicles. Even in all these forms of transport, they are not moving at the same speed. Take for instant cars, some are sleek and moving effortlessly and others seem to be struggling being overtaken by almost all cars, but in the end everyone reaches his destination.

Whatever your dream and vision, you will reach them at your own pace if you focus. It is thus foolhardy to compare ones progress with that of others. For instance, a walking person comparing himself with a fast car will die of exhaustion. Well it is not bad to learn from others and avoid their pitfalls, learn from them and even speed up your progress, but do not benchmark their success to yours.

5.25 Forcing change in your husband. Stop shouting at your husband and trying to manipulate him or control him to change. If you want him to be better at something, simply inspire him to do so. Win him over with love and praise, not coercion. If you force him it will back fire on you and he will rebel and repel.

Answer: Thank you for this remark. Scripturally wives are to submit to their husbands as to the Lord. The husband takes the leadership role and the wife takes the assistant role. It does not mean the wife should agree blindly to anything the husband does, she is there to advise him and require him to take the right course of action. The husband can willingly heed his wife's advice if she is respectful and humble. Her conduct draws him to her and he gets inspiration. When the wife means well at all the time, her husband will do what she suggests.

5.26 Being your husband's biggest Critic. Stop being the woman who sees no good in your husband. Of course you saw good in him and that's why you got married to him. Don't cancel all the good he has done for years when he does one or a few mistakes. Don't keep a record of his wrongs. Be his biggest fan, his number one cheerleader and he will do great things with you and for you

Answer: This is a timely comment. Wives' role is to push their husbands to achieve greatness not to belittle their baby steps. Cheer anything small in the right direction and support your man. King David was dancing half naked as he brought the covenant box in the city of God. His first wife, Michal, looked out of the window and saw him dancing half naked. She despised him. She thought it was unthinkable for the king to dance having scanty clothes. A good wife would have been happy, supported him and even joined into the dance as honouring God was to bring un-foretold blessings. For her criticism and disrespect, God closed her womb, she never gave birth.

5.27 Hiding in church and abandoning your home. It is good to be active for God, to go for “keshas”, to pray for your family (keshas are night Vigils, believers worship the whole night). But remember the Church is not a building. The Church is a living body. Your first responsibility is your home. Be present at home. You are the answer to the prayers you make for your marriage and family. God will bless your marriage, not because of the hours you put in a religious building but the effort you put at home

Answer: Jesus said that the Pharisees neglected justice, mercy and honesty. They were to do all they were doing but they should never have cast off justice, mercy and honesty. While

involvement in church activities is something to be encouraged, neglecting ones family is not to be overlooked. Taking care of the family is also serving God. Being faithful to one's spouse and never denying him/her sexual needs is serving God. If both spouses are Christian, the husband should take lead in spiritual matters. The two are in fact a complete church. Fasting and keeping Virgil can be done at home.

5.28 Being passive in the name of submission. Being a submissive wife doesn't mean you sit pretty and lack initiative, it doesn't mean you don't have a voice or you wait for your husband in everything. Contribute. Get a vision for your marriage and share it with him. Ask your husband questions. Identify needs at home and meet them. Lead with your husband, don't just tag along. Take your husband out on dates. Come up with ideas and discuss them with your husband. Make sexual advances on your husband.

Answer: Thanks for this comment. Wife's submission to her husband should only be in the Lord. Where the husband wants the wife to commit criminal or sinful activities, she should draw the line there. The wife being a good helper, she is the best advisor and implementer of family goals. She can caution the husband when he is losing track or recall him to his senses where he is being irrational. You also said the wife can make

sexual advances to his husband. That is perfectly biblical. We take a cue from the wayward woman that meets an inexperienced man, seduces him, and leads him like a bull taken to slaughter to engage in sex.

Sarah gave Hagar to Abraham to sleep with her. It is Sarah that initiated the sex. A clear narrative is that of Jacob coming from the field one evening. Leah went out to meet him and said, 'you are going to sleep with me tonight, because I have paid for you with my son's mandrakes'. The account continues that, 'so he had sexual intercourse with her that night.'

5.29 Bottling in issues. Stop keeping things to yourself pretending you are happy. Stop holding grudges deep inside you. Stop wearing a plastic smile. Stop thinking your husband will know what is bothering you if you don't say it. Stop calling your husband insensitive yet you don't voice to him what is disturbing you. If you keep things inside you they will grow and one day blow up in an ugly way. If your husband has wronged you, confront him with love

Answer: Biblically marriage problems should be sorted out before the sun sets. If an issue is not solved, God encourages us to forgive each other willingly even if one partner has a reason to be aggravated by the other. It is also advisable for couples to share issues that are bothering them. Where they do

not have capacity to tackle them, they should take them to God in prayer. They should cast their burdens to God and they can comfortably cope with any problem with prayers and fasting.

5.30 Threatening divorce to scare your husband. Do not casually use the word divorce. Do not use threats. Do not tolerate thoughts of ending your marriage lest you risk the danger of appearing irrational and indecisive. Every marriage will have its challenges but that doesn't mean you toy with the idea of exiting it. If you do, divorce will actually be an irreversible reality

Answer: God does not encourage divorce. He does not also encourage separation as a way to solve minor problems. The major problems where a wife may separate herself from her husband are; he intractably refuses to maintain his family and he is so violent that her health and life are at a risk. Couples, being one flesh, should always motivate and uplift each other. There should be no room for threats, dirty jokes and unclean stories.

5.31 This men who don't last in bed and go for only one round then sleep like a log, shame on you. Others when they are horny, they do not even wait for the wife to heat up; he finishes the business swiftly then claims he has a lot to do the following day so he sleeps leaving

the wife being tortured by unfulfilled desires. Surprisingly this man gives at least three rounds outside. He does not foreplay his wife, he only oscillates the pendulum on her back for her to turn, and in an instance, the moment she turns, it is lapping the honey pot. While in the streets the man is even licking the sweaty armpits of strange women and paying dearly for the copulation when his darling wife is giving him everything freely. What happened to marriages surely? One said his husband pauses during coitus when he is on the top to kill mosquitoes with slaps!

Answer: Your comment is hilarious. It takes two to tango, not lasting bed usually is caused by poor or no communication among the couples.

Sometimes men do not last long in bed since they are living a double life. They masturbate, they are homosexual or they keep a secret mistress. In the event they are living a double life, their subconscious accuses them, or works against them to find their wife interesting to hold the sexual craze for long.

Another reason a husband may not last long is medical one. He may be type 2 diabetic but he does not know. He may not be eating healthy foods. His blood may be clogged with toxins. And

he may be having anxiety, worry or unfulfilled dreams that are robbing him of peace.

He may also not last long in bed since he begs sex from his wife for a long time that when she finally gives in, his desire has waned.

Sexual dysfunction is also as a result of bottled up grudges the husband has for his wife.

Lastly if the wife does not take initiative to start sex or when the husband asks and she does not urge him on, show concern if she sees him troubled, and show interest like she was really expecting it. The husband's excitement would die. You cannot give the excuse of foreplay, if good communication exists, you tell your spouse you are not ready, he should prepare you. It is biblical since a wife's breast are referred to us a cluster of grapes and the husband is to told to be intoxicated by her breasts, meaning sex is not confined to penetration only. When you say the husband pauses to kill a mosquito, it only points to one thing. Sex is no longer enjoyable and it's only a marital duty. Like we need to eat regularly, couples should reignite their passion always.

5.32 My wife's favourite colour is PINK; almost everything in our house attracts her eyes only. Curtains are Pink, the Carpet, Thermos, Duvet/Bed sheets, the gas cylinder, even bathing soap, everything is Pink. She

never consults me about COLOURS whenever she intends to buy something; she thinks husbands aren't sensitive to Colours. Last year, she surprised me with a Birthday gift (PINK Shorts). I rejected them; I always see them in her wardrobe like Stone Age artefacts.

Answer: You are breaking that marriage fast! You are the head of the home; you should tell her the colours that interest you. Men are colour blind only to shades of one colour. Like pink and its shade. Blue and its shades and any colour and its shades. You should have expressed your dissatisfaction with house turning pink and asked for various colours. Since you encouraged pink, you should not refuse the pink shorts.

5.33 I need advice. I have been married for twenty years. We have three teenage children. For the last few years we are just there. Everyone is just living his/her life. We barely have a conversation as a couple. We both work therefore everyone spends his/her income the way they deem fit. I am wondering what we are. What can I do to change this?

Answer: Couples should have those small talks. Women are the most accessible to the grapevine in the area they live. If they don't use it to strike some small talk with the husband, don't expect any communication. When a woman feels she is

independent and cannot be directed or advised by her husband communication breaks down.

What has killed communication in your marriage is because you feel self-sufficient and you don't need your husband, beg him a bit, ask him for money, tell him you are buying land and you are short of some funds, can he top up? Make him feel like a leader and needed. If you relegate him only to fulfil your sexual desires then you all sleep, he would be very comfortable, men need peace of mind most.

You can also have family session where you advise your teenagers and getting to know them better. Some aspects of what they tell you will extend the talk to the bedroom and may be for several days to come. Do any of you know how your kids are coping with young adulthood, or they are just there like you? Have you ever shared with him what kids tell you?

5.34 Why do people mistake silence for being irritated?

Answer: Believe it or not, silence is a way of coping with pain or dealing with being or expecting to be misunderstood. For concerned people, it frustrates them when they want to help you or understand you but you cannot talk that is why they interpret it as anger.

For those who don't care or want to take advantage of you, they will use your silence to talk on your behalf, especially to your superiors and most commonly, negatively. They may as well consider you aloof and proud.

5.35 Woman, pray for your hubby... stands with Him in joy and sadness, many don't have one...yet they crave to have your husband.

Answer: True, women should always pray for their husbands so that they are not put into temptations and they are delivered from the evil one.

5.36 My husband fears me literally, he would want to tell me something but stop in his tracks because of fear. When he wants something done he would instruct the kids to tell me, yet I have never been rude or disrespectful to him. It extends even to the bedroom, he fears asking for sex and it's only when I initiate it that we would have sex. He fears me not that because I earn more than him, I am a house wife and he is the one working. What could be the reason?

Answer: I could answer that reliably if you could have told me if it started after marriage or he has feared you all long.

But from life experience, I have learned that colleagues or neighbours who have tried to malign one and failed would always send junior officers or their children respectively to ask for something or relay information to the person they tried to hurt. It is not only confined to hurting, even those that are

constantly slandering you fear you. Therefore if a neighbour sends a child to borrow something from me that I would ordinarily expect the neighbour to face me, I have automatically concluded that neighbour has something against me and it has always been true.

If we extrapolate my situation to your predicament, has your husband tried to harm you using black magic so that you die and he marries another woman? Has he in collusion with another woman tried to poison you and God made the poison harmless to you? Has he been unfaithful and really regrets, he wishes to apologise but does not know how to start? Has he lost a substantial amount of money through betting, pyramid schemes or any other get rich schemes and is afraid to share with you the story?

The above questions point at what may cause the fear. Look also at their family history; if there is any man that feared their wife to your extent, then, it is a medical problem. Therefore consult the doctors. You can also pray and fast for him to be the man you want. Where doctors fail, God won't fail.

5.37 No matter how happy or troubled you are in your marriage, never stop praying for your husband. God has blessed you with that husband, pray for him! You are his intercessor! And a praying woman is a winning

woman! Always remember that your marriage is a gift and embrace that every day. Amen!

Answer: This comment is quite true. The scripture advises, pray without ceasing.

5.38 Am I the only one that my Wife yells at or every man experiences this? Please help, because the yelling is crazy.

Not all women yell. But most women yell. And such women are good as they don't hide their feelings but express them openly. It is up to you to harness them to your advantage. King Solomon advised that before a fall out, walk away and he also said a quiet answer calms down anger. When your woman starts yelling, walk out, when she is calm and composed, let her tell you the burning issue.

However, for God fearing women they have cast away the old personality and understand that couples should not let unwholesome talk come out of their mouths but only what is helpful for building each other up according to their needs that it may benefit them. Just like you find the yelling crazy, God fearing women know kind words are like honey, sweet to the soul and healthy for the body, kind words bring life, but cruel words crush ones spirit.

They are aware that thoughtless words can wound as deeply as any sword, but wisely spoken words heal, a gentle answer

quietens anger, but a harsh one stirs it up. Therefore their speech is always pleasant and interesting, and they know how to answer their husbands rightly, they do not yell.

5.39 I am 65 years old. My wife 56 years, and I am still married to the same woman. We have been through ups and downs and we are still together. Not that we are perfect, but we chose to keep our marriage, forgiving each other, keep loving one another and stay together to train our kids. Two of my sons are married, same as two of my daughters and one is yet to be married. I have 5 kids. Everybody deserves attention be it man or woman. In marriage women are the people that need the most attention from their husbands. When a man neglects his wife, he ruins his marriage.

Answer: Thanks for sharing, men should love their wives as they love their own bodies living with them according to knowledge, considering them as weak vessel and assigning them honour. All couples should marry with the knowledge marriage is permanent.

5.40 A lonely woman is a big prey. A lot of marriages these days crash because of this. It happened in my marriage and I drove my wife to have an affair outside.

I was very young then, told her all sorts of hurtful things, that I can marry as many women as I want, though I was just scaring her and I was very overbearing back then. Before I could get back to my senses, she was deep in it and I had to fight to get back my jewel, I apologized to her and forgave myself as well. A lot of women who are cheating today never planned to cheat in their respective marriages, but their husband's life style and negligence drove them to it. All a woman wants is your attention, care and you will see her jumping mountains to keep you in check.

Answer: Satan moves around like a roaring lion seeking whom to devour. Your hurtful words and scares were roars from Satan because you allowed him to use you like a mouth piece. Unfortunately your wife got scared and while running like a headless chicken, he ran into the direction of the devil and she was devoured. It is good you came to your senses and as the head of the family you provided direction.

For godly women, when they face a problem like your wife's, instead of finding solace in other men, they ran and cast their burden to God. They pray and fast regularly, praying for their husbands to become sane.

5.41 The reason God made marriage was for a man and woman to be each other's companions and shelter, for a man and woman to be there for each other, not for one person to be outside by 10pm and one inside waiting endlessly for the other to return. There should be no secret in marriage at all. Lay all cards on the table. When one person starts hiding stuff, the loop holes in marriages are gradually pilling up and it's hitting a rock. A man who is outside by 11pm, how does he want his wife to feel? At that Time for couples, its cuddling times not torch lighting time waiting for car horns and the rest.

Answer: Your comment is okay. But I will draw your attention to reality. Persons like doctors, fire fighters, policemen and any other person dealing with emergency have to be on call 24/7. Therefore couples should cloth themselves with fruits of the spirit such as perseverance, self control and patience. While persons who work less than 10 hours during the day can follow your advice, the group I have named above, those who work in shifts and those who work away from their spouses cannot. Such couples have to find other ways, means and time to bond.

