

Free - Not For Sale

The life ***In*** ***Prison***

A positive outlook in Prison

FREDRICK G. OMONDI

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in
Prison**

Fredrick G. Omondi

Unless otherwise indicated, all scripture quotations are taken from King James Version of the Holy Bible.

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Fredrick G. Omondi

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INTRODUCTION

The life in Prison is not a good life as it is not a normal life as it has some limitations for example areas of movement and freedom of association and therefore it is a confined life but when one finds himself or herself there one has to contend with that experience.

This book is meant to provide you with some comfort relief and flavor to your experience while there.

In coming up with this book, I am going to touch on those who have found themselves in prison and serving a jail term for some reason. It is common for a person to be in a prison and this book is to help such a person to be able to get his or her freedom.

In the holy scriptures you are going to find quite a lot of information touching on imprisonment and also how one can come out of his or her prison and be free and free indeed and to continue to live and

enjoy life with a lively hope (Romans 6:16, John 8:34, 1 Peter 1:3).

After you reading this book, I believe you will be able to get the freedom you badly need if you will be wise to respond positively to the request at the end of the book (see Notes to the reader). Be blessed as you make the wisest decision ever in your life, in Jesus' name. Amen.

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Chapter 1

Prisons and type of imprisonments

A prison is a place of confinement where one has very little or no freedom at all and is not a good place for one to find himself or herself in. We have two types of prisons and therefore two types of imprisonments / confinements. There is the commonly known physical prison an Institution where offenders of the law are confined as punishment for their offenses and a spiritual prison where one's heart is bound by sin and Satan.

Now from the above two, the latter is the worse one as it leads to eternal judgment / punishment in hell and which one need to come out of as fast as possible.

As we are going to see later, not all that end up in jail are all offenders but some though that is a minority their charges are framed up or there is some miss identity of sort which make them to be found in prison.

Chapter 2

Causes for imprisonment

The main cause for imprisonment is any form of lawlessness on the part of an individual in the country where one resides and one is found guilty when charged and is judged and given a jail term (sentenced) and one end up serving in a physical prison.

LET every soul be subject unto the higher powers. For there is no power but of God. Whosoever therefore resisteth the power, resisteth the ordinance of God: and they that resist shall receive to themselves damnation.

For rulers are not a terror to good works, but to evil. Wilt thou then not be afraid of the power? Do that which is good, and thou shalt have praise of the same:

For he is the minister of God to thee for good. But if thou do that which is evil, be afraid; for he beareth not the sword in vain: for he is the minister of God, a revenger to execute wrath upon him that doeth evil.

Wherefore ye must needs be subject, not only for wrath, but also for conscience sake.

For this cause pay ye tribute also: for they are God's ministers, attending continually upon this very thing.

Render therefore to all their dues: tribute to whom tribute is due; custom to whom custom; fear to whom fear; honor to whom honor.

Roman 13:1-7

From the above scripture it is clear that to be evil (guilty of an offense) one will face the powers that are there and be punished according to the laws of the land and that includes also being sentenced to go to jail.

IN the twelfth year of Ahaz, king of Judah began Ho-she'-a the son of E'-lah to reign in Sa-mar'-i-a over Israel nine years.

And he did that which was evil in the sight of the LORD, but not as the kings of Israel that were before him.

Against him came up Shal-man-e'-ser king of Assyria; and Ho-she'-a became his servant, and gave him presents.

And the **king of Assyria found conspiracy in Ho-she'-a: for he had sent messengers to So king of Egypt, and brought no present to the king of Assyria, as he had done year by year: therefore the king of Assyria shut him up, and bound him in prison.**

2 Kings 17:1-4

That is what happens to one who disobeys those in authority- it is very easy to find oneself shut up / locked up and be in prison. You can read also the case of Zedekiah who rebelled against the king of Babylon after the fall of Jerusalem to that king. King Zedekiah found himself in prison where he stayed till his death (Jeremiah 52:1-11).

A Christian on the other hand may be reproached for the name of Christ and end up in jail but God if it is in his will can deliver one out of prison as we are going to see later in another chapter dealing with those that ended up in prison. For the Christian here are a few scriptures for you: 1 Peter 4:14-16, 2

Peter 2:4-10. Now turning to spiritual imprisonment let us look at the following scriptures:

For the ways of man are before the eyes of the LORD, and he pondereth all his goings. His own iniquities shall take **the wicked** himself, and he **shall be holden with the cords his sins.**

Proverbs 5:21-22

Sins have a binding effect on people's lives.

