



This book is a handy introduction to the practice of Psychiatry especially in resource limited settings in Africa. It covers the basic conditions one is likely to come across at the primary care level and gives practical hints on their diagnosis and management. Its pocket size enables one to carry it around as a quick reference and revision guide.

Its easy and readable non-technical style makes it suitable for anyone interested in a basic understanding of psychiatric conditions and their management.

Dr. Philip Opondo is Assistant Programme Director, Department of Psychiatry, Faculty of Medicine at the University of Botswana and Adjunct Assistant Professor of Psychiatry in the Associated Faculty of the Perelman School of Medicine, Department of Psychiatry, University of Pennsylvania.

He has had extensive experience practicing and teaching psychiatry both in Kenya and Botswana.

This book arose out of his experiences practicing psychiatry in the public sector and teaching medical students and is aimed at medical officers, medical students, clinical officers and Psychiatric nurses both qualified and in training.

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