5.42 Some men who complain their woman nags, did she nag during courtship? If she was a nagger during

that time, you won't have married her. You pushed her to nagging with your promiscuous behaviour. You call what she does nagging, but no she is not nagging, she is trying to pass information across to you. Women are not our slaves. Stop treating them like you purchased them. No they are not. They are human being, same with you. Treat them with respect.

Answer: Thanks for sharing this. Women are men's helpers. Men should treat them as weaker vessels and assign them honour. A woman has a right to repeatedly tell her husband something and advice him. That is not nagging. Nagging is when a woman wants her husband to do something illegal or against his conscience and she does not rest until he does it.

5.43 The moment a woman who you are married to doesn't care what you do and where you go, that is the minute your marriage is dead gone and you don't know it. Sometimes when I see young able bodied men, newly wedded seated at the bar, say they would replace their wives as if she is some piece of rag, I ponder and ask, the one you will replace her with, is she better than the one you got married to? You never treated the one you first got married to right, and want to let in another?

Answer: Thanks for sharing this. God decrees marriage is a permanent bond. One can only divorce if the wife is adulterous. Divorcing for any other reason and remarrying is committing adultery. God hates infidelity as well as He hates divorcing.

5.44 A responsible woman can be pushed to have an affair, yes that is very possible. Let's not hide under the notion of a virtuous woman doesn't cheat no matter the storm she faces in her marriage, that is double faced lies. When a woman demand for attention and care and she doesn't get, when she gets to her saturation point, the heavens too won't judge her. Every human being on earth has a saturation point. Let's not beat women to a box, asking them to remain faithful when we men are not doing anything possible to keep them sane in our marriages. The rate of cheating amongst women is alarming these days. Men, it's our turn to fight to keep our wives and give them the attention they crave. If you know you are not doing what you are supposed to do as a man, go back to the drawing board.

Answer: Thanks for your sentiments. God fearing men and women are never pushed to what you call "saturation point". This is because they avoid sexual immorality and other unclean

sexual misuse. Actually, they get control over their vessel. While worldly people enervate their resolve to control their vessel and cheat, the strength of godly people is renewed day by day. They soar in the sky like eagles. They recognize that human beings cannot wholly give one attention and the satisfaction he/she needs. They cast their burden unto the LORD.

5.45 This message is not to justify women cheating but to correct impressions of some men who think it's just the role of a woman who lacks attention to remain faithful in her marriage. If you don't water your plants and weed your farm, another farmer (man) will weed them in a way you won't like, some negative farmers will not only weed but they would take hold of the entire land, re-construct it for their own benefit and even build on it, thereby giving you children that aren't yours.

Answer: Thanks for your reaction. Women and men who committed adultery in the past were stoned to death. The world was destroyed by the flood due to immorality, Sodom and Gomorrah were destroyed by brimstone, and at least 23, 000 Israelites were swallowed by the earth due to immorality. Instead of a couple having a grudge on his spouse for not doing something as the spouse wants, the spouse should inform the other his/her needs then entreat God to help. One has an

obligation to please God not to gratify ones desire or 'punish' one's spouse.

5.46 So, men should learn to be good farmers in their marriage. If you offend your wife, don't wait for her to apologize on your behalf, a lot of men will offend their wives and still expect the woman to apologize, making her a fool. That is so wrong. When you are wrong admit it and apologize immediately. Don't do a lip service, let her see you are truly sorry, women are not fools; they know when a man is apologizing from his heart of hearts.

Answer: Thank you for your comment. God requires us to use his statutes in solving our differences. Couples should sort their problems each day before the sun sets. Couples should not offend each other. They are one flesh so they should treat each other with deep respect and honour.

5.48 Am I petty if I keep telling him I feel less of a wife because he did not give me a ring, or I should just stop asking for it?

Answer: Ask to be married properly in the eyes of the law. Be a legally recognized wife. Marriage is universal worldwide. You

may not necessarily be given a ring, but a marriage certificate is a vital document, get it.

5.49 If a wife starts arguments so that you complain then she records secretly what is her intention? Where could she be taking the records?

Answer: I think you are better placed to coax her to tell you. I can only guess, perhaps she is collecting content for her TikTok account. If she found you interesting while arguing, she would like to share.

5.50 How do you share responsibilities with your spouse? For my case, I am a teacher, I wake up early in the morning do all the house chores and rush to work since my husband doesn't agree with idea of employing a house help. I come back so tired in the evening, I'm expected to attend to my child, help with the homework and all that, I am always tired and I go to bed almost at 11pm and he still needs sex. When I complain I need help he shuts me up with the phrase "that's your responsibility, just organize yourself".

Then at the end of the month my husband expects me to help in financial affairs. This month I also told him

it's his responsibility to make sure we lack nothing and am not using my one penny for anything. I told him if we can't share my responsibilities as a wife then there's no way we are going to share his. "That's being selfish", he said and up to now he has not talked to me for a whole week. I have also kept quiet, please advice because I don't want to lose him, it is just that I am drained.

Answer: If you are married legally, you cannot lose him. All responsibilities are man's. You are only a helper. He should take the lead while you help. If you feel drained, hire a commuting maid servant, the one who comes to work during the day and goes back to her home in the evening. Take care of yourself. Pray for your husband, God will open his eyes and he would see your reasonableness.

5.51 How do I encourage my man to lose weight he is the kind that does not care. I like him lean and muscular the way I married him.

Answer: Cook for him food with a lot of proteins and healthy fats, cut down the amount of carbohydrates. Excess carbohydrates in the body are stored as fats by the body making someone fat. You can go for a jog or gymnasium together. You can fast together as a family. Tell him you like him lean.

5.52 As much as communication between couples in the house is vital, common sense is equally important. Now, my wife has called a 'fundi' to fit tiles on our floor which isn't a necessity as per now yet she knows I've just lost a job and at the same time undergoing torture of getting another pasture and pondering how my children are going back to school. Could she be teasing me?

Answer: She may be stressed not teasing. Some women release stress by shopping. She also wants to believe all is well. You need to be hopeful and not to panic; only God knows about the future. Appreciate her contribution and tell her your fears. In moments like this you need to relax and think objectively. You can pray and fast to cope.

5.53 I don't have sexual feeling and I am sure my marriage is falling apart. When my husband approaches me, I don't feel anything. I hate sex ever since I got pregnant. And even after giving birth I still hate sex. I am not at all interested in my husband I quit the bedroom, I sleep in the child's room, and what can I do?

Answer: For some women, large amounts of hormones produced during pregnancy result to mood swings and nausea. In addition the woman have stress, digestive problems and fatigue all these reduce sexual desire. Sexual desire is expected to normalize after birth.

After birth, a woman may not want to have sex for a number of reason ranging from fear, lack of sleep, fatigue, the baby, need to bond with the husband first and depression. I talked of postpartum depression in book one. Biblically, a woman was to stay away from her husband for 40 days after giving birth to a boy and for 80 days after giving birth to a girl. The reason was for loss of her blood. Thus God knew women went through depression and needed sufficient time to heal. The husband had to be patient.

Therefore if your husband is God fearing, I don't think your marriage is at risk. Tell him how you feel and consult the doctor together, you may need medical attention.

5.54 I was washing clothes after work and my husband told me to take water for him to the bathroom (which is in the house). So I told him just to take it as I was washing and also preparing his tea at the same time. He has given me the silent treatment, and he has not slept in the house for a whole week! We are both working and I do everything for him including ironing his

clothes except that day I told him to do so since I was busy with other things....does it mean women don't get tired? I am drained please help.

Answer: That looks petty and a mature man should not behave like that. But before I criticize him further, realise you made him get used to it. You have done everything for him and his expectation was you will do it. Revise also the tone in which you told him to do so. Communication is like throwing a ball to your mate. You may throw it feebly such that he catches it with ease or you may throw it so hard that it hurts him. The same message may be received gladly or it may hurt, depending on the tone you have delivered it. That is why proverbs aptly say, kind words bring life, but cruel words crush your spirit.

If you are Christian try to teach your husband about God. God fearing men know all the chores at home belong to them, as a wife, you are a good helper. The man appreciates when you cook, iron clothes, prepare his bath and so on. It is not your work, it is his. The God fearing man will also love you as he loves his own flesh, he will not mistreat you or subject you to silent treatment as the bible specifies, and spouses should settle their differences before the sun sets.

5.55 Please tell me what you think could be going on here? I have had some stress not concerning my hubby and I am just quiet and I keep to myself, I do all my

duties as a wife but I wonder why my hubby is fractious to the extent of threatening me I should go away if I don't want to talk and he doesn't even know why I am quiet or what is bothering me. Why is my quietness bothering him yet he has not upset me?

Answer: Your silence is a way of coping with pain. But remember you have a spouse. It pains him to see you sad and frustrates him when he cannot do anything to help you. His outbursts that you should go away if you want to keep quiet is just out of irritation and I am sure he does not mean it.

Therefore know you are not alone, the two of you are joined together and you are now one flesh, if one is hurting the other feels the pain. Always recollect yourself as quickly as possible from your stress. If you do not want to tell you husband about what is disturbing you, it is okay. Some wars are exceptionally personal. In addition, if he is prone to misunderstanding you, you need to cushion him from that. Therefore fast for one day or three following a meditation program in my book, *Never Get Weary or Weak; How Meditating And Fasting Gives You Vibrant Strength And Detoxes Your Body*. I have attached the book for you.

The program helps you to cast your burden to God and move on in life as if nothing happened. You end the silence spell and become cheerful again.

5.56 How can u deal with a husband who never calls you or text back? If you text him to buy or pick something for you as he comes home from work, he will do what you requested but he would never pick a call, call or text a reply.

Answer: He is coping with some stress. It is a form of silence treatment. Try to coax him to tell you the problem or just make him relax without asking what is troubling him. Pray for him to overcome everything. Encourage him to fast for one or three days following a meditation program and throwing his cares to God.

5.57 He used to Masturbate so his manhood is weak therefore his erection fades even before he is through that I get so bored. Note that am a Christian, for that reason I cannot commit adultery. I have always told him to see a doctor for help but he always says I have heard and does nothing thereafter. I am really stressed but I hope God will one day do something.

Masturbation has been used by men to cope with anxiety and numerous other problems. If he was able to share with you he masturbated, ask him what made him masturbate, which problem was he coping with? If the problem persisted for a long time, check his blood sugar levels, he may be a type 2 diabetic.

Anxiety, worry, an enduring problem and any form of diabetes cause sexual dysfunction if not controlled

Since you are hoping in God, check his diet, include a generous amount of fruits and green leafy vegetables, and then let him fast one day each week to detox his body. See if he improves. An erection occurs when blood is supplied to the Penis, if blood has a lot of toxins or the veins are clogged, the rate of supply decreases and thus he cannot sustain an erection. Fasting will detox his blood and clean the veins. If he has type 2 diabetes (some have it but they don't know), a doctor would be able to assist him to control it.

Chapter 6

Couples are asking, what about distant relationship

6.4 I work far from my family but I try to spend almost every weekend with them. Recently, I took 21 days leave to be with my family. Unfortunately, every time I want to make love to my wife I must entreat her. In this leave time I have implored to have sex with her like a lunatic. Two weeks have elapsed and we have had sex two times only. I am aggravated and almost giving up. She has a myriad of baseless reasons to avoid it, most of the times she keeps quiet and looks at me like an effigy. Either I don't exist or I am not driving the point home. How do I handle this lady, help me.

Answer: Disinterest in sex may be caused by a number of factors. To begin with, since she stays alone most of the time, worry and anxiety may have caught up with her and this suffocates libido. Worry and anxiety may lead to yet another problem, type 2 diabetes that diminishes sexual desire.

Some women are asexual. Asexuals are women born without sexual desire, others lose the desire due to various reasons like sexual trauma, or they just decide to stifle the sexual desire to pursue a certain course in life, like nuns or career women. Asexual women marry to conform to the norms of the society and can enjoy sex but they have no sexual desire. There is also a man induced asexuals; it is believed circumcised women

loose sexual desire. Some communities' circumcised women to ensure they remained faithful to their husbands.

Try to find from her why she is disinterested. Tell her you are frustrated. You may need to consult a specialist doctor on that.

6.5 My marriage is on the verge of collapsing because I've just found out that my husband has married another lady and living with her near his place of work and it is even rumoured she is pregnant for him. I feel used and betrayed. He works far from home and only visits us. I've decided to walk out of this marriage with my two kids, is this wise?

Answer: Adultery is the only scriptural ground for divorce with the option for remarrying if the offended party cannot forgive the errant party.

Before you walk out, I would ask, are you married legally? Most Christian Churches and state marriages do not allow one to marry a second wife. If you are married legally, then your husband has not married any other lady, they are cohabiting.

If you are married legally, you do not just walk out of the marriage. You have to file a case with law courts, which will decide who will take custody of the children, any maintenance paid to you/ alimony and maintenance for children. If you take custody of the kids, the father may have visiting rights to see the

kids so you may never be able to get rid of your husband's face in your life for a long time.

6.6 Is it a wise decision to stop working for the sake of marriage and making a home? I am a teacher in Nakuru and my husband is working in Nairobi, I have requested for transfer to no avail and now my husband thinks I am just not serious about joining him.

Answer: The moment you start asking for advice about leaving work, then it becomes an unwise decision to make. Work gives one satisfaction; work gives one the hope of waking up each day and thanking God for the day He has made. Work pays bills. Work ensures you respect yourself and you are respected.

You have requested for transfer but you have not succeeded yet. Keep trying. God knows why he is delaying the transfer. And why must it be you taking the transfer? Even you husband can take it and join you!

What are you going to Nairobi to do? Just sit in the house? Remember you are a good helper to your husband, if you just sit idle, you will soon be outdated. He will seek women with sharper brains. From Nairobi to Nakuru is just a distance of 2 to 4 hours drive depending on how heavy the traffic is. That is not a long distance. You could even stay in Nairobi and work in Nakuru. You are guaranteed all weekends you will be in Nairobi.

Besides are you married legally? Don't relocate to go and cohabit with a man. The issue arising, you would have discussed it during courtship; if you all need to work or one needs to sacrifice his/her work. If you are not yet married legally, cut off the fornication; don't ever think of leaving your job and going to cohabit with a man in Nairobi.

Chapter 7

Couples are asking about neighbours

7.3 Sometimes visit your neighbours to find out how they are fairing on. Some are depressed that is why they do strange things and you may happen to be the lifeline they need to keep going.

Answer: Very true, there is a story told of a person who died in front of the television set and was discovered three years after death. We live in tough times and people have a lot of wars to fight. Visiting neighbours and allowing them to visit us distracts them from self destructive habits.

7.4 I need some advice please, there is this behaviour that my husband has started, when he comes back from work, there is this male friend who calls him claiming he wants to buy a drink for my husband... When my husband goes he comes back almost 4 in the morning. Am just tired of it, what do I do?

Answer: Advice your husband to forsake bad company as it spoils good habits. Study the word of God together and if he gets his priorities right, he will cut off this friendship.