Know ye not, that to whom ye yield yourselves servants to obey, **his servants ye are to whom ye obey; whether of sin unto death,** or obedience unto righteous?

Romans 6:16

A servant is always not free as such and therefore in sinning one is bound to die spiritually.

And when Simon saw that through laying on of the apostles' hands the Holy Ghost was given, he offered them money, Saying, Give me also this power, that on whosoever I lay hands, he may receive the holy Ghost.

But Peter said unto him, Thy money perish with thee, because thou hast thought that the gift of God may be purchased with money.

Thou hast neither part nor lot in this matter: for thy heart is not right in the sight of God.

Repent therefore of this thy wickedness and pray God, if perhaps the thought of thine heart may be forgiven thee.

For **I perceive that thou art**_in the gall of bitterness, and **in the bond of iniquity**.

Acts 8:18-23

Simon was still bound in sin as he had not genuinely surrendered his life to the Lord and was therefore still in the flesh and not in the spirit. His case can be summed up in the following scripture:

While they promise them liberty, they themselves are the servants of corruption: for of whom a man is overcome, of the same is he brought bondage.

2 Peter 2:19

For sure Simon was still in bondage (imprisonment) of both sin and Satan as he proved corrupt after his “conversion” (Acts 8:12-19).

Chapter 3

Avoiding being imprisoned

It is possible for one to avoid being imprisoned physically or spiritually.

How to avoid physical imprisonment as well as spiritual imprisonment:

Be a law - abiding citizen so that you don't brush with those in authority (those in power/in leadership) The scripture for that is in the epistle of Paul to the church in Rome (Romans 13:1-7).

But in case you are already in prison you need to adjust your life by behaving very well (who knows) you may later be pardoned and released or your jail term may be drastically shortened to your advantage to be able to join your family and friends soon. Convince the prison officials that you have truly reformed. But all said and done, the real and not faked reformation comes from the heart that has truly repented to God asking for forgiveness and believing in his only Son Jesus for one's salvation.

It is only then that you will not end up in prison next time around. Let us look at the following scriptures on the same:

Therefore if any man be in Christ, he is a new creature: old things are passed away; behold, all things are become new.

2 Corinthians 5:17

Some newness must come in one's life for one to begin a new life and only Christ Jesus can bring that to one's life as he is a perfect being throughout eternity and bring a positive change (regeneration) to those that believe in him. When he is accepted by faith life remains not the same but is transformed.

THERE is therefore now no condemnation to them which are in Christ Jesus, who walk not after the flesh, but after the Spirit.

For the law of the Spirit of life in Christ Jesus hath made me free from the law of sin and death.

For what the law could not do, in that it was weak through the flesh, God sending his own Son in the likeness of sinful flesh, and for sin, condemned sin in the flesh:

That the righteousness of the law might be fulfilled in us, who walk not after the flesh, but after the Spirit.

Romans 8:1-4

The above come as a reality to those who through Christ have been saved and receive the Spirit of God to enable them to live a victorious life over sin and Satan being led by that same Spirit which is power of course.

Get to know that the flesh is weak in doing righteousness unless another power comes in it – a holy power from a holy source-the Holy Spirit from the Holy One of Israel, God Himself.

If one does not surrender his or her life to Christ Jesus one will be in and out of prison in and out of prison (a vicious circle) and therefore heading nowhere in life. But do remember that each one of us has a destiny. See to it that you reach your destiny by coming out once and for all from your imprisonments.

The worst prison one should never go to is in eternal hell, as the sufferings there are unending (Revelation 20:11-15). So you need to make sure

your name remains in the Lamb's book of life by repenting your sins to God asking for his forgiveness and acknowledging Jesus Christ as your Lord and Savior inviting him to come into your heart and from then henceforth living to please him. You need to ask him to fill you with the Holy Spirit to enable you live a holy and righteous life (Acts 2:36-42, John 3:1-6, Romans 8:1-10, Galatians 6:7-8, Titus 2:11-14, Matthew 7:21).