7.5 In a Religious society where every Sunday most people go to the CHURCH, why should they pass over 5 active churches on their way to the bus station to board a bus to take them to CHURCH? And while in the bus, they will pass other 5 churches before reaching their CHURCH. Is it reasonable to ignore 10 or more Churches just for your CHURCH to praise GOD! Does it mean the other ten Churches do not praise God?

Answer: A church is not a building but a collection of more than one worshipper. Therefore, one may ignore ten churches that are nearby and worship in a far away church due to established fellowship with those followers. The far away church might be the original church ones parent attended before the mushrooming of the other ten churches. It is thus difficult to forsake ones old acquaintances for new ones, unless one moves away from that area completely. Note that the distance people are taking a bus today, they walked comfortably that distance forty years ago.

Jesus disciples told him they saw a man casting demons in his name and they tried to stop him. Jesus told them that they should not stop him for he was not against them. But the disciples did not leave Jesus to form an association with that man. Hence the one passing ten churches will not criticise them as not worshipping God since they are not against his faith, but now you understand why it is hard for him/her to leave familiar faces for new ones.

Chapter 8

Couples are asking about single parents

8.12 I met this fine woman on Facebook. She is a beautiful woman with a 7 years boy just like mine. I fell in love with her and now she is taking advantage of me at the moment. We live separately. But I lend a hand with her bills and school fees; her Health Insurance is under my salary. I don't enjoy the relationship at all. She insults me anytime I delay sending her upkeep money but apologizes once I send her. I feel like am

being used and don't know how to stop her. She plays the victim when she's wrong. We have really talked about how I feel but she goes back to where we were. The son calls me dad he enjoys my company a lot. I teach him computer games and we eat ice cream together. He supports Arsenal football club and I always root for Manchester City. We have been dating for one and a half years. She is 28 and I am 32 years. I was to marry her in August but now I'm not sure. Please advice.

Answer: A wife should respect and honour her husband. Wives should cloth themselves with humility and cultivate the fruits of the spirit. They are love, joy, peace, patience, kindness, goodness, faithfulness, humility and self control. Does the woman exhibit these?

Your mistake is performing husbandly duties when you have not married the woman. Since you are drawing away from the woman, consider what you have done to her as donations. There is joy in giving than receiving.

Stop fornication, involve your parents, they may advise you objectively and truly than I can. No one is perfect; you have only told me one side of the story, the bad about the woman. Your

parents may assess her and if her good outweighs the bad you have told me, they may give you a go ahead for you marry her.

8.13 A real man will marry a woman with children and he will accept them as if they were his own.

Answer: Actually a real man is one who loves and reveres God. One who loves his wife as he loves his own body. One who does not beat his wife but treats her with tender care. God is love, if one loves God; he loves the whole of mankind. A real man accepts all of his responsibilities. He knows house chores are his tasks and the wife is there as a good helper.

8.14 I am 33 years old single mom of two, a boy 15 years and a girl 4 years. They are from different fathers. But currently I am working in Saudi Arabia. I got pregnant when I was in high school, the father denied responsibility, I gave birth to my son, and until now, he has never seen his father.

I met the father of my daughter in Nakuru in 2016, we stayed together and he took me to his ancestral home in 2017.

I became pregnant. Life became so tough in the village. He left for the city while I was 7 months pregnant. Life

was also tough in the city to the extend he was not supporting us in the village. I gave birth and I returned to my father's house when my daughter was three months old. I stayed with my mom.

When I weaned my daughter, I left her with mom and went to Nairobi. My life became tough to me too and I started looking for my husband. I found him and he introduced me to another lady that he wanted to marry, indeed he took the lady to his ancestral home. I accepted and moved on, this year in January he started looking for me everywhere. He found me on Facebook. He was crying and pleading how sorry he was. In short he wanted me back in his life; he doesn't know that I am in the gulf. I am confused, should I accept him back? But my mind and heart is telling me to accept him back because of the following

- 1. I have 2 kids from different fathers.*
- 2. Getting a man who will love me and my 2 kids is not easy.*

3. What if I get another man, give birth and we separate again?

Note, he is still with the lady he introduced me to, and he is saying that he doesn't love the lady, (they have no kid yet) he is ready to introduce me to that lady as his wife and end the relationship with the lady only when I give him a second chance. Am confused, please advice.

Answer: From your account it seems you don't know what marriage means. Marriage means you are given a marriage certificate if it is in church or state wedding. For traditional or Islamic wedding, some ceremony must be done involving parents of both sides - it is a must for the man to pay bride price to your parents and in some communities you pay dowry to the man's parents.

The first two reasons you have given as accepting the proposal of the man shows you have given up in life and you are limiting yourself. Actually a man may love you with your two children.

The last reason shows you have some phobia. You are always worrying a man may leave you. Granted, you have not had an easy life so far. But it is because you were doing things wrong. You did not separate with your last man since he had not married you. You were cohabiting. This time round, don't fornicate, let the man that professes to love you give you a marriage certificate.

Chapter 9

Couples are asking about marital conflict

9.35 How do one deal with a husband that enjoys impiety? Even when he is the reason we are falling out, he never apologises. We never have decent heart-to-heart talk with him since we always have demeaning arguments. He wants me to shoulder some of his responsibilities when he knows I am not working.

Answer: The only way you can deal with him is making him know about God. God is love. Once he loves God, he will love you. God cautions us about making dirty jokes or demeaning remarks about our spouse. Men should love their wives' as they

love themselves. A man who loves God will take his responsibility seriously.

9.36 What will you do to a woman who sleeps on the opposite direction with you simply because you told her you don't have the money she wanted at that moment and yet you promised her to wait for two weeks. Presently she's sleeping with her head on my feet side. She's pregnant but is that an excuse for her to behave stupidly? Who will she blame if I decide to go do it outside?

Answer: Tell her again you don't have the money and she has to be patient for two weeks when you will give her the money. Tell her also not be angry as you don't want her to give birth to a fuming baby. Assure her you love her and wish her goodnight. At least she has not deserted the matrimonial bed. Let her sleep. But be sure to affirm your love to her and be in a reconciliation mood. That is all you can do, because you don't have the money and she does not want to believe you. In addition, there is absolutely no reason why you should commit adultery for that small misunderstanding. Have self-control. Nothing lasts forever, that storm will pass.

9.37 I am just at my wits end in this marriage and worn out, imagine you cook food and he leaves the food on

the table and goes to sleep. He refuses to talk to me just because he found out I have another mobile phone, it happened that I had a phone and my brother who was coming from abroad bought me a phone as a gift. Therefore because I didn't want to sell my old phone I kept both of them and I didn't tell him because I saw no need of telling him because even the old phone he's not the one who bought it for me. Now he is alleging that I am cheating on him with the other phone. I am so heartbroken because why didn't he just inform me that he won't be eating instead of making me waste food?

Answer: Learn to have small talks with your husband. When you were given the new phone, you should have broken the news to your husband as an excited child. It does not matter whether he bought you the earlier phone or not, he is the head of the house. Therefore, show him some respect by informing him some things.

He had all reason to be annoyed because as a leader you are not consulting him. By being independent shows you don't need him, and one reason is you are cheating. Make him relax, tell him how you got the phone, then inform him, it pisses you when he does not eat your food. Ask him why he was so annoyed not

to eat? Keep communicating, feed him some local grapevine. He may actually have wished you ask him to buy you a phone, but since you are acquiring using your own means, he is perturbed. He is afraid he has lost you.

9.38 Sometimes you just need to put your family aside and work on your goals. This family thing is pulling our success behind.

Answer: The family is the first organization a man heads assisted by her wife. Unlike other organization where management is hinged on vision, rules and procedures, the family is based on vision and love. The family does not in any way interfere with ones goals; on the contrary it facilitates them since you have a place to run to when you are hard pressed by the world. If we all pursued “goals” and put the family aside, who will benefit from our pursuits? Who will inherit our achievements? Who shall we mentor to take our work to the next step?

There is joy in giving than receiving. The ultimate goal is putting a smile on another human being lips. When we chase our ambitions, it gives us joy to see how we are making our family and the less privileged happy. The family is also one of the goals; it is the main goal on which all other goals are built on.

9.39 Why do most exes always want to come back after a breakup? What did they forget?

Answer: Sometimes some break-ups are just emotional outbursts that one regrets and yearns for reconciliation. Others are the normal fall outs like can be found among friends. Only one side takes it seriously and is unwilling to forgive the other for the petty break-ups.

Other breaks are a manipulation tool, where a party suggested break-up wishing the other party would plead and even worship him/her for the relationship to continue. The relation would continue on boss-servant basis. When the other party agree to the break-up, the manipulating party is at a loss and craves for come back, but the other party won't relent.

9.40 If the husband and wife are both born again but attending different Churches and then the man recommends that the entire family should worship at one place (Church) of his choice. But the Wife refuses and declares she cannot change her church. She can only do so over her dead body. Changing her church is non-negotiable. As a Man what should you do?

Answer: There is barely anything a man can do. Church decisions have to be made during courtship. They should agree to attend one church or each remain in her/his original church. Church is an emotive, spiritual and a faith issue. People are ready to be martyrs because of the church. The husband can only convince her wife to attend his church by teaching her its

doctrines. If they rhyme with her soul, she would join hands with her husband as head of the family. If they don't appeal to her, she will decide to obey God rather than men by refusing to join husband's church.

9.41 Please men, pumping with all your strength doesn't mean you know the game! Stop hurting women on the pretext that they should acknowledge you as a lion. If you are unskilled you are amateurish, period! It should be slow and sweet not like a leased field you are intent on destroying its fertility and not monitoring its soil erosion.

Answer: Thanks for the comment. Again communication comes into focus. Couples should communicate on what they like, hate or what hurts them. Two couples should be able to find a rhythm that suits them.

9.42 First wife of a man who has a second wife, does she get bored like me? When he comes to my house, I always wish he should stay with that second wife forever, I am I normal or its okay?

It is normal for one to lose his sexual desire for a person who betrayed them. It shows you never accepted the second marriage. Find out what system of marriage you two are married

under. If it is Islamic or traditional system, try to be happy in your marriage, respect and love your husband so that blessings may flow to your children. If it is Christian or state marriage, then one of you is not married but cohabiting with the man. Christian and state marriage allows a person to marry only one wife. If you are the legally married woman, you have a valid reason to seek divorce. It is better you stay as a divorcee (or remarry) than hate your husband. Michal, David's first wife despised David and as a result, God punished her by closing her womb, she never gave birth.

9. 43 Is it wise for a husband to spend most of his time in the kitchen directing what you are doing? Like the salt you have put in that stew is not enough, the food is not enough etc. If I try to tell him I don't like his behaviour he starts war! Though he is a good cook and has studied catering, he really pisses me off. Is it wise that he should order me about the kitchen?

Answer: He may not be ordering but advising, only you have taken it personal. What you should do is make a duty roster where on a particular day one of you alone, uninterrupted or unsupervised by the other should cook for the family. You may try to outdo each to find out who is cooking tasty meals.

9.44 No matter how educated you are as a wife, you will never be equal to your husband. Keep your lane

and humble yourself. No matter how well decorated divorce is, those encouraging you to divorce never showed you the wounds / scars.

Answer: A wife of any class should recognise a husband as the head of the family. That is why women should choose men they are willing to respect for the rest of their life as husbands.

Divorce is quite in order for the aggrieved party, if he/she is not able to forgive the other in the event of infidelity. Sexual immorality is the only scriptural ground for divorce.

9.45 Should "Church" or any "Man of God" separate you from your Partner in the name of radical believer/follower of Christ?

Answer: A spouse should be able to differentiate what belongs to Caesar and what belongs to God. There are events a partner may want to prevent you from worshipping God like requesting you to visit a magician for divination. In such a case you stand with God not your partner. But as you rebuke that act of your partner, you do not leave him or separate from him. What God has united no man should put asunder.

Therefore, the church (a congregation of people) and 'the man of God' cannot separate what God has united. Whether couples are both believers or only one is a believer, no one should and cannot break that bond. Respecting the marriage institution is

the first service to God. Disrespecting the matrimonial bond is an extension of disrespect to God.

9.46 How do you deal with a disrespecting wife?

Answer: If a wife is disrespecting you, that is a thorn in flesh you have to live with. But if the disrespect is a risk to your health, you may separate to iron your issues, and then come back together as soon as possible.

If she is disrespecting you out of ignorance, learning to love God may tilt the scales. God says man is the head of the family. He adds that the wife must respect his husband as doing so for God. She will know respecting you is an act worship.

9.47 My husband had his guests from his workplace today evening and he somehow shouted at me to go put on a bra when he escorted them to the bus stop. I told him I feel am okay but he harshly told me he had no time for arguing and I really felt bad as if he doesn't appreciate my body. On Sundays I like dressing freely and my boobs are just okay, they are medium sized. Am I justified to feel bad? I feel he should appreciate my body. He made me feel so mood less and I think those guests noticed.

Answer: You are justified feeling bad. He could have pulled you aside and told you so, not uncovering your nakedness in front of guests. Find time when he is relaxed and tell him how you felt. He may also have been insecure that the guests were admiring your boobs, assure him you love him.

9.48 Never hit your wife! No matter the provocation, Just walk away and things will be normal. Defend your wife; when she is anxious stand by her. It is your duty to make them see her as your Queen.

Answer: True, but as you walk away, when your temper has cooled down, discuss with her how she annoyed you and settle that issue before the sun sets.

9.49 I have been married for the last four years but my husband keeps wetting the bed. At first I was supportive I thought maybe it is a disorder that would vanish. I am tired of washing beddings of my 35 years old hubby, who is bed wetting, and don't forget I also have a baby. Sometimes I wake up I have been urinated on from both sides of the bed, the baby and the hubby. I feel I can't do this anymore! I'm planning to walk out or move to another room and leave the bedroom for him. What do I do please?

Answer: That is a medical disorder. It is not a reason to walk out. There are nappies for adults; he should wear one before going to sleep.

9.50 My aunt's advice after I got married was "as long as he provides just persevere". Then I reasoned with myself, what is that I should be enduring? Which advice have you ever been given by a relative then you thought, 'this relative is not wise?'

Answer: At weddings and funerals, attendants are at a loss on what to tell you. Just appreciate their presence since they are saying they recognize you. Ignore what they say as they have gone through a lot of trouble to find just the right words for the occasion.

9.51 Tell me something about marrying to a man from a polygamous family. Especially where a man has married more than one wives and both live in same piece of land, how is that family?

Answer: While the husband is alive, there is infighting among the wives as each wants to gain the favour of the husband. Upon his death, there are intense sibling rivalries. The husband has to be a good leader to contain the wives and meet their

needs equitably. The husband should make sure he never dies intestate.

9.52 Please tell me how to deal with a husband who is suspicious when I talk to anybody even my relatives on phone. He is literally draining me, I even fear touching my phone when he is in the house.

Answer: Talk to him and tell him how you feel. If he does not want to listen, the best thing is to re-schedule your calls and call when he is not around, advise you callers so. Also find out why he does not trust you and work out on that aspect of your personality. Sometimes after the call, tell him it was so and so, he was saying this and that. Informing him allays fears you are secretly dating someone.

9.53 I got married in August last year with high expectations that by the end of 2022 we will be blessed with new born but up to now my wife has not conceived. This is almost 9 months. We don't know where the challenge could be but sometimes her period goes for 42 days which I think is not normal. Where can we start on such situations?

Answer: You can start by visiting the doctor. If he confirms all of you are fertile, then be patient.

9.54 My wife only gives birth to albino children and truth is am tired, I feel like am childless.

Answer: Learn to value your kids. Do not blame your wife. Both of you have the albinism gene. You have contributed to the child 50% each.

9.55 How do you deal with a man who does not want issues resolved amicably when you fall out? I feel tired. When he offends me, I am the one who would seek forgiveness at least to settle the issue but he keeps repeating the same mistakes.

Answer: He has succeeded in manipulating you. Learn to stand your ground. If he is wrong, let him remain wrong. Do not sanitize his evil doing. When you don't have standards, you will be tossed to and fro like a twig in the sea. You will be tired.

9.56 We had a misunderstanding and my husband decided to rent another house, he still looks into my needs and pays all bills, but I need him back into our house. We are married with a kid. I am dying inside, crying day in day out, I have tried talking to him, but he is just insisting he should be given time. He was to be away for only one month, presently he has changed

and he has been away for about one and a half months. He still wants more time, what do I do?

Answer: You can perform a three day fasting imploring God to make him come back. When you have reached your end, cast your burdens unto the Lord.

9.57 There is a baby daddy we got a child together in 2013, and then we parted ways. He married and I continued with my life, a single mother. He has two kids from the marriage. He wants to marry me as a second wife, Please help.

Answer: If he married in church or state marriage, realise that these forms of marriage do not permit multiple wives. The best you can be is a mistress. If he married under a system that permits polygamy, it is up to you to decide. Brace yourself though to have infighting with you co-wife and sibling rivalry among the kids especially if the man will leave some wealth.

But even without marrying him, you can apply to relevant authorities for him to pay you child maintenance.

9.58 During courtship with my current wife, we had a disagreement and we broke up for about 3 months, I was so stressed and I developed interest in concerts and live bands to forget the bitter break up. I met another

lady at one concert and we started meeting. One thing led to another and she said she was pregnant for me, I told her I would be responsible once I conduct DNA test, within the same period my fiancée and I reconciled. I told her about the other lady and she was so pissed, but we resolved to fight for our love, I married her officially and 5 months later she got pregnant and now our kid is almost 3years, the other lady called me once begging me to meet the child for the first time, I was a bit hesitant but I finally met the kid, I saw some of my features in him but I still have my own doubts, 2 weeks later, my wife approached me about that issue I don't know how she knew it, she has informed her parents and my parents about all this claiming I cheated on her, and honestly I met the lady and the kid in a public place and I have never called them since that day, neither have I been supporting them, so I am being summoned by my parents for a solemn talk. How does a man deal with such a wife?

Answer: Meeting the other lady secretly raised her eyebrows. She is right to feel offended. Inform her of these things.

Let her also understand that if the other child is yours, you have to maintain that child, carry out the DNA test as soon as possible and put your house in order.

9.59 Am here to testify that my marriage is working, ups and downs are there, but at the end of it all, one of us calms down and addresses the issues, we then celebrate the resolution with very sweet reconciliation sex. My money is ours and his money is ours, we do our investments together, we buy our households together, we fast and pray together. He is a divorcee; he has a 10 year daughter. He pays school, fees, and medical expenses; in short he is not a dead beat dad. Naturally he is a gentleman, 7 years in marriage, blessed with two children unfortunately, I lost them through miscarriage. He has never made me feel inferior or worthless since I lost my kids. He claims its God's doing and we must patiently wait on him. He always makes me feel loved and special, he gives me hope that our 3rd born will survive, I have never experienced dramas from other women. He helps me with house chores sometimes washes clothes for me (thank you God for this man). I have never suspected

him of cheating, he is a God fearing man, and he brought me closer to God. We are best friends and we are still pressing on.

Answer: Thank you for sharing this. This will encourage many that marriage works and more so, if couples acknowledge God as the author of marriage.

9.60 Some months ago, we had a heated argument with my husband about family issues. I was getting bored of his insecurities and it was making my marriage life boring. I was feeling lonely and looking for someone to talk to. There is this guy who sent me a text on Facebook and I responded. I checked his wall and I saw encouraging messages though his account was a few months old. I was in the middle of breaking down and I needed just someone to tell me something sweet. We started chatting and not so long, we became so close to each other even though we had never met. I gained his trust and opened up to him about the rift that was developing between me and my husband. He was so sympathetic and I felt his care.

He was so supportive emotionally. His words gave me hope. He kept insisting to meet me but I refused since I was afraid of prying eyes. I suggested a video call but he refused saying that he wants us to meet face-to-face. The truth was that I had fallen in love with him and I was ready to meet with him.

Coincidentally, last week, my hubby told me that he was travelling to the village and I decided to use that opportunity to meet with the new guy.

We planned the hotel to meet and the time. I prepared and left for the hotel. Not so long before I saw my hubby entering the hotel. I tried to hide my face with my handbag for him not to see me and to see what he was up to. He sat down. I wasn't sure if he had seen me since I was at the farthest corner.

I decided to text the guy not to come and postpone our meeting. He told me he was already in the hotel.

Unfortunately for me, the guy I had been chatting with was my husband. He is now using that as a justification that I was cheating on him.

It's in this weekend that we are meeting with both parents to solve the issue. I love him. I mean, I fell in love with him in the chat. I don't want my marriage to break. Kindly advise me.

Answer: Your husband is shy to communicate with you face to face. That is why he communicated to you perfectly on social media. He loves you and he was afraid of losing you. But since you conducted yourself maturely despite what was going on in your mind and soul, he feared you might have had a man that was stabilizing you emotionally. He tried to test you. If it was not for the test, the two of you were cheating; it is thus logical for you to forgive each other. Furthermore, since you found solace into each other virtually, do so physically and end your differences.

When meeting your parents, just repeat to them what you have told me. You are not going to lose him. I am sure both of you will come out of this stronger. You can even chat out of your differences in future if face to face settlement is tough! You are both growing up. If you husband was mature, he should have seen the social media thing petty and ended it when you met at the hotel. But given that he is still growing, meet those parents confidently.

9.61 What would you do if your husband phone rings at 10 pm but he refuses to pick the call or he pretends

to pick the call then ends the call and then behaves like the caller ended the call? However, when I inquired to know the person who rang, he became so defensive that he barely battered me. Then he claims the phone is his but he always picks his calls, it is the deviation in behaviour that prompted me just to ask.

Answer: Remind him politely that there is no secrets in this world, and that you love him and you will not tolerate him cheating. If he won't pick calls after 10 PM advise him to put the phone off.

You could also keep off from his affairs, and free him to do what he is doing till he is caught in his own trap if he is doing something irresponsible.

But the best you can do is having a bible study together for at least three days a week. As the man is the head of the family, let him lead the study, and if he was cheating on phone, he will realise his error and change.

9.62 How do you treat a dry 'nunu'? He complains nowadays that my birth canal is not lubricated. Help me!

Answer: Virginal dryness is caused by low oestrogen especially when breastfeeding. Other causes are dehydration,

inflammation of vaginal cells, aging, mental and emotional factors - not having sexually arousal, birth control pills, cancer treatments including chemotherapy and hormone therapy, diabetes and scented or perfumed soaps.

Treatment of a dry 'Nunu' ranges from administering drugs and creams that act as or enhance oestrogen production, using moisturizers and lubricants to lubricate the vagina and drinking enough water or eating food that enhance vaginal lubrication.

9.63 I am 36 years old married for 11 years. Am still active in bed, but am wondering what could be disconcerting my wife. Close to one year I haven't had relations with her because am working far from home. She stays in Nairobi but I do make sure after two weeks I visit her. I recently went home for one full week and we have only slept two times. She gave me an excuse that her tooth was aching, yet she had spent the whole day at work. She told me to wait for the toothache to ease, so I expected she would initiate sex anytime during the night and therefore I lay expectant. In the morning, she woke up to prepare the kids and for four good days, she has not bundled the goodies for me.

What could be the problem or what I am supposed to do? I am almost masturbating!

Answer: As a couple you need to talk candidly. She may be disinterested in sex for a number of reasons. It only seems there is no open communication between the two of you. It is likely you always go to your home incognito. It is always good to ring and ask her if she is ready for the honey pot to be stirred as you are coming home. If she says yes, when you go, she would be sexually expecting you.

Find out also if there are some unresolved issues among you. Broken promises? Fall outs you never sorted? Do you have a mistress? Tackle those issues. Especially the issue of another woman kills sexual desire in some women. Consider also changing the environment like visiting a more romantic place. Invest in buying land and build a love nest in rural or isolated places, where you both take off days at workplace and visit the love nest to re-ignite your love life.

9.64 I married in 2018, and we were living peacefully with my wife till 2020. In 2020, my wife changed, I had to warm food in the evening myself, when I arrived home from work, I would find her pretending to be asleep. In bed she didn't want me to touch her; she became so cross, like a wounded lion. I became tired and gave up. From 2021 up to now (2023), I stopped

eating in the house, I stopped touching her. She started changing again; she warmed the food for me, she was always waiting to hug me when I came from job. In bed, she started touching me, but I gave her own medicine by being annoyed and offended with the touch.

She is complaining everyday that I am not eating in the house and why am not giving her conjugal rights in bed, but my heart is no longer thinking of her. I told her she is free to go, I will marry again, and then she told me our children are not mine. I retorted that I have given them to her as a present. She is now claiming the kids are mine, she was only threatening me. I said NO NO NO, enough is enough! She is now sending an apology and insisting we should take DNA of the kids. What do you think, what should I do?

Answer: Your wife has been craving your attention which you have been ignoring. You have been letting things persist for so long. Sort out marital issues before the sun sets. Reconcile with your wife and be more fatherly and mature. Provide leadership as the head of the house; do not allow the above circus to

happen again. It depicts you as immature, senseless and irresponsible.

9.65 How do you deal with a wife who goes through your social media posts and all comments then gets offended by some of the comments when I have been appreciated by my female friends? She goes ahead to tell me to delete the comments and 'unfriend' them!

Answer: Look at the aspect of your life that makes her insecure and change it. Always assure her you love her. You can see she loves you and she does not want to lose you. Guarantee her that she is not losing you. Make her aware that bold ladies will always flirt with men not only on Facebook but also in real life. She cannot police you everywhere; she would die of heart attack doing that. Reduce your time on Facebook and spend more quality time with her just talking the small/useless talks.

Chapter 10

Couples are asking about family finance

10.13 I opened a business for wife of selling Samosas on a street in our estate and it's been doing well, I bought for her a jiko, half sack of charcoal, 3 packets of Ajab wheat flour, green grams and potatoes. The business had been doing well and she was really selling because after job I would go to assist her serving the many customers. So I knew she had money, but the woman would always tell me she was broke to the extent of not buying food when I was late for home. Then I was wondering why did I open that business for her? She could not buy even bathing soap in the house, so I was planning to demand she closes that business. I am not ready for my blood to be sucked by anybody. This woman when I married her she was broke to death. She could not afford a bottle of water but now that she is holding some money, she has begun despising me. Am I wrong?

Answer: First, when you opened the business what was the purpose? Did you discuss with her how to use the profit, reinvest in the business or buy household items? Apparently it seems you opened the business and gave her all the authority to use its income. She has parents and relatives, if she sees you can comfortably meet household needs, what prevents her spending on her relatives' needs.

Your wife may not be despising you as say; it is only a communication problem. Instruct her how to use the business proceeds. Also as a man lead a bible study with your wife. Let everyone know his/her responsibility. You are the head of the family. You provide and take care of all family needs. The wife as a good helper should not eat the bread of idleness and should help you in whichever way she can.

10.14 I am 28 and my wife is 24, we married two years ago and we're blessed with one child. I am a security officer. Last year, she told me, she was bored of staying at home as a house wife and requested I should jumpstart a small business for her. From my net salary of 15K I started saving 7K every month.

After making substantial savings, I took a loan of 50K and opened for her a shop selling second hand items. Over time, I saw the business wasn't doing well and I

requested to know what challenges she was facing. She bluntly told me customers were few and elaborated no further.

I carried out my own investigation and was lucky to stumble on an Mpesa mini-statement. The details were shocking. The business was thriving after all! The problem was my wife had been sending tithes to televangelists every month totalling to about 25K! It was so demoralising given that my net salary was 8K after loan deductions. What do I do to this wife, should I give her a second chance or face the fact the business needs to be closed?

Answer: First talk to your wife and find out why she was tithing to televangelists. Perhaps they promised her instant riches and she was duped. If she is not repentant for her mistakes and keeps lying to you that the business had no customers, better accept the fact the business has died. The bible says it is better to meet a mother bear robbed of her cubs than to meet some fool busy with a stupid project.

But if she is remorseful, explain to her that the first person she should pay first after her hard work is she herself. She should pay herself at least 10% of the profits from the business by saving the amount. Then she can take out 10% and donate to

thank God for her blessing. She can give the ten percent donation wholly or part thereof to her husband, a needy neighbour, a needy relative or televangelists as her hearts moves her to do. It is not only the preachers that bless you when you give them; the bible says giving to the poor is like lending to God, he will repay you with interest. And giving to your husband is encouraging him, he may actually refuse the money and tell you to use it the way you want, but you would have planted a seed of love in his heart, where there is love, you can always thrive.

Finally the remaining 80% profit can be reinvested in the business, used on family pressing needs, or opening another income generating line.

10.15 I'm a lady aged 22 years married to a guy aged 25 years. We have a baby girl together of 6 months. I am jobless presently and my guy suggests I should go abroad as he has arranged everything including travel documents. My question is will our relationship hold and be the same when I go?

Answer: It can hold if both of you have self-control and are patient, communicate regularly and assure each other. You may visit each other frequently and try as soon as possible to live together again.

10:16 Is it true when you are rich that people respect your money and not you?

Answer: The bible is ardent that there is no law against the fruits of the spirit. If one is rich and is loving, is joyful, is peaceful, is patient, is kind, is good, is faithful, is humble and has self control, he is respected for just having these fruits of the spirit. We live in the world where many people are lovers of money; therefore we may have some loving ones riches only.

For that reason, it is true people may respect your money and not you. Have we not heard the famous saying from ladies, 'a man is money not how handsome he is, if we need facial features, we may use my beauty'? Or 'a man is money, not his sexual prowess; if he is not up to the task he can always be helped'? But those are worldly standards, Christians have a balanced view of riches, they also know God controls seasons, one time you are poor the next you are rich and vice versa.