Examples of those imprisoned wrongly: Joseph (Genesis 39, Jeremiah (Jeremiah 37) John the Baptist (Matthew 14:1-12), Peter (Acts 12:1-11), Paul & Silas (Acts 16:16-40) John (Revelation 1)

Example of one imprisoned rightly Barabbas (Luke 23:13-19)

Chapter 4

Case study: Examples of those who got imprisoned

1. Joseph son of Jacob

And Joseph's master took him, and put him into the prison, a place where the king's prisoners were bound; and he was there in the prison

But the LORD was with Joseph, and showed him mercy, and gave him favor in the sight of the keeper of the prison.

And the keeper of the prison committed to Joseph's hand all the prisoners that were in the prison; and whatsoever they did there, he was the doer of it.

The keeper of the prison looked not to anything that was under his hand; because the LORD was with him, and that which he did, the LORD made it to prosper.

Genesis 39:20-23

Joseph was a God-fearing man and that made him to be also a faithful servant to his master in Egypt where he was taken by those who bought him from his brothers. As I said earlier, some people end up in prison because of wrong charges/framed charges

as this case of Joseph, if you can read from verse 1 to 19 above.

It did not happen to Joseph alone, but has continued to be done to some people to date as the Bible continue to repeat itself (Ecclesiastes 3:15).

But thank God Joseph was released from prison and given leadership position which was second to that of Pharaoh who then was ruling the land of Egypt.

Now there is one remarkable thing in Joseph (God was with him, even in prison) and things worked in his favour. (Romans 8:28). It is good to be always with God and that is possible if one has accepted his only begotten Son, Jesus Christ, as one's Lord and Savior.

Read the above promotion in the same book of Genesis and in chapter 41 where Joseph was promoted by King Pharaoh of Egypt.

2. The apostles

And by the hands of the apostles were many signs and wonders wrought among the people; (and they were all in one accord in Solomon's porch.

And of the rest durst no man join himself to them:
but the people magnified them.

And believers were the more added to the Lord,
multitudes both of men and women;

Insomuch that they brought forth the sick into the
streets, and laid them on beds and couches, that at
the least the shadow of Peter passing by might
overshadow some of them.

There came also a multitude out of the cities round
about unto Jerusalem, bringing sick folks, and them
which were vexed with unclean spirits: and they
were healed everyone.

Then the high priest rose up, and all they that were
with him, (which is the sect of the Sad'-du-cees,)
and were filled with indignation,

And laid their hands on the apostles, and put them
in the common prison.

But the angel of the Lord by night opened the
prison doors, and brought them forth, and said,

Go, stand and speak in the temple to the people all
the words of this life.

And when they heard that, they entered into the
temple early in the morning, and taught. But the

high priest came, and they that were with him, and called the council together, and all the senate of the children of Israel, and sent to the prison to have them brought.

But when the officers came, and found them not in the prison, they returned and told,

Saying, The prison found we truly shut with all safety, and the keepers standing without before the doors: but when we had opened, we found no man within.

Now when the high priest and the captain of the temple and the chief priests heard these things, they doubted of them where unto this would grow.

Then came one and told them, saying, Behold, the men whom ye put in prison are standing in the temple, and teaching the people.

Acts 5:12-25

The land was all taken by storm by the gospel of the kingdom of God and as usual God was with them and did confirm his word through these apostles read (Mark 16:14-20, Matthew 28:16-20).

Now out of jealousy the high priest and those were with him got hold of the apostles and put them in

prison for no lawful cause as they had not broken any law of God or of the land. But as apostle Paul once said, You cannot bind the word of God (One way or another for sure it will continue to be preached and taught) (2 Timothy 2:8-9). The angel of the Lord intervened in their situation and once again they were at it-teaching, preaching.

Now I like that, God is a winner so are Christians (Romans 8:33-39)

3. Simon Peter

Now about that time Herod the king stretched forth his hands to vex certain of the church.

And he killed James the brother of John with the sword.

And because he saw it pleased the Jews, he proceeded to take Peter also (Then were the days of unleavened bread)

And when he had apprehended him, he put him in prison, and delivered him to four quaternions of soldiers to keep him; intending after Easter to bring him forth to the people.