10.17 The reason as to why men prefer to marry housewives or small scale traders as opposed to the 'Empowered Woman' is simply because these financially stable women are proud and troublesome.

10.17.1 She will be busy for the whole month, yet she'll still expect you to solve her financial problems. I always wish she stays home altogether and I do the job.

10.17.2 Twenty five days out of 30, she will always have an excuse of being tired because of work. I always wish she should allow me to sleep outside, if she is unable to give me my rights due to exhaustion.

10.17.3 You will never correct her wrongdoings. A salaried woman feels she knows everything under the sun to the point of dismissing any simple corrections from me.

10.17.4 A woman who has a heavy purse, you will only get wind of some investment project she is undertaking only when it is approaching completion. She is proud and demeans me.

NB: The sweetness of a marriage is for a man to have a loving and a humble woman.

Answer: That is a misconception. Unless it is a forced or arranged marriage, it is the woman who is allowed to choose the man who will marry her. Even in an arranged marriage, the woman is asked if she accepts to live with the man. A woman chooses the man she is willing to respect for the rest of her life. When she chooses a man on the basis of other factors like

wealth and masculinity, she respects the man or rather the factors as long as they endure.

Marriage is about communication. Most husbands prefer keeping their activities secret and thus will prefer a woman who is not concerned with communicating like housewives and small scale businesswomen. Other intelligent or women whose minds have been broadened by learning, would like to advice, caution her husband when he errs and give their input in what they know best. Husbands who have not been taught to love and respect a wife's opinion find them a nuisance. On the other hand husband who love them and cherish ideas will find them an asset and invaluable wives.

It is therefore upon women to choose men they can reason at the same level to avoid being despised.

It is the responsibility of the husband to sort all financial and other needs of the household. The woman is just a good helper. If both couples have to work, discuss that during courtship. If only one has to work, discuss that during courtship. A job gives one sense of fulfilment and hope of getting up every morning expecting great things. If you would rather she stays home altogether, discuss with her. Given that she has tasted the fruits of being busy, discuss how you will keep her busy.

You will soon find out that expecting you to solve her financial problems is advantageous. When she becomes independent and asks nothing from you, you will start complaining she is

cheating or does not love you. A woman must have some healthy niggling for the husband to feel in charge.

Talk to her how you feel. Does she need to alter her schedule to feel less tired? Is she eating healthy? Has she lost interest in sex? Let her know couples do not deny each other sexual rights and that is a major reason that can lead to separation, infidelity and ultimately divorce. If she is willing to work on that to accommodate your feelings, then help her to work on it. If not, you need to separate and evaluate if you really need each other.

It is actually okay for a woman to make her own investments in her name without involving the husband. In proverbs, we see that virtuous woman buying land and planting a vineyard with her own money and not involving her husband. Eventually, since her investments are to improve family finance, it is not wrong at all.

10.18 I am a married woman with 4 boys. I am 65 years old, all my children are all in Australia and they are doing well. I can testify that my husband took care of the kids and made them who they are today, my husband made money when he was younger, he is 77 years now and also healthy by God's grace. The issues I am having is that my boys always send money to me without asking about their father, and I don't like this, my husband always cries about these issues, what I

normally do is that once my children send me money from Abroad, I don't mind giving it to my husband part thereof or even share it 60-40, he takes 60% while I take 40% But he doesn't want it that way, my husband will always ask me that why can't the children send the money direct to him, he will always complains that what if I did not give to him, does it mean that the children will not take care of him? I have talked to my boys several times that they should divert part of this care to their father, but they won't listen to me, my husband is a good man, he made us who we are today because he took care of us when he made money. What really prompted me to send you this message this morning was that, last night, he was busy raining curses upon them, I knelt down begging him, he refused, he said if he has done bad to this children, let him not see good and peace, but if he has done good and they are paying him with bad, they will start seeing bad thing from now, I even called my kids to tell them what their father said, they don't even care....My husband is a very good man, I am also a good wife, I have been talking to

this children about this, they don't listen, I don't like what they are doing, I have been talking and talking I am now tired.

Answer:

That is weighty, you should have supported your husband by refusing the money from the children or not telling him you received the money but taking care of his needs that he misses nothing.

Children should not forsake their parents when they are old. Fast for three days asking God that your children should come to visit you then you talk about these issues as a family. Then call your kids to come home urgently for a family gathering.

Refuse to take your kids money and let them channel through their dad. Tell them their dad will take care of you.

10.19 Am I a normal Lady, because what turns me off in men is poverty? I cannot bring myself to associate with a poor man.

Answer:

Women are by default trained to look for a man who can support and protect them. While it is wise to look for the man's potential to earn a living whether he is rich or poor, some women go for wealth and not earning ability of a man. It is also wise to look for

hidden characteristics like does the man love God, but still some women will go for the visible features like is the man muscular?

Therefore you are quite normal.

10.20 It was 2018 when my husband got into a minor accident that broke his leg, he was home for about six months and couldn't do anything by himself, I temporarily closed my business to take care of him and God is good he fully recovered, a month after he recovered he started degrading me, abusing and insulting me for no reason. He started to cheat on me and shouting at me all the time. He demeaned me with great abandon. I tried not to bother about him and I went back to my business.

Last week he got into a mishap at work. The machine he operates tore part of his arm; it was bandaged from the shoulder to the wrist. He can't do much for himself, remembering the way he treated me the previous time, I decided not to close my business this time. I prepare everything for him, breakfast, lunch and everything he needs then go to work. He's now complaining that I'm ignoring him when he needs me but I haven't

responded to his complaints yet. He has called his parents upcountry and told them he wants to relocate there until the wound heals. He told me to pack his clothes for him. He informed me that his brother would be coming for him. I packed for him and left for work. Please tell me if I was wrong because he's now bothering me with phone calls telling me that I don't care for him.

Answer: You should have asked him to specify his needs. It seems you guys are living the life of cats and dogs. Don't you think his frequent accidents are because he is not focused, perhaps he feels unloved or he is guilty of something? He may have not have treated you properly but retaliation will make him learn nothing.

The two of you should study the bible together to know that; man is the head of the family, man should love his wife as Christ loved the church, it is the responsibility of man to provide basic, spiritual and some luxury needs for his family. In loving his wife, man should love her as his own body, never to mistreat and insult her but cherish her and nature her as he will do his body. Your part as a wife is to respect him and be a good helper. A good helper includes advising him. Send him this message so that he ponders on it and when he returns you discuss.

I know you will come together again, for he loves you and you love him, only your communication is poor. He feels helpless, instead of pouring his frustrations to God, he insults you. You are in a position to advise him but you keep quiet. He needs something from you, instead of saying it in black and white; he gives a blanket reason that you are ignoring his needs. Instead of asking him to clarify, you keep quiet. He secretly decides to go to his parents instead of consulting or telling you what you could do more. When he breaks the news you accept without any queries like a woman carrying a grudge and ready to do away with him.

Now that you have separated informally, send him the message I told you. And let each one of you reflect if you still need each other and the adjustments you need to make in your lives.

You should also not condone cheating, may be if you had told your man you don't like it, he would have shun the practise.

10.21 I married in 2017 to a man who was full of debts. We struggled and I say I survived in difficulties. I was submissive and faithful. I gave him my documents and he managed to go abroad and his doors were opened. This year (2022) he cleared his debts and had a lot of money to spare. However, he no longer talks to me respectably. He constantly insults me; I am an empty skull, I am a confused woman and I am a homeless

pitiable beggar. I always supplicate for his help because sometimes I have no option. What is even more disheartening is that he is jetting back next month and I have heard rumours he is marrying a lady that dumped him when he was struggling. I have also heard preparations for the marriage are in top gear. We had three kids together but one died what should I do, I am at my lowest point in life.

Answer: You never married the man, but you have been cohabiting. If you married the man, his hyped marriage would not have been secret; you would have been paraded for the second wife to know the first wife for a system that allows polygamy. Perhaps that is why he insults you as an empty skull, a confused woman and a homeless pitiable beggar. Making him enjoy the comfort of a home, giving him your documents, struggling with him in difficulties... a sadist would describe you just as he did.

Now, never beg anymore! Apply to the court first that, he should pay you maintenance for the children. And next he should pay you alimony for benefiting from your documents and have them returned to you. Then move on with your life. If you ever feel you need a man in your life again, let him marry you legally, avoid fornication, or you will get the same insults again. If you need marriage, pray to God, I am sure there is a man that will accept you the way you are.

10.22 I am married with 2 kids. I do hustles here and there. I only have basic education. My folks were so poor to take me to high school and I got no sponsor. I started doing casual jobs. My wife completed her O - levels. Having seen the potential in her, we agreed that she should go to college to sharpen her skills. I had no problems with that since it was for the good of our family. We were able to gather money little by little and she joined college. She completed and she landed a well paying job.

She has started treating me like a loser and keeps complaining that she is tired of our marriage. I had asked her to help me undertake a technician course, but I have given up, since my pleas seem to be falling on deaf ears. I have become a drifter to my wife. I do most of the house chores as she is held up at work.

What should I do? I am almost breaking down.

Answer: You were able to pay your wife's college fees. If she rejects you now, don't brood over it, gather little by little and you will accomplish your dream. Try as much as you can to be the head of the family providing all the needs. You have not told me

who pays house bills, now that she has a job don't depend on her to foot the bills, it is still your responsibility, if she helps make sure you appreciate her and make her happy.

Pray and fast she comes to her sense and recognises you as the head of the family. If she is really tired of the marriage, what is the cause? Are you mistreating her, is there anything you are not telling me? If she married you out of desperation and now she feels she has wings to fly, why won't you release her? Sit down and work out a separation plan for the moment. Agree who takes custody of the children. After the separation period you both will be able to decide if you need each other.

10.23 I am stressed. I am married to a military guy, we started dating when I was a second year in high school, that was 2016 and he was working with the National Youth Service. In 2018 I concluded my O - levels, we started cohabiting in 2019 and that time he was doing manual work to make both ends meet. Luckily he got a job with the army and I thought that was the end of our relationship. But he never forsook me in fact he took a loan, bought land for us and the remaining amount we celebrated our relationship. He also opened a business for me. When the loan money was fully used up, he started drinking heavily. I am seven months

pregnant and he frequently orders to be sent money from my business to support his drinking habit. Folks are advising me to leave the relationship since I am not married to him. But given that we have cohabited for a long time, I believe he will change and marry me, am I right?

Answer: You are the one who is to influence him to change and actually marry you. You should find out why he took to heavy drinking when he should be happy. Is it frustration at the job? Is he frustrated he cannot marry you? Do you pray for him? Does he love you? Do you love him? Help him, given that he has shown potential he can earn and do some investments, he could be a good husband if he did away with drinking.

Let him know God hates drunkenness, you love him and want him to change and be a good father to the expected kid and of course a good husband. That may turn the tables.

10.24 My husband and I work in the same company but colleagues don't know since we agreed to keep it private for reasons well known by us, our salary is equal, he pays the house rent and I cater for the shopping needed, now the problem is, I hate doing laundry and most of the time he does it, he cleans both

my clothes and his when I request, I cook but not daily. Now he has started complaining that I am not behaving like a wife. That I should do all the house chores and cook daily and that he is tired of indomie (it is a brand of Pasta), the reason I don't cook daily is because at times am very much tired because I have a lot of work than him (we are married for seven months now, no kid yet). We leave the workplace at the same time at 8:00 pm. and my argument is; we should split house chores since we split bills and our working time is the same or, he fully pays all the bills and I fully do the house chores after work. Kindly let me know if I am right? Or I should help him with shopping and still do all the house chores? Apart from that everything else in the marriage is okay.

Answer: Your argument is right as long as you agree between the two of you. All household responsibilities are man's responsibilities. They include; providing material needs, leading in providing spiritual needs, providing a degree of luxury and doing all house chores. You as a wife, you are a good helper. You can shoulder all his responsibilities as a good helper depending on the agreement between you folks.

10.25 Is a husband expected to involve a wife in his finances, savings, projects or informing her of his next move? Mine is busy doing developments but has never informed me.

Answer: That depends on the law of your country. In my country for instance it is recommended the husband informs the wife when he is buying land and needs her consent when he is selling family land. If the wife is legally married she has a life time interest in all her husband's property thus she will receive 100% income from the properties in case her husband died, then the properties would devolve to her husband's children in equal shares when she dies.

You can clearly see he is not expected most of the time to involve his wife in his finances, savings or informing her of his next move. But if the relationship between the wife and the husband is healthy and they communicate freely, a husband may do so. Such an act is therefore out of mutual understanding and is not governed by any natural law save for few properties that the law legislates.

Chapter 11

Couples are asking about dressing style of their spouses

11.2 Shame on you if you're buying your 2nd outfit and none for your child! Imagine a woman putting on decently than her child, what a shame women? What I've been seeing in church is a shame! A mother putting on 5k clothes and the child is wearing tartars of 50 bob whose colour has faded. What a shame!

Answer: It is not good to judge without getting the whole story. Where is the husband? Perhaps she is passing a message across. As the husband is the one to provide all physical needs to his family, he has to ensure children are well dressed.

11.3 How can I tell my wife that I don't like her kind of dressing without hurting her?

Answer: It would have been more effective if you had told her that during courtship. At that time women, if they need you, they would do anything to please. If she changed her dressing and you liked it during courtship, just tell her to wear clothes as she did in courtship period.

You can take her to a boutique, shop with her. If she likes the dresses you choose, tell her to discard what she is wearing and start putting on clothes like the one you bought her. It is time to tell her vividly you don't like the clothes you have told her to discard. At that time she would be too happy to be hurt.

11.4 My husband has totally stopped wearing underwear and it's like he's recruiting our two sons (9yr old and 12 yr old) to ape the behaviour. I have even bought him new underwear thinking that may be what he had have reduced in size, thus not fitting him, but they're still wrapped the way I brought them. About my sons I have told him to stop doing that to them but he's telling me to keep off men's affairs as they do not concern me. He has really convinced my sons that I cannot force them to wear underwear as they threaten me to tell their dad in the evening that I was forcing them. Imagine the 9 years old even cries that he cannot put on those things! What could be happening? Is it some type of religion he's joining or what? I really don't like this.

Answer: I think that is not a war worthy fighting. Leave them and study the cause of the change of behaviour then deal with it

if you feel it has to be nipped in the bud as you said some strange religion.

You can also lead studying the bible with your kids and their eyes would be opened and they will know if they are being misled.

Chapter 12

Couples are asking about strange happenings

12.12 I as an individual, I don't think relationships or marriages should be that hard, I know there are challenges people face but is it supposed to lead to hypertension, ulcers and some weird diseases? No, I believe a marriage or a relationship should be the first place you run to when stressed after talking to God. If you are in any way suffering and treating a disease caused by a marriage you will give up the ghost.

Answer: True. A family is a place of solace. But remember if couples are not vigilant in prayers, Satan would not like marriage to be so.

12.13 I always see members of upcountry churches preparing lunch meals for their Pastors on Sundays. It's Members of the Church (Married Women) who do the Cooking on Shifts weekly.

After church, a Husband who had gone to church with his wife, has to go home alone leaving his wife behind

to Cook Lunch for the Man of God. It's none of my Business but I would not allow my wife to do so.

Answer: Those are church traditions to make the man of God feel loved. If a tradition does not break a marriage and does not breach Gods words, there is no need hating it.

12.14 So it is true we have women who pummel their husbands? We can't sleep on this plot. The husband has arrived at his home nearly at midnight; he is being pounded while his belongings are being thrown over the balcony. Some women are strong, if I were to try such; my body could be found in a mortuary!

Answer: Women however strong they are to their husbands, they should respect them. Domestic animals like cows and horses are strong than us, but are subject to human willingly, if they decided otherwise, who knows the damage they would cause? Might it be the reason the man does not find joy in going to his home early? Neither spouse should beat the other, after marriage, they are one flesh.

12.15 I am in the office wondering about how my wife has demanded I pay back the soft loan she gave me. She did a mistake to demand that from me in front of our workers and my child. I borrowed the amount

while we were in the bedroom; I wish she could have insisted I return while we were in the bedroom.

Answer: The thought of needing the money might have occurred to her at the wrong time. Your ego might have been bruised but remember couples must forgive each other willingly even if one has a genuine reason to be annoyed with the other. Inform her how you felt and she will never repeat it again.

12.16 Mothers are still in their marriages but daughters are already divorced, why?

Answer: Mothers were properly married. Dowry or bride price was paid and both families involved. Daughters nowadays think cohabiting is marriage and breaking up the cohabiting is divorce. In addition, most governments in the past controlled media and filtered any adult content. Nowadays it is difficult to control media especially the internet. Before an item is pulled down for being inappropriate, millions would have viewed it, downloaded or even screen shot the item. Therefore our daughters may think fornication and adultery are okay as the internet tries to portray so. Sadly adultery is the cause of most marriage failure.

12.17 Is it right for a woman to wake up in the morning to prepare the husband to go to work like ironing his clothes, making breakfast? Or the husband

*should sort himself while the wife continues to snore?
Is this slavery or an act of responsibility?*

Answer: If you do it out of love, it is not slavery. Clothes can be ironed in the evening or during the weekend and kept in the wardrobe. The model wife in proverbs 31 wakes up early and not only prepares breakfast for the husband but also for her maid servants.

12.18 I'm almost having ulcers and have no one to talk to. Life is really up to frustrate me. First, I have an unfinished degree in Health records and information technology; I couldn't do all the exams due to fee arrears. Next, I have applied like 100 jobs, mostly related to my course. I always get jobs and thoroughly prepare to work but everything gets messed up last minute and I miss. I had a job with a certain NGO and the training was the same day as my dad's burial. I missed it just like that. Another job I had qualified for and was to receive a call so I could report on Monday, they withdrew and I haven't been called. I feel so low at the moment because I have a young child who depends on me. I am so frustrated; I need lots of hugs and prayers since nothing is working out.

Answer: Ayyawar, Kapil (2021) on his LinkedIn site lists fifteen reasons why it is difficult to get a job that have nothing to do with the applicant. I will only highlight a few. The human resource may hire recruiters who are unfamiliar with the company and this makes the applicant to be at the disadvantage in finding a suitable position. Secondly, employers stop communicating with candidates for no particular reason, called ghosting. Thirdly, organizations can be surprisingly unorganized. Fourthly, the hiring manager has an ideal applicant in mind. Fifthly, humans have a subconscious bias. And sixthly, the employers take the easy route in hiring.

With the above reasons that plays across all organizations and they are highly magnified in government organization where tribalism, nepotism and political patronage plays a big role, getting hired is frustrating for all genuine job seekers. When your father died, did you inform the company, did you follow up on their reply? Was it possible to miss your father's burial given that you had contributed a lot in the preparation of the burial? Did you follow up with the organization that ghosted you?

Whatever happened, it may not have been your mistake and you admit to be frustrated. The good news is, you can continue searching that job while earning. Do your skills give you some knowledge to create content on you tube, Tiktok, Facebook and Instagram? Grab this chance and earn. You could also start a website and post content on what you know best and make some income. Lastly you could write revision books on your course and sell as e-books. Sometimes it is not the appropriate

time for God to fulfil your dream and he is taking you through some training. Like you have a child, do you think it would have been easier to pursue your goals had you avoided fornication and you were childless?

While hope surrounds you, look at you past mistakes and sins, learn from them, pray to God to forgive you and have mercy on you. His favour is all you need. When favour is upon you, in an instant, in a moment you will be earning a living and the former things shall not be recalled to mind again.

12.19 For some days, I have noticed my husband using more energy like someone who is angry to pump during coitus. He has never done this before in the ten years we have been together. When I tell him, he is hurting me, he does not understand, he just carries on. Now I am wondering is there anything disturbing him? What could be the problem? When I ask him he retorts that if I don't want to have sex with him, I should just tell him so. Help! Can he be under stress or he is using sex enhancement drugs?

Answer: You husband may be finding it had to sustain an erection thus he is using more energy to stay afloat. Stress as you suggested can be one cause, drug enhancement is not. Other causes that may contribute to the situation you have

noticed are; alcohol, anaemia, heart health, hormonal imbalance, depression, exercise overload, sleep deprivation and un-diagnosed diabetes.

Look at his life and if you recognize one of these, start treatment as soon as possible and you could have actually saved his life.

12.20 My husband brought me three panties. I was stunned since in our eight years of marriage he has never bought me any gift. Therefore instead of being happy, alarm bells rang in my mind. But because I did not want to break his heart, I pretended to be overjoyed and received my present gladly. I was even ready to offer him thank you sex. But when I started unbuttoning his shirt, he said he was stressed that day, and needed plenty of rest not poking the honey pot. I sympathetically understood as a wife, I messaged him and gave him a hot cup of cocoa beverage he likes in such moments.

In the morning when he was in the bathroom, I don't know what spirit entered me, but I found myself going through his phone, something I never do. The first message I met was from unsaved number that read,

'take those panties to your wife, garbage! I cannot and will never wear them. You thought this time I'll forgive you? Not me!' I memorized the number then saved it on my phone when he had left for work. Then as I was going through my WhatsApp's contacts, the profile showed the number belonged to a woman. The parts of the jigsaw puzzle fell together instantly. So he brought me the pants since his side chick rejected them because they had their own misunderstanding? What should I do, burn the panties? Confront my husband? Call the side chick and warn him vehemently to keep off my husband?

Answer: Tell your husband you were offended he was in foul mood when you liked and received his gift of panties. Tell him you were even more aggrieved he refused your gift of thank you sex. Then warn him that if you ever find out he is cheating; you will file for divorce immediately since you are available and he has excuses to avoid you but cheats with another woman.

Then continue telling him you are his God ordained helper, what was it that was ailing him the previous day. If he tells you the truth, forgive him immediately. Support him, pray for him and do all you can to secure your marriage. If he does not tell you the truth, tell him you will never wear the pants and say no more.

Then choose to forgive him and live with him or choose to divorce him as adultery is a valid ground for divorce.

12.21 Why aren't present day marriages lasting like our grandparents generation?

Answer: I think the rate is the same only nowadays because of various media which always highlight extreme news only, talk mostly of divorce going on and not about successful marriages available. In addition most youths think cohabiting is marriage. In counting the number of divorces, if we exclude the cohabiting break ups, the rate is the same as real divorces are painful processes, and many shy undergoing them.

12.22 Why is it that when you are married, it is the time the opposite sexes get interested in you and you are spoilt for choices because of the numerous admirers? And while you were single, it was a formidable task just to get one mate?

Answer: It like going to a hotel, you order the best meal possible and then another customer walks in and orders a better meal than you. While you were single, Satan tested your faith of believing you can get married. When you are married, your faith to stay chaste and shun adultery is tested, like ants coming out of their hideouts; you will see all manner of the opposite sex you were only wishing to meet when single, and to make it more difficult, they all warm up towards you.

12.23 I worshipped my sister. She was my God on earth. She is four years younger than me. She was the apple of my eye, I would do anything for her.

If I were to choose between dying and living without her, the latter is not an option.

Whenever she would ask for something, I would always tell her to take everything and leave nothing for me.

I wouldn't do anything without her approval or blessings. Usually it's the other way around, asking your older sister for permission to do something but not with my sister.

I always sought her approval first even before my parent's.

As a result, I've never had a boyfriend in my life because she was afraid I'll get married and leave her.

I would never allow her to live in fear like that; I promised myself I'll never date for as long as I was alive. I live for her after all. She's all that matters.

Things took an untamed turn when she turned 19. She started dating; she still didn't approve me dating. I wasn't complaining, as long as she's happy, I was happy.

At age 21 she got married, her husband seemed nice to me, I was happy for her. She moved to her husband's house in another city. I was left at home.

When she was home she didn't allow me to enrol myself at any college or university too far from home, and I didn't. Now that she was gone, it was my time to live for myself.

Living for myself, I did. Got myself a job in another city, I moved there. I met the love of my life there. I still phoned my little sister to know if she was ok with me dating. She approved. I was happy.

Two years later I got married, my sister was happy for me. She approved of our marriage. She was happily married too after all.

Not long after my wedding, my sister got a divorce, she claimed that her husband was a serial cheat and she's tired of it.

She asked to move in with my husband and I. Of course she was more than welcome to do so.

5 years into my marriage, I had no kids. I had been pregnant a few times, miscarried every time.

My husband was slowly losing all hope. He wanted a child so bad, a male child at that. I couldn't give him

I told my sister about this, she suggested I divorce him, set him free so he could get married to someone who can give him what he's always wished for, a male child.

I thought long and hard. It really wasn't fair on him to be childless because of me.

To cut the long story short, 2 years later, I'm back home, my sister married my husband and they have a beautiful baby boy.

I also found out from my sister's diary, yeah, who still keeps those? She does!

According to her diary, she's been giving me abortion pills every time I was pregnant without my knowledge.

She had planned to get my husband and I to separate as soon as she moved in with us.

She's the only one who deserves to be loved by me and she won't share my love with my husband or my kids.

My sister killed my children, my sister took my husband.

She really did take everything and left me with nothing.

Answer: Thanks for sharing this, if it is indeed true. I am sorry for you. Stay focused a man will love you and marry you. This time you have learnt your lesson. That is why the bible discouraged a man contemplating to or marrying a sister of the wife as long as the wife was alive. Forgive and you will have God's favour.

12.24 My husband who was providing had put all his properties under my name and had performed

vasectomy. I left for another county, I wanted to return his properties and kids but he refused them all. When we were living together he used to despise me and that he could do anything he wanted, he owned everything and even shared our secrets with his lover. I remained calm when his lover started insulting me, he never defended me. I left for another county where I am presently living with my kids.

Here is the problem, I don't know what happened after I left, he sunk into debts, and lost his job, he wants me to help him. He once gave me 400k but the deal went sour, the money delayed, he is still waiting for me to repay. Now he wants me to help him pay his loan of 300k, to save his car. I have already sold my plot (not his) and given him 200k. He now wants to join me in my county since he has lost his job, so that he can keep his family together, for the sake of my kids. Can I give him a chance? But my heart is not willing, what can I do please? Before he met his lover, he was good, cared for me when I was sick or tired. He used to help me in washing, cooking and preparing kids for school. He

gave me a birthday gift of vasectomy since all family planning methods were affecting me. Should I accept him back? If yes what should I do to stop remembering his betrayal and stop hating him so much?

Answer: You never divorced him; therefore there is room for reconciliation. If he has learned his lesson that his mistress was a gold digger and is remorseful, you can accept him. Since he registered his properties in your name, you are in control and there is no worry he would sell anything, you can give him another chance. He can find another job and let him prove he is responsible. You will remember the betrayal as long as it takes and you could fast for at least one day a week to cope. But if the man becomes more responsible and caring as he was before, you will soon heal from the heartache.

12.25 If your husband's drink is spiked in a bar, then he is frisked of everything including the salary he had just withdrawn, will you pay his drinking bill for him to be released from the bar where he is detained because he is unable to pay the bill?

Answer: It is a good Idea to pay the bill so he is released. But remind him he has to work hard and refund you the money since you had not budgeted it for that unworthy cause. You could also advise him there would be no harm if he bought drinks and

drunk them from home; where it is safe from predators and could actually control his drunkenness.

12.26 The men who buy everything in the house and don't want to give you money as a house wife to purchase household commodities; they buy vegetables, sanitary pads, and the child's clothing's are they normal?

Answer: They are quite normal. That is man's responsibility and a wife is only a helper. They may also be taking charge of their meagre resources if the wife is known to spend extravagantly whenever she is given money. It is also a wakeup call for the wife to work with her own hands and make her own money other than eating the bread of idleness.

12.27 What is wrong with me, I am at that phase of my life where nothing makes me happy I feel sad and angry every time. I have suicidal thoughts 24 by 7 because nothing motivates me. Every time I go to sleep, I dread the moment and nothing excites me when I wake up. Life is completely meaningless and empty. What's wrong with me?

Answer: The bible advises that where there is no vision, the people perish. One must have goals in life. One should do little

things everyday to reach that goal. One should measure his progress in achieving the goals without using the worldly metrics. For instance, the worldly metrics sees one is successful when he is young and has a car, a house, a spouse with at least two kids and has over 1 million followers on social media. While one may be successful in one's own way, such metric may make him feel empty if one cannot compare to it.

Another reason why life looks meaningless is trying to do things alone. Isaiah said that those who hope in God shall renew their strength. While young people, the youth who have vibrant strength will fall down weary and exhausted, those who wait upon the LORD shall not. In fact they will mount up the wings like eagles, they will run and run and not be weary, they shall walk and walk and never faint. What it simply means, if you try to achieve your goals on your own, you will tire, you will see life meaningless, empty and you will become suicidal. But if you cast your cares on God, you will find reason to press on.

Therefore have what you want before you as a vision, and do little things everyday towards the vision drawing strength from God.

12.28 What causes miscarriage especially in the first trimester? I am married to a Muslim Arab, we've been together for 2yrs now and within this period I've lost two pregnancies at 4 and 6 months successively. I feel drained and depressed. Doctors say am okay and very

fertile, but why can't I carry my pregnancy to its full time.

Answer: Miscarriages are caused by infections, hormonal imbalances, diseases, your age, uterine abnormalities, cervix abnormalities, smoking, drinking, recreational drugs, un-managed diabetes, radiation and severe malnutrition.

Miscarriage can be treated by doing nothing at all, but one should stop smoking, drinking, and use of recreational drugs and manage one's diabetes. It can also be treated with medicine and surgical treatment.

In the bible God says the women of blessed people will never miscarry. Therefore it good to pray for God's favour, fasting for at least three days before getting pregnant to remove generational curses and for God to protect you from diseases that would cause miscarriage.