Peter was therefore kept in prison: but prayer was made without ceasing of the church unto God for him.

And when Herod would have brought him forth, the same night Peter was sleeping between two soldiers, bound with two chains: and the keepers before the door kept the prison.

And, behold, the angel of the Lord came upon him and a light shined in the prison: and he smote Peter on the side, and raised him up, saying, Arise up quickly. And his chains fell off from his hands.

And the angel said unto him, Gird thyself, and bind on thy sandals. And so he did. And he saith unto him, cast thy garment about thee, and follow me.

And he went out, and followed him; and wist not that it was true which was done by the angel; but thought he saw a vision.

When they were past the first and the second ward, they came unto the iron gate that leadeth unto the city; which opened to them of his own accord: and they went out, and passed on through one street; and forthwith the angel departed from him.

And when Peter was come to himself, he said, Now I know of a surety, that the Lord hath sent his angel, and hath delivered me out of the hand of Herod, and from all the expectation of the people of the Jews.

Acts 12:1-11

From the above case you can see for yourself that Peter was taken to prison for no apparent reason as he had not committed any offense at all save for preaching the gospel of the risen Christ which of course is not an offense and is quite in order. That is why I said that some people go to prison on flimsy / unfounded charges.

4. Paul and Silas

And it came to pass, as we went to prayer, a certain damsel possessed with a spirit of divination met us, which brought her masters much gain by soothsaying:

The same followed Paul and us, and cried, saying, These men are the servants of the most high God, which show unto us the way of salvation.

And this did she many days. But Paul grieved
turned and said to the spirit, I command thee in the
name of Jesus Christ to come out of her. And he
came out the same hour.

And when her masters saw that the hope of their
gains was gone, they caught Paul and Silas, and
drew them into the market place unto the rulers,
And brought them to the magistrates, saying, These
men, being Jews, do exceedingly trouble our city,
And teach customs, which are not lawful for us to
receive, neither to observe, being Romans.

And the multitude rose up together against them:
and the magistrates rent off their clothes, and
commanded to beat them.

And when they had laid many stripes upon them,
they cast them into prison, charging the jailer to
keep them safely:

Who, having received such a charge, thrust them
into the inner prison, and made their feet fast in the
stocks.

And at midnight Paul and Silas prayed, and sang
praises unto God: and the prisoners heard them.

And suddenly there was a great earthquake, so that the foundations of the prison were shaken: and immediately all the doors were opened, and every one's bonds were loosed.

And the keeper of the prison awaking out of his sleep, and seeing the prison doors open, he drew out his sword, and would have killed himself, supposing that the prisoners had been fled.

But Paul cried with a loud voice, saying, Do thyself no harm: for we are all here.

Then he called for a light, and sprang in, and came trembling and fell down before Paul and Silas, And brought them out, and said, Sirs, what must I do to be saved?

And they said, Believe on the Lord Jesus Christ, and thou shalt be saved, and thy house.

Acts 16:16-31

In the above case just like the other cases I have just taken you though from Joseph's case, these were suffering persecution for being servants of the Lord and nothing else and which all people ought to be. To be saved free of charge (as Christ paid the prize of us all on the cross at Calvary) and then to

begin to serve the Lord as his servant and expect to get in the end a crown and eternal life in heaven.

People of all walks of life are getting saved and are on transit to heaven (heaven -bound) how about you, if you are not yet saved? This is the time and this is your chance, it is the best decision you can make in your life for real good change with a lively hope.

Now look at these scriptures as I close this chapter and topic.

THEREFORE we ought to give more earnest heed to the things which we have heard, lest at any time we should let them slip.

For if the word spoken by angels was steadfast, and every transgression and disobedience received a just recompense of reward;

How shall we escape, if we neglect so great salvation; which at the first began to be spoken by the Lord, and was confirmed unto us by them that heard him;

God also bearing them witness, both with signs and wonders, and with divers miracles, and gifts of the Holy Ghost, according to his own will?

Hebrews 2:1-4

LET us therefore fear, lest, a promise being left us of entering into his rest, any of you should seem to come short of it.

For unto us was the gospel preached, as well as unto them: but the word preached did not profit them, not being mixed with faith in them that heard it.