12.29 Is it normal when you are annoyed with your husband he gets jinxed? Every time I get mad at my husband he ends up losing money or something bad happens to him. Yesterday he lost his phone after I confronted him. What could be the problem? Sometimes he avoids going to work whenever we are not in good terms!

Answer: Husbands are told to live knowledgeably with their wives as weaker vessels so that their prayers are not hindered. It is therefore common when a wife is annoyed with his husband and they do not sort the issues, his prayers do not reach God. He may actually become jinxed as you say or make very poor decisions. For the success of the family, wives are to support their husband feel good any time. Letting them know you are annoyed and you are not willing to settle issues works against the whole family.

12.30 There is this stage in relationships called the LOOP OF DOOM. It may happen when you are courting or already in marriage. How does one overcome it?

Answer: Mcgrath, Neal (2022), explains the loop of doom as a situation in which one negative action or factor triggers another, which in turn triggers another negative action or causes the first negative factor to worsen, continuing the cycle. It is equivalent to a vicious cycle in which a downward trend becomes self-reinforcing. The term was popularized in 2001 by a management book, Good to Great by Jim Collins.

It can be compared to TikTok videos like someone plucks a jack fruit that accidentally falls and upturns a cooking pan with French fries below. The cook gets annoyed and throws the jackfruit away, and it causes a bicycle accident. The bicycle rider annoyed with the fruit throws it a way and it upsets a table

of drinks and various foods of merry makers. The host of merry makers annoyed with the jackfruit throw it away, it hits the original picker of the fruit and he falls off from the tree, down, injured.

The loop of doom does not happen to everyone. But for the godly men, if it happened, it served to spur them to greater heights. We take Joseph for example, he was reprimanded by parents for dreaming they would bow to him, he was hated by his brothers for being his father's favourite and dreaming he will rule over them. They nearly kill him but they sell him as a slave. As a slave he is imprisoned for allegations of attempted rape. It is in prison that God turns tables and actually the dream is fulfilled, his parents and brothers bow to him.

Job and Ruth face such a loop, but I will talk about that of David. He is anointed as king. He quickly gains fame by killing Goliath. The King Saul hates him; he attempts to spear him but misses. He is placed in the battle front to die in war but survives. He is forced to run as a fugitive, and then he assents to the kingdom.

For God' servant, the loop was preparing them for new greater responsibilities, for those who God hated, it was to their destruction. But such a loop never happened to everybody. Some lived without it. Either living a happy ever life or a poverty stricken life ever.

12.31 Women should not miss a thermos flask (sex thermos) in their bedroom for storing warm water. The

water should be used to wipe your lovely husband/boyfriend after making love. Immediately after finishing have a soft towel and wipe him gently with warm water. That husband will be seeing side chicks and running away from them calling them bitches. Let us fight for our families and protect them from strange women. Don't throw him a panty you have been wearing the whole day to wipe himself?

Answer: Thanks for sharing, this is new to me.

12.32 There is a belief that a woman can bewitched such that she cannot conceive. Now my husband and I come from different communities with different cultural beliefs and practices. I had a friend who told me such things are common in their rural areas since everyone there is concerned with everyone's life, unlike in cities where most people do not know each other personally. Is it true? I have been trying to conceive for the last 7 years to no avail. Doctors have given my husband and I a clean bill of health. I am fertile and my ovaries are okay. He is fertile and his sperm count is adequate. Could I have been bewitched?

Answer: I cannot rule out the fact that you could have been bewitched. But it is not necessarily. Sarah and Rachael stayed for some time before conceiving. Samuel's mother Hannah did not conceive for some time. If the doctors say you are okay, be patient. Stop believing in witchcraft, it only works if you believe it. Undo the works of witchdoctors if any by believing in God. Fast for at least seven days before your expected conception day and ask God to help you conceive and give birth to the boy or the girl as you would like.

12.33 My husband parents believe in 'juju' or black magic things. It is supposed that my father-in-law breathed his last since a jealousy neighbour cast a spell on him. He died mysteriously, he was in prime health but he just stumbled, fell down and died, post mortem showed he was not hurt and he was not sick, the verdict was that the cause of death unknown. Similarly, my sister in law was just talking excitedly as we were sharing the village gossip, then she dosed off and the very moment she was no more. The post mortem verdict was, 'the cause unknown'.

Now I have a son named after my father-in-law, and since he had died before blessing the child, it is said the child will not have a good life and may die

mysteriously. My son keeps falling sick, when I take her to the hospital, nothing is diagnosed. When I bring pastors to pray for him, he gets well, but soon reverts to the sickly condition after a few days. Lately he is having seizures and claims someone is strangling him, especially at night were the attacks are severe that he emits form from the mouth.

What can I do? Note that my husband and I are in good terms and we are Christians.

Answer: As Christian stop believing in witchcraft. You can actually pray to the kid yourself instead of inviting the pastors. You should fast for seven days, meditating at least seven times a day on a program in my book *Never Get Weary or Weak; How Meditating and Fasting Gives You Vibrant Strength and Detoxes Your Body*. You would be praying each day of the fast for God to break all generational curses from your family side and the husband's side. And He should exorcist demons in your house and compound and free the child. By the end of the fast, the child should be quite normal. You should continue being faithful to God.

12.34 The stories of parents killing their children have been on the rise and each time I hear one, it reminds me of this day when my mother walked in our room

with a kerosene lamp in her hand. Amid sobs, and she sat down on our bed. I was sharing a bed with my younger sister. I can't remember how old I was but we were very young and just two of us at that time. I am a light sleeper, I am able to follow anything that was happening and could wake up instantly. Rarely anything would happen without me hearing it.

So I was awakened up by the voices of my parents quarrelling. We had gotten used to their squabbling, it wasn't the first time and sometimes it could even end in physical fights. My mother was threatening to end her life and that of her children to stop their suffering; she couldn't stand the kind of life my father was subjecting her to. She mixed all chemicals that were in the house including what was meant for killing ants just to make sure the poison was potent. The saddest thing is that my father kept taunting and encouraging her to do what seemed to for her, he did not care.

She sat on the bed sobbing for a while with the poison in her hands and I was just there in the bed, covered in a blanket presently fully awake but fearing for the

worst. She may have thought we were deep asleep when she called my name and tapped me at the same time in a very low tone, "Boyi! (Not my real name)", "Eeeh", I responded. My heart was beating so fast and heavily that I believe she must have heard it. "I am tired with this life. You father constantly oppresses me. He does not care. I think it is better we drink poison and die together than I die alone living you my children suffering," she said.

In the whole of my life I had never been scared as I was that day. I can't even explain that feeling and the cry I made but I remember telling her in the middle of the crying repeatedly, "mother I don't want to die!" As much as I understood her frustrations, I saw all that was happening to her. I just didn't want to die and neither did I want her to die, definitely not that day. She just held me, lay beside me and did not speak a word. Whatever she was feeling that time I don't know but I guess she just sympathised with me or rather the cry I made hit her differently. I don't know how comfortable I became and for how long but I went back

to sleep. I woke up in the morning, as usual got out and headed for kitchen, because I could see some smoke coming out from the kitchen and there she was staring at me like nothing had happened.

She just brushed the eye crusts from my eyes, handed me a 50 bob note and in that low tone voice told me, "go and buy bread for breakfast and please never tell anybody what transpired tonight". Something I have never done up to this day. The only people who knew about it were my dad, she and I. My sister slept through it all and she has never gotten a wind of what emerged that night. Up to now I always look at my dad and wonder if he ever loved us as his children. So if my mother could have gone with her plans to kills us that would have been our end? I mean right now there wouldn't be my mother, my sister, all of my other siblings and I! The thought of him just lying in bed while we were about to be murdered makes me hate him. I never miss him and years can pass without him hearing from me.

In fact I don't call him; he is the one who calls and that is if there is something that really needs my attention. This was just one of the many episodes I had to go through while growing up. Parents should mind whatever they do, whatever they say and just know somehow, someway it might have an impact on their children either positively or negatively. They might never forget just like me.

Answer: Thanks for sharing. Despite what your father did, never resent him. Pray for him. Call him and share a joke. Let him bless you. Never forsake him when he is old. Pray and break generational curses, otherwise his behaviour may be replicated in your children.

12.35 My husband and I had sex last month on 19th that's when he visited, as we stay in different towns. I was to have my period at end of the month but I didn't have it. After 2 weeks, I carried a pregnant test and it turned out to be positive. But I have never experienced spotting or any pregnancy signs. Yesterday I experienced some blood flow but it dried up after showering. Today I also saw some blood, but the flow did not persist. What does this mean?

Answer: Watson, Stephanie (2022), is of the opinion that bleeding is common during the first trimester of pregnancy. Causes could be;

1. Implantation bleeding where the fertilized egg plants itself on the uterus and grows into a child.
2. Miscarriage.
3. Ectopic pregnancy where a fully fertilized embryo implants itself outside the uterus.
4. Molar pregnancy where abnormal tissue grows inside the uterus instead of a baby.

Women should thus always check the bleeding with the doctor to ensure the child is safe and healthy.

Chapter 13

Couples are asking, spouse is disorganized

13.5 There is nothing good like coming home in the evening, you find the house well organized, it is spick and span, the wife has bathed and she is sparkling. She is wearing a decent skirt, and not a trouser or any other

tight clothes. She hugs you, takes off your coat and briefcase then asks if you will bath first or have tea first.

Answer: Thanks for your opinion. Some wives work and chances are you will arrive home at the same time. Hug each other even before bathing. An organised house is the responsibility of all, not just the wife. Sometimes you have to hire a maid servant to assist.

13.6 Husbands that sleep without bathing are really a turnoff, even when you are in the mood, the libido disappears.

Answer: Thanks for sharing. It is good to be clean. God's servants should be clean as He is Holy. Someone aptly said Cleanliness is near to Godliness.

13.7 I have been married for five years now, and my wife and I are blessed with a four-year-old son. We reside in Nairobi and we both have jobs. However, my wife has developed a habit of constantly being on her phone. She has practically delegated everything to our housekeeper. When she comes home from work, she takes a shower and then goes straight to her phone to watch TikTok and browse Facebook. Despite my

repeated complaints, she tends to take it personally whenever I bring up the issue.

Our housekeeper takes care of our son, cooks for me, irons my clothes, and even polishes my shoes. She handles almost everything around the house, including feeding our son, waking him up in the morning, getting him ready for school, and taking him to the bus stop where he is picked up by the school van. On weekends, my wife wakes up around 11 am, has breakfast, and spends the entire day lounging on the couch watching Netflix until late at night.

During weekdays, since my wife returns home late from work, she doesn't even bother to call the house and provide directions for preparing supper. As a result, I'm compelled to leave work early, stop by the market to buy groceries and other household items. When our supplies run out, she doesn't make the effort to occasionally check the kitchen to see what is missing. I feel that it should at least be her responsibility to handle matters in the kitchen. It's disheartening that she has never cooked for me, leaving me unable to

experience the taste of a meal prepared by my own wife.

After carefully analyzing the situation, I have come to realize that I enabled her laziness by constantly stepping in to take care of things for her. I would greatly appreciate any advice or suggestions you can offer in this regard

Answer: Instead of letting her become glued to the internet, schedule activities where you can both be active participating even without talking like playing chess, draught or snakes and ladders. You may also bring your kid in as a participant.

You can study the bible together at least three times a week taking turns to read verses audibly. Through you study she will realise from proverbs 31 verses ten to thirty one that, it is her responsibility to be concerned with the affairs of the house and help you. She has an obligation to advise you. When you took the whole responsibility without letting her chip in generously, she found away to keep herself busy. Give her a challenge to have Netflix and Social Media free weekends. Reserve weekends for family bonding. Let the house help rest on weekends to enable you and your wife to perform household chores during the weekend.

Further Reading

Bible Verses for chapter 1

1.42 Genesis 16:6; Leviticus 19:32; Proverbs 12:4; 23:29; 29:2; Matthew 19:4; Luke 14:28; 2 Corinthians 6:14; Galatians 5: 22, 23; Ephesians 5:25, 28, 29; 1 Timothy 2:9

1.43 Esther 4:16; Proverbs 21:6; 24:27; 1 John 4:8

Fasting Verses Day 1; 1 Samuel 15:23; 2 Chronicles 6:37; Proverbs 6:7, 8; Matthew 18: 21, 22; 1 Corinthians 6:18; Galatians 5:22, 23

Fasting Verses Day 2; Psalms 47:2; 128:2; 1 Corinthians 6: 18-20; 11:13; Ephesians 4:25; 5:23

Fasting Verses Day 3; Exodus 20:4; Proverbs 11:28; 15:6; 31:2-7

1.44 Genesis 2:24; Ephesians 5:37

1.45 Proverbs 10:19; 17:28; James 3:8

1.46 2 Samuel 13: 1-15; Proverbs 21:12; 23:22; 30:17; 31:10-31; Songs Of Songs 2:7; 1 Timothy 2:10, 11; John 19:22

1.47 Genesis 21:17; Psalms 146:9

1.48 Proverbs 5:15-20; 7:7-18

1.49 Genesis 34:1; Deuteronomy 22:23-29; Songs Of Songs 7:11-13; 8:1

1.50 Psalms 127:1; Ecclesiastes 4:12; Colossians 3:13

1.51 1 Corinthians 11:3; Ephesians 6:1-3; Romans 12:17

1.52 Genesis 17:19; Luke 7:12

1.53 1 Peter 3:7

1.54 Deuteronomy 22:28, 29

1.55 Psalms 147: 2, 3

1.56 Job 6:5; Proverbs 11:6; Ephesians 5:3; Philippians 4:12

1.57 Isaiah 65:23; Revelations 21:4

1.58 Genesis 2:18; Ephesians 5: 25, 28, 29; 1 Timothy 5:8; 1 Peter 3:7

1.59 2 Corinthians 6:15

1:60 1 Corinthians 11:3

1.61 Leviticus 18:6

1.62 1 Corinthians 6:18

1.63 1 Corinthians 7:9; Romans 1:24-27

1.64 1 Corinthians 6:18

1.67 Psalms 147: 2, 3

1.68 Ruth 2:1

1.70 Genesis 2:18

1.71 Genesis 2:18

1.72 Matthew 19:9

1.73 1 Kings 19:18

1.74 Deuteronomy 22:28, 29; 1 Corinthians 13:7

1.75 James 2:18, 20

1.76 Hebrews 11:6

1.77 Psalms 147:3

1.78 Ecclesiastes 7:10

1.79 Matthew 19:12

1.80 Exodus 5:9; 1 Corinthians 15:58

1.81 Joshua 23:16

1.82 Proverbs 17:21

1.83 1 Thessalonians 4:3-8

1.84 Galatians 6:7; Isaiah 28:22

1.85 Proverbs 19:2; 21:5

1.86 Deuteronomy 22: 28, 29

1.87 Song of Songs 8:8, 9; Proverbs 13:24

Bible Verses for Chapter 2

2.27 1 Corinthians; Judges 16:16; Proverbs 19:13; 21:9, 19; 25:24; 27:15; 2 Samuel 6:16; Genesis 2:18, Genesis 25:1; Deuteronomy 22:22; Proverbs 6:34, 35; Romans 12:12

2.28 Hebrews 13:4; 1 Corinthians 6:13

2.29 Ephesians 5:25, 28, 29; Genesis 2:18; Colossians 3:12-14; Hebrews 13:4

2.30 Matthew 19:6-9

2.31 Colossians 3:12-14; 1 Corinthians 7:12, 13; Malachi 2:14-16

2.32 Hebrews 13:4; Matthew 19:6-9; Romans 7:2, 3; Ephesians 4:26, 27

2.33 1 Corinthians 7:5; Proverbs 21:9; Ephesians 5:22; 1 John 4:8

2.34 1 Corinthians 6:13; Nehemiah 1:4-11, Proverbs 6:34, 35

2.35 2 Corinthians 1:4

2.36 Titus 3:1, Genesis 19:26; Luke 17:32; Proverbs 26:11; Hebrews 10:39; James 1:19; Numbers 5:30, 31

2.37 Proverbs 1:11; 2:14; 3:5, 7; 5:22, 23

2.38 Proverbs 6:34, 35; Proverbs 31:10-31

2:39 2 Corinthians 4:2

2.40 2 Samuel 16:3; Numbers 5: 12-30; Proverbs 28:1; Proverbs 31:27

2.41 Colossians 3:5; Jude 1:7

2.42 Matthew 5:28; 1 Timothy 5:8

2.43 Nehemiah 4:14

2.44 Colossians 3:13

2.45 Romans 3:23-24

2.46 Romans 13:1; Matthew 19:6-9

2.47 Romans 3:23-24

2.48 Exodus 20:14; Matthew 19:9

2.49 Hebrews 12; James 5:16

2.50 Proverbs 3:5-6

2.51 Genesis 2:18; Proverbs 31:10-31

2.52 John 9:31; Proverbs 28:9; Peter 3:12

2.53 Psalms 36:9; Exodus 21:22, 23; Psalms 127:3

2.54 Matthew 19:6; Proverbs 6:16-19

2.55 1 Corinthians 6:9-11

2.56 1 Corinthians 7:1-14

2.57 1 Corinthians 6: 9-11

2.58 Galatians 6:7-9

Bible Verses for Chapter 3

3:12 1 Corinthians 7:36; Songs 3:7-11; 6:3

3.13 Proverbs 31:28; Proverbs 1:8; Proverbs 23:22; Proverbs 30:17

3.14 Genesis 25:29-34

3.15 Genesis 28.15

3.16 Genesis 17:19; 29:31; 30:1, 2; 1 Samuel 1:5

3.17 Proverbs 11:29; 29:15

3.18 Ephesians 6: 1-4

3.19 Deuteronomy 6:7

3.20 Genesis 2:18

3:21 Galatians 5:22, 23

3.22 Judges 16:16; Proverbs 25:24

3.23 Psalms 127:3

3.24 Ecclesiastes 7:11; Proverbs 13:22; 1 Timothy 5:4

3.25 Psalms 139:26-28

3.26 Proverbs 1:4; 8:32; 19:18; 28:7; Ecclesiastes 12:1

3.27 Acts 20:35; Proverbs 31:20

3.28 2 Samuel 12:21; Job 5:9

Bible Verses for Chapter 4

4.19 Ruth 1:20; 1 Samuel 30:6; Job 7:11; Psalms 73:21; Job 19:13, 15

4.20 1 Corinthians 14:11

4.21 Numbers 12:1-5; Micah 6:4; Exodus 20:2-10

4.22 Leviticus 20:21; Deuteronomy 25:5; Ephesians 5:22-31

4.23 1 Timothy 5:8; Matthew 5:28; Leviticus 20:21

4.24 Leviticus 18: 15, 16, 20, 21; Mark 6:18; Luke 3:19

4.25 1 Timothy 2:9; 1 Corinthians 10:31, 32; Titus 2:3

4.26 Genesis 28:1, 8; 27:46; Ruth 1:10-17

4.27 Judges 14:16-17, 20; 16:16-19

4.28 Galatians 5:22-31; Luke 12:26; Genesis 2:18

4.29 Proverbs 17:14; 1 Corinthians 11:3

Bible Verses for Chapter 5

5.10 Jude 1:20; Proverbs 12:25; 15:4; 12:18; 15:1; Colossians 4:6; Philippians 4:8; Psalms 19:14

5.11 Proverbs 5:18-19

5.12 1 Peter 3:4; Colossians 3:13

5.13 Colossians 3:13; Matthew 6:15; Ephesians 4:26

5.14 1 Corinthians 15:33

5.15 Colossians 4:6

5.16 Proverbs 7:16-18; 5:18-19; 31:16,17,23,28,29; 28:1
Genesis 24:67; Hebrews 13:4; 1 Corinthians 7:5; Judges 14:17;
16:16

5.17 Matthew 19: 5, 6; Judges 16:16-30; 1 Samuel 18:28; 19:11,
14, 17; 25:44; 2 Samuel 3:13, 14

5.18 Psalms 65:1-2; 37:23, 24; 40:1

5.19 Deuteronomy 6:10-13; John 14:26; Proverbs 23:20, 21, 29-
35

5.20 1 Peter 3:4; Galatians 5:22, 23; 2 Samuel 13:18;
Deuteronomy 29:5

5.21 Proverbs 31:10-31; Acts 20:35

5.22 Proverbs 12:9; Matthew 7:11

5.23 Matthew 9:5

5.24 Exodus 20:17

5.25 Galatians 5:22-31; 1 Corinthians 11:3; Genesis 2:18

5.26 2 Samuel 6:20; 1 Chronicles 15:29

5.27 Matthew 23:23; 18: 18, 19, 20

5.28 Genesis 2:18; Proverbs 7:13-18, 21, 22; Genesis 16:3;
Genesis 30:16

5.29 Colossians 3:13; Psalms 65:1-2; Ephesians 4:26

5.30 Malachi 2:14-16; Matthew 19:5, 6

5.31 Songs 7:7, 8; 1:13; 8:8; Proverbs 5:18, 19

5.32 1 Peter 3:7

5.33 Galatians 5:22-33; 1 Corinthians 11:3; Deuteronomy 6:4-9;
Ephesians 6:4

5.34 Job 3:1; Psalms 4:4; Ecclesiastes 3:7

5.35 James 5:16

5.36 Deuteronomy 2:25; 1 Kings 1:50; Exodus 34:7

5.37 Romans 12:12

5.38 Proverbs 27:12; 16:24; 15:4; 12:18 Colossians 4:6

5.39 Ephesians 5:25; 1 Peter 3:7; Matthew 19:5, 6

5.40 1 Peter 5:8; 1 Corinthians 11:3; Psalms 65:1, 2; Jeremiah 36:6

5.41 Galatians 5:22, 23

5.42 Geneses 2:18

5.43 Malachi 2:14-16; Matthew 19:5, 6; Hebrews 13:4

5.44 1 Corinthians 6:9-11; 1 Isaiah 40:30, 31

5.45 1 Corinthians 6:9-11

5.46 Colossians 3:13

5.47matthew 19:5, 6

5.48 Titus 3:1

5.49 Deuteronomy 28:37

5.50 Geneses 2:18

5.51 Matthew 6:18

5.52 Psalms 6:3; 39:3; 42:5

5.53 Leviticus 12: 2-5

5.54 Proverbs 15:4; Genesis 2:18; Ephesians 4:26

5.55 Matthew 19:5.6; Matthew 11:28-30

5.56 Matthew 11:28-30

5.57 Psalms 38:18; 39:3

Bible Verses for Chapter 6

6.4 Job 33:19; Isaiah 38:9; Luke 13:12

6.5 Matthew 19:9

6.6 Titus 3:1; Hebrews 13:4

Bible Verses for Chapter 7

7.3 Proverbs 27:10; Matthew 22:39; Mark 12:31-33; Luke 10:27-36; Romans 13:9; Galatians 5:14; James 2:8

7.4 1 Corinthians 15:33

7.5 Mark 9:38; Proverbs 27:10

Bible Verses for Chapter 8

8.12 Galatians 5:22, 23; Ephesians 5:22; 1 Corinthians 6:18

8.13 Deuteronomy 10:12, 13, 22; Mark 12:33

8.14 Titus 3:1; 1 Corinthians 6:18

Bible Verses for Chapter 9

9.35 Deuteronomy 10: 12; 1 John 4:8; Ephesians 4:29, 31; 5:3

9.36 Ephesians 4:25; Revelation 21:8

9.38 Acts 20:35

9.39 Psalms 10:3; Proverbs 19:22

9.40 Acts 5:29

9.41 Proverbs 5: 18, 19

9.42 2 Samuel 13:15; Psalms 139:22; Hebrews 12:3

9.43 1 Corinthians 11:3; Genesis 2:18

9.44 1 Corinthians 11:3; Ephesians 5:22; Matthew 19:9

9.45 Mathew 19:5, 6

9.46 Ephesians 5:22-33

9.47 1 Peter 3.7

9.48 Colossians 3:13

9.49 Mathew 19:5, 6

9.50 Proverbs 18:4

9.51 Genesis 37:13; 2 Samuel 13:28; 1 Kings 1:47

9.52 1 Timothy 6:4; Job 5:2; Proverbs 14:30; Romans 1:29; 1 Corinthians 13:4

9.53 Proverbs 13:22; Ecclesiastes 7:11

9.54 Isaiah 7:13

9.55 Proverbs 3:30

9.56 Ephesians 6:13

9.57 Jeremiah 36:6; Daniel 9:3

9.58 Titus 3:1

9.59 1 Corinthians 14:33; 1 Corinthians 14:40

9.60 Mathew 19:5, 6

9.61 Exodus 20:14; Romans 13:9

9.62 2 Peter 2:14

9.64 1 Corinthians 7:5

9.65 1 Corinthians 11:3; Colossians 3:13

9.66 Ecclesiastes 9:9

Bible Verses for Chapter 10

10.13 1 Corinthians 11:3; Genesis 2:18; Ephesians 5:25-33

10.14 2 Samuel 17:8; Proverbs 17:12; Esther 9:22; Proverbs 19:17

10.15 Galatians 5:22, 23

10.16 Proverbs 14:20

10.17 Ephesians 5:25; Genesis 2:18; Proverbs 31:10-31

10.18 Proverbs 23:22

10.19 Proverbs 24:27

10.20 1 Corinthians 11:3; Ephesians 5:25-33; Genesis 2:18

10.21 Titus 3:1; Hebrews 13:4

10.22 1 Corinthians 11:3; Genesis 2:18

10.23 Proverbs 23:29-35

10.24 Genesis 2:18

10.25 1 Corinthians 11:3

Bible Verses for Chapter 11

11.2 1 Timothy 5:8

11.3 1 Corinthians 11:3

11.4 Deuteronomy 6:4-9

Bible Verses for Chapter 12

12.12 1 Peter 5, 8

12.14 Mathew 19:5, 6; Ephesians 5:22-33

12.15 Colossians 3:13

12.16 Titus 3:1; Hebrews 13:4

12.17 Proverbs 31:10-31

12.18 Psalms 103:6; 146:7; Isaiah 49:8

12.19 Psalms 94:19

12.20 Hebrews 13:4; Genesis 2:18

12.21 Hebrews 13.4

12.22 1 Peter 5:8

12.23 2 Timothy 3:1-5

12.24 Colossians 3:13; Hebrews 13:4

12.25 Psalms 104:15; 1 Timothy 5:23; 1 Corinthians 5:11-13; 1 Timothy 3.8

12.26 1 Corinthians 11.3; Proverbs 21:20

12.27 Isaiah 40:29-30; Psalms 65:1-2

12.28 Exodus 23:26

12.29 1 Peter 3.7

12.30 Genesis 37:3-45:28; Ruth 1:1-4:8; Job 1:1-42:17; 1 Samuel 16:1-2 Samuel 5:25

12.31 Nehemiah 4:14

12.32 Hebrews 11: 1-40

12.33 Hebrews 11:39, 40; Psalms 89:50

12.34 Exodus 21:17; Leviticus 20:19; Proverbs 23:22; 30:17

12.35 Mathew 9:12; Mark 2:17; Luke 5:31; Colossians 4:14

Bible Verses for Chapter 13

13.5 Proverbs 24:27; Genesis 12:18

13.6 Deuteronomy 23:12, 13

13.7 Proverbs 31:10-31.

Bibliography

Ayyawar, Kapil. **15 Reasons why it is difficult to get a Job.**
https://www.linkedin.com/pulse/15-reasons-why-difficult-get-job-kapil-ayyawar?trk=public_post.(2021).

Dodson, Amanda. **5 Reasons Why Your Life Feels Pointless**
[.https://www.google.com/amps/s/www.psychologytoday](https://www.google.com/amps/s/www.psychologytoday). (2002).

Higuera, Valencia. **Only Child Syndrome: Proven Reality or Long Standing Myth?**

<https://www.healthline.com/health/parenting/only-child-syndrome>. (2019).

Mcgrath, Neal. Loop of Doom.
<https://www.investopedia.com/doom-loop-6748009>. (2002)

Nicolosi J. Familial and Cultural Factors.
<https://borngay.procon.org/theories-on-the-origin-of-sexual-orientation-1864>. (2002).

Watson, Stephanie. Bleeding during pregnancy.
<https://www.webmd.com>. (2022).

If you have comments or need more clarification on this book,
do not hesitate to write to the publisher at fambatsai@gmail.com

Other Books by the Same Author:

1. Never Get Weary or Weak

**2. Creepy Questions Aspiring Couples and
Couples Are Asking – Book One**

3. Sexual Orientation: Do You Have A Choice About It?

4. Creepy Questions Aspiring Couples and Couples Are Asking – Book Two

5. I Want To Marry, What Should I Know?

6. God Rewards You for Acknowledging Him

7. How I was healed of Diabetes

8. Creepy Questions Aspiring Couples and Couples Are Asking – Book Three

9. Navigating the workplace wars

10. The Power of Giving: Accomplishing all you ever sought through Munificence

Never Lack Answers to Pressing Courtship, Premarital and Marital Questions!

Have you ever had pertinent questions on courtship and marriage life that you are afraid to ask someone and you are at a loss where you will find the answers? The questions look silly, private and even obscene yet you need the answers to the questions?

Creepy Questions Aspiring Couples and Couples Are Asking;

With Indisputable Answers is a book that looks at those questions and answers them objectively so that you practically use the answers to solve your problem. You don't need to be ashamed of any question whether silly or bizarre. The answers show that, no question is weird and your Creator wants you to live a happy life and enjoy it abundantly.

This is the second book in the series and it is the key to enjoy premarital and marital life, as it tackles the challenges you may face at that period.

ISBN 978-9914-9692-7-6



9 789914 969276