For we which have believed do enter into rest, as he said, As I have sworn in my wrath, if they shall enter into my rest: although the works were finished from the foundation of the world.

For he spake in a certain place of the seventh day on this wise, And God did rest the seventh day from all his works. And in this place again, If they shall enter into my rest.

Seeing therefore it remaineth that some must enter therein, and they to whom it was first preached entered not in because of unbelief:

Again, he limiteth a certain day, saying in David,
Today if ye will hear his voice, harden not your
hearts.

For if Jesus had given them rest, then would he not
after ward have spoken of another day.

There remaineth therefore a rest to the people of
God.

Hebrews 4:1-9

If you are not saved, you need not harden your
heart after getting this word of God lest you
become a victim missing to enter into a rest with
the Lord Jesus Christ, the only Savior of all
mankind. For sure, you really need a rest after
going through what you have already experienced
in life as it is enough. Call it a day, your day and
rest in the Lord of lords and with the King of kings.
Be it plainly known to you that unbelief profiteth
nothing-it is a big loss. But a belief (faith) in Christ
Jesus is great gain in life and is big victory in life.

And when he had called the people unto him with
his disciples also, he said unto them, Whosoever

will come after me, let him deny himself, and take up his cross, and follow me.

For whosoever will save his life shall lose it; but whosoever shall lose his life for my sake and the gospel's, the same shall save it.

For what shall it profit a man, if he shall gain the whole world, and lose his own life?

Mark 8:34-36

You have nothing to lose if you decide to follow Jesus Christ by accepting him as your Lord and Savior.

For whatsoever is born of God overcometh the world: and this is the victory that overcometh the world, even our faith. Who is he that overcometh the world, but he that believeth that Jesus is the Son of God?

1 John 5:4-5

Only those who believe in the Son of God Jesus Christ become overcomers and get victory in life by their faith in Christ Jesus.

Come unto me, all ye that labor and are heavy laden, and I will give you rest.

Take my yoke upon you, and learn of me; for I am meek and lowly in heart: and ye shall find rest unto your souls.

For my yoke is easy, and my burden is light.

Matthew 11:28-30

Jesus Christ is extending that invitation to you today and now don't refuse to take it as you need a rest, a good rest in your precious soul. I know things are heavy (burdens) in that prison and at least have a rest in your soul by coming to the Lord, the Prince of peace (Isaiah 9:6).

My brother or my sister, you need a bright and good future as where you are right now all is gloomy. Please I request you in the name of the Lord, accept Jesus.

For God so loved the world, that he gave his only begotten Son, that whosoever believeth in him should not perish, but have everlasting life.

For God sent not his Son into the world to condemn the world, but that the world through him might be saved.

He that believeth on him is not condemned: but he that believeth not is condemned already, because he hath not believed in the name of the only begotten Son of God.

John 3:16-18

Chapter 5

How to get freedom

Freedom is good, freedom is sweet, and for sure you need your freedom, total freedom both physical and spiritual. If you are still a sinner and therefore not saved, you are in a spiritual prison and is imprisoned/in bondage, imprisoned by satan and in the bondage of sin in addition to being in that physical prison as you are there physically. I know that you are not happy to be where you are now but you can be happy from henceforth if you are willing to and to be so with some hope; a good hope.

Happy is he that hath the God of Jacob for his help, whose hope is in the LORD his God: Which made heaven, and earth, the sea, and all that therein is: which keepeth trust for ever:
Which executeth judgement for the oppressed: which giveth food to the hungry. **The LORD looseth the prisoners:**

Psalms 146:5-7

And Jesus returned in the power of the Spirit into Galilee: and there went out a fame of him through all the region round about.

And he taught in their synagogues, being glorified of all. And he came to Nazareth, where he had been brought up: and, as his custom was, he went into the synagogue on the sabbath day, and stood up for to read.

And there was delivered unto him the book of the prophet Isaiah. And when he had opened the book, he found the place where it was written,

The spirit of the Lord is upon me, because he hath anointed me to preach the gospel to the poor; he hath sent me to heal the broken-hearted, To preach deliverance to the captives, and recovering of sight to the blind, **to set at liberty them that are bruised,**

to preach the acceptable year of the lord.

And he closed the book, and he gave it again to the minister, and sat down. And the eyes of all of them that were in the synagogue were fastened on him.

And he began to say into them, This day is this scripture fulfilled in your ears.

Luke 4:16-21

That, is your message this year and this day as the anointing of God is still with us here on earth before the rapture of the holy Church takes place.

Now then we are ambassadors for Christ, as though God did beseech you by us: we pray you in Christ's stead, be ye reconciled to God.

For he hath made him to be sin for us, who knew no sin; that we might be the righteousness of God in him.

WE then, as workers together with him, beseech you also that ye receive not the grace of God in vain.

(For he saith, I have heard thee in a time accepted, and in the day of salvation have I succored thee; Behold, now is the accepted time; behold, now is the day of salvation.)

2 Corinthians 5:20-21; 6:1-2

Be it known unto you all, and to all the people of Israel, that by **the name of Jesus Christ of Nazareth**, whom ye crucified, whom God raised

from the dead, even by him doth this man stand here before you whole.

This is the stone which was set at nought of you builders, which is become the corner.

Neither is there salvation in any other: for there is none other name under heaven given among men, whereby we must be saved.

Acts 4:10-12

Then said Jesus to those Jews which believed on him, **If ye continue in my word, then are ye my disciples indeed;**

And ye shall know the truth, and the truth shall make you free.

They answered him, we be Abraham's seed, and were never in bondage to any man: how sayest thou, ye shall be made free?

Jesus answered them, Verily, verily, I say unto you, Whosoever committeth sin is the servant of sin.

And the servant abideth not in the house for ever: but the Son abideth ever.

If the Son therefore shall make you free, ye shall be free indeed.

John 8:31-36

The Jews that believed in Jesus just believed as a formality and were not serious about it no wonder they continued not in the word of Jesus and Jesus told them so, that for them to be his disciples indeed (true disciples) they have to continue in his word.

Their lives I think was still legalistic in their flesh and not based / founded in the Holy Spirit and so were actually trying to practice the word of Jesus by their power and it was an on and off like thing altogether. For Jesus the Son of God as the Word abode ever the word unlike the Jews who he termed as servants (servants of sin). If one continues in the word he becomes free indeed and such a one, must after the Spirit and not after the flesh living in doing the word (Roman 8:5-8)

The brother of Jesus in the flesh, Jacob had this to say in continuing in the word of Jesus.

But be ye doers of the word, and not hearers only,
deceiving your own selves.

James 1:22

The Jews were mere hearers of the word and not
doers and in actual fact as the above scripture says,
they were deceiving themselves that they were
Jesus' disciples.

Notes to the reader

Now that you have read this book I take this opportunity to congratulate you and to politely request you to sincerely and faithfully say this prayer for you to be saved, if you had not received the salvation of God which is freely given by Him.

“Lord Jesus, I come to you today as a sinner and do repent for all my sins and do request you to forgive me and to save me. I do believe and accept you as my Lord and Savior I pray all this, in Jesus’ name. Amen”.

If you have said the above prayer, you are now saved and is a child of God (Romans 3:21-23; 6:22-23; 10:6-13; 8:1-4, John 3:16-18, Ephesians 2: 1-10, 1 John 5:9-14).

When you come out of prison make effort to see that you are water baptized by complete immersion and that you be in a Bible based church and fellowship with born-again Christians. Meanwhile ask God to fill you with the Holy Spirit to help you live a holy life.

For further spiritual help feel free to contact us using the address given in this book.

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P.O. Box 14500 – 00400 Nairobi

Kenya. East Africa

Email: inspirepublicly@gmail.com

Cellphone: +254722505468 / +254736140970

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- The Blood of Jesus Christ
- The Kingdom of God
- Being freed from idolatry and all other sins

The life in prison
A life one can find oneself in.

This book has come to print and is distributed free of charge to those who find themselves in prison and is to give spiritual help. May the Lord bless you as you read.

The Author Fredrick Geoffrey Omondi is a born again Christian aged 61 years. He is married to one wife and they have four children. He is a preacher and teacher of the word of God and holds Diploma in Biblical Studies from Emmaus Bible School and Voice of Prophecy in Nairobi. He is a life member of the Scripture Union of Kenya and do fellowship in an altar in the Ministry of Repentance and Holiness.